

ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION
Masters Open Short Course Championships 2006
Blackshots Pool, Grays, Essex
Saturday 8th April 2006 - Session 2

EVENT 21 Mens 400m Freestyle

19/24 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Blake SANDERS	(84) Southend	6:29.75				

30/34 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Keith BRIDGE	(72) Southend	5:10.23	2.	Paul COSTER	(73) Thurrock	5:23.30

35/39 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Justin PALFREY	(71) Bexley	4:33.73	2.	Peter DIXON	(68) BethnalGreen	4:38.96

40/44 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Adam LELEAN	(62) Diss Otters	5:05.68	2.	David BLANDY	(66) Thurrock	5:15.92

45/49 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Geoff BAKER	(59) Canvey Isl	5:04.28	2.	Keith MUGGLETON	(57) Runnymede	5:24.33

50/54 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Peter RAE	(53) Rochford	4:56.43		Stephen BREEDS	(55) Thurrock	DNF
2.	Keith MANN	(56) Romford Town	5:06.85				

55/59 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Ivan MYALL	(47) Chelmsford	5:21.03	2.	Chris TRUEMAN	(47) East Essex	6:04.58

70/74 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	John STARR	(34) Romford Town	6:16.47				

EVENT 22 Womens 50m Backstroke

19/24 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Tina HARRIS (83)	Romford Town	38.31				

25/29 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Joselyn YEPEZ	(79) Romford Town	34.08	2.	Sally WOOD	(80) Romford Town	36.19

30/34 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Kirsty STEWART	(76) Bexhill	1:11.99				

35/39 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Katrina FARRALL	(70) Basildon	36.41	2.	Michaela HILL	(71) Runnymede	40.65

45/49 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Julie JAGO	(61) Colchester	40.43				

50/54 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Alyson FORDHAM	(56) Brentwood	37.44	2.	Karen BROWN	(55) Hammersmith	55.98

55/59 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Sally BETTINSON	(51) Diss Otters	53.67	2.	Diana HUNT	(48) Colchester	1:04.42

60/64 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Suzanne SMITHERS	(44) Runnymede	53.24	2.	Valerie STANDