

ESSEX SWIMMING ASSOCIATION
CHAMPIONSHIP & SPECIAL RELAYS WEEKEND 2005
Waltham Forest Pool & Track, Walthamstow
Sunday 30th October 2005 - Session 3

EVENT 40 Womens 1500m Freestyle (HDW)

Place	Name	YoB	Club	Time	100 800	200 900	300 1000	400 1100	500 1200	600 1300	700 1400
1.	Brooke TURNER *	(89)	Thurrock	17:38.36							
2.	Grace FRANCIS *	(90)	Chelmsford	18:02.30							
3.	Natalie WARD *	(89)	Romford Town	18:06.25							
4.	Denise YOUNG *	(90)	Colchester	18:19.31							
5.	Shannon HARROLD *	(91)	Thurrock	18:39.75	1:10.31	2:24.20	3:39.14	4:54.98	6:10.10	7:26.56	8:41.64
					9:57.36	11:13.10	12:29.27	13:45.28	14:59.87	16:14.13	17:27.67
6.	Molly EPSLY *	(93)	Thurrock	18:40.54							
7.	Louise KENDALL *	(90)	Harlow Pen	18:44.75	1:09.95	2:24.96	3:40.37	4:55.37	6:10.93	7:26.41	8:42.13
					9:57.75	11:12.85	12:28.89	13:45.53	15:01.05	16:16.74	17:32.20
8.	Nicole RAYMOND *	(93)	Romford Town	19:03.44	1:11.68	2:28.26	3:44.89	5:01.75	6:17.75	7:34.04	8:50.51
					10:06.59	11:23.31	12:39.90	13:56.82	15:13.76	16:31.25	17:48.05
	***** Event qualifying/standard time 19:30.00 *****										
	Michelle BARBER	(87)	Bo Southend	DNF							

EVENT 41 Mens 200m Individual Medley

Place	Name	YoB	Club	Time	50	100	150
1.	Roberto PAVONI *	(91)	Brentwood	2:15.30	30.58	1:04.30	1:43.56
2.	Benjamin SLEET *	(90)	Chelmsford	2:15.53	29.84	1:05.36	1:44.70
3.	Grant CHANDLER *	(91)	Romford Town	2:17.96	29.59	1:06.38	1:45.57
4.	Jack SUMMERS *	(90)	Bo Waltham F	2:19.70	30.51	1:08.20	1:47.79
5.	Daniel HIME *	(89)	Killerwhales	2:19.88	29.71	1:06.17	1:46.84
6.	Michael VAN BERGEN	(86)	Epping Fort	2:21.63	30.66	1:04.70	1:47.02
7.	Jonathan SAYER *	(90)	Bo Southend	2:22.13	30.82	1:07.25	1:49.63
8.	Christopher CHENERY *	(90)	Chelmsford	2:22.62	30.39	1:07.34	1:49.78
9.	Thomas ROOTSEY *	(90)	Colchester	2:23.10	29.83	1:06.85	1:51.00
10.	George SCOTHERN *	(90)	Brentwood	2:25.07	32.57	1:07.68	1:50.75
11.	Ian EDMANS *	(89)	Epping Fort	2:25.90	30.90	1:07.47	1:53.39
12.	Christopher WORBY *	(90)	BorRedbridge	2:26.47	31.88	1:10.71	1:52.04
13.	Christopher WEBB *	(89)	Thurrock	2:26.90	30.61	1:07.88	1:53.43
14.	Jack JACKSON *	(91)	Bo Waltham F	2:26.93	32.27	1:10.99	1:54.22
15.	Rhys MOULD *	(90)	Thurrock	2:27.23	31.82	1:11.16	1:56.01
16.	Robert LANGLEY	(86)	Chelmsford	2:27.27	31.01	1:09.22	1:54.88
17.	Henry WOOD *	(91)	Phoenix Bas	2:27.58	34.05	1:13.41	1:55.31
18.	David JACOBS	(88)	Romford Town	2:29.46	31.70	1:10.97	1:51.81
	***** Event qualifying/standard time 02:30.00 *****						
	George MORRIS *	(91)	Bo Southend	DIS ST			

