

ESSEX SWIMMING ASSOCIATION
CHAMPIONSHIP & SPECIAL RELAYS WEEKEND 2005
Waltham Forest Pool & Track, Walthamstow
Sunday 30th October 2005 - Session 4

EVENT 59 Mens 400m Freestyle (HDW)

Place	Name	YoB	Club	Time	50	100	150	200	250	300	350
1.	Dane McKNIGHT	(88)	Bo Waltham F	4:02.12	27.12	56.54	1:26.69	1:57.01	2:28.05	2:59.19	3:30.21
2.	Allen LINDENBERG *	(89)	Bo Waltham F	4:05.17	28.19	58.37	1:29.11	1:59.73	2:30.86	3:02.34	3:34.08
3.	Owen COUGHLAN *	(90)	Bo Southend	4:10.90	29.68	1:00.76	1:32.62	2:04.32	2:35.97	3:07.89	3:39.77
4.	Benjamin SLEET *	(90)	Chelmsford	4:13.65	28.79	1:00.20	1:32.66	2:04.92	2:37.14	3:09.96	3:42.48
5.	Christopher CHENERY *	(90)	Chelmsford	4:16.62	29.64	1:02.38	1:35.33	2:08.24	2:40.83	3:12.99	3:45.00
6.	Jonathan SAYER *	(90)	Bo Southend	4:19.11	31.02	1:04.31	1:37.63	2:11.07	2:43.76	3:16.31	3:49.02
7.	Grant CHANDLER *	(91)	Romford Town	4:19.67	29.94	1:02.41	1:35.64	2:09.04	2:41.56	3:14.41	3:47.58
8.	George MORRIS *	(91)	Bo Southend	4:19.68	30.81	1:04.12	1:37.62	2:10.90	2:43.44	3:15.98	3:48.73
9.	Adam BYFORD *	(89)	Braintree	4:24.04	28.33	1:01.02	1:34.36	2:08.58	2:42.66	3:16.73	3:50.39
10.	Thomas ROOTSEY *	(90)	Colchester	4:26.51	29.63	1:02.78	1:36.74	2:10.95	2:45.22	3:19.77	3:53.60
11.	Robert LANGLEY	(86)	Chelmsford	4:30.16	31.22	1:05.39	1:39.73	2:13.85	2:47.94	3:22.49	3:56.96
12.	Ian EDMANS *	(89)	Epping For't	4:31.26	30.20	1:03.10	1:37.54	2:12.31	2:46.54	3:21.77	3:56.86
13.	Jack BROWN	(88)	Chelmsford	4:31.60	31.52	1:06.10	1:40.73	2:15.15	2:48.61	3:22.70	3:57.63

***** Event qualifying/standard time 04:35.00 *****

EVENT 60 Womens 100m Freestyle

Place	Name	YoB	Club	Time	50
1.	Brooke TURNER *	(89)	Thurrock	1:00.56	29.64
2.	Bethany FAULKNER *	(90)	BorRedbridge	1:01.67	30.01
3.	Rachel LEONG *	(91)	Bo Waltham F	1:01.98	30.46
4.	Natalie WARD *	(89)	Romford Town	1:03.25	30.88
5.	Carla JOSEPH *	(91)	BorRedbridge	1:03.42	31.00
6.	Chloe FRANCIS *	(93)	Chelmsford	1:03.44	30.73
7.	Grace FRANCIS *	(90)	Chelmsford	1:04.13	30.54
8.	Yasmin KHOSHKHOU *	(90)	Braintree	1:04.15	31.42
9.	Samantha MANN *	(89)	Braintree	1:04.22	31.36
10.	Laura FRANCIS *	(89)	BorRedbridge	1:04.34	31.28
11.	Phoebe HAYES *	(91)	BorRedbridge	1:04.51	31.38
12.	Cydney NEWMAN *	(91)	BorRedbridge	1:04.52	31.20
13.	Hannah DRAKE *	(90)	Canvey Isl	1:04.66	31.47
14.	Charlotte COPELAND *	(91)	Romford Town	1:04.80	31.54
15.	Claire GARLICK *	(90)	Brentwood	1:04.87	31.24

