

**ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION**  
**AGE GROUP CHAMPIONSHIPS 2007**  
Waltham Forest Pool & Track, Walthamstow  
Saturday 17 February 2007 - Session 6

**EVENT 225 Girls 14 Years 1500m Freestyle (HDW)**

| Place   | Name              | YoB  | Club         | Time        | BAG Pt |
|---|-------------------|------|--------------|-------------|--------|
| 1.  | Georgina HUNT     | (92) | Thurrock     | 17:42.04 ++ | 770*   |
| 2.  | Molly EPSLY       | (93) | Thurrock     | 17:42.64    | 769*   |
| 3.  | Charlotte LAMB    | (92) | Thurrock     | 18:17.24    | 707*   |
| 4.  | Jessica COLES     | (92) | Romford Town | 18:46.96    | 658*   |
| 5.  | Lottie LUCAS      | (92) | BorRedbridge | 19:04.03    | 632*   |
| 6.  | Charley GALLAGHER | (92) | Southend     | 19:08.46    | 625*   |
| ***** Event qualifying/standard time 19:54.90 ***** (Automatic)     |                   |      |              |             |        |
| ***** Event qualifying/standard time 20:53.40 ***** (Consideration) |                   |      |              |             |        |

Swims with \* appended are GB points - NOT age corrected

++ New event best time

**EVENT 226 Boys 13/14 Years 400m Freestyle (HDW)**

**13 Years Age Group**

| Place  | Name                   | YoB  | Club         | Time    | BAG Pt | 50    | 100     | 150     | 200     | 250     | 300     | 350     |
|--|------------------------|------|--------------|---------|--------|-------|---------|---------|---------|---------|---------|---------|
| 1.   | Ivan GEORGIEV          | (93) | BorRedbridge | 4:28.34 | 607    | 30.95 | 1:03.78 | 1:36.92 | 2:10.87 | 2:45.25 | 3:19.84 | 3:54.65 |
| 2.   | Braden WREN            | (93) | Thurrock     | 4:32.81 | 580    | 30.93 | 1:05.42 | 1:40.37 | 2:15.03 | 2:49.67 | 3:24.71 | 3:59.56 |
| 3.   | Thomas HALE            | (93) | Brentwood    | 4:33.97 | 573    |       |         |         |         |         |         |         |
| 4.   | Techin INNGERN         | (93) | Bo Waltham F | 4:34.68 | 568    |       |         |         |         |         |         |         |
| 5.   | Lewis CLIFFORD-STEPHEN | (93) | Killerwhales | 4:39.00 | 543    | 31.48 | 1:06.82 | 1:42.38 | 2:18.49 | 2:53.67 | 3:29.13 | 4:05.00 |
| 6.   | Tom KEENES             | (93) | Chelmsford   | 4:45.80 | 506    |       |         |         |         |         |         |         |
| 7.   | Charlie HAYES          | (94) | Thurrock     | 4:48.62 | 491    | 33.25 | 1:09.40 | 1:46.03 | 2:22.62 | 2:59.37 | 3:36.37 | 4:13.03 |
| ***** Event qualifying/standard time 4:49.80 ***** (Automatic) |                        |      |              |         |        |       |         |         |         |         |         |         |
| 8.   | Nick GILROY            | (93) | Basildon     | 4:49.81 | 485    | 33.01 | 1:09.54 | 1:46.47 | 2:23.17 | 3:00.20 | 3:36.93 | 4:13.74 |
| 9.   | Oliver BURLING         | (93) | Bo Waltham F | 4:52.23 | 472    | 33.89 | 1:10.84 | 1:47.84 | 2:25.61 | 3:02.63 | 3:39.08 | 4:16.34 |
| 10.  | Marius VERMAAK         | (93) | Epping For't | 4:59.18 | 440    | 32.74 | 1:10.63 | 1:48.62 | 2:27.35 | 3:05.85 | 3:43.93 | 4:22.04 |
| ***** Event qualifying/standard time 5:07.80 ***** (Automatic) |                        |      |              |         |        |       |         |         |         |         |         |         |

**14 Years Age Group**

| Place  | Name               | YoB  | Club         | Time       | BAG Pt | 50    | 100     | 150     | 200     | 250     | 300     | 350     |
|--|--------------------|------|--------------|------------|--------|-------|---------|---------|---------|---------|---------|---------|
| 1.   | Jayke ARKELL       | (92) | Bo Waltham F | 4:14.43 ++ | 701    | 29.39 | 1:01.31 | 1:33.76 | 2:06.34 | 2:39.06 | 3:11.72 | 3:43.78 |
| 2.   | Christopher INCH   | (92) | BorRedbridge | 4:14.70    | 699    | 29.57 | 1:01.47 | 1:33.79 | 2:06.33 | 2:38.94 | 3:11.64 | 3:43.93 |
| 3.   | Dean WOODCOCK      | (92) | Chelmsford   | 4:17.45    | 679    | 29.47 | 1:01.69 | 1:34.39 | 2:07.25 | 2:40.13 | 3:12.89 | 3:45.50 |
| 4.   | Tim EVANS          | (92) | Southend     | 4:25.90    | 621    | 31.20 | 1:04.37 | 1:38.29 | 2:11.85 | 2:45.76 | 3:19.72 | 3:53.98 |
| 5.   | James DAVIS        | (93) | Romford Town | 4:31.15    | 588    | 31.39 | 1:05.56 | 1:40.31 | 2:14.86 | 2:49.03 | 3:23.33 | 3:57.92 |
| 6.   | Jason DANIELS      | (92) | Runnymede    | 4:31.25    | 587    | 30.20 | 1:03.61 | 1:38.11 | 2:13.21 | 2:48.06 | 3:23.05 | 3:57.83 |
| 7.   | Nicholas JONAS     | (93) | Havering Aq  | 4:31.34    | 587    | 30.35 | 1:03.85 | 1:38.23 | 2:12.69 | 2:47.20 | 3:22.07 | 3:57.58 |
| 8.   | Christopher BROOKS | (92) | Southend     | 4:32.10    | 582    |       |         |         |         |         |         |         |
| 9.   | Adam CARTER        | (92) | Runnymede    | 4:32.73    | 579    | 31.13 | 1:04.60 | 1:38.66 | 2:13.02 | 2:47.81 | 3:23.13 | 3:58.67 |
| 10.  | Conor HARROLD      | (93) | Thurrock     | 4:33.79    | 571    | 30.61 | 1:04.28 | 1:38.84 | 2:14.18 | 2:49.36 | 3:24.49 | 3:59.81 |
| 11.  | Lee PARKER         | (92) | Killerwhales | 4:34.07    | 570    | 29.69 | 1:03.98 | 1:38.69 | 2:13.79 | 2:48.93 | 3:24.84 | 4:00.10 |
| 12.  | Thomas TOOLIS      | (92) | Romford Town | 4:34.79    | 565    |       |         |         |         |         |         |         |
| ***** Event qualifying/standard time 4:37.80 ***** (Automatic)     |                    |      |              |            |        |       |         |         |         |         |         |         |
| 13.  | Christian PARKER   | (92) | Southend     | 4:37.99    | 547    | 31.06 | 1:06.37 | 1:42.24 | 2:18.05 | 2:53.89 | 3:29.61 | 4:04.86 |
| 14.  | James CARTER       | (92) | Runnymede    | 4:51.85    | 473    |       |         |         |         |         |         |         |
| ***** Event qualifying/standard time 4:49.80 ***** (Consideration) |                    |      |              |            |        |       |         |         |         |         |         |         |

++ New event best time

## EVENT 227 Girls 11/12 Years 400m Individual Medley (HDW)

### 11 Yrs Age Group

| Place | Name   | YoB Club          | Time    | BAG Pt | 50    | 100     | 150     | 200     | 250     | 300     | 350     |
|-------|--|-------------------|---------|--------|-------|---------|---------|---------|---------|---------|---------|
| 1.    | Amelia KNOWLES   | (96) Southend     | 5:48.90 | 545    | 37.65 | 1:21.06 | 2:05.51 | 2:49.74 | 3:41.13 | 4:32.24 | 5:11.53 |
| 2.    | Rianna VEARES  | (95) Havering Aq  | 5:49.05 | 545    | 39.74 | 1:26.57 | 2:07.37 | 2:50.18 | 3:42.07 | 4:34.20 | 5:11.59 |
| 3.    | Jessie CARRON  | (95) BorRedbridge | 5:49.93 | 540    | 40.54 | 1:27.80 | 2:10.92 | 2:54.83 | 3:42.74 | 4:32.26 | 5:11.35 |
| 4.    | Bethany HALL   | (95) Romford Town | 5:51.25 | 534    | 40.01 | 1:26.06 | 2:09.55 | 2:53.90 | 3:41.51 | 4:30.67 | 5:10.71 |
| 5.    | Amy BEARDWELL-LACEY  | (95) Thurrock     | 5:51.68 | 532    | 37.60 | 1:21.72 | 2:06.25 | 2:50.02 | 3:40.57 | 4:32.04 | 5:11.73 |
| 6.    | Elena SHERIDAN   | (95) Romford Town | 5:57.20 | 507    | 37.70 | 1:22.68 | 2:08.78 | 2:55.85 | 3:46.47 | 4:38.05 | 5:17.68 |
| 7.    | Sadie LUCAS  | (95) BorRedbridge | 6:01.47 | 489    | 39.85 | 1:25.07 | 2:10.88 | 2:58.53 | 3:46.94 | 4:38.24 | 5:20.29 |
| 8.    | Ellie TOWNLEY  | (95) Runnymede    | 6:02.85 | 484    | 39.75 | 1:25.45 | 2:12.09 | 2:57.00 | 3:50.16 | 4:44.33 | 5:25.62 |
| 9.    | Claire JACKSON   | (95) Romford Town | 6:06.13 | 470    | 41.79 | 1:29.27 | 2:14.31 | 2:59.32 | 3:51.85 | 4:44.01 | 5:25.99 |
| 10.   | Charlotte PRIOR  | (95) Brentwood    | 6:09.08 | 458    | 40.43 | 1:30.32 | 2:17.45 | 3:03.50 | 3:53.87 | 4:46.29 | 5:29.40 |
| 11.   | Emma WAITE   | (95) Epping For't | 6:09.62 | 456    | 42.31 | 1:31.58 | 2:17.08 | 3:03.68 | 3:56.56 | 4:49.12 | 5:30.23 |
|       | ***** Event qualifying/standard time 6:14.40 ***** (Automatic)     |                   |         |        |       |         |         |         |         |         |         |
| 12.   | Faye BRUMBY  | (96) Rochford     | 6:17.26 | 427    | 42.37 | 1:30.09 | 2:19.18 | 3:07.74 | 3:58.45 | 4:50.88 | 5:33.67 |
|       | ***** Event qualifying/standard time 6:39.50 ***** (Consideration) |                   |         |        |       |         |         |         |         |         |         |

### 12 Years Age Group

| Place | Name   | YoB Club          | Time    | BAG Pt | 50    | 100     | 150     | 200     | 250     | 300     | 350     |
|-------|--|-------------------|---------|--------|-------|---------|---------|---------|---------|---------|---------|
| 1.    | Chloe DAVIS  | (94) Runnymede    | 5:37.31 | 591    | 37.07 | 1:18.86 | 2:01.87 | 2:43.02 | 3:34.24 | 4:25.58 | 5:02.40 |
| 2.    | Sophie COPPER  | (94) BorRedbridge | 5:37.76 | 588    | 35.60 | 1:17.53 | 2:00.20 | 2:41.10 | 3:31.46 | 4:23.84 | 5:02.35 |
| 3.    | Charlotte WADE   | (94) Rochford     | 5:42.32 | 566    | 36.18 | 1:21.72 | 2:02.77 | 2:44.68 | 3:37.22 | 4:29.26 | 5:06.93 |
| 4.    | Georgia WIGHTON  | (94) Chelmsford   | 5:42.37 | 566    | 35.96 | 1:19.72 | 2:03.02 | 2:44.92 | 3:37.47 | 4:27.46 | 5:05.86 |
| 5.    | Emily COLE   | (94) BorRedbridge | 5:48.16 | 538    | 38.09 | 1:22.17 | 2:07.02 | 2:51.50 | 3:41.20 | 4:32.86 | 5:11.56 |
|       | ***** Event qualifying/standard time 5:50.50 ***** (Automatic) |                   |         |        |       |         |         |         |         |         |         |
| 6.    | Louise-Jayne WATTS   | (94) Colchester   | 5:53.26 | 516    | 39.09 | 1:24.54 | 2:06.44 | 2:49.38 | 3:41.13 | 4:33.60 | 5:13.21 |
|       | ***** Event qualifying/standard time 6:11.30 ***** (Automatic) |                   |         |        |       |         |         |         |         |         |         |

## EVENT 228 Boys 12 Years 100m Individual Medley

| Place | Name   | YoB  | Club         | Time    | BAG Pt | 50    |
|-------|--|------|--------------|---------|--------|-------|
| 1.    | Charlie DENTITH                                    | (95) | BorRedbridge | 1:14.07 | 500    | 35.67 |
| 2.    | Daniel SORRELL                                     | (94) | Chelmsford   | 1:15.36 | 472    | 35.32 |
| 3.    | Thomas CLARK                                       | (94) | Romford Town | 1:16.07 | 458    | 35.09 |
| 4.    | Christopher PALMER                                 | (95) | Colchester   | 1:16.24 | 455    | 36.39 |
| 5.    | Chris STEVENS                                      | (94) | Harlow Pen   | 1:16.89 | 442    | 36.00 |
| 6.    | Thomas JOHNSON                                     | (94) | Romford Town | 1:17.08 | 438    | 36.09 |
| 7.    | Jack BYFIELD                                       | (94) | Basildon     | 1:17.66 | 427    | 35.54 |
| 8.    | Harry PAYNE  | (94) | Bo Southend  | 1:17.71 | 426    | 36.72 |
| 9.    | George HUNTER                                      | (94) | Romford Town | 1:18.58 | 410    | 38.13 |
| 10.   | Adam GILLARD                                       | (94) | BorRedbridge | 1:18.84 | 405    | 35.96 |
| 11.   | Ryan DANIELS                                       | (94) | Runnymede    | 1:19.24 | 399    | 35.62 |
| 12.   | Alex HAYMAN  | (94) | Epping For't | 1:19.48 | 394    | 37.46 |
| 13.   | Christopher MITCHELL                               | (94) | Epping For't | 1:20.20 | 383    | 37.37 |
| 14.   | Niall GANDY  | (94) | Bo Waltham F | 1:20.52 | 377    | 37.71 |
| 15.   | Alfie BURR   | (94) | Romford Town | 1:20.55 | 377    | 37.42 |
| 16.   | Danny BAKER  | (94) | Canvey Isl   | 1:20.68 | 374    | 38.49 |
| 17.   | Jonathan ELLIS                                     | (94) | Runnymede    | 1:21.65 | 359    | 36.98 |
| 18.   | Samuel GOWER                                       | (94) | Chelmsford   | 1:23.33 | 334    | 38.56 |
| 19.   | Joe WENNELL  | (94) | Basildon     | 1:23.56 | 330    | 37.04 |
| 20.   | Tobias ANDREWS                                     | (94) | Killerwhales | 1:25.41 | 305    | 37.87 |
|       | ***** Event qualifying/standard time 1:29.90 ***** |      |              |         |        |       |
| 21.   | Sidney WOOD  | (94) | Basildon     | 1:28.34 | 268    | 42.76 |

### EVENT 229 Girls 13 Years 100m Butterfly

| Place | Name                  | YoB  | Club         | Time    | BAG Pt | 50    |
|-------|-----------------------|------|--------------|---------|--------|-------|
| 1.    | Megan LANGRIDGE       | (93) | Thurrock     | 1:10.88 | 653    | 34.65 |
| 2.    | Kerriann CHIPPERFIELD | (93) | Thurrock     | 1:12.52 | 611    | 35.05 |
| 3.    | Abigail SAYER         | (94) | Thurrock     | 1:13.23 | 594    | 35.05 |
| 4.    | Stevie COKER          | (93) | Romford Town | 1:13.59 | 585    | 35.05 |
| 5.    | Emma McAULIFFE        | (93) | Romford Town | 1:13.71 | 583    | 34.40 |
| 6.    | Neha DABHI            | (93) | Bo Waltham F | 1:14.30 | 569    | 34.63 |
| 7.    | Kelsey RICHARDS       | (93) | Romford Town | 1:14.47 | 565    | 36.58 |
| 8.    | Sarah LARNER          | (93) | Colchester   | 1:14.66 | 561    | 36.56 |
| 9.    | Annie GROOME          | (93) | Harlow Pen   | 1:14.95 | 555    | 35.48 |
| 10.   | Danielle SAYER        | (94) | Thurrock     | 1:16.54 | 521    | 36.31 |

\*\*\*\*\* Event qualifying/standard time 1:17.50 \*\*\*\*\*

### EVENT 230 Boys 16 Years/Over 100m Butterfly

| Place | Name              | YoB  | Club         | Time    | BAG Pt | 50    |
|-------|-------------------|------|--------------|---------|--------|-------|
| 1.    | Benjamin SLEET    | (90) | Chelmsford   | 1:00.94 | 633*   | 28.77 |
| 2.    | Roberto PAVONI    | (91) | Brentwood    | 1:00.98 | 632*   | 28.70 |
| 3.    | Dane MCKNIGHT     | (88) | Bo Waltham F | 1:01.06 | 630*   | 28.71 |
| 4.    | George SCOTHERN   | (90) | Brentwood    | 1:01.09 | 629*   | 28.92 |
| 5.    | Allen LINDENBERG  | (89) | Bo Waltham F | 1:01.12 | 628*   | 28.57 |
| 6.    | Daniel HIME       | (89) | Killerwhales | 1:02.11 | 601*   | 29.79 |
| 7.    | Thomas ROOTSEY    | (90) | Colchester   | 1:02.47 | 591*   | 30.06 |
| 8.    | Sargon YOUSSEFI   | (90) | Colchester   | 1:02.63 | 587*   | 29.42 |
| 9.    | Tom GILBERT       | (90) | Chelmsford   | 1:03.35 | 568*   | 29.72 |
| 10.   | Joshua BRAND      | (91) | Braintree    | 1:04.21 | 546*   | 29.88 |
| 10.   | Jack SUMMERS      | (90) | Bo Waltham F | 1:04.21 | 546*   | 30.16 |
| 12.   | David PRICE       | (89) | Epping For't | 1:04.24 | 545*   | 30.27 |
| 13.   | Adam BYFORD       | (89) | Braintree    | 1:04.56 | 538*   | 30.07 |
| 13.   | Christopher WORBY | (90) | BorRedbridge | 1:04.56 | 538*   | 30.47 |
| 15.   | Jonathan SAYER    | (90) | Bo Southend  | 1:05.01 | 527*   | 31.93 |
| 16.   | Craig WARWICK     | (90) | Harlow Pen   | 1:05.37 | 518*   | 30.54 |
| 17.   | Adam SPEAR        | (91) | Clacton On S | 1:05.63 | 512*   | 30.17 |
| 18.   | Jazza CLENAGHAN   | (89) | Chelmsford   | 1:07.07 | 480*   | 32.06 |
| 19.   | Geoff BAKER       | (59) | Canvey Isl   | 1:07.87 | 463*   | 31.26 |

\*\*\*\*\* Event qualifying/standard time 1:08.00 \*\*\*\*\*

|     |               |      |              |         |      |       |
|-----|---------------|------|--------------|---------|------|-------|
| 20. | Chris WRIGHT  | (90) | Romford Town | 1:09.76 | 425* | 32.65 |
| 21. | Oliver THOMAS | (88) | Runnymede    | 1:10.01 | 420* | 31.03 |

Swims with \* appended are GB points - NOT age corrected

### EVENT 231 Girls 16yrs/Over 100m Breaststroke

| Place | Name             | YoB  | Club         | Time    | BAG Pt | 50    |
|-------|------------------|------|--------------|---------|--------|-------|
| 1.    | Alyson MORAN     | (88) | Southend     | 1:17.76 | 656*   | 36.21 |
| 2.    | Kaz MELVIN       | (91) | Harlow Pen   | 1:17.77 | 656*   | 36.89 |
| 3.    | Charlotte OWEN   | (89) | BorRedbridge | 1:17.79 | 656*   | 36.70 |
| 4.    | Rebecca SCOTT    | (91) | Runnymede    | 1:18.20 | 646*   | 37.14 |
| 5.    | Jessica FORD     | (90) | Thurrock     | 1:18.21 | 646*   | 37.42 |
| 6.    | Nicola FARMER    | (91) | Bo Waltham F | 1:18.64 | 636*   | 37.30 |
| 7.    | Brooke TURNER    | (89) | Bo Waltham F | 1:19.89 | 609*   | 38.02 |
| 8.    | Helen ANDREWS    | (90) | Killerwhales | 1:20.67 | 593*   | 38.22 |
| 9.    | Alice SCOTT      | (89) | BorRedbridge | 1:21.95 | 567*   | 37.78 |
| 10.   | Bethany FAULKNER | (90) | BorRedbridge | 1:22.63 | 553*   | 38.82 |
| 11.   | Natalie WARD     | (89) | Romford Town | 1:23.10 | 544*   | 39.97 |
| 12.   | Jade EDWARDS     | (90) | Hornchurch   | 1:23.89 | 530*   | 39.17 |

\*\*\*\*\* Event qualifying/standard time 1:24.50 \*\*\*\*\*

|     |                  |      |            |         |      |       |
|-----|------------------|------|------------|---------|------|-------|
| 13. | Sarah OVERINGTON | (89) | Chelmsford | 1:27.13 | 473* | 41.55 |
|-----|------------------|------|------------|---------|------|-------|

Swims with \* appended are GB points - NOT age corrected

**EVENT 232 Girls 9 Years 200m Butterfly (HDW)**

| Place  | Name               | YoB  | Club         | Time       | BAG Pt | 50    | 100     | 150     |
|--|--------------------|------|--------------|------------|--------|-------|---------|---------|
| 1.   | Lillie BONE        | (97) | BorRedbridge | 3:20.49 ++ | 466    | 46.86 | 1:37.43 | 2:29.86 |
| 2.   | Ellie PIRRIE       | (97) | Runnymede    | 3:20.56    | 466    | 45.89 | 1:37.16 | 2:31.48 |
| 3.   | Katarina BLANCO    | (97) | Bo Southend  | 3:31.41    | 381    | 46.73 | 1:40.96 | 2:36.66 |
| ***** Event qualifying/standard time 4:13.90 ***** |                    |      |              |            |        |       |         |         |
|  | Rachael MOORE      | (97) | Thurrock     | DQ         | SA-    |       |         |         |
|  | Victoria CHRISTMAS | (97) | Romford Town | DQ         | SA-    |       |         |         |
|  | Rose MERRITT       | (97) | Thurrock     | DQ         | SA-    |       |         |         |

++ New event best time

**EVENT 233 Boys 9 Years 200m Freestyle (HDW)**

| Place  | Name            | YoB  | Club         | Time       | BAG Pt | 50    | 100     | 150     |
|--|-----------------|------|--------------|------------|--------|-------|---------|---------|
| 1.   | Salaam MOTIN    | (97) | Thurrock     | 2:42.29 ++ | 267    | 38.36 | 1:19.82 | 2:01.47 |
| 2.   | Kenneth MANN    | (97) | BorRedbridge | 2:44.78    | 253    | 37.94 | 1:20.89 | 2:03.50 |
| 3.   | Sam BISHOP      | (97) | Romford Town | 2:45.01    | 252    | 38.61 | 1:21.36 | 2:03.69 |
| 4.   | Bobbie MCCARTHY | (97) | Thurrock     | 2:49.05    | 230    | 39.62 | 1:23.90 | 2:06.21 |
| 5.   | Russell BECK    | (97) | Rochford     | 2:53.65    | 207    | 41.47 | 1:26.15 | 2:11.87 |
| 6.   | Tomas STEVENS   | (97) | Harlow Pen   | 2:56.42    | 195    | 40.71 | 1:26.72 | 2:14.35 |
| 7.   | David FRYATT    | (97) | Braintree    | 2:57.27    | 191    | 40.89 | 1:26.24 | 2:12.08 |
| 8.   | Oliver SWALLOW  | (97) | Halstead     | 2:59.14    | 183    | 41.17 | 1:28.18 | 2:15.11 |
| 9.   | Kalaam MOTIN    | (97) | Thurrock     | 3:00.29    | 179    | 41.19 | 1:28.08 | 2:15.71 |
| 10.  | James DAY       | (97) | Thurrock     | 3:00.71    | 177    | 40.65 | 1:29.27 | 2:18.56 |
| 11.  | Jake MILLS      | (98) | Thurrock     | 3:04.34    | 163    | 43.49 | 1:32.17 | 2:20.88 |
| 12.  | Nathan LEONG    | (97) | Bo Waltham F | 3:05.13    | 160    | 39.88 | 1:28.64 | 2:15.19 |
| 13.  | Kieran MOORE    | (97) | Havering Aq  | 3:05.18    | 160    | 40.63 | 1:28.98 | 2:17.77 |
| 14.  | Luke SHERIDAN   | (97) | Romford Town | 3:06.52    | 156    | 41.12 | 1:30.91 | 2:20.07 |
| 15.  | Sam ALLSOP      | (97) | Romford Town | 3:06.63    | 155    | 43.42 | 1:32.08 | 2:20.67 |
| 16.  | Matthew DAVIS   | (97) | Runnymede    | 3:07.47    | 152    | 40.84 | 1:29.89 | 2:20.15 |
| 17.  | Sam HOLLINGTON  | (97) | Romford Town | 3:08.51    | 149    | 43.25 | 1:33.06 | 2:23.08 |
| 18.  | Aidan ROBINSON  | (97) | Basildon     | 3:08.83    | 148    | 41.50 | 1:31.30 | 2:21.25 |
| 19.  | Thomas ILLIDGE  | (97) | Colchester   | 3:09.99    | 144    | 41.25 | 1:31.50 | 2:14.98 |
| ***** Event qualifying/standard time 3:23.90 ***** |                 |      |              |            |        |       |         |         |
|  | BILLY MAYNARD   | (97) | Southend     | DQ         | ST-    |       |         |         |

++ New event best time

**EVENT 234 Girls 10 Years 200m Backstroke (HDW)**

| Place  | Name                 | YoB  | Club         | Time    | BAG Pt | 50    | 100     | 150     |
|--|----------------------|------|--------------|---------|--------|-------|---------|---------|
| 1.   | Rebecca HAYES        | (96) | Thurrock     | 2:51.23 | 476    | 40.93 | 1:24.65 | 2:08.70 |
| 2.   | Amy GORE             | (96) | Thurrock     | 2:51.45 | 474    | 41.18 | 1:24.90 | 2:08.66 |
| 3.   | Katherine STEPHENS   | (96) | Thurrock     | 2:51.65 | 472    | 39.79 | 1:23.72 | 2:07.92 |
| 4.   | Kathryn PEARSE       | (96) | Basildon     | 2:52.83 | 462    | 39.32 | 1:23.82 | 2:09.68 |
| 5.   | Madison TOWNLEY      | (96) | Runnymede    | 2:55.05 | 444    | 41.50 | 1:26.84 | 2:12.81 |
| 6.   | Melissa COWELL       | (96) | Thurrock     | 2:56.61 | 431    | 41.85 | 1:26.44 | 2:12.35 |
| 7.   | Sophie WAYMONT       | (97) | Southend     | 2:58.26 | 418    | 43.05 | 1:28.17 | 2:13.94 |
| 8.   | Hannah TRAVELL       | (96) | Braintree    | 2:58.38 | 417    | 43.61 | 1:29.87 | 2:16.12 |
| 9.   | Maisie JONES         | (96) | Canvey Isl   | 2:58.84 | 414    | 42.70 | 1:28.24 | 2:14.22 |
| 10.  | Georgia MILLS        | (96) | Thurrock     | 3:01.19 | 396    | 40.91 | 1:26.64 | 2:14.66 |
| 11.  | Sophie THOMPSON      | (96) | Romford Town | 3:01.60 | 394    | 40.38 | 1:26.25 | 2:14.56 |
| 12.  | Rosie WEBBER         | (96) | Romford Town | 3:01.77 | 393    | 42.95 | 1:29.01 | 2:16.52 |
| 13.  | Chloe-Annabelle WARD | (96) | Epping For't | 3:02.48 | 387    | 42.72 | 1:28.64 | 2:16.26 |
| 14.  | Kayleigh SIMS        | (96) | Thurrock     | 3:04.51 | 373    | 44.13 | 1:31.94 | 2:18.80 |
| 15.  | Brock WHISTON        | (96) | Romford Town | 3:05.29 | 367    | 43.71 | 1:31.52 | 2:19.63 |
| 16.  | Lorna McLEAN         | (96) | Bo Southend  | 3:08.24 | 348    | 45.73 | 1:33.37 | 2:21.87 |
| 17.  | Alexa COX            | (96) | Halstead     | 3:08.42 | 347    | 44.84 | 1:33.23 | 2:22.01 |
| 18.  | Danielle ROOKE       | (96) | Killerwhales | 3:08.62 | 346    | 43.13 | 1:31.49 | 2:20.90 |
| 19.  | Lily MANN            | (97) | Thurrock     | 3:09.54 | 340    | 45.34 | 1:33.64 | 2:22.05 |
| 20.  | Kelsey ELLERBY       | (96) | Runnymede    | 3:13.32 | 317    | 44.18 | 1:33.42 | 2:25.29 |
| 21.  | Eleanor TRIPP        | (96) | Colchester   | 3:13.44 | 316    | 46.17 | 1:36.48 | 2:25.86 |
| 22.  | Laura BROOKS         | (96) | Romford Town | 3:16.57 | 299    | 46.14 | 1:37.42 | 2:28.58 |
| 23.  | Rozlyn SMITH         | (96) | Braintree    | 3:17.67 | 293    | 45.93 | 1:37.57 | 2:29.08 |
| 24.  | Emma ASTON           | (96) | Romford Town | 3:19.41 | 283    | 45.13 | 1:36.10 | 2:28.69 |
| ***** Event qualifying/standard time 3:20.30 ***** |                      |      |              |         |        |       |         |         |
| 25.  | Cassie BEADEL        | (96) | Killerwhales | 3:20.61 | 278    | 44.33 | 1:34.34 | 2:26.29 |
|  | Alexa FOSTER-CARTER  | (97) | Bo Southend  | DQ      | T-     |       |         |         |
|  | Charlotte KENYON     | (96) | Epping For't | DQ      | T-     |       |         |         |
|  | Abigail BROWN        | (96) | Runnymede    | DQ      | T-     |       |         |         |
|  | Molly SPARKS         | (96) | Killerwhales | DQ      | T-     |       |         |         |

### EVENT 235 Boys 12 Years 200m Backstroke (HDW)

| Place  | Name                 | YoB  | Club         | Time    | BAG Pt | 50    | 100     | 150     |
|--|----------------------|------|--------------|---------|--------|-------|---------|---------|
| 1.   | Charlie DENTITH      | (95) | BorRedbridge | 2:34.35 | 481    | 37.19 | 1:16.03 | 1:55.67 |
| 2.   | Daniel SORRELL       | (94) | Chelmsford   | 2:37.72 | 449    | 37.86 | 1:18.76 | 1:59.51 |
| 3.   | Thomas CLARK         | (94) | Romford Town | 2:40.44 | 425    | 38.00 | 1:18.95 | 2:00.19 |
| 4.   | Samuel GOWER         | (94) | Chelmsford   | 2:41.12 | 418    | 38.84 | 1:19.81 | 2:00.85 |
| 5.   | George HUNTER        | (94) | Romford Town | 2:41.64 | 414    | 38.78 | 1:20.36 | 2:02.14 |
| 6.   | Chris STEVENS        | (94) | Harlow Pen   | 2:41.67 | 413    | 38.25 | 1:18.76 | 2:00.81 |
| 7.   | David BENNETT        | (94) | Havering Aq  | 2:41.78 | 413    | 37.74 | 1:18.95 | 2:01.21 |
| 8.   | Christopher MITCHELL | (94) | Epping For't | 2:42.54 | 406    | 39.38 | 1:21.41 | 2:03.13 |
| 9.   | Adam GILLARD         | (94) | BorRedbridge | 2:44.80 | 388    | 39.24 | 1:21.00 | 2:03.43 |
| 10.  | Christopher PALMER   | (95) | Colchester   | 2:45.63 | 381    | 39.54 | 1:21.40 | 2:04.95 |
| 11.  | Ryan DANIELS         | (94) | Runnymede    | 2:46.41 | 376    | 39.18 | 1:20.93 | 2:04.64 |
| 12.  | Thomas JOHNSON       | (94) | Romford Town | 2:47.69 | 365    | 39.50 | 1:22.42 | 2:06.05 |
| 13.  | Harry PAYNE          | (94) | Bo Southend  | 2:47.86 | 364    | 39.67 | 1:22.20 | 2:05.22 |
| 14.  | James WINNELL        | (94) | Runnymede    | 2:48.33 | 361    | 40.56 | 1:23.66 | 2:06.56 |
| 15.  | Niall GANDY          | (94) | Bo Waltham F | 2:49.02 | 356    | 40.08 | 1:23.49 | 2:07.14 |
| 16.  | Alfie BURR           | (94) | Romford Town | 2:49.72 | 350    | 40.65 | 1:23.80 | 2:06.34 |
| 17.  | Jonathan ELLIS       | (94) | Runnymede    | 2:50.47 | 345    | 39.96 | 1:22.46 | 2:07.23 |
| ***** Event qualifying/standard time 2:55.10 ***** |                      |      |              |         |        |       |         |         |

### EVENT 236 Girls 16 Years/Over 200m Freestyle (HDW)

| Place  | Name              | YoB  | Club         | Time    | BAG Pt | 50    | 100     | 150     |
|--|-------------------|------|--------------|---------|--------|-------|---------|---------|
| 1.   | Brooke TURNER     | (89) | Bo Waltham F | 2:08.30 | 767*   | 30.20 | 1:02.79 | 1:36.04 |
| 2.   | Kirsty FORBES     | (90) | Killerwhales | 2:09.74 | 745*   | 30.01 | 1:02.92 | 1:36.57 |
| 3.   | Bethany FAULKNER  | (90) | BorRedbridge | 2:10.45 | 734*   | 30.47 | 1:03.30 | 1:36.67 |
| 4.   | Jessica FORD      | (90) | Thurrock     | 2:12.80 | 701*   | 31.40 | 1:05.05 | 1:39.25 |
| 5.   | Louise KENDALL    | (90) | Harlow Pen   | 2:13.06 | 697*   | 31.54 | 1:05.37 | 1:39.45 |
| 6.   | Laura ANDREWS     | (89) | Killerwhales | 2:13.54 | 690*   | 30.94 | 1:04.46 | 1:38.94 |
| 7.   | Natalie WARD      | (89) | Romford Town | 2:14.07 | 683*   | 32.27 | 1:06.34 | 1:40.78 |
| 8.   | Kaz MELVIN        | (91) | Harlow Pen   | 2:14.15 | 682*   | 31.69 | 1:06.06 | 1:40.84 |
| 9.   | Nicola FARMER     | (91) | Bo Waltham F | 2:14.25 | 680*   | 31.42 | 1:05.21 | 1:40.15 |
| 10.  | Kira Helen FAWKE  | (89) | Romford Town | 2:14.68 | 675*   | 32.01 | 1:06.14 | 1:40.48 |
| 11.  | Helen ANDREWS     | (90) | Killerwhales | 2:16.63 | 649*   | 31.42 | 1:05.62 | 1:40.99 |
| 12.  | Lauren ANDREWS    | (90) | Killerwhales | 2:20.17 | 604*   | 32.00 | 1:07.14 | 1:43.57 |
| 13.  | Madeleine LEONG   | (89) | Bo Waltham F | 2:20.30 | 603*   | 32.45 | 1:07.39 | 1:43.45 |
| 14.  | Jenni LAWTON      | (88) | Southend     | 2:20.59 | 599*   | 31.42 | 1:07.01 | 1:44.31 |
| 15.  | Alexandria FISHER | (91) | Chelmsford   | 2:20.72 | 598*   | 33.06 | 1:09.16 | 1:46.01 |
| 16.  | Laura FRANCIS     | (89) | BorRedbridge | 2:21.31 | 591*   | 31.67 | 1:06.41 | 1:44.42 |
| 17.  | Sarah OVERINGTON  | (89) | Chelmsford   | 2:21.84 | 584*   | 31.86 | 1:07.29 | 1:44.71 |
| 18.  | Emma JOHNSTONE    | (89) | Chelmsford   | 2:22.30 | 579*   | 32.37 | 1:08.36 | 1:46.18 |
| 19.  | Rebecca SCOTT     | (91) | Runnymede    | 2:22.48 | 577*   | 32.60 | 1:08.95 | 1:46.51 |
| 20.  | Rachel FARLEY     | (90) | Braintree    | 2:22.77 | 574*   | 32.99 | 1:09.34 | 1:46.51 |
| 21.  | Emma FRANCIS      | (89) | BorRedbridge | 2:23.05 | 570*   | 32.97 | 1:09.15 | 1:46.10 |
| 22.  | Julia BRAYBROOKE  | (86) | Killerwhales | 2:24.09 | 559*   | 33.15 | 1:09.54 | 1:47.54 |
| 23.  | Amy GOILLAU       | (90) | Epping For't | 2:24.59 | 553*   | 31.98 | 1:09.14 | 1:46.86 |
| 24.  | Susannah HAYNES   | (90) | Killerwhales | 2:24.78 | 551*   | 32.35 | 1:07.66 | 1:46.02 |
| ***** Event qualifying/standard time 2:25.30 ***** |                   |      |              |         |        |       |         |         |

Swims with \* appended are GB points - NOT age corrected

### EVENT 237 Boys 11 Years 200m Butterfly (HDW)

| Place  | Name            | YoB  | Club         | Time    | BAG Pt | 50    | 100     | 150     |
|--|-----------------|------|--------------|---------|--------|-------|---------|---------|
| 1.   | Henry NEWTON    | (95) | Runnymede    | 2:45.84 | 437    | 36.90 | 1:19.99 | 2:04.17 |
| 2.   | Charlie SMITH   | (96) | Clacton On S | 2:48.03 | 417    | 37.08 | 1:19.02 | 2:04.19 |
| 3.   | Harry COKER     | (96) | Romford Town | 2:53.06 | 377    | 38.34 | 1:22.87 | 2:08.59 |
| 4.   | George FOLEY    | (95) | Havering Aq  | 2:55.69 | 357    | 38.37 | 1:24.97 | 2:11.25 |
| 5.   | Joshua INWOOD   | (96) | Basildon     | 2:56.12 | 353    | 37.25 | 1:23.89 | 2:10.72 |
| 6.   | Senner KOSKOCAN | (95) | Harlow Pen   | 2:56.41 | 352    | 37.67 | 1:22.70 | 2:12.00 |
| 7.   | Bradley CLARKE  | (96) | Thurrock     | 2:58.67 | 336    | 40.18 | 1:27.41 | 2:14.93 |
| 8.   | Charlie HARD    | (95) | Thurrock     | 2:59.18 | 332    | 39.06 | 1:26.13 | 2:12.96 |
| ***** Event qualifying/standard time 3:17.30 ***** |                 |      |              |         |        |       |         |         |

### EVENT 238 Boys 15 Years 200m Breaststroke (HDW)

| Place | Name              | YoB  | Club         | Time   | BAG Pt | 50    | 100     | 150     |
|-------|-------------------|------|--------------|--|--------|-------|---------|---------|
| 1.    | Grant CHANDLER    | (91) | Romford Town | 2:35.31  | 593*   | 35.41 | 1:14.89 | 1:55.54 |
| 2.    | Dean SMITH        | (91) | Killerwhales | 2:35.81  | 587*   | 35.91 | 1:14.87 | 1:56.11 |
| 3.    | Daniel STEPTON    | (91) | Becontree    | 2:41.57  | 529*   | 35.69 | 1:16.96 | 1:59.35 |
| 4.    | Oliver CROSBY     | (91) | Colchester   | 2:44.64  | 500*   | 37.48 | 1:20.04 | 2:03.29 |
| 5.    | Billy COKER       | (91) | Romford Town | 2:45.86  | 489*   | 37.42 | 1:19.19 | 2:02.86 |
|       |                   |      |              | ***** Event qualifying/standard time 2:51.30 ***** |        |       |         |         |
| 6.    | Daniel RICHARDSON | (91) | Bo Waltham F | 2:52.34  | 435*   | 38.04 | 1:21.96 | 2:06.93 |

Swims with \* appended are GB points - NOT age corrected

## Finals

### EVENT 239 FINAL OF EVENT 228 Boys 12 Years 100m Individual Medley

| Place | Name               | YoB  | Club         | Time    | BAG Pt | 50    |
|-------|--------------------|------|--------------|---------|--------|-------|
| 1.    | Charlie DENTITH    | (95) | BorRedbridge | 1:14.47 | 491    | 35.69 |
| 2.    | Daniel SORRELL     | (94) | Chelmsford   | 1:15.27 | 473    | 36.28 |
| 3.    | Thomas CLARK       | (94) | Romford Town | 1:15.39 | 472    | 36.21 |
| 4.    | Christopher PALMER | (95) | Colchester   | 1:15.54 | 468    | 35.59 |
| 5.    | Chris STEVENS      | (94) | Harlow Pen   | 1:16.29 | 453    | 35.84 |
| 6.    | Thomas JOHNSON     | (94) | Romford Town | 1:16.87 | 442    | 36.35 |

### EVENT 240 FINAL OF EVENT 229 Girls 13 Years 100m Butterfly

| Place | Name                  | YoB  | Club         | Time    | BAG Pt | 50    |
|-------|-----------------------|------|--------------|---------|--------|-------|
| 1.    | Megan LANGRIDGE       | (93) | Thurrock     | 1:10.08 | 675    | 33.93 |
| 2.    | Kerriann CHIPPERFIELD | (93) | Thurrock     | 1:10.95 | 651    | 34.06 |
| 3.    | Abigail SAYER         | (94) | Thurrock     | 1:11.37 | 641    | 34.29 |
| 4.    | Neha DABHI            | (93) | Bo Waltham F | 1:13.60 | 585    | 34.96 |
| 5.    | Emma McAULIFFE        | (93) | Romford Town | 1:13.73 | 583    | 34.85 |
| 6.    | Stevie COKER          | (93) | Romford Town | 1:13.80 | 581    | 35.51 |

### EVENT 241 FINAL OF EVENT 230 Boys 16 Years/Over 100m Butterfly

| Place | Name             | YoB  | Club         | Time    | BAG Pt | 50    |
|-------|------------------|------|--------------|---------|--------|-------|
| 1.    | Dane MCKNIGHT    | (88) | Bo Waltham F | 57.84   | 729*   | 27.10 |
| 2.    | Roberto PAVONI   | (91) | Brentwood    | 58.41   | 710*   | 27.46 |
| 3.    | Allen LINDENBERG | (89) | Bo Waltham F | 58.95   | 693*   | 27.67 |
| 4.    | Benjamin SLEET   | (90) | Chelmsford   | 1:00.13 | 657*   | 28.83 |
| 5.    | George SCOTHERN  | (90) | Brentwood    | 1:02.24 | 597*   | 29.04 |
| 6.    | Thomas ROOTSEY   | (90) | Colchester   | 1:02.53 | 589*   | 29.45 |

Swims with \* appended are GB points - NOT age corrected

### EVENT 242 FINAL OF EVENT 231 Girls 16yrs/Over 100m Breaststroke

| Place | Name           | YoB  | Club         | Time    | BAG Pt | 50    |
|-------|----------------|------|--------------|---------|--------|-------|
| 1.    | Kaz MELVIN     | (91) | Harlow Pen   | 1:15.32 | 715*   | 37.01 |
| 2.    | Alyson MORAN   | (88) | Southend     | 1:17.80 | 656*   | 36.52 |
| 3.    | Rebecca SCOTT  | (91) | Runnymede    | 1:17.87 | 654*   | 37.49 |
| 4.    | Nicola FARMER  | (91) | Bo Waltham F | 1:18.54 | 639*   | 37.18 |
| 5.    | Charlotte OWEN | (89) | BorRedbridge | 1:18.77 | 634*   | 37.18 |
| 6.    | Jessica FORD   | (90) | Thurrock     | 1:19.77 | 612*   | 39.20 |

Swims with \* appended are GB points - NOT age corrected