EVENT 42 Girls 9/10 Years Medley Relay

Place	Name	Club	Time
1.	BO. WALTHAM FOREST 'A'	Bo Waltham F	2:44.29
2.	THURROCK 'A'	Thurrock	2:45.06
3.	ROMFORD TOWN 'A'	Romford Town	2:45.65
4.	BRENTWOOD	Brentwood	2:46.57
5.	SOUTHEND ON SEA 'A'	Southend	2:47.66
6.	BRAINTREE 'A'	Braintree	2:50.99
7.	ROCHFORD & DISTRICT	Rochford	2:55.08
8.	BRAINTREE 'B'	Braintree	2:58.26
9.	LONDON BO. REDBRIDGE	BorRedbridge	2:58.37
10.	RUNNYMEDE 'A'	Runnymede	3:00.55
11.	EPPING FOREST 'B'	Epping Fort	3:00.77
12.	ROMFORD TOWN 'B'	Romford Town	3:01.47
13.	THURROCK 'B'	Thurrock	3:09.70
14.	RUNNYMEDE 'B'	Runnymede	3:11.55
15.	BO. WALTHAM FOREST 'B'	Bo Waltham F	3:14.06
	CANVEY ISLAND	Canvey Isl	DIS S 2L.
	EPPING FOREST 'A'	Epping Fort	DIS T 2L.
	HARLOW PENGUINS	Harlow Pen	DIS T 6L.
	CHELMSFORD	Chelmsford	DIS T 6L.

EVENT 43 Mens 200m Backstroke

Place	Name	YoB	Club	Time	50	100	150
1.	Dane McKNIGHT	(88)	Bo Waltham F	2:16.50	31.67	1:05.97	1:40.69
2.	Mark SAINT-CLARE *	(89)	Harlow Pen	2:17.24	31.47	1:06.00	1:41.97
3.	Adam BYFORD *	(89)	Braintree	2:17.89	31.51	1:06.88	1:42.93
4.	Nicholas CONNOR *	(89)	BorRedbridge	2:19.10	31.58	1:06.28	1:42.39
5.	Jack BROWN	(88)	Chelmsford	2:20.35	33.50	1:09.41	1:45.46
6.	Stephen DAWKINS	(86)	Killerwhales	2:20.60	31.83	1:07.42	1:44.08
7.	Tom GILBERT *	(90)	Chelmsford	2:20.89	33.51	1:09.82	1:46.14
8.	Jonathan SAYER *	(90)	Bo Southend	2:21.70	33.77	1:09.49	1:46.32
9.	Samuel WARD *	(91)	Thurrock	2:22.54	32.27	1:07.84	1:45.15
10.	Thomas ROOTSEY *	(90)	Colchester	2:22.55	33.64	1:09.80	1:46.92
11.	James WRIGHT *	(90)	Phoenix Bas	2:22.84	32.92	1:08.58	1:45.33
12.	Dean SMITH *	(91)	Killerwhales	2:24.20	32.30	1:08.00	1:45.86
13.	Matthew WHITE	(86)	Dagenham	2:25.34	34.52	1:11.07	1:48.38
14.	George SCOTHERN *	(90)	Brentwood	2:27.66	34.17	1:11.29	1:50.30
15.	Liam SMITH *	(91)	Bo Waltham F	2:28.46	35.43	1:13.02	1:51.12
16.	Christopher INCH *	(92)	BorRedbridge	2:28.88	34.71	1:12.13	1:50.60
17.	Richard WHITE	(88)	Dagenham	2:30.97	34.61	1:12.54	1:51.86
18.	Ben GRIX *	(89)	Thurrock	2:31.12	35.76	1:14.95	1:53.14
19.	Ryan PURCELL *	(90)	Epping For't	2:33.53	34.59	1:13.85	1:53.81
***** Event qualifying/standard time 02:35.00 *****							
20.	Drew PIERCY *	(90)	Bo Waltham F	2:39.34	36.04	1:15.10	1:57.21
	Michael LANGLEY *	(89)	Chelmsford	DNF			