***** Event qualifying/standard time 01:05.00 *****

16.	Helen ANDREWS *	(90)	Killerwhales	1:05.24	31.18
16.	Donna SPOONER	(88)	Canvey Isl	1:05.24	31.29
18.	Lauren ANDREWS *	(90)	Killerwhales	1:05.36	31.68
19.	Sarah OVERINGTON *	(89)	Chelmsford	1:05.52	31.49
20.	Robyn TURNER *	(92)	Thurrock	1:05.79	31.53
21.	Denise YOUNG *	(90)	Colchester	1:05.86	32.11
22.	Louise KENDALL *	(90)	Harlow Pen	1:05.94	32.16
23.	Rebecca GENT *	(91)	Brentwood	1:06.47	31.90
24.	Emma FRANCIS *	(89)	BorRedbridge	1:06.86	32.50
25.	Laura ANDREWS *	(89)	Killerwhales	1:07.22	32.18

EVENT 61 Boys 11/12 Years Medley Relay

Place	Name	Club	Time
1.	ROMFORD TOWN 'A'	Romford Town	2:19.36
2.	BO. WALTHAM FOREST 'A'	Bo Waltham F	2:25.45
3.	THURROCK	Thurrock	2:27.95
4.	ROMFORD TOWN 'B'	Romford Town	2:30.07
5.	CANVEY ISLAND	Canvey Isl	2:30.73
5.	RUNNYMEDE 'A'	Runnymede	2:30.73
7.	LONDON BO. REDBRIDGE	BorRedbridge	2:33.46
8.	CHELMSFORD	Chelmsford	2:33.90
9.	EPPING FOREST	Epping For't	2:38.87
10.	HALSTEAD	Halstead	2:43.50
11.	BASILDON & DISTRICT	Basildon	2:44.47
12.	BO. WALTHAM FOREST 'B'	Bo Waltham F	2:45.67
13.	HARLOW PENGUINS	Harlow Pen	2:45.94
14.	BRENTWOOD 'B'	Brentwood	2:48.16
15.	RUNNYMEDE 'B'	Runnymede	2:50.54
16.	SOUTHEND ON SEA 'B'	Southend	2:57.75

EVENT 62 Womens 100m Backstroke

Place	Name	YoB	Club	Time	50
1.	Georgia HUNTON CLARKE*	(91)	Thurrock	1:08.41	33.36
2.	Kirsty FORBES *	(90)	Killerwhales	1:08.42	33.38
3.	Kaz MELVIN *	(91)	Harlow Pen	1:09.86	35.13
4.	Taylah BROOKE *	(91)	Romford Town	1:10.88	34.49
5.	Grace FRANCIS *	(90)	Chelmsford	1:11.03	34.50
6.	Aimee DRAKE	(88)	Canvey Isl	1:11.24	34.56
7.	Madeleine LEONG *	(89)	Bo Waltham F	1:11.26	34.53
8.	Jane BRUMBY *	(90)	Rochford	1:11.74	34.77
9.	Clare THOMAS *	(89)	Chelmsford	1:11.77	35.09
10.	Claire GARLICK *	(90)	Brentwood	1:12.14	35.39
11.	Hannah DRAKE *	(90)	Canvey Isl	1:12.41	35.46
12.	Phoebe HAYES *	(91)	BorRedbridge	1:12.72	35.92
12.	Denise YOUNG *	(90)	Colchester	1:12.72	35.87
14.	Georgina BAXTER *	(90)	Chelmsford	1:12.76	35.39
15.	Eleanor DEMPSTER *	(89)	Chelmsford	1:13.05	35.29
16.	Charlotte DELICATA *	(91)	Runnymede	1:13.81	35.93
***** Event qualifying/standard time 01:14.00 *****					
17.	Rebecca GENT *	(91)	Brentwood	1:14.59	36.44
18.	Chloe FRANCIS *	(93)	Chelmsford	1:15.59	36.80

