

ESSEX SWIMMING ASSOCIATION  
 Cheestrings County Age Group Championships  
 Waltham Forest Pool & Track, Walthamstow  
 Saturday 11th February 2006 - Session 6

**EVENT 221 Girls 11/12 Years 400m Individual Medley (HDW)**

**11 YEARS AGE GROUP**

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Sophie COPPER	11 BorRedbridge	5:37.36	4.	Heather RODWELL	11 Colchester	6:02.36
2.	Georgia WIGHTON	11 Chelmsford	5:50.54	5.	Louise HARRINGTON	11 Romford Town	6:06.28
3.	Charlotte WADE	11 Rochford	6:00.59	6.	Louise-Jayne WATTS	11 Colchester	6:13.43
***** Event qualifying/standard time 06:20.00 *****							

**12 YEARS AGE GROUP**

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Chloe FRANCIS	12 Basildon	5:19.61	4.	Kerriann CHIPPERFIELD	12 Thurrock	5:32.03
2.	Megan LANGRIDGE	12 Thurrock	5:27.33	5.	Stevie COKER	12 Romford Town	5:41.10
3.	Kelsey RICHARDS	12 Romford Town	5:29.08	6.	Abigail SAYER	12 Thurrock	5:50.69
***** Event qualifying/standard time 06:00.00 *****							

**EVENT 222 Boys 13/14 Years 400m Freestyle (HDW)**

**13 YEARS AGE GROUP**

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Dean WOODCOCK	13 Chelmsford	4:25.90	5.	Adam CARTER	13 Bo Southend	4:50.68
2.	Jayke ARKELL	13 Bo Waltham F	4:28.06	***** Event qualifying/standard time 04:53.00 *****			
3.	Christopher INCH	13 BorRedbridge	4:38.93	6.	Christopher STAMP	13 Romford Town	4:53.93
4.	Robert FRANCIS	13 BorRedbridge	4:47.66		Nicholas JONAS	13 Havering Aq	DNF

**14 YEARS AGE GROUP**

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Grant CHANDLER	14 Romford Town	4:16.94	7.	Sean TOMLIN	14 Bo Southend	4:35.77
2.	Andrew FROSTICK	14 Chelmsford	4:23.61	8.	Henry WOOD	14 Phoenix Bas	4:36.20
3.	Daniel STEPTON	14 Becontree	4:26.81	9.	Alex FAUTLEY	14 Thurrock	4:41.93
4.	Jack JACKSON	14 Bo Waltham F	4:28.03	***** Event qualifying/standard time 04:43.00 *****			
5.	Liam SMITH	14 Bo Waltham F	4:31.92	10.	Jamie HARRINGTON	14 Romford Town	4:49.79
6.	Dean SMITH	14 Killerwhales	4:32.12				

**EVENT 223 Girls 13 Years 100m Butterfly**

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Lottie LUCAS	13 Bo Waltham F	1:12.57	9.	Tia HAZELTON	13 Southend	1:17.11
2.	Jessica COLES	13 Romford Town	1:12.87	10.	Melissa SEELEY	13 Epping For't	1:17.75
3.	Robyn TURNER	13 Thurrock	1:13.36	11.	Charley GALLAGHER	13 Southend	1:18.16
4.	Amy WILSON	13 Romford Town	1:13.53	12.	Tin Tin LAM	13 Brentwood	1:18.46
5.	Georgina HUNT	13 Thurrock	1:14.36	13.	Louise HOLLAND	13 Romford Town	1:18.51
6.	Sarah WRIGHT	13 Runnymede	1:14.66	14.	Katie STRATTON	13 Witham Dolph	1:18.77
7.	Zoey LITTLECHILD	13 Romford Town	1:15.00	***** Event qualifying/standard time 01:20.00 *****			
8.	Molly EPSLEY	13 Thurrock	1:16.11	15.	Katinka MERCHAN	13 Killerwhales	1:23.20