EVENT 44 Womens 50m Backstroke

Place	Name	YoB	Club	Time
1.	Georgia HUNTON CLARKE*	(91)	Thurrock	31.82
2.	Kirsty FORBES *	(90)	Killerwhales	32.13
3.	Grace FRANCIS *	(90)	Chelmsford	32.37
4.	Kaz MELVIN *	(91)	Harlow Pen	32.54
5.	Aimee DRAKE	(88)	Canvey Isl	32.75
6.	Claire GARLICK *	(90)	Brentwood	33.15
7.	Taylah BROOKE *	(91)	Romford Town	33.38
8.	Chloe FRANCIS *	(93)	Chelmsford	33.79
9.	Jodie WANT *	(91)	Harlow Pen	33.88
10.	Amy GOILLAU *	(90)	Epping For't	34.02
11.	Jane BRUMBY *	(90)	Rochford	34.12
12.	Catherine LUMLEY *	(89)	Witham Dolph	34.18
13.	Lauren ROUFFE *	(91)	Killerwhales	34.37
14.	Robyn TURNER *	(92)	Thurrock	34.39
15.	Katinka MERCHAN *	(92)	Killerwhales	34.43
16.	Sarah WRIGHT *	(92)	Runnymede	34.83
17.	Yasmin KHOSHKHOU *	(90)	Braintree	34.92
18.	Charlotte DELICATA *	(91)	Runnymede	34.94
19.	Eleanor DEMPSTER *	(89)	Chelmsford	34.96
20.	Emily BURNETT *	(91)	Southend	35.00
21.	Emma JOHNSTONE *	(89)	Chelmsford	36.06

EVENT 45 Boys 11/12 Years Freestyle Relay

Place	Name	Club	Time
1.	ROMFORD TOWN 'A'	Romford Town	2:04.71
2.	BO. WALTHAM FOREST 'A'	Bo Waltham F	2:05.83
3.	CHELMSFORD	Chelmsford	2:08.24
4.	THURROCK	Thurrock	2:08.44
5.	EPPING FOREST	Epping For't	2:08.74
6.	ROMFORD TOWN 'B'	Romford Town	2:09.95
7.	RUNNYMEDE 'A'	Runnymede	2:12.09
8.	BO. WALTHAM FOREST 'B'	Bo Waltham F	2:15.57
9.	LONDON BO. REDBRIDGE	BorRedbridge	2:16.63
10.	CANVEY ISLAND	Canvey Isl	2:17.31
11.	BRENTWOOD 'B'	Brentwood	2:19.03
12.	BASILDON & DISTRICT	Basildon	2:20.34
13.	HARLOW PENGUINS	Harlow Pen	2:21.14
14.	HALSTEAD 'A'	Halstead	2:22.15
15.	RUNNYMEDE 'B'	Runnymede	2:24.60

EVENT 46 Womens 100m Butterfly

Place	Name	YoB	Club	Time	50
1.	Rachel LEONG *	(91)	Bo Waltham F	1:06.50	31.22
2.	Bethany FAULKNER *	(90)	BorRedbridge	1:07.53	31.79
3.	Lauren COGDALE	(88)	Brentwood	1:08.30	33.05
4.	Clare THOMAS *	(89)	Chelmsford	1:08.85	32.32
5.	Jessica KNELLER	(83)	Bo Southend	1:09.31	33.39
6.	Madeleine LEONG *	(89)	Bo Waltham F	1:10.18	33.09
7.	Kirsty FORBES *	(90)	Killerwhales	1:10.58	33.37
8.	Charlotte DAVIS *	(92)	Runnymede	1:11.34	34.65
9.	Natalie WARD *	(89)	Romford Town	1:11.88	34.22
10.	Nicola FARMER *	(91)	Bo Waltham F	1:11.98	34.27
11.	Megan LANGRIDGE *	(93)	Thurrock	1:12.30	34.98
12.	Hannah DRAKE *	(90)	Canvey Isl	1:12.55	33.25
13.	Daniella NICE	(88)	Thurrock	1:12.81	34.01
13.	Laura ANDREWS *	(89)	Killerwhales	1:12.81	33.75
***** Event qualifying/standard time 01:13.00 *****					
15.	Georgina BAXTER *	(90)	Chelmsford	1:13.07	34.32
16.	Lauren ANDREWS *	(90)	Killerwhales	1:13.61	35.31
17.	Denise YOUNG *	(90)	Colchester	1:15.37	35.73
18.	Louise KENDALL *	(90)	Harlow Pen	1:17.51	36.47