EVENT 63 Mens 50m Freestyle

Place	Name	YoB	Club	Time
1.	Paul GREEN	(86)	Chelmsford	24.78
2.	Adrian FENNER	(84)	Bo Waltham F	24.81
3.	Ashley MITCHELL *	(89)	Bo Waltham F	25.19
4.	Dane MCKNIGHT	(88)	Bo Waltham F	25.43
5.	David PRICE *	(89)	Epping For't	25.50
6.	Aaron EVELEIGH *	(89)	Runnymede	25.59
7.	Benjamin PRESTON	(88)	Chelmsford	25.60
8.	Mark SAINT-CLARE *	(89)	Harlow Pen	25.80
9.	Tomas PURTON *	(90)	Brentwood	26.12
10.	Ian EDMANS *	(89)	Epping For't	26.31
11.	Christopher WEBB *	(89)	Thurrock	26.37
12.	Adam BYFORD *	(89)	Braintree	26.41
13.	Jordan JOWITT	(87)	Witham Dolph	26.42
14.	Andrew OWEN *	(89)	BorRedbridge	26.51
15.	Benjamin SLEET *	(90)	Chelmsford	26.54
16.	S YOUSSEFI-TITCHEN *	(90)	Colchester	26.84
17.	Daniel HIME *	(89)	Killerwhales	26.91
18.	Tom GILBERT *	(90)	Chelmsford	27.09
19.	Robert LANGLEY	(86)	Chelmsford	27.27
20.	Dean SMITH *	(91)	Killerwhales	27.32
21.	Michael BUTE	(60)	Basildon	27.42
22.	B CLIFFORD-STEPHENSON*	(89)	Killerwhales	27.48
23.	George MORRIS *	(91)	Bo Southend	27.53
24.	Jake PETTET *	(89)	Basildon	27.55
25.	James BURNETT *	(89)	Southend	27.65
26.	Ryan WARD *	(89)	Epping For't	27.69
27.	Ryan PURCELL *	(90)	Epping For't	27.71
28.	Jack BROWN	(88)	Chelmsford	28.04

EVENT 64 Girls 9/10 Years Freestyle Relay

Place	Name	Club	Time
1.	ROMFORD TOWN 'A'	Romford Town	2:25.34
2.	THURROCK 'A'	Thurrock	2:29.16
3.	EPPING FOREST 'A'	Epping For't	2:29.53
4.	SOUTHEND ON SEA 'A'	Southend	2:31.04
5.	BRAINTREE 'A'	Braintree	2:31.65
6.	BRENTWOOD	Brentwood	2:31.81
7.	ROCHFORD & DISTRICT	Rochford	2:32.06
8.	BO. WALTHAM FOREST 'A'	Bo Waltham F	2:33.38
9.	CHELMSFORD	Chelmsford	2:34.43
10.	LONDON BO. REDBRIDGE	BorRedbridge	2:35.12
11.	EPPING FOREST 'B'	Epping For't	2:36.82
12.	HARLOW PENGUINS	Harlow Pen	2:43.88
13.	RUNNYMEDE 'A'	Runnymede	2:44.30
14.	ROMFORD TOWN 'B'	Romford Town	2:44.90
15.	BO. WALTHAM FOREST 'B'	Bo Waltham F	2:45.12
16.	CANVEY ISLAND	Canvey Isl	2:45.92
17.	BRAINTREE 'B'	Braintree	2:48.55
18.	RUNNYMEDE 'B'	Runnymede	2:49.86
19.	THURROCK 'B'	Thurrock	2:50.24

