

ECASA Age Group Championships 2008
Under ASA Laws & ASA Technical Rules of Swimming
8 March 2008 - Session 9
Blackshots Leisure Centre, Grays, Essex

EVENT 301 Boys 10/11 Years 400m Freestyle (HDW)

10 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150	200	250	300	350
1.	Bobbie MCCARTHY	10	Thurrock	5:08.03	392	34.75	1:14.31	1:53.60	2:32.55	3:12.18	3:51.46	4:30.97
2.	Salaam MOTIN	10	Thurrock	5:13.44	371	36.95	1:16.17	1:55.90	2:35.30	3:14.65	3:54.78	4:35.01
3.	David FRYATT	10	Braintree	5:14.22	368	36.49	1:16.83	1:56.54	2:36.85	3:16.90	3:56.88	4:36.42
4.	Sam BISHOP	10	Romford Town	5:16.85	358	35.22	1:14.54	1:54.60	2:34.63	3:15.64	3:55.94	4:36.27
5.	Kenneth MAN	10	BorRedbridge	5:22.70	336	35.11	1:14.93	1:56.11	2:37.84	3:20.26	4:02.36	4:44.04
6.	Connor KEARNS	10	Killerwhales	5:23.18	335	35.57	1:16.53	1:58.55	2:41.09	3:23.29	4:04.07	4:46.38
7.	James DAY	10	Thurrock	5:26.74	322	36.12	1:16.83	1:58.50	2:40.94	3:23.16	4:05.90	4:47.59
8.	Kalaam MOTIN	10	Thurrock	5:28.96	315	37.71	1:20.65	2:03.36	2:46.79	3:26.91	4:09.00	4:49.40
9.	Russell BECK	10	Rochford	5:30.40	310	37.72	1:19.18	2:01.09	2:44.11	3:26.90	4:08.88	4:49.93
10.	Nathan LEONG	10	Bo Waltham F	5:31.36	307	37.16	1:19.31	2:02.34	2:45.96	3:26.79	4:08.67	4:50.65
11.	Frank MCGUIRK	10	Romford Town	5:32.64	303	37.60	1:19.69	2:02.73	2:44.07	3:24.34	4:07.98	4:51.75
12.	Jake MILLS	10	Thurrock	5:39.23	283	37.61	1:19.81	2:03.66	2:46.86	3:30.94	4:14.34	4:58.02
13.	Billy MAYNARD	10	Southend	5:39.59	282	38.23	1:20.57	2:04.97	2:49.49	3:32.80	4:17.24	4:59.53
14.	Charlie FOX	10	Killerwhales	5:40.73	278	36.59	1:18.67	2:02.54	2:47.65	3:31.78	4:16.13	4:59.46
15.	Alexander CARTER	10	Colchester	5:43.42	270	38.48	1:21.47	2:04.62	2:49.10	3:32.85	4:17.82	5:02.30
***** Event qualifying/standard time 06:01.10 *****												
16.	Samuel WOOLF	10	Bo Southend	6:09.69	205	38.88	1:22.90	2:09.99	2:56.41	3:43.95	4:32.69	5:23.34

11 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	50	100	150	200	250	300	350
1.	James WINTER	11	Chelmsford	4:46.17	494	33.15	1:09.04	1:45.66	2:22.38	2:59.19	3:36.20	4:12.54
2.	Luke DURBAN	11	Braintree	4:46.19	494	33.76	1:09.97	1:46.68	2:22.70	2:59.19	3:36.17	4:12.77
3.	Tommy WILLIS	11	Bo Waltham F	4:55.50	448	32.69	1:09.56	1:47.03	2:24.54	3:01.72	3:40.00	4:18.06
4.	Arjun ROBERTSON	11	Bo Waltham F	4:58.40	434	33.41	1:10.92	1:48.70	2:27.20	3:05.07	3:44.32	4:22.39
5.	Luke BOURNE	11	Rochford	5:02.08	418	33.65	1:10.75	1:49.85	2:29.28	3:08.80	3:48.75	4:27.22
6.	Rian PATE	11	Bo Waltham F	5:03.76	411	33.80	1:11.85	1:50.58	2:28.90	3:07.83	3:47.26	4:26.10
7.	Barton TOWNLEY	11	Runnymede	5:03.88	410	33.33	1:10.50	1:48.30	2:27.08	3:06.81	3:45.80	4:25.28
8.	Thomas MCLAGAN	11	Braintree	5:05.23	404	34.45	1:12.35	1:51.10	2:29.79	3:08.50	3:47.72	4:26.81
9.	Augustus VEASEY	11	Chelmsford	5:06.73	398	34.79	1:13.07	1:51.99	2:31.38	3:10.60	3:49.99	4:29.34
10.	Rory GEOGHEGAN	11	Runnymede	5:06.95	397	34.44	1:13.02	1:52.98	2:33.22	3:12.75	3:52.05	4:31.51
11.	Jarrod BRADFIELD	11	Clacton-on-S	5:07.53	395	33.37	1:10.94	1:49.57	2:29.00	3:07.66	3:48.62	4:28.88
12.	George ELLIS	11	Romford Town	5:11.44	379	36.76	1:15.98	1:55.64	2:35.74	3:16.00	3:56.11	4:35.32
13.	Joe BROWN	11	Thurrock	5:14.00	369	35.70	1:15.96	1:55.89	2:36.64	3:16.52	3:56.45	4:36.21
14.	Aiden ROBINSON	11	Killerwhales	5:17.46	355	34.88	1:13.84	1:54.04	2:34.67	3:14.96	3:56.05	4:36.70
15.	Samuel KELLY	11	BorRedbridge	5:25.84	325	35.99	1:15.82	1:56.45	2:37.58	3:19.26	4:01.30	4:43.87
16.	Lawrence JACKSON	11	Bo Southend	5:28.50	316	36.48	1:17.23	1:58.93	2:40.95	3:23.19	4:05.94	4:48.39
17.	Alex MERCHAN	11	Killerwhales	5:34.88	296	38.10	1:21.72	2:04.66	2:46.91	3:29.31	4:12.34	4:54.59
***** Event qualifying/standard time 05:36.00 *****												

EVENT 302 Girls 11/13 Years 100m Breaststroke

11 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Amy GORE	11	Thurrock	1:21.25	672	11.	Grace GILLARD	11	BorRedbridge	1:31.48	469
2.	Kayleigh SIMS	11	Runnymede	1:27.61	538	12.	Hannah TRAVELL	11	Braintree	1:31.88	462
3.	Katie WHIFFEN	11	Epping For't	1:27.71	535	13.	Ella AUGUSTIN	11	Bo Waltham F	1:32.27	457
4.	Kathryn PEARSE	11	Phoenix Bas	1:28.10	528	14.	Molly SPARKS	11	Killerwhales	1:33.40	438
5.	Charlotte KENYON	11	Epping For't	1:28.24	526	15.	Madeleine SINCLAIR	11	Harwich DP	1:33.43	438
6.	Katherine STEPHENS	11	Thurrock	1:28.87	514	16.	Madison TOWNLEY	11	Runnymede	1:34.68	419
7.	Brock WHISTON	11	Romford Town	1:29.98	494	17.	Ellie TRIPP	11	Colchester	1:35.18	412
8.	Alexa COX	11	Halstead	1:30.21	491	***** Event qualifying/standard time 01:36.70 *****					
9.	Chelsie ROOT	11	Halstead	1:31.33	472	18.	Danielle ROOKE	11	Killerwhales	1:36.71	390
10.	Rebecca ASHER	11	Phoenix Bas	1:31.46	469						

12 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Bethaney HALL	12	Romford Town	1:21.26	660	9.	Charlotte HARTIN	12	Runnymede	1:28.16	517
2.	Evelyn THATCHER	12	Colchester	1:24.92	579	10.	Amy BEARDWELL LACEY	12	Thurrock	1:28.20	516
3.	Bonnie SAWYER	12	Epping For't	1:25.68	564	11.	Katie WILLIS	12	Southend	1:28.26	516
4.	Elena SHERIDAN	12	Romford Town	1:25.89	560	12.	Elizabeth HARE	12	Bo Waltham F	1:28.35	514
5.	Lauren BAKER	12	Witham Dolph	1:26.86	541	13.	Amy STATHAM	12	Becontree	1:29.36	495
6.	Sadie LUCAS	12	BorRedbridge	1:27.11	537		***** Event qualifying/standard time 01:30.40 *****				
7.	Megan HOLDER	12	Epping For't	1:27.81	524	14.	Helen MITCHELL	12	Braintree	1:31.48	461
8.	Alice HICKMOTT	12	Braintree	1:28.12	518		Jessica LAMBERT	12	Epping For't	DQ	ST-

13 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Lucy WARNER	13	BorRedbridge	1:23.06	598	6.	Emily COLE	13	BorRedbridge	1:26.57	529
2.	Sophie COPPER	13	BorRedbridge	1:25.21	555	7.	Vanessa RAMALHO	13	Brentwood	1:27.00	521
3.	Jennifer STOTT	13	Witham Dolph	1:25.41	552		***** Event qualifying/standard time 01:27.80 *****				
4.	Evie FISHER	13	Chelmsford	1:26.10	538	8.	Sam MITCHELL	13	Witham Dolph	1:30.03	468
5.	Rachel VAUGHAN	13	Rochford	1:26.15	537						

EVENT 303 Boys 15 Years/Over 100m Freestyle

15 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Tim EVANS	15	Southend	55.72	644*	11.	Nicholas JONAS	15	Havering Aq	59.17	543*
2.	Chris INCH	15	BorRedbridge	56.45	621*	12.	Marcel DU TOIT	15	Halstead	59.27	541*
3.	Dean WOODCOCK	15	Chelmsford	56.94	606*	13.	Jake HARRISON	15	Romford Town	59.57	533*
4.	Ben HOLLIS	15	BorRedbridge	56.95	606*	14.	Christian PARKER	15	Southend	59.58	532*
5.	Jason DANIELS	15	Thurrock	57.32	595*	15.	Timothy TRIPP	15	Colchester	1:00.12	518*
6.	Christopher STAMP	15	Romford Town	57.44	592*	16.	Dean BRUMBY	15	Rochford	1:00.17	517*
7.	Alex FRANCEY	15	Harlow Pen	58.06	574*	17.	Lee PARKER	15	Killerwhales	1:00.38	512*
8.	Thomas TOOLIS	15	Romford Town	58.11	572*		***** Event qualifying/standard time 01:01.00 *****				
9.	David MILLS	15	Hornchurch	58.98	548*	18.	Ross SUMMERS	15	Bo Waltham F	1:02.32	465*
10.	James PATERSON	15	Clacton-on-S	59.06	546*		Anthony WRIGHT	15	Romford Town	DNC	

Swims with * appended are GB points - NOT age corrected

16 Years/Over Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Daniel STEPTON	16	Romford Town	53.69	712*	17.	Dan HIME	19	Killerwhales	58.68	557*
2.	Daniel FOGG	20	Bo Waltham F	54.22	693*	18.	Daniel FEW	16	Colchester	58.81	553*
3.	Ben PRESTON	20	Rochford	54.59	681*	19.	Thomas INGRAM	16	Romford Town	58.90	551*
4.	Jonathan SAYER	17	Bo Southend	55.43	653*	20.	Chris WORBY	17	BorRedbridge	58.97	549*
5.	Billy TUBBS	17	Romford Town	55.60	648*	21.	Adam SPEAR	17	Clacton-on-S	59.08	546*
6.	Thomas ROOTSEY	17	Colchester	55.70	645*	22.	Tom BIRCHAM	17	Killerwhales	59.10	545*
7.	Dean SMITH	16	Killerwhales	55.78	642*	23.	Matthew SAUNDERS	16	Southend	59.14	544*
8.	Jamie HARRINGTON	16	Romford Town	56.17	630*	24.	Daniel MESSENGER	20	Halstead	59.29	540*
9.	Jon CONGDON	16	Killerwhales	56.25	627*	25.	Craig WARWICK	17	Harlow Pen	59.45	536*
10.	Matthew SMITH	18	Hornchurch	56.35	624*	26.	Jack SUMMERS	17	Bo Waltham F	59.52	534*
11.	George MORRIS	16	Bo Southend	56.91	607*	27.	Henry WOOD	16	Phoenix Bas	59.57	533*
12.	Sean TOMLIN	16	Bo Southend	56.98	605*		***** Event qualifying/standard time 01:00.00 *****				
13.	Grant CHANDLER	16	Romford Town	57.28	596*		George SCOTHERN	17	Brentwood	DNC	
14.	Jack ASHTON	16	Chelmsford	57.45	591*		Reece BARCLAY	16	Bo Waltham F	DNC	
15.	Samuel WARD	16	Romford Town	57.54	589*		Sam WHITEHEAD	16	Romford Town	DQ	ST-
16.	Oliver CROSBY	16	Colchester	57.75	583*						

Swims with * appended are GB points - NOT age corrected

EVENT 304 Boys 12/14 Years 100m Butterfly

12 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Sean HOULIHAN	12	Romford Town	1:09.09	552	8.	Bradley CLARKE	12	Thurrock	1:16.53	394
2.	Henry NEWTON	12	Runnymede	1:11.99	484	9.	Josh INWOOD	12	Basildon	1:16.66	391
3.	Harry COKER	12	Romford Town	1:12.68	468	10.	Gareth HAWKINS	12	Thurrock	1:17.23	381
4.	Joseph STAMP	12	Romford Town	1:13.26	457	11.	Lee BAKER	12	Epping For't	1:18.56	358
5.	Sonny FORD	12	Thurrock	1:15.01	421	12.	Jack CARTER	12	Southend	1:19.44	345
6.	Tom BEADLE	12	BorRedbridge	1:15.03	421	***** Event qualifying/standard time 01:20.00 *****					
7.	Senner KOSKOCAN	12	Harlow Pen	1:16.48	394	13.	Thomas HEAD	12	Thurrock	1:21.89	308

13 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Ryan DANIELS	13	Thurrock	1:06.00	600	6.	Charlie DENTITH	13	BorRedbridge	1:11.19	474
2.	Harry PAYNE	13	Bo Southend	1:09.81	504	7.	Alfie BURR	13	Romford Town	1:11.20	474
3.	James WINNELL	13	Runnymede	1:10.14	497	8.	Adam GILLARD	13	BorRedbridge	1:12.52	446
4.	Thomas CLARK	13	Romford Town	1:10.58	487	9.	Alex HAYMAN	13	BorRedbridge	1:12.94	438
5.	James HOLLIS	13	Epping For't	1:10.74	484	10.	David BENNETT	13	Havering Aq	1:12.96	438
***** Event qualifying/standard time 01:15.80 *****											

14 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Ivan GEORGIEV	14	BorRedbridge	1:02.47	670	6.	Max PALMER-EVERSON	14	Braintree	1:08.12	517
2.	Thomas HALE	14	Brentwood	1:06.93	546	7.	Charlie POND THOMPSON	14	Southend	1:08.59	507
3.	Charlie HAYES	14	Thurrock	1:07.33	537	8.	Elliott HILL	14	Bo Waltham F	1:08.73	504
4.	Alex DELICATA	14	Thurrock	1:07.45	534	9.	Alejandro BLANCO	14	Bo Southend	1:09.86	478
5.	L CLIFFORD-STEPHENSON	14	Killerwhales	1:07.83	524	***** Event qualifying/standard time 01:11.80 *****					

EVENT 305 Girls 11/13 Years 200m Freestyle (HDW)

11 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Katherine STEPHENS	11	Thurrock	2:20.81	613	16.	Sophie WAYMONT	11	Southend	2:34.75	464
2.	Georgia MILLS	11	Thurrock	2:24.68	568	17.	Katie WHIFFEN	11	Epping For't	2:35.73	454
3.	Amy GORE	11	Thurrock	2:24.86	565	18.	Kelsey ELLERBY	11	Runnymede	2:37.45	439
4.	Kathryn PEARSE	11	Phoenix Bas	2:25.78	555	19.	Ella AUGUSTIN	11	Bo Waltham F	2:38.13	433
5.	Eris CRAWFORD	11	Bo Waltham F	2:26.66	545	20.	Maisie WEST	11	Phoenix Bas	2:38.56	430
6.	Molly SPARKS	11	Killerwhales	2:27.84	533	21.	Alexa FOSTER-CARTER	11	Bo Southend	2:38.77	428
7.	Hannah TRAVELL	11	Braintree	2:27.97	532	22.	Danielle HALL	11	Colchester	2:39.35	423
8.	Melissa COWELL	11	Thurrock	2:28.64	524	23.	Megan BOYDEN	11	Colchester	2:39.78	419
9.	Rebecca HAYES	11	Thurrock	2:29.64	514	24.	Sophie THOMPSON	11	Romford Town	2:40.14	416
10.	Madison TOWNLEY	11	Runnymede	2:30.32	507	25.	Lorna MACLEAN	11	Bo Southend	2:40.62	412
11.	Emma ASTON	11	Romford Town	2:30.53	505	26.	Rosie may WEBBER	11	Romford Town	2:41.98	401
12.	Charlotte KENYON	11	Epping For't	2:32.01	489	27.	Katie COLLINS	11	Bo Southend	2:43.05	393
13.	Danielle ROOKE	11	Killerwhales	2:32.64	483	***** Event qualifying/standard time 02:43.30 *****					
14.	Brock WHISTON	11	Romford Town	2:32.77	482	28.	Ellie TRIPP	11	Colchester	2:51.62	331
15.	Chloe-annabelle WARD	11	Epping For't	2:33.74	473		Maisie JONES	11	Canvey Isl	DQ	ST-

12 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Elena SHERIDAN	12	Romford Town	2:20.00	623	15.	Paige YOUNG	12	Colchester	2:24.72	567
2.	Amelia KNOWLES	12	Southend	2:20.38	618	16.	Jessica LAMBERT	12	Epping For't	2:25.09	563
3.	Ellie TOWNLEY	12	Runnymede	2:20.50	617	17.	Megan HOLDER	12	Epping For't	2:25.24	562
4.	Tilly WITHERSPOON	12	Havering Aq	2:21.14	609	18.	Alana JONES	12	Chelmsford	2:25.54	557
5.	Rianna VEARES	12	Havering Aq	2:21.38	606	19.	Katie WILLIS	12	Southend	2:26.61	546
6.	Bethaney HALL	12	Romford Town	2:22.42	593	20.	Amy BEARDWELL LACEY	12	Thurrock	2:28.35	528
7.	Bonnie SAWYER	12	Epping For't	2:22.59	591	21.	Victoria MALCOM	12	Harlow Pen	2:29.00	520
8.	Elizabeth HARE	12	Bo Waltham F	2:22.61	591	22.	Melissa KNIGHTON	12	Runnymede	2:29.30	517
9.	Helen MITCHELL	12	Braintree	2:23.07	586	23.	Megan CONNELLY	12	Havering Aq	2:30.25	507
10.	Aimee FAHEY	12	Epping For't	2:23.42	582	24.	Evelyn THATCHER	12	Colchester	2:30.53	505
11.	Alice HICKMOTT	12	Braintree	2:23.60	580	25.	Chloe TOMSETT	12	Brentwood	2:31.67	494
12.	Poppy HILL	12	Bo Waltham F	2:23.65	579	***** Event qualifying/standard time 02:33.70 *****					
13.	Emma WAITE	12	Epping For't	2:23.73	578		Sanaa AKBAR	12	Bo Waltham F	DQ	ST-
14.	Emma HASLER	12	Bo Waltham F	2:23.95	576						

13 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Emily COLE	13	BorRedbridge	2:13.65	705	8.	Lucy WARNER	13	BorRedbridge	2:22.78	587
2.	Harriette DAVIS	13	Romford Town	2:17.36	655	9.	Evie FISHER	13	Chelmsford	2:25.52	557
3.	Emily NEAL	13	Thurrock	2:18.54	640	10.	Liane KENNEDY	13	Killerwhales	2:25.88	552
4.	Anna KEBLE	13	BorRedbridge	2:19.14	632	***** Event qualifying/standard time 02:26.80 *****					
5.	Sophie COPPER	13	BorRedbridge	2:19.60	626	11.	Gemma WASS	13	Colchester	2:27.78	532
6.	Johanna LINDBLOM	13	BorRedbridge	2:20.24	618	12.	Sophie ELWOOD	13	Brentwood	2:28.16	528
7.	Louise HARRINGTON	13	Romford Town	2:20.41	616	13.	Amy BYFORD	13	Chelmsford	2:30.02	508

EVENT 306 Boys 12/14 Years 200m Individual Medley (HDW)

12 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Sean HOULIHAN	12	Romford Town	2:28.82 +	575	10.	Matthew KNOWLES	12	Chelmsford	2:47.74	393
2.	Harry COKER	12	Romford Town	2:35.67	501	11.	Josh INWOOD	12	Basildon	2:49.43	381
3.	Joseph STAMP	12	Romford Town	2:36.09	497	12.	Lee BAKER	12	Epping For't	2:49.86	377
4.	Senner KOSKOCAN	12	Harlow Pen	2:38.23	477	13.	Sonny FORD	12	Thurrock	2:50.08	375
5.	Jack CARTER	12	Southend	2:41.84	443	14.	Thomas HEAD	12	Thurrock	2:50.27	374
6.	Lawrence BROWN	12	BorRedbridge	2:43.30	430	15.	Gareth HAWKINS	12	Thurrock	2:51.13	368
7.	Henry NEWTON	12	Runnymede	2:44.54	420	***** Event qualifying/standard time 02:55.10 *****					
8.	Tom BEADLE	12	BorRedbridge	2:46.18	407		Bradley CLARKE	12	Thurrock	DQ	T-
9.	George CROW	12	Killerwhales	2:46.41	404						
+ New Event Best Time											

13 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Charlie DENTITH	13	BorRedbridge	2:26.62	590	7.	Alfie BURR	13	Romford Town	2:34.67	502
2.	Daniel SORRELL	13	Chelmsford	2:28.70	567	8.	Adam GILLARD	13	BorRedbridge	2:37.50	475
3.	Harry PAYNE	13	Bo Southend	2:30.34	548	9.	Christopher PALMER	13	Colchester	2:38.69	464
4.	Thomas CLARK	13	Romford Town	2:33.17	518	10.	Niall GANDY	13	Bo Waltham F	2:39.14	459
5.	Ben ASHTON	13	Chelmsford	2:33.81	511	11.	Alex HAYMAN	13	BorRedbridge	2:43.32	423
6.	Ryan DANIELS	13	Thurrock	2:34.46	505	***** Event qualifying/standard time 02:43.60 *****					

14 Years Age Group

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Ivan GEORGIEV	14	BorRedbridge	2:19.16	658	7.	Patrick NEARY	14	Runnymede	2:29.94	530
2.	Alex DELICATA	14	Thurrock	2:23.50	604	8.	Max PALMER-EVERSON	14	Braintree	2:30.24	527
3.	Thomas HALE	14	Brentwood	2:24.19	595	9.	Elliott HILL	14	Bo Waltham F	2:30.76	522
4.	Charlie HAYES	14	Thurrock	2:25.90	575	10.	Alejandro BLANCO	14	Bo Southend	2:31.08	519
5.	L CLIFFORD-STEPHENSON	14	Killerwhales	2:27.36	558	11.	Charlie POND THOMPSON	14	Southend	2:34.23	487
6.	Michael GRACE	14	Phoenix Bas	2:29.74	533	***** Event qualifying/standard time 02:34.60 *****					

EVENT 307 Girls 10 Years 400m Individual Medley (HDW)

Place	Name	AaD	Club	Time	BAG Pt	50	100	150	200	250	300	350
1.	Emma CASSIDY	10	Thurrock	5:46.87 +	590	38.55	1:22.76	2:03.42	2:46.92	3:38.85	4:31.94	5:09.15
2.	Ellie PIRRIE	10	Runnymede	5:51.08	570	37.84	1:21.77	2:06.93	2:51.40	3:42.07	4:32.63	5:12.50
3.	Katarina BLANCO	10	Bo Southend	5:55.86	548	37.91	1:23.00	2:07.24	2:53.48	3:44.61	4:36.45	5:16.50
4.	Rose MERRITT	10	Thurrock	6:02.73	516	39.18	1:24.17	2:09.23	2:55.64	3:50.49	4:46.40	5:24.44
5.	Rachael MOORE	10	Thurrock	6:04.44	508	42.46	1:33.85	2:16.70	3:00.66	3:53.78	4:45.70	5:24.34
6.	Victoria CHRISTMAS	10	Romford Town	6:04.59	508	40.06	1:26.51	2:11.21	2:56.70	3:48.92	4:42.28	5:23.02
7.	Eloise LYONS	10	Thurrock	6:27.80	417	45.02	1:38.42	2:26.06	3:13.61	4:04.92	4:59.60	5:43.90
8.	Mikaela KENNEDY	10	Killerwhales	6:35.72	390	42.05	1:36.36	2:25.20	3:13.47	4:11.87	5:11.10	5:54.99
9.	Kirstie FEHILY	10	Canvey Isl	6:39.80	377	43.65	1:38.15	2:24.67	3:12.02	4:08.05	5:06.42	5:54.01
***** Event qualifying/standard time 06:56.40 *****												
	Grace WINGROVE	10	BorRedbridge	DQ	T-							
	Eliza DUFFY	10	Chelmsford	DQ	T-							
+ New Event Best Time												

Finals

EVENT 308 FINAL OF EVENT 302 Girls 11 Years 100m Breaststroke

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Amy GORE	11	Thurrock	1:21.30	671	4.	Katie WHIFFEN	11	Epping For't	1:28.19	527
2.	Kayleigh SIMS	11	Runnymede	1:27.34	542	5.	Kathryn PEARSE	11	Phoenix Bas	1:28.42	522
3.	Katherine STEPHENS	11	Thurrock	1:27.82	533	6.	Charlotte KENYON	11	Epping For't	1:30.07	493

EVENT 309 FINAL OF EVENT 302 Girls 12 Years 100m Breaststroke

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Bethaney HALL	12	Romford Town	1:22.50	631	4.	Lauren BAKER	12	Witham Dolph	1:25.71	564
2.	Evelyn THATCHER	12	Colchester	1:25.37	570	5.	Elena SHERIDAN	12	Romford Town	1:26.66	545
3.	Bonnie SAWYER	12	Epping For't	1:25.55	567	6.	Sadie LUCAS	12	BorRedbridge	1:27.16	536

EVENT 310 FINAL OF EVENT 302 Girls 13 Years 100m Breaststroke

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Lucy WARNER	13	BorRedbridge	1:23.19	596	4.	Evie FISHER	13	Chelmsford	1:25.06	558
2.	Rachel VAUGHAN	13	Rochford	1:24.86	562	5.	Sophie COPPER	13	BorRedbridge	1:25.26	554
3.	Jennifer STOTT	13	Witham Dolph	1:25.02	559	6.	Emily COLE	13	BorRedbridge	1:27.57	511

EVENT 311 FINAL OF EVENT 303 Boys 15 Years 100m Freestyle

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Tim EVANS	15	Southend	56.12	631*	4.	Ben HOLLIS	15	BorRedbridge	56.74	612*
2.	Chris INCH	15	BorRedbridge	56.28	626*	5.	Jason DANIELS	15	Thurrock	57.02	604*
3.	Dean WOODCOCK	15	Chelmsford	56.48	620*	6.	Christopher STAMP	15	Romford Town	57.65	586*

Swims with * appended are GB points - NOT age corrected

EVENT 312 FINAL OF EVENT 303 Boys 16 Years/Over 100m Freestyle

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Daniel FOGG	20	Bo Waltham F	52.39	759*	4.	Jonathan SAYER	17	Bo Southend	55.38	655*
2.	Daniel STEPTON	16	Romford Town	53.75	709*	5.	Thomas ROOTSEY	17	Colchester	56.37	624*
3.	Ben PRESTON	20	Rochford	54.78	674*	6.	Billy TUBBS	17	Romford Town	56.53	619*

Swims with * appended are GB points - NOT age corrected

EVENT 313 FINAL OF EVENT 304 Boys 12 Years 100m Butterfly

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Sean HOULIHAN	12	Romford Town	1:09.66	538	4.	Joseph STAMP	12	Romford Town	1:13.23	457
2.	Harry COKER	12	Romford Town	1:10.76	512	5.	Tom BEADLE	12	BorRedbridge	1:14.65	428
3.	Henry NEWTON	12	Runnymede	1:12.62	470	6.	Sonny FORD	12	Thurrock	1:16.56	392

EVENT 314 FINAL OF EVENT 304 Boys 13 Years 100m Butterfly

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Ryan DANIELS	13	Thurrock	1:06.80	579	4.	Harry PAYNE	13	Bo Southend	1:10.35	492
2.	Thomas CLARK	13	Romford Town	1:09.67	508	5.	Charlie DENTITH	13	BorRedbridge	1:10.64	486
3.	James WINNELL	13	Runnymede	1:10.00	501	6.	James HOLLIS	13	Epping For't	1:11.47	468

EVENT 315 FINAL OF EVENT 304 Boys 14 Years 100m Butterfly

Place	Name	AaD	Club	Time	BAG Pt	Place	Name	AaD	Club	Time	BAG Pt
1.	Ivan GEORGIEV	14	BorRedbridge	1:02.08	683	4.	Charlie HAYES	14	Thurrock	1:07.19	541
2.	Thomas HALE	14	Brentwood	1:06.01	571	5.	Max PALMER-EVERSON	14	Braintree	1:09.41	489
3.	Alex DELICATA	14	Thurrock	1:07.02	544	6.	L CLIFFORD-STEPHENSON14		Killerwhales	1:09.96	476