EVENT 47 Mens 50m Butterfly

Place	Name	YoB	Club	Time
1.	Adrian FENNER	(84)	Bo Waltham F	27.42
2.	Paul GREEN	(86)	Chelmsford	27.72
3.	Jordan JOWITT	(87)	Witham Dolph	28.02
4.	Aaron EVELEIGH *	(89)	Runnymede	28.22
5.	Mark SAINT-CLARE *	(89)	Harlow Pen	28.32
6.	Daniel HIME *	(89)	Killerwhales	28.48
7.	David PRICE *	(89)	Epping For't	28.66
8.	David JACOBS	(88)	Romford Town	29.56
9.	Benjamin PRESTON	(88)	Chelmsford	29.73
10.	Robert LANGLEY	(86)	Chelmsford	29.83
11.	Ian EDMANS *	(89)	Epping For't	29.85
12.	Geoff BAKER	(59)	Canvey Isl	29.86
13.	S YOUSSEFI-TITCHEN *	(90)	Colchester	29.93
14.	David HAYNES	(88)	Killerwhales	30.08
15.	Dean SMITH *	(91)	Killerwhales	30.12
16.	Michael LANGLEY *	(89)	Chelmsford	30.24
17.	Jack BROWN	(88)	Chelmsford	30.51
18.	Tom GILBERT *	(90)	Chelmsford	30.55
19.	B CLIFFORD-STEPHENSON*	(89)	Killerwhales	30.60
20.	James BURNETT *	(89)	Southend	30.69
21.	Drew PIERCY *	(90)	Bo Waltham F	31.39
22.	Christopher WRIGHT *	(90)	Romford Town	31.57
23.	Johnny CONGDON *	(92)	Killerwhales	31.68
24.	Daniel THACKRAY *	(89)	Epping For't	31.87
***** Event qualifying/standard time 00:32.00 *****				

EVENT 48 Womens 100m Breaststroke

Place	Name	YoB	Club	Time	50
1.	Alyson MORAN	(88)	Canvey Isl	1:18.34	37.11
2.	Roseanne THOMPSON *	(91)	Romford Town	1:18.67	38.62
3.	Chloe FRANCIS *	(93)	Chelmsford	1:18.68	37.08
4.	Helen ANDREWS *	(90)	Killerwhales	1:18.74	37.50
5.	Kaz MELVIN *	(91)	Harlow Pen	1:19.09	39.18
6.	Rachel LEONG *	(91)	Bo Waltham F	1:20.00	38.91
7.	Georgina BAXTER *	(90)	Chelmsford	1:20.20	38.70
8.	Lottie LUCAS *	(92)	Bo Waltham F	1:20.41	38.68
9.	Carla JOSEPH *	(91)	BorRedbridge	1:20.91	38.24
10.	Rebecca SCOTT *	(91)	Runnymede	1:21.41	38.62
11.	Denise YOUNG *	(90)	Colchester	1:21.46	39.43
12.	Janine RAYNER *	(89)	Killerwhales	1:21.76	38.39
13.	Nicola FARMER *	(91)	Bo Waltham F	1:21.84	39.40
14.	Claire GARLICK *	(90)	Brentwood	1:22.67	39.37
15.	Alice SCOTT *	(89)	Killerwhales	1:22.76	38.56
16.	Jodie WANT *	(91)	Harlow Pen	1:23.07	39.47
17.	Georgina HUNT *	(92)	Thurrock	1:23.32	39.91
***** Event qualifying/standard time 01:25.00 *****					
18.	Amanda HEDGES	(75)	Southend	1:25.10	39.84
19.	Amy STUMBKE	(88)	Epping For't	1:25.88	41.55
20.	Justine CARRON *	(93)	Romford Town	1:26.11	41.31
21.	Samantha KNIGHT *	(91)	Runnymede	1:26.88	40.54
22.	Ellen SCOTT *	(91)	Killerwhales	1:26.99	41.35

EVENT 49 Mens 200m Freestyle

Place	Name	YoB	Club	Time	50	100	150
1.	Allen LINDENBERG *	(89)	Bo Waltham F	2:00.52	28.19	58.46	1:29.86
2.	Benjamin SLEET *	(90)	Chelmsford	2:00.72	27.89	58.70	1:30.24
3.	Dane McKNIGHT	(88)	Bo Waltham F	2:00.85	28.61	59.13	1:30.78
4.	Roberto PAVONI *	(91)	Brentwood	2:00.90	28.28	58.72	1:29.94
5.	Christopher CHENERY *	(90)	Chelmsford	2:01.72	27.69	58.17	1:30.23
6.	Owen COUGHLAN *	(90)	Bo Southend	2:03.42	29.52	1:00.62	1:32.33
7.	Benjamin PRESTON	(88)	Chelmsford	2:03.96	28.41	59.72	1:31.87
8.	Grant CHANDLER *	(91)	Romford Town	2:04.03	29.20	1:00.34	1:32.66
9.	Jonathan SAYER *	(90)	Bo Southend	2:04.04	29.88	1:02.24	1:33.84
10.	David PRICE *	(89)	Epping For't	2:04.71	29.01	1:00.91	1:33.32
11.	Daniel HIME *	(89)	Killerwhales	2:04.84	28.36	59.81	1:32.88
12.	Thomas ROOTSEY *	(90)	Colchester	2:05.05	28.70	1:00.77	1:33.30
13.	Adam BYFORD *	(89)	Braintree	2:05.36	28.95	1:00.81	1:34.24
14.	Tomas PURTON *	(90)	Brentwood	2:05.97	28.58	1:00.00	1:33.07
15.	Ian EDMANS *	(89)	Epping For't	2:06.34	28.91	1:00.61	1:33.96
16.	Michael VAN BERGEN	(86)	Epping For't	2:06.48	28.92	1:00.23	1:33.14
17.	George MORRIS *	(91)	Bo Southend	2:06.82	29.16	1:01.70	1:34.43
18.	Jack BROWN	(88)	Chelmsford	2:08.90	29.55	1:02.47	1:35.85
19.	Robert LANGLEY	(86)	Chelmsford	2:10.29	29.84	1:03.02	1:37.07
20.	James WRIGHT *	(90)	Phoenix Bas	2:10.38	29.67	1:02.33	1:36.46
21.	George SCOTHERN *	(90)	Brentwood	2:11.26	30.05	1:03.20	1:37.42
22.	Ryan PURCELL *	(90)	Epping For't	2:12.99	30.10	1:04.11	1:39.34
23.	Christopher WRIGHT *	(90)	Romford Town	2:13.25	30.22	1:03.40	1:38.00
24.	Ryan DEVONSHIRE *	(91)	Thurrock	2:14.31	30.66	1:04.66	1:40.09
***** Event qualifying/standard time 02:10.00 *****							

Finals

EVENT 50 FINAL OF EVENT 45 Boys 11/12 Years Freestyle Relay

Place	Name	Club	Time
1.	ROMFORD TOWN 'A'	Romford Town	2:03.84
2.	BO. WALTHAM FOREST 'A'	Bo Waltham F	2:05.48
3.	THURROCK	Thurrock	2:08.59
4.	CHELMSFORD	Chelmsford	2:09.27
5.	ROMFORD TOWN 'B'	Romford Town	2:09.50
6.	EPPING FOREST	Epping For't	2:09.64

EVENT 51 FINAL OF EVENT 42 Girls 9/10 Years Medley Relay

Place	Name	Club	Time
1.	ROMFORD TOWN 'A'	Romford Town	2:44.37
2.	THURROCK 'A'	Thurrock	2:45.06
3.	BRENTWOOD	Brentwood	2:46.26
4.	SOUTHEND ON SEA 'A'	Southend	2:48.20
5.	BO. WALTHAM FOREST 'A'	Bo Waltham F	2:49.53
6.	BRAINTREE 'A'	Braintree	2:54.11

EVENT 52 FINAL OF EVENT 41 Mens 200m Individual Medley

Place	Name	YoB	Club	Time	50	100	150
1.	Roberto PAVONI *	(91)	Brentwood	2:11.91	29.28	1:02.81	1:41.00
2.	Benjamin SLEET *	(90)	Chelmsford	2:15.59	30.58	1:05.43	1:45.53
3.	Grant CHANDLER *	(91)	Romford Town	2:18.38	30.36	1:07.42	1:47.45
4.	Daniel HIME *	(89)	Killerwhales	2:19.53	29.77	1:06.91	1:47.31
5.	Jack SUMMERS *	(90)	Bo Waltham F	2:20.37	31.04	1:08.37	1:47.95
6.	Michael VAN BERGEN	(86)	Epping Fort	2:24.90	31.99	1:07.70	1:50.75

EVENT 53 FINAL OF EVENT 44 Womens 50m Backstroke

Place	Name	YoB	Club	Time
1.	Grace FRANCIS *	(90)	Chelmsford	31.28
2.	Georgia HUNTON CLARKE*	(91)	Thurrock	31.56
3.	Kirsty FORBES *	(90)	Killerwhales	31.79
4.	Kaz MELVIN *	(91)	Harlow Pen	32.17
5.	Aimee DRAKE	(88)	Canvey Isl	32.83
6.	Claire GARLICK *	(90)	Brentwood	32.91

EVENT 54 FINAL OF EVENT 43 Mens 200m Backstroke

Place	Name	YoB	Club	Time	50	100	150
1.	Dane McKNIGHT	(88)	Bo Waltham F	2:12.57	30.81	1:03.66	1:37.81
2.	Nicholas CONNOR *	(89)	BorRedbridge	2:14.26	31.61	1:05.34	1:39.61
3.	Mark SAINT-CLARE *	(89)	Harlow Pen	2:16.05	31.85	1:06.37	1:41.61
4.	Adam BYFORD *	(89)	Braintree	2:16.96	31.81	1:07.41	1:43.23
5.	Stephen DAWKINS	(86)	Killerwhales	2:19.99	32.41	1:07.68	1:44.04
6.	Jack BROWN	(88)	Chelmsford	2:21.76	33.44	1:09.04	1:45.66

EVENT 55 FINAL OF EVENT 46 Womens 100m Butterfly

Place	Name	YoB	Club	Time	50
1.	Bethany FAULKNER *	(90)	BorRedbridge	1:06.01	31.95
2.	Rachel LEONG *	(91)	Bo Waltham F	1:06.17	31.21
3.	Lauren COGDALE	(88)	Brentwood	1:06.64	31.82
4.	Clare THOMAS *	(89)	Chelmsford	1:08.96	32.48
5.	Madeleine LEONG *	(89)	Bo Waltham F	1:09.58	32.91
6.	Jessica KNELLER	(83)	Bo Southend	1:10.72	32.86

EVENT 56 FINAL OF EVENT 47 Mens 50m Butterfly

Place	Name	YoB	Club	Time
1.	Adrian FENNER	(84)	Bo Waltham F	26.16
2.	Paul GREEN	(86)	Chelmsford	27.41
3.	Aaron EVELEIGH *	(89)	Runnymede	27.74
4.	Jordan JOWITT	(87)	Witham Dolph	28.03
5.	Daniel HIME *	(89)	Killerwhales	28.61
6.	Mark SAINT-CLARE *	(89)	Harlow Pen	29.33

EVENT 57 FINAL OF EVENT 48 Womens 100m Breaststroke

Place	Name	YoB	Club	Time	50
1.	Alyson MORAN	(88)	Canvey Isl	1:16.94	36.24
2.	Roseanne THOMPSON *	(91)	Romford Town	1:17.31	37.39
3.	Kaz MELVIN *	(91)	Harlow Pen	1:18.15	38.32
4.	Chloe FRANCIS *	(93)	Chelmsford	1:18.39	37.50
5.	Helen ANDREWS *	(90)	Killerwhales	1:19.32	38.16
6.	Rachel LEONG *	(91)	Bo Waltham F	1:26.92	40.60

EVENT 58 FINAL OF EVENT 49 Mens 200m Freestyle

Place	Name	YoB	Club	Time	50	100	150
1.	Dane McKNIGHT	(88)	Bo Waltham F	1:54.48	27.16	55.59	1:24.43
2.	Allen LINDENBERG *	(89)	Bo Waltham F	1:55.83	27.34	56.00	1:25.88
3.	Roberto PAVONI *	(91)	Brentwood	2:00.61	28.74	59.49	1:30.53
4.	Christopher CHENERY *	(90)	Chelmsford	2:01.00	28.07	58.78	1:30.53
5.	Benjamin SLEET *	(90)	Chelmsford	2:02.98	28.51	59.62	1:31.68
6.	Owen COUGHLAN *	(90)	Bo Southend	2:04.21	30.13	1:01.47	1:33.12