EVENT 65 Mens 200m Breaststroke

Place	Name	YoB	Club	Time	50	100	150
1.	Roberto PAVONI *	(91)	Brentwood	2:35.18	34.82	1:14.91	1:55.24
2.	Jack SUMMERS *	(90)	Bo Waltham F	2:36.45	35.46	1:15.93	1:57.01
3.	Matthew SMITH *	(90)	Hornchurch	2:37.72	34.75	1:15.85	1:56.49
4.	Christopher WORBY *	(90)	BorRedbridge	2:39.92	36.08	1:16.39	1:57.96
5.	George MORRIS *	(91)	Bo Southend	2:40.54	37.69	1:19.62	2:01.29
6.	Jonathan SAYER *	(90)	Bo Southend	2:40.67	38.39	1:20.36	2:00.91
7.	David JACOBS	(88)	Romford Town	2:41.24	35.95	1:17.11	1:59.18
8.	Adam BRUMBY *	(89)	Rochford	2:41.45	37.07	1:18.19	2:00.49
9.	Dean WOODCOCK *	(92)	Chelmsford	2:43.11	37.47	1:18.98	2:01.62
10.	Michael VAN BERGEN	(86)	Epping For't	2:44.60	38.03	1:19.68	2:02.44
11.	Henry WOOD *	(91)	Phoenix Bas	2:47.08	37.99	1:20.83	2:03.97
12.	Marc RICHARDS *	(90)	Epping For't	2:50.06	37.92	1:20.38	2:04.51
13.	George SCOTHERN *	(90)	Brentwood	2:51.67	38.26	1:22.21	2:07.31
14.	Mitchell RICHARDSON *	(91)	Brentwood	2:52.23	38.65	1:22.41	2:07.99
***** Event qualifying/standard time 02:55.00 *****							
	Robert LANGLEY	(86)	Chelmsford	DIS T OL.			

EVENT 66 Womens 50m Breaststroke

Place	Name	YoB	Club	Time
1.	Alyson MORAN	(88)	Canvey Isl	36.17
2.	Roseanne THOMPSON *	(91)	Romford Town	36.90
3.	Kaz MELVIN *	(91)	Harlow Pen	37.22
4.	Chloe FRANCIS *	(93)	Chelmsford	37.53
5.	Helen ANDREWS *	(90)	Killerwhales	37.70
6.	Nicola FARMER *	(91)	Bo Waltham F	37.99
7.	Alice SCOTT *	(89)	Killerwhales	38.12
8.	Jodie WANT *	(91)	Harlow Pen	38.17
9.	Rebecca SCOTT *	(91)	Runnymede	38.28
10.	Janine RAYNER *	(89)	Killerwhales	38.39
11.	Amanda HEDGES	(75)	Southend	38.68
12.	Jane BRUMBY *	(90)	Rochford	38.74
13.	Lottie LUCAS *	(92)	Bo Waltham F	38.80
14.	Georgina HUNT *	(92)	Thurrock	38.99
15.	Jade EDWARDS *	(90)	Hornchurch	39.27
***** Event qualifying/standard time 00:40.00 *****				
16.	Ellen SCOTT *	(91)	Killerwhales	40.29
17.	Bethany HILL *	(89)	Bo Waltham F	40.51
18.	Hannah ATKINS *	(89)	Southend	40.83
19.	Samantha KNIGHT *	(91)	Runnymede	40.84
20.	Sarah OVERINGTON *	(89)	Chelmsford	41.86

