

**ECASA Age Group Championships 2009**  
**Under ASA Laws & ASA Technical Rules of Swimming**  
**Saturday 7 March 2009 - Session 10**  
**at Braintree Swimming Centre, Freeport Braintree**

**EVENT 310 Girls 11/13 Years 1500m Freestyle (HDW)**

**11 Years Age Group**

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
						800	900	1000	1100	1200	1300	1400
1.	Emma CASSIDY	11	Thurrock	18:49.80	+ 662	1:10.79 10:01.20	2:25.52 11:17.93	3:40.57 12:34.08	4:56.12 13:50.32	6:13.02 15:06.48	7:29.21 16:22.11	8:45.01 17:37.43
2.	Katarina BLANCO	11	Chelmsford	19:02.72	643	1:11.87 10:09.78	2:27.97 11:27.13	3:43.98 12:45.05	5:00.80 14:01.75	6:18.18 15:18.90	7:35.30 16:36.11	8:52.16 17:50.86
3.	Eliza DUFFY	11	Chelmsford	19:22.83	612	1:13.35 10:19.38	2:30.35 11:36.98	3:47.48 12:53.31	5:06.19 14:12.22	6:24.40 15:30.79	7:42.40 16:47.84	9:01.48 18:03.14
4.	Rachael MOORE	11	Thurrock	19:28.33	604		2:34.13 10:29.66	3:53.23 11:47.71	5:13.04 13:05.31	6:32.44 14:23.39	7:51.81 15:40.18	9:10.37 16:57.07
5.	Courtney SANDERS	11	Chelmsford	19:30.26	600		2:28.54 10:21.48	3:46.12 11:40.55	5:04.30 12:59.12	6:23.20 14:18.22	7:42.73 15:37.10	9:02.01 16:55.74
6.	Grace WINGROVE	11	BorRedbridge	19:40.12	586	1:15.60 10:28.34	2:35.24 11:46.90	3:54.88 13:05.62	5:13.84 14:25.19	6:32.60	7:51.32 17:04.37	9:09.77 18:23.76
7.	Chloe annie BASS	11	Thurrock	20:23.42	527	1:17.24 10:46.92	2:37.92 12:08.97	3:58.93 13:32.41	5:20.97 14:54.97	6:42.08 16:17.40	8:02.46 17:38.98	9:24.80 19:02.66
8.	Kirstie FEHILY	11	Canvey Isl	20:43.02	504	1:19.25 11:02.35	2:42.79 12:24.91	4:06.08 13:46.19	5:28.41 15:08.19	6:51.96 16:31.54	8:16.02 17:56.65	9:38.95 19:22.18
***** Event qualifying/standard time 21:40.10 *****												
+	Event Best Time											

**12 Years Age Group**

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
						800	900	1000	1100	1200	1300	1400
1.	Kathryn PEARSE	12	Phoenix Bas	18:47.99	666	1:08.78 9:55.11	2:22.07 11:12.41	3:37.56 12:28.31	4:52.59 13:44.81	6:08.50 15:00.68	7:23.64 16:16.90	8:38.50 17:33.39
2.	Melissa COWELL	12	Thurrock	18:51.14	661	1:11.56 10:00.92	2:27.02 11:17.18	3:41.87 12:33.01	4:56.55 13:49.26	6:12.23 15:05.77	7:28.04 16:21.81	8:44.18 17:37.56
3.	Hannah TRAVELL	12	Braintree	18:58.67	650	1:12.16 10:06.81	2:28.06 11:22.81	3:44.45 12:39.01	5:01.54 13:55.12	6:18.50 15:12.68	7:34.83 16:29.75	8:51.12 17:45.69
4.	Danielle ROOKE	12	Killerwhales	19:04.58	641		2:26.62 10:06.63	3:42.84 11:23.35	4:58.92 12:40.19	6:16.56 13:57.15	7:32.85 15:14.22	8:49.59 16:32.16
5.	Georgia MILLS	12	Thurrock	19:10.94	630	1:10.85 10:10.67	2:27.20 11:28.36	3:43.86 12:46.20	5:01.24 14:03.84	6:18.92 15:21.63	7:36.17 16:38.88	8:53.11 17:55.78
6.	Sophie WAYMONT	12	Southend	19:18.07	620	1:12.60 10:11.67	2:29.35 11:28.73	3:45.79 12:45.90	5:02.28 14:03.15	6:19.39 15:20.72	7:36.68 16:38.58	8:53.99 17:58.12
7.	Katie WHIFFIN	12	Epping Fort	19:31.55	599			3:50.85 10:21.79	5:09.98 11:39.66	6:28.88 12:57.73	7:46.92 14:16.63	9:04.10 15:36.29
8.	Rebecca HAYES	12	Thurrock	19:32.77	598	1:13.62 10:18.80	2:30.51 11:37.77	3:48.08 12:56.81	5:05.43 14:15.74	6:22.82 15:35.32	7:41.12 16:54.68	8:59.64 18:13.86
9.	Eris CRAWFORD	12	Bo Waltham F	19:41.83	585			3:50.78 10:26.62	5:10.06 11:44.75	6:30.24 13:05.24	7:49.20 14:24.26	9:08.39 15:43.81

10.	Charlotte KENYON	12	Epping Fort	19:50.08	574			3:50.71	5:09.96	6:29.62	7:49.49	9:09.46
						10:29.55	11:51.43	13:13.02	14:34.35	15:54.17	17:15.26	18:34.60
11.	Molly SPARKS	12	Killerwhales	19:52.51	569			3:51.77	5:10.91	6:30.98	7:51.63	9:12.09
						10:32.84	11:53.38	13:14.09	14:34.37	15:54.42	17:15.38	18:35.14
12.	Katherine STEPHENS	12	Thurrock	19:59.56	560			1:13.10	2:30.57	3:49.50	5:09.75	6:30.89
						10:34.50	11:55.43	13:16.55	14:38.27	15:59.35	17:20.16	18:40.60
13.	Kelsey ELLERBY	12	Bo Southend	20:06.06	552			1:16.20	2:37.86	3:59.03	5:19.70	6:41.40
						10:44.99	12:05.74	13:26.48	14:46.57	16.06	17:27.34	18:47.81
14.	Ella AUGUSTIN	12	Bo Waltham F	20:12.62	543			2:33.84	3:54.15	5:14.45	6:35.91	7:57.37
						10:40.27	12:01.77	13:22.61	14:45.79	16:08.82	17:31.47	18:54.22

\*\*\*\*\* Event qualifying/standard time 20:23.90 \*\*\*\*\*

### 13 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
						800	900	1000	1100	1200	1300	1400
1.	Elizabeth HARE	13	Bo Waltham F	18:02.67	+ 726	1:08.63	2:20.73	3:32.33	4:44.83	5:56.71	7:08.83	8:21.45
						9:33.78	10:47.17	12:00.06	13:12.97	14:25.33	15:37.96	16:51.48
2.	Poppy HILL	13	Bo Waltham F	18:05.35	722	1:07.87	2:18.95	3:29.82	4:40.18	5:52.03	7:03.90	8:16.95
						9:29.83	10:43.35	11:56.58	13:10.84	14:24.45	15:38.39	16:53.05
3.	Ellie TOWNLEY	13	Bo Southend	18:32.73	675	1:09.72	2:23.11	3:37.15	4:51.95	6:07.51	7:22.11	8:37.03
						9:51.62	11:06.35	12:21.79	13:37.19	14:51.65	16:06.60	17:21.75
4.	Amelia KNOWLES	13	Southend	19:01.15	630	1:11.61	2:27.48	3:43.76	5:00.70	6:17.98	7:35.23	8:52.37
						10:09.48	11:26.74	12:44.04	14:01.38	15:18.69	16:34.67	17:49.70
5.	Helen MITCHELL	13	Braintree	19:15.03	609	1:12.42	2:28.95	3:45.92	5:03.32	6:21.15	7:39.11	8:58.37
						10:16.66	11:34.67	12:52.28	14:08.93	15:25.66	16:42.61	17:59.97
6.	Aimee FAHEY	13	Epping Fort	19:26.95	592	1:11.02	2:27.26	3:44.63	5:01.95	6:19.55	7:37.99	8:56.78
						10:15.62	11:34.40	12:53.63	14:13.51	15:33.09	16:53.35	18:11.71

\*\*\*\*\* Event qualifying/standard time 19:32.00 \*\*\*\*\*

+ Event Best Time

## EVENT 311 Boys 12/14 Years 100m Individual Medley

### 12 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt
1.	Luke BOURNE	12	Rochford	1:10.35 +	594
2.	Rory GEOGHEGAN	12	Runnymede	1:11.73	559
3.	Luke DURBAN	12	Braintree	1:13.38	520
4.	Arjun ROBERTSON	12	Bo Waltham F	1:13.42	518
5.	George ELLIS	12	Romford Town	1:13.91	508
6.	Barton TOWNLEY	12	Bo Southend	1:14.04	505
7.	Harry GEGGUS	12	Thurrock	1:14.12	502
8.	Jim VICKERS	12	Colchester	1:15.23	479
9.	James KIDD	12	Romford Town	1:15.55	472
10.	Tommy WILLIS	12	Bo Waltham F	1:15.96	464
11.	William HARDING	12	Romford Town	1:16.20	459
12.	Orin MANN	12	Braintree	1:16.40	455
13.	Thomas MCLAGAN	12	Braintree	1:16.51	452
14.	Matthew LEMNELL	12	Colchester	1:16.76	448
15.	Charles STURLEY	12	Havering Aq	1:17.33	436
16.	Augustus VEASEY	12	Chelmsford	1:17.35	436
17.	Ross DAVY	12	Chelmsford	1:17.79	428
18.	Aiden ROBINSON	12	Killerwhales	1:18.04	423
19.	Murphy TALBOT	12	Runnymede	1:18.22	419
20.	Samuel KELLY	12	BorRedbridge	1:20.63	377
21.	Damian GREEN	12	Colchester	1:20.67	377
22.	Alex MERCHAN	12	Killerwhales	1:21.91	357
23.	Alexander HAINES	12	Brentwood	1:21.94	356
24.	Oliver APPLEBEE	12	Romford Town	1:21.96	356

\*\*\*\*\* Event qualifying/standard time 01:23.50 \*\*\*\*\*

+ Event Best Time

### 13 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt
1.	Sean HOULIHAN	13	Romford Town	1:05.08	713
2.	Jack CARTER	13	Southend	1:09.73	581
3.	Joseph STAMP	13	Romford Town	1:10.06	572
4.	Alexander VIPOND	13	Colchester	1:11.18	545
5.	Harry COKER	13	Romford Town	1:11.20	545
6.	Zachary MASHFORD	13	Rochford	1:11.69	533 #
6.	Henry MAHER	13	Epping For't	1:11.69	533 #
8.	Lawrence BROWN	13	BorRedbridge	1:11.73	532
9.	Sonny FORD	13	Thurrock	1:11.74	532
10.	George FOLEY	13	Havering Aq	1:11.90	528
11.	George CROW	13	Killerwhales	1:12.45	516
12.	James ROOME	13	Killerwhales	1:12.73	509
13.	Lee BAKER	13	Epping For't	1:12.89	506
14.	Hayden THOMAS	13	Epping For't	1:13.09	501
15.	Bradley CLARKE	13	Thurrock	1:13.71	487
16.	Matthew KNOWLES	13	Chelmsford	1:14.73	465
17.	Tom BEADLE	13	BorRedbridge	1:15.51	450
18.	Sonny TRIGG	13	Colchester	1:16.56	430

\*\*\*\*\* Event qualifying/standard time 01:17.50 \*\*\*\*\*

Henry NEWTON 13 Runnymede DQ ST-

# Swim off for place in final:

1.	Henry MAHER	12	Epping Forest	1:10.66
2.	Zachary MASHFORD	12	Rochford	1:11.55

### 14 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt
1.	Harry PAYNE	14	Bo Southend	1:05.70	657
2.	Daniel SORRELL	14	Chelmsford	1:06.31	639
3.	Charlie DENTITH	14	BorRedbridge	1:07.21	614
4.	Alfie BURR	14	Romford Town	1:07.94	595
5.	Ryan DANIELS	14	Thurrock	1:08.29	586
6.	James WINNELL	14	Runnymede	1:08.39	583
7.	Danny BAKER	14	Rochford	1:08.52	580
8.	Benjamin ROOTS	14	Chelmsford	1:09.02	568
9.	Christopher MITCHELL	14	Epping For't	1:09.12	564
10.	Thomas JOHNSON	14	Brentwood	1:09.41	557
11.	Tom VICKERS	14	Colchester	1:09.54	555
12.	Thomas CLARK	14	Romford Town	1:09.60	553
13.	Edward CLARK	14	Halstead	1:09.64	553
14.	David BENNETT	14	Havering Aq	1:09.73	550
15.	Daniel COOPER	14	Halstead	1:10.35	535
16.	Reece PARKER	14	Southend	1:10.51	531
17.	Christopher GARLICK	14	Brentwood	1:10.71	526
18.	Alistair FRANCE	14	Bo Waltham F	1:11.33	512
19.	Adam GILLARD	14	BorRedbridge	1:12.77	481
***** Event qualifying/standard time 01:13.20 *****					
20.	Jonathan WORBY	14	BorRedbridge	1:13.42	467

### EVENT 312 Girls 14 Years/Over 100m Backstroke

#### 14 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Harriette DAVIS	14	Romford Town	1:07.82	661*	32.95
2.	Rachel WELSH	14	Romford Town	1:09.94	607*	33.73
3.	Sophie COPPER	14	BorRedbridge	1:10.21	601*	34.16
4.	Evangelina FISHER	14	Chelmsford	1:13.14	534*	36.05
5.	Emily COLE	14	BorRedbridge	1:13.24	532*	35.76
6.	Johanna LINDBLOM	14	BorRedbridge	1:13.64	523*	36.13
7.	Gemma WASS	14	Chelmsford	1:13.86	519*	36.31
8.	Louise-jayne WATTS	14	Colchester	1:14.26	511*	36.22
9.	Grace SANDERSON	14	Colchester	1:14.36	509*	36.09
10.	Sarah PURNELL	14	Colchester	1:14.92	497*	37.13
11.	Laura WHITE	14	FirstStrokes	1:14.97	496*	36.69
12.	Erin MCGILL	14	Brentwood	1:15.57	484*	37.09
***** Event qualifying/standard time 01:15.90 *****						

Swims with \* appended are GB points - NOT age corrected

#### 15 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Danielle SAYER	15	Thurrock	1:07.73	663*	33.50
2.	Amy MURFITT	15	Basildon	1:09.14	627*	34.10
3.	Chloe DAVIS	15	Runnymede	1:09.16	626*	33.91
4.	Kerriann CHIPPERFIELD	15	Thurrock	1:09.49	618*	33.49
5.	Kelsey RICHARDS	15	BorRedbridge	1:09.64	614*	33.95
6.	Jessica PARK	15	Halstead	1:10.08	604*	33.78
7.	Eleanor BEDWELL	15	BorRedbridge	1:10.31	598*	33.66
8.	Abigail SAYER	15	Thurrock	1:12.39	550*	34.89
9.	Sarah LARNER	15	Colchester	1:12.48	548*	35.03
10.	Charlotte PETERS	15	Chelmsford	1:13.25	532*	36.29
***** Event qualifying/standard time 01:14.50 *****						
11.	Lauren FLIGHT	15	Witham Dolph	1:15.96	477*	35.64

Swims with \* appended are GB points - NOT age corrected

### 16 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Sophie DRAKE	16	Canvey Isl	1:04.80 +	746*	31.81
2.	Katinka MERCHAN	16	Killerwhales	1:08.66	639*	32.63
3.	Georgina HUNT	16	Thurrock	1:09.34	622*	34.07
4.	Nicole RAYMOND	16	Romford Town	1:10.32	598*	34.10
5.	Rachael FRANKLIN	16	Brentwood	1:11.61	568*	35.02
6.	Amy HATFIELD	16	Thurrock	1:11.92	561*	34.79
***** Event qualifying/standard time 01:13.80 *****						
7.	Harriet PITT	16	Chelmsford	1:14.07	515*	36.47

+ Event Best Time

Swims with \* appended are GB points - NOT age corrected

### 17 Years/Over Age Group

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Verity GOODEY	17	Southend	1:06.88	686*	32.50
2.	Phoebe HAYES	17	BorRedbridge	1:07.19	678*	32.51
3.	Kalei ANDREWS	17	Killerwhales	1:09.92	608*	33.85
4.	Natalie WARD	19	Romford Town	1:10.42	596*	34.41
5.	Jessica FORD	18	Thurrock	1:10.50	594*	34.81
6.	Charlotte DELICATA	17	Thurrock	1:10.92	584*	34.66
7.	Jessica CLARKE	18	Southend	1:11.70	566*	35.62
***** Event qualifying/standard time 01:13.40 *****						

Swims with \* appended are GB points - NOT age corrected

## EVENT 313 Boys 09/11 Years 200m Freestyle (HDW)

### 09 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1.	Spencer PRIOR	9	Colchester	2:33.41	318	36.66	1:16.68	1:57.07
2.	Arran FRANCIS	9	Colchester	2:39.36	278	36.67	1:17.82	2:00.01
3.	Aaron CLARKE	9	Thurrock	2:47.13	233	37.13	1:19.59	2:04.10
4.	Louie RIDGWAY	9	Thurrock	2:50.72	215	38.49	1:21.83	2:07.93
5.	Joshua JONES	9	Rochford	2:51.54	211	37.35	1:20.77	2:05.85
6.	Max JONES	9	Rochford	2:55.06	195	37.76	1:22.82	2:09.47
7.	Luke SHERIDAN	9	Thurrock	2:56.11	191	38.36	1:23.18	2:09.99
8.	Kieran HOLDBROOK	9	BorRedbridge	3:02.67	164	39.44	1:27.28	2:15.81
9.	Samuel ELLIS	9	Epping Fort	3:04.12	159	39.65	1:27.16	2:16.23
10.	Buster TOWNLEY	9	Bo Southend	3:08.59	144	40.11	1:27.44	2:18.10
***** Event qualifying/standard time 03:16.60 *****								
	Reece NICHOLLS	9	Bo Waltham F	DNF				

### 10 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1.	George EPSLY	10	Thurrock	2:21.74 +	428	33.13	1:09.75	1:46.41
2.	Calum CONNELLY	10	Havering Aq	2:27.06	380	33.50	1:10.94	1:49.58
3.	Cameron SIMPSON	10	Colchester	2:27.43	377	34.04	1:12.12	1:50.41
4.	Kieran GORE	10	Thurrock	2:30.42	352	34.96	1:13.82	1:52.87
5.	Fraser SCOTT	10	BorRedbridge	2:30.93	348	34.83	1:13.12	1:53.19
6.	Jack AYLING	10	Havering Aq	2:34.62	320	35.08	1:14.68	1:55.34
7.	Joshua BURCOMBE	10	Bo Waltham F	2:34.95	318	35.08	1:15.70	1:56.14
8.	Cavan BECK	10	Rochford	2:35.30	316	36.68	1:16.90	1:57.76
9.	Toby MASCALL	10	Romford Town	2:37.76	298	37.44	1:17.95	1:59.50
10.	Daniel ROBINSON	10	Killerwhales	2:40.79	279	36.16	1:17.30	1:59.34
11.	Harry FOX	10	Killerwhales	2:41.51	275	37.00	1:18.70	2:01.14
12.	Charlie METCALF	10	Bo Southend	2:41.99	272	37.91	1:19.75	2:02.63
13.	Lewis COOPER	10	Phoenix Bas	2:42.26	269	35.99	1:18.15	2:00.99
14.	Christian MCMILLAN	10	Rochford	2:44.89	254	36.03	1:17.32	2:01.70
15.	Aaron BEARWISH	10	Thurrock	2:46.13	248	37.29	1:20.63	2:04.90
16.	Connor HOULIHAN	10	Romford Town	2:46.45	246	36.90	1:19.67	2:03.60
17.	Timothy KWOK	10	Colchester	2:47.13	241	38.37	1:21.11	2:05.15
18.	Oliver KNIGHT	10	Phoenix Bas	2:50.28	225	37.83	1:20.56	2:05.46
19.	Kieran GOODWIN	10	Killerwhales	2:53.15	211	37.37	1:21.57	2:07.79
***** Event qualifying/standard time 02:57.50 *****								
20.	Nathan GREY	10	Killerwhales	2:57.57	191	38.33	1:23.98	2:11.93
	Edward FEDDON	10	Bo Southend	DQ	ST-	42.42	1:31.45	2:22.65

+ Event Best Time

### 11 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150
1.	David FRYATT	11	Braintree	2:22.96	427	33.59	1:10.03	1:47.13
2.	James DAY	11	Thurrock	2:24.79	410	33.64	1:11.08	1:49.33
3.	Harvey BROWN	11	Phoenix Bas	2:24.82	410	33.26	1:10.68	1:49.34
4.	Salaam MOTIN	11	Thurrock	2:25.21	406	34.88	1:11.91	1:49.23
5.	Frank MCGUIRK	11	BorRedbridge	2:26.71	393	33.39	1:10.78	1:49.11
6.	Nathan LEONG	11	Bo Waltham F	2:28.28	379	32.51	1:09.48	1:49.20
7.	Connor KEARNS	11	Killerwhales	2:28.87	374	33.94	1:11.96	1:51.77
8.	Charlie FOX	11	Killerwhales	2:29.36	370	34.72	1:12.82	1:52.18
9.	Ben NEALE	11	Chelmsford	2:29.39	370	32.95	1:11.29	1:51.50
10.	Billy MAYNARD	11	Southend	2:29.73	367	33.81	1:13.09	1:52.22
11.	Aidan ROBINSON	11	Basildon	2:30.03	364	34.16	1:13.83	1:53.39
12.	Kalaam MOTIN	11	Thurrock	2:30.51	360	35.18	1:14.39	1:53.99
13.	Luke SHERIDAN	11	Romford Town	2:32.12	347	32.93	1:11.37	1:52.50
14.	Alexander CARTER	11	Colchester	2:32.72	343	34.57	1:14.64	1:54.71
15.	Matthew PARSON	11	Colchester	2:33.63	336	35.41	1:15.13	1:55.14
16.	Kenneth MAN	11	BorRedbridge	2:35.03	325	34.47	1:14.43	1:54.95
17.	Samuel HOLLINGTON	11	Romford Town	2:35.04	325	36.69	1:16.27	1:56.04
18.	Russell BECK	11	Rochford	2:35.57	322	35.54	1:15.07	1:56.21
19.	Samuel WOOLF	11	Bo Southend	2:35.82	320	35.06	1:15.30	1:56.53
20.	William MANNING	11	Thurrock	2:36.34	317	36.96	1:17.55	1:57.88
21.	Samuel ALLSOP	11	Romford Town	2:37.49	308	36.75	1:17.49	1:58.04
22.	Oliver SWALLOW	11	Halstead	2:37.60	307	34.76	1:17.03	1:59.57
23.	Matthew DAVIS	11	Runnymede	2:37.71	307	36.27	1:18.01	1:58.42
24.	Thomas BADLEY	11	Havering Dol	2:39.26	296	36.05	1:18.09	2:00.45
25.	Jack PICKERING	11	Chelmsford	2:40.91	285	36.37	1:16.98	1:59.66
26.	Morgan BROWN	11	BorRedbridge	2:45.34	258	36.76	1:20.44	2:04.21
***** Event qualifying/standard time 02:46.60 *****								

## EVENT 314 Boys 15 Years/Over 400m Individual Medley (HDW)

### 15 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150	200	250	300	350
1.	Charlie HAYES	15	Thurrock	4:42.46	686*	30.88	1:05.26	1:41.07	2:15.72	2:56.32	3:36.77	4:10.16
2.	Ivan GEORGIEV	15	BorRedbridge	4:51.11	632*	30.19	1:05.11	1:42.62	2:19.97	3:01.77	3:44.63	4:18.75
3.	L CLIFFORD-STEPHENSON	15	Killerwhales	4:51.39	631*	30.76	1:07.19	1:46.77	2:25.24	3:05.04	3:45.71	4:19.70
4.	Elliott HILL	15	Bo Waltham F	4:58.25	591*	31.04	1:07.56	1:45.19	2:21.60	3:06.49	3:53.51	4:26.82
5.	Thomas HALE	15	Brentwood	5:00.12	580*	30.67	1:07.12	1:45.43	2:22.99	3:08.81	3:54.76	4:28.69
6.	Nicholas GILROY	15	Brentwood	5:00.70	577*	31.21	1:08.24	1:47.35	2:26.08	3:09.23	3:53.13	4:27.72
7.	Charlie POND THOMPSON	15	Southend	5:03.39	563*	31.02	1:06.85	1:46.15	2:25.29	3:08.07	3:52.70	4:29.94

\*\*\*\*\* Event qualifying/standard time 05:06.80 \*\*\*\*\*

Swims with \* appended are GB points - NOT age corrected

### 16 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150	200	250	300	350
1.	Christopher INCH	16	BorRedbridge	4:37.39	720*	29.27	1:02.75	1:38.39	2:13.51	2:53.18	3:33.18	4:05.96
2.	Dean WOODCOCK	16	Chelmsford	4:43.51	680*	29.80	1:03.93	1:40.67	2:16.06	2:57.15	3:38.45	4:11.60
3.	James DAVIS	16	Romford Town	4:45.09	669*	30.26	1:05.20	1:41.91	2:18.15	2:59.48	3:40.90	4:13.75
4.	Conor HARROLD	16	Thurrock	4:52.31	625*	30.68	1:05.63	1:41.98	2:17.09	3:00.27	3:44.72	4:19.58
5.	James MITCHELL	16	Thurrock	4:58.09	592*	32.31	1:10.17	1:50.02	2:28.53	3:11.00	3:54.10	4:27.54

\*\*\*\*\* Event qualifying/standard time 05:01.60 \*\*\*\*\*

6.	Jake HARRISON	16	Romford Town	5:02.05	570*	32.34	1:11.87	1:49.76	2:27.32	3:08.52	3:51.83	4:28.60
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Swims with \* appended are GB points - NOT age corrected

### 17 Years/Over Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150	200	250	300	350
1.	Sean TOMLIN	17	Bo Southend	4:41.18	695*	28.34	1:01.67	1:36.06	2:09.99	2:53.01	3:36.27	4:08.89
2.	Daniel STEPTON	17	Romford Town	4:42.48	686*	28.73	1:02.47	1:37.85	2:12.59	2:54.93	3:37.23	4:10.96
3.	Dean SMITH	17	BorRedbridge	4:47.89	652*	28.80	1:01.93	1:38.31	2:14.16	2:55.95	3:39.50	4:13.84

\*\*\*\*\* Event qualifying/standard time 04:58.20 \*\*\*\*\*

Swims with \* appended are GB points - NOT age corrected

## Finals

### EVENT 315 FINAL OF EVENT 311 Boys 12 Years 100m Individual Medley

Place	Name	AaD	Club	Time	BAG Pt
1.	Luke BOURNE	12	Rochford	1:07.99 +	660
2.	Rory GEOGHEGAN	12	Runnymede	1:10.88	580
3.	Luke DURBAN	12	Braintree	1:12.51	539
4.	Barton TOWNLEY	12	Bo Southend	1:12.62	538
5.	Arjun ROBERTSON	12	Bo Waltham F	1:12.67	537
6.	George ELLIS	12	Romford Town	1:13.89	508

+ Event Best Time

### EVENT 316 FINAL OF EVENT 311 Boys 13 Years 100m Individual Medley

Place	Name	AaD	Club	Time	BAG Pt
1.	Sean HOULIHAN	13	Romford Town	1:04.22	741
2.	Jack CARTER	13	Southend	1:08.93	601
3.	Joseph STAMP	13	Romford Town	1:09.61	584
4.	Harry COKER	13	Romford Town	1:10.26	567
5.	Alexander VIPOND	13	Colchester	1:11.01	548
6.	Henry MAHER	13	Epping Fort	1:11.52	537

### EVENT 317 FINAL OF EVENT 311 Boys 14 Years 100m Individual Medley

Place	Name	AaD	Club	Time	BAG Pt
1.	Harry PAYNE	14	Bo Southend	1:04.87	681
2.	Daniel SORRELL	14	Chelmsford	1:04.92	680
3.	Charlie DENTITH	14	BorRedbridge	1:06.56	632
4.	Alfie BURR	14	Romford Town	1:07.79	599
5.	James WINNELL	14	Runnymede	1:08.49	581
6.	Ryan DANIELS	14	Thurrock	1:08.57	579

### EVENT 318 FINAL OF EVENT 312 Girls 14 Years 100m Backstroke

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Harriette DAVIS	14	Romford Town	1:07.16	679*	32.62
2.	Rachel WELSH	14	Romford Town	1:09.72	613*	34.32
3.	Sophie COPPER	14	BorRedbridge	1:10.53	593*	34.11
4.	Emily COLE	14	BorRedbridge	1:12.04	558*	34.90
5.	Johanna LINDBLOM	14	BorRedbridge	1:13.49	527*	35.83
6.	Evangelina FISHER	14	Chelmsford	1:14.29	510*	36.45

Swims with \* appended are GB points - NOT age corrected

### EVENT 319 FINAL OF EVENT 312 Girls 15 Years 100m Backstroke

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Danielle SAYER	15	Thurrock	1:07.37	673*	33.21
2.	Chloe DAVIS	15	Runnymede	1:08.58	641*	33.91
3.	Kelsey RICHARDS	15	BorRedbridge	1:08.77	636*	33.87
4.	Amy MURFITT	15	Basildon	1:08.81	635*	33.99
5.	Kerriann CHIPPERFIELD	15	Thurrock	1:10.22	600*	34.04
6.	Jessica PARK	15	Halstead	1:10.83	586*	34.05

Swims with \* appended are GB points - NOT age corrected

### EVENT 320 FINAL OF EVENT 312 Girls 16 Years 100m Backstroke

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Sophie DRAKE	16	Canvey Isl	1:02.16 +	829*	30.29
2.	Katinka MERCHAN	16	Killerwhales	1:06.18	706*	31.33
3.	Georgina HUNT	16	Thurrock	1:08.74	637*	33.82
4.	Nicole RAYMOND	16	Romford Town	1:09.01	630*	33.76
5.	Rachael FRANKLIN	16	Brentwood	1:12.13	556*	34.97
6.	Amy HATFIELD	16	Thurrock	1:12.62	545*	34.93

+ Event Best Time and County Record (Womens Short Course)

Swims with \* appended are GB points - NOT age corrected

### EVENT 321 FINAL OF EVENT 312 Girls 17 Years/Over 100m Backstroke

Place	Name	AaD	Club	Time	BAG Pt	50
1.	Verity GOODEY	17	Southend	1:05.05	739*	32.07
2.	Phoebe HAYES	17	BorRedbridge	1:05.13	736*	31.62
3.	Kalei ANDREWS	17	Killerwhales	1:09.74	612*	33.92
4.	Natalie WARD	19	Romford Town	1:09.94	607*	34.08
5.	Charlotte DELICATA	17	Thurrock	1:10.45	595*	34.55
6.	Jessica FORD	18	Thurrock	1:11.44	572*	35.07

Swims with \* appended are GB points - NOT age corrected