

Griffin Trophy
Championship Relays
Points after Session 4

Club	1	20	29	56	57	74	93	102	129	130	Total
Romford Town		12	12	14	12	12	6	8	18	8	102
London Bo. Redbridge	13	1			2	2	12	12	1	12	55
Thurrock	12		10		4		5	4	2	6	43
Killerwhales		6		4		8	2	2	8	2	32
Southend on Sea			8		8			6		4	26
Borough of Southend		4		12		6					22
Chelmsford	2	8			6	4		1		1	22
Borough of Waltham Forest	6			1			8		4		19
Colchester		2		2	1						5
Brentwood			2								2
Runnymede			1								1
	33	33	33	33	33	32	33	33	33	33	