EVENT 67 Mens 200m Butterfly

Place	Name	YoB	Club	Time	50	100	150
1.	Samuel WARD *	(91)	Thurrock	2:16.57	30.86	1:05.46	1:41.41
2.	Allen LINDENBERG *	(89)	Bo Waltham F	2:16.59	30.11	1:04.00	1:40.05
3.	Daniel HIME *	(89)	Killerwhales	2:17.76	30.20	1:05.90	1:41.13
4.	Nicholas CONNOR *	(89)	BorRedbridge	2:20.82	30.53	1:05.97	1:43.01
5.	Grant CHANDLER *	(91)	Romford Town	2:24.87	32.78	1:09.62	1:47.39
6.	Jack JACKSON *	(91)	Bo Waltham F	2:25.81	32.43	1:08.36	1:47.52
7.	Jordan JOWITT	(87)	Witham Dolph	2:26.51	31.53	1:08.09	1:47.14
8.	Owen COUGHLAN *	(90)	Bo Southend	2:26.79	33.39	1:10.86	1:49.65
9.	Ben GRIX *	(89)	Thurrock	2:26.83	32.38	1:10.13	1:48.04
10.	Thomas ROOTSEY *	(90)	Colchester	2:28.33	32.01	1:09.62	1:48.79
11.	David HAYNES	(88)	Killerwhales	2:30.00	32.75	1:10.11	1:48.90
12.	Christopher INCH *	(92)	BorRedbridge	2:34.67	34.42	1:13.38	1:54.62
13.	Dean WOODCOCK *	(92)	Chelmsford	2:37.05	35.09	1:15.12	1:56.06
***** Event qualifying/standard time 02:38.00 *****							
14.	Thomas FORD *	(92)	Thurrock	2:43.97	36.46	1:18.83	2:02.07

EVENT 68 Womens 400m Individual Medley (HDW)

Place	Name	YoB	Club	Time	50	100	150	200	250	300	350
1.	Bethany FAULKNER *	(90)	BorRedbridge	5:02.75	32.36	1:10.46	1:48.34	2:26.47	3:10.50	3:55.75	4:29.68
2.	Kirsty FORBES *	(90)	Killerwhales	5:03.51	33.34	1:13.20	1:48.54	2:25.55	3:10.38	3:56.12	4:30.68
3.	Grace FRANCIS *	(90)	Chelmsford	5:12.52	34.45	1:13.43	1:53.50	2:32.39	3:17.84	4:01.90	4:37.40
4.	Natalie WARD *	(89)	Romford Town	5:14.66	34.78	1:14.67	1:54.22	2:33.47	3:18.87	4:05.50	4:40.66
5.	Lottie LUCAS *	(92)	Bo Waltham F	5:16.48	35.85	1:15.53	1:56.42	2:37.14	3:21.74	4:06.00	4:41.71
6.	Daniella NICE	(88)	Thurrock	5:17.87	34.96	1:15.73	1:55.66	2:35.98	3:21.29	4:08.30	4:43.41
7.	Georgina BAXTER *	(90)	Chelmsford	5:20.12	35.22	1:15.38	1:55.95	2:37.88	3:21.03	4:06.79	4:44.24
8.	Nicola FARMER *	(91)	Bo Waltham F	5:20.16	34.71	1:13.74	1:55.29	2:35.74	3:21.23	4:07.13	4:44.30
9.	Denise YOUNG *	(90)	Colchester	5:22.76	35.87	1:18.75	1:59.59	2:39.82	3:25.43	4:10.53	4:47.39
10.	Roseanne THOMPSON *	(91)	Romford Town	5:23.44	36.29	1:16.60	1:57.79	2:39.03	3:23.79	4:09.36	4:47.48
11.	Lauren ROUFFE *	(91)	Killerwhales	5:24.87	35.33	1:17.46	1:59.02	2:40.47	3:27.00	4:14.73	4:50.93
12.	Carla JOSEPH *	(91)	BorRedbridge	5:28.11	36.31	1:16.22	1:58.46	2:40.01	3:25.43	4:12.07	4:50.71
13.	Amy STUMBKE	(88)	Epping For't	5:28.64	36.92	1:17.68	1:59.06	2:39.10	3:24.70	4:12.67	4:50.46
14.	Jessica FORD *	(90)	Thurrock	5:30.59	37.83	1:20.44	2:02.33	2:43.00	3:31.35	4:19.18	4:55.66
15.	Charlotte DELICATA *	(91)	Runnymede	5:30.90	37.19	1:19.24	2:01.00	2:42.11	3:29.67	4:17.59	4:55.03
***** Event qualifying/standard time 05:35.00 *****											
16.	Ellen SCOTT *	(91)	Killerwhales	5:43.95	38.56	1:19.63	2:04.89	2:49.83	3:38.68	4:27.76	5:05.54

EVENT 69 Mens 100m Individual Medley

Place	Name	YoB	Club	Time
1.	David JACOBS	(88)	Romford Town	1:04.89
2.	Mark SAINT-CLARE *	(89)	Harlow Pen	1:05.72
3.	Paul GREEN	(86)	Chelmsford	1:06.01
4.	Benjamin SLEET *	(90)	Chelmsford	1:06.08
5.	Roberto PAVONI *	(91)	Brentwood	1:06.19
6.	Daniel HIME *	(89)	Killerwhales	1:06.59
7.	Christopher CHENERY *	(90)	Chelmsford	1:06.89
8.	Thomas ROOTSEY *	(90)	Colchester	1:07.39
9.	Benjamin PRESTON	(88)	Chelmsford	1:07.41
10.	Tom GILBERT *	(90)	Chelmsford	1:07.85
11.	Aaron EVELEIGH *	(89)	Runnymede	1:07.86
12.	Jonathan SAYER *	(90)	Bo Southend	1:07.88
13.	David PRICE *	(89)	Epping For't	1:08.33
14.	S YOUSSEFI-TITCHEN *	(90)	Colchester	1:08.40
15.	Dean SMITH *	(91)	Killerwhales	1:08.53
15.	Ian EDMANS *	(89)	Epping For't	1:08.53
17.	Robert LANGLEY	(86)	Chelmsford	1:09.90
18.	George MORRIS *	(91)	Bo Southend	1:10.26
19.	Andrew OWEN *	(89)	BorRedbridge	1:10.71
20.	Adam BRUMBY *	(89)	Rochford	1:10.92
21.	Jake PETTET *	(89)	Basildon	1:10.94
22.	Henry WOOD *	(91)	Phoenix Bas	1:11.08
***** Event qualifying/standard time 01:12.00 *****				
23.	Marc RICHARDS *	(90)	Epping For't	1:12.06
24.	Ryan PURCELL *	(90)	Epping For't	1:12.43

Finals

EVENT 70 FINAL OF EVENT 61 Boys 11/12 Years Medley Relay

Place	Name	Club	Time
1.	ROMFORD TOWN 'A'	Romford Town	2:18.20
2.	BO. WALTHAM FOREST 'A'	Bo Waltham F	2:25.44
3.	THURROCK	Thurrock	2:27.64
4.	RUNNYMEDE 'A'	Runnymede	2:29.30
5.	ROMFORD TOWN 'B'	Romford Town	2:31.05
6.	CANVEY ISLAND	Canvey Isl	2:33.28

EVENT 71 FINAL OF EVENT 64 Girls 9/10 Years Freestyle Relay

Place	Name	YoB	Club	Time
1.	ROMFORD TOWN 'A'	(95)	Romford Town	2:23.45
2.	SOUTHEND ON SEA 'A'	(95)	Southend	2:26.97
3.	EPPING FOREST 'A'	(95)	Epping For't	2:29.66
4.	THURROCK 'A'	(95)	Thurrock	2:30.04
5.	BRAINTREE 'A'	(95)	Braintree	2:33.99
6.	BRENTWOOD	(95)	Brentwood	2:35.07

EVENT 72 FINAL OF EVENT 63 Mens 50m Freestyle

Place	Name	YoB	Club	Time
1.	Adrian FENNER	(84)	Bo Waltham F	24.43
2.	Paul GREEN	(86)	Chelmsford	24.60
3.	Dane McKNIGHT	(88)	Bo Waltham F	24.83
4.	Ashley MITCHELL *	(89)	Bo Waltham F	25.18
5.	David PRICE *	(89)	Epping For't	25.39
6.	Aaron EVELEIGH *	(89)	Runnymede	25.83

EVENT 73 FINAL OF EVENT 60 Womens 100m Freestyle

Place	Name	YoB	Club	Time	50
1.	Brooke TURNER *	(89)	Thurrock	59.96	29.26
2.	Rachel LEONG *	(91)	Bo Waltham F	1:00.20	29.75
3.	Bethany FAULKNER *	(90)	BorRedbridge	1:00.33	29.73
4.	Chloe FRANCIS *	(93)	Chelmsford	1:03.53	30.75
5.	Carla JOSEPH *	(91)	BorRedbridge	1:03.61	31.34
6.	Natalie WARD *	(89)	Romford Town	1:03.90	31.13

EVENT 74 FINAL OF EVENT 65 Mens 200m Breaststroke

Place	Name	YoB	Club	Time	50	100	150
1.	Roberto PAVONI *	(91)	Brentwood	2:31.04	35.64	1:14.02	1:53.10
2.	Jack SUMMERS *	(90)	Bo Waltham F	2:31.88	35.10	1:14.21	1:54.16
3.	Matthew SMITH *	(90)	Hornchurch	2:36.53	35.23	1:15.05	1:55.72
4.	Christopher WORBY *	(90)	BorRedbridge	2:37.78	36.07	1:16.26	1:57.19
5.	Jonathan SAYER *	(90)	Bo Southend	2:42.67	37.73	1:20.41	2:01.50
6.	George MORRIS *	(91)	Bo Southend	2:46.80	37.43	1:20.74	2:03.69

EVENT 75 FINAL OF EVENT 62 Womens 100m Backstroke

Place	Name	YoB	Club	Time	50
1.	Kirsty FORBES *	(90)	Killerwhales	1:05.63	31.99
2.	Kaz MELVIN *	(91)	Harlow Pen	1:06.63	32.94
3.	Georgia HUNTON CLARKE*	(91)	Thurrock	1:06.97	32.71
4.	Grace FRANCIS *	(90)	Chelmsford	1:08.79	33.00
5.	Aimee DRAKE	(88)	Canvey Isl	1:10.96	34.31
6.	Taylah BROOKE *	(91)	Romford Town	1:11.99	34.60

EVENT 76 FINAL OF EVENT 67 Mens 200m Butterfly

Place	Name	YoB	Club	Time	50	100	150
1.	Allen LINDENBERG *	(89)	Bo Waltham F	2:12.46	29.14	1:02.88	1:37.77
2.	Samuel WARD *	(91)	Thurrock	2:14.67	29.52	1:03.26	1:38.59
3.	Daniel HIME *	(89)	Killerwhales	2:17.77	29.55	1:03.76	1:40.33
4.	Nicholas CONNOR *	(89)	BorRedbridge	2:22.80	30.66	1:06.82	1:44.29
5.	Grant CHANDLER *	(91)	Romford Town	2:27.53	32.43	1:10.35	1:48.71
6.	Owen COUGHLAN *	(90)	Bo Southend	2:34.72	35.09	1:14.39	1:56.13

EVENT 77 FINAL OF EVENT 66 Womens 50m Breaststroke

Place	Name	YoB	Club	Time
1.	Alyson MORAN	(88)	Canvey Isl	35.61
2.	Kaz MELVIN *	(91)	Harlow Pen	36.34
3.	Roseanne THOMPSON *	(91)	Romford Town	36.56
4.	Chloe FRANCIS *	(93)	Chelmsford	36.61
5.	Helen ANDREWS *	(90)	Killerwhales	37.03
6.	Nicola FARMER *	(91)	Bo Waltham F	37.67

EVENT 78 FINAL OF EVENT 69 Mens 100m Individual Medley

Place	Name	YoB	Club	Time
1.	Roberto PAVONI *	(91)	Brentwood	1:02.20
2.	David JACOBS	(88)	Romford Town	1:03.29
3.	Paul GREEN	(86)	Chelmsford	1:03.60
4.	Mark SAINT-CLARE *	(89)	Harlow Pen	1:05.35
5.	Benjamin SLEET *	(90)	Chelmsford	1:05.41
6.	Daniel HIME *	(89)	Killerwhales	1:10.70