### EVENT 224 Boys 12 100m Individual Medley

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Techin INNGERN	12 Bo Waltham F	1:15.07	6.	Nick GILROY	12 Basildon	1:19.23
2.	L CLIFFORD-STEPHENSON	12 Killerwhales	1:15.70	***** Event qualifying/standard time 01:20.00 *****			
3.	Braden WREN	12 Thurrock	1:17.47	8.	Lachlan ROBINSON	12 BorRedbridge	1:20.99
4.	Thomas HALE	12 Brentwood	1:17.65	9.	John WELCH	12 Romford Town	1:21.37
5.	Tom KEENES	12 Chelmsford	1:19.05	10.	James HARRIS	12 Romford Town	1:21.40
6.	Nick GILROY	12 Basildon	1:19.23				

### EVENT 225 Girls 14 Years 100m Backstroke

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Georgia HUNTON CLARKE	14 Romford Town	1:07.77	9.	Verity GOODEY	14 Basildon	1:13.61
2.	Rachel LEONG	14 Bo Waltham F	1:10.33	10.	Victoria BASS	14 Romford Town	1:14.21
3.	Phoebe HAYES	14 BorRedbridge	1:10.75	11.	Emily BURNETT	14 Southend	1:16.14
4.	Lauren ROUFFE	14 Killerwhales	1:11.22	12.	Katie MILES	14 Killerwhales	1:16.49
5.	Ruby GROOME	14 Harlow Pen	1:11.41	13.	Robyn BEADEL	14 Killerwhales	1:17.25
6.	Jodie WANT	14 Harlow Pen	1:11.75	***** Event qualifying/standard time 01:18.00 *****			
7.	Charlotte DELICATA	14 Runnymede	1:12.45	14.	Megan COSTIN	14 Braintree	1:18.26
8.	Carla JOSEPH	14 BorRedbridge	1:13.43				

### EVENT 226 Boys 16 Years/Over 100m Butterfly

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Benjamin SLEET	16 Chelmsford	1:01.61	12.	Jazza CLENAGHAN	16 Chelmsford	1:04.93
2.	Mark SAINT-CLARE	16 Harlow Pen	1:01.75	13.	Michael LANGLEY	16 Chelmsford	1:05.35
3.	Allen LINDENBERG	17 Bo Waltham F	1:01.78	14.	David PRICE	17 Epping For't	1:05.75
4.	Daniel FOGG	18 Bo Waltham F	1:01.89	15.	Ian EDMANS	16 Harlow Pen	1:05.86
5.	Dane McKNIGHT	17 Bo Waltham F	1:02.28	16.	Ben GRIX	16 Thurrock	1:06.25
6.	Daniel HIME	17 Killerwhales	1:02.41	17.	David HAYNES	17 Killerwhales	1:06.51
7.	Paul GREEN	20 Chelmsford	1:02.68	18.	Chris WEBB	16 Thurrock	1:06.72
8.	Sean McNAMEE	19 Colchester	1:03.66	19.	B CLIFFORD-STEPHENSON	17 Killerwhales	1:06.95
9.	David JACOBS	17 Romford Town	1:04.38	20.	Robert LANGLEY	20 Chelmsford	1:06.98
10.	Jordan JOWITT	18 Witham Dolph	1:04.40	20.	Geoff BAKER	46 Canvey Isl	1:06.98
11.	Nicholas CONNOR	16 BorRedbridge	1:04.61	***** Event qualifying/standard time 01:09.00 *****			

### EVENT 227 Girls 9 /10 200m Backstroke (HDW)

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Paige YOUNG	10 Colchester	2:45.87	11.	Emma HASLER	10 Bo Waltham F	3:08.74
2.	Rianna VEARES	10 Havering Aq	2:53.94	12.	Madison TOWNLEY	9 Southend	3:08.81
3.	Amy BEARDWELL-LACEY	10 Thurrock	2:56.96	13.	Katherine STEPHENS	9 Thurrock	3:10.83
4.	Charlotte PRIOR	10 Brentwood	2:57.45	14.	Faye BRUMBY	10 Rochford	3:11.36
5.	Claire JACKSON	10 Romford Town	2:59.94	15.	Rebecca HAYES	9 Thurrock	3:11.90
6.	Jessica CARRON	10 Romford Town	3:00.62	***** Event qualifying/standard time 03:15.00 *****			
7.	Alice HICKMOTT	10 Braintree	3:01.03	16.	Amelia KNOWLES	10 Southend	3:16.80
8.	Bethenay HALL	10 Romford Town	3:01.76		Sophie WAYMONT	9 Southend	DIS T 3L.
9.	Alice CAIN	10 Runnymede	3:03.89		Megan HOLDER	10 Epping For't	DIS T 5L.
10.	Ellie TOWNLEY	10 Southend	3:06.83				

### EVENT 228 Boys 12 Years 200m Backstroke (HDW)

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Techin INNGERN	12 Bo Waltham F	2:36.85	10.	George SMITH	12 Runnymede	2:49.34
2.	Thomas HALE	12 Brentwood	2:36.89	11.	James HARRIS	12 Romford Town	2:50.36
3.	Tom KEENES	12 Chelmsford	2:37.25	12.	Alex KEATING	12 Bo Waltham F	2:51.84
4.	Danny JANES	12 Romford Town	2:37.84	13.	Oliver BURLING	12 Bo Waltham F	2:53.09
5.	Alejandro BLANCO	12 Bo Southend	2:40.50		***** Event qualifying/standard time 02:59.00 *****		
6.	Braden WREN	12 Thurrock	2:42.15	14.	Stefano PAVONI	12 Brentwood	2:59.23
7.	Alexander DELICATA	12 Runnymede	2:44.85	15.	Ben JOBSON	12 BorRedbridge	3:01.33
8.	John WELCH	12 Romford Town	2:45.87		Patrick NEARY	12 Runnymede	DIS ST
9.	Charlie HAYES	12 Thurrock	2:48.35		Ben COSGROVE	12 Brentwood	DIS T 2L.

### EVENT 229 Girls 11 200m Breaststroke (HDW)

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Omonigho MOMODU	11 Killerwhales	2:57.17	4.	Heather RODWELL	11 Colchester	3:12.29
2.	Sophie COPPER	11 BorRedbridge	3:10.64	5.	Charlotte WADE	11 Rochford	3:17.48
3.	Lucy WARNER	11 BorRedbridge	3:12.07	6.	Evie FISHER	11 Chelmsford	3:18.26
					***** Event qualifying/standard time 03:25.00 *****		

### EVENT 230 Boys 11 Years 200m Butterfly (HDW)

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Harry PAYNE	11 Bo Southend	2:39.64	6.	Alexander HAYMAN	11 Epping For't	3:13.96
2.	Christopher MITCHELL	11 Epping For't	2:55.74	7.	James WINNELL	11 Phoenix Bas	3:17.15
3.	Thomas CLARK	11 Romford Town	2:55.86	8.	Alistair FRANCE	11 Bo Waltham F	3:25.44
4.	Charlie DENTITH	11 BorRedbridge	3:00.95		***** Event qualifying/standard time 03:30.00 *****		
5.	Danny BAKER	11 Canvey Isl	3:10.83		Ben ASHTON	11 Chelmsford	DIS SA 6L.

### EVENT 231 Girls 16+ 200m Freestyle (HDW)

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Brooke TURNER	16 Thurrock	2:06.65	7.	Daniella NICE	17 Thurrock	2:19.87
2.	Kirsty FORBES	16 Killerwhales	2:08.16	8.	Emma FRANCIS	16 BorRedbridge	2:20.74
3.	Natalie WARD	16 Romford Town	2:08.52	9.	Laura FRANCIS	16 BorRedbridge	2:21.03
4.	Laura ANDREWS	17 Killerwhales	2:16.49		***** Event qualifying/standard time 02:23.00 *****		
5.	Sarah OVERINGTON	16 Chelmsford	2:17.06	10.	Julia BRAYBROOKE	19 Killerwhales	2:27.38
6.	Madeleine LEONG	16 Bo Waltham F	2:17.08	11.	Hannah ATKINS	16 Bo Southend	2:31.62

### EVENT 232 Boys 15 200m Breaststroke (HDW)

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Jack SUMMERS	15 Bo Waltham F	2:31.11	10.	Ryan PURCELL	15 Epping For't	2:49.95
2.	Christopher WORBY	15 BorRedbridge	2:37.40	11.	Christopher WRIGHT	15 Romford Town	2:50.00
3.	Jonathan SAYER	15 Bo Southend	2:40.68	12.	Daniel HARRINGTON	15 Barking&Rain	2:53.30
4.	Joe GIGGINS	15 Hornchurch	2:41.74	13.	Adam CONWAY	15 Killerwhales	2:54.99
5.	George SCOTHERN	15 Brentwood	2:43.62	14.	Thomas BIRCHAM	15 Killerwhales	2:55.46
6.	Thomas ROOTSEY	15 Colchester	2:46.84	15.	Craig HURLOCK	15 Barking&Rain	2:55.99
7.	Mitchell RICHARDSON	15 Brentwood	2:47.06	16.	Michael HEALY	15 Harlow Pen	2:58.89
8.	S YOUSSEFI-TITCHEN	15 Colchester	2:47.20		***** Event qualifying/standard time 03:00.00 *****		
9.	Christopher CHENERY	15 Chelmsford	2:48.92	17.	Shaun NICHOLLS	15 Basildon	3:04.25

# Finals

## EVENT 233 FINAL OF EVENT 223 Girls 13 Years 100m Butterfly

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Lottie LUCAS	13 Bo Waltham F	1:11.12	4.	Robyn TURNER	13 Thurrock	1:13.41
2.	Jessica COLES	13 Romford Town	1:12.69	5.	Amy WILSON	13 Romford Town	1:13.85
3.	Georgina HUNT	13 Thurrock	1:13.28	6.	Sarah WRIGHT	13 Runnymede	1:15.76

## EVENT 234 FINAL OF EVENT 224 Boys 12 100m Individual Medley

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Techin INNGERN	12 Bo Waltham F	1:14.33	4.	Thomas HALE	12 Brentwood	1:18.01
2.	L CLIFFORD-STEPHENSON	12 Killerwhales	1:14.36	5.	Nick GILROY	12 Basildon	1:18.97
3.	Braden WREN	12 Thurrock	1:16.75	6.	Tom KEENES	12 Chelmsford	1:20.93

## EVENT 235 FINAL OF EVENT 225 Girls 14 Years 100m Backstroke

Place	Name	AaD Club	Time	Place	Name	AaD Club	Time
1.	Georgia HUNTON CLARKE	14 Romford Town	1:07.46	4.	Lauren ROUFFE	14 Killerwhales	1:10.73
2.	Phoebe HAYES	14 BorRedbridge	1:09.14	5.	Ruby GROOME	14 Harlow Pen	1:11.79
3.	Rachel LEONG	14 Bo Waltham F	1:10.01	6.	Jodie WANT	14 Harlow Pen	1:13.72

## EVENT 236 FINAL OF EVENT 226 Boys 16 Years/Over 100m Butterfly

Place	Name	AaD	Club	Time	Place	Name	AaD Club	Time
1.	Daniel FOGG	18	Bo Waltham F	58.28	4.	Benjamin SLEET	16 Chelmsford	1:01.18
2.	Dane McKNIGHT	17	Bo Waltham F	1:00.34	5.	Mark SAINT-CLARE	16 Harlow Pen	1:01.64
3.	Allen LINDENBERG	17	Bo Waltham F	1:00.48	6.	Daniel HIME	17 Killerwhales	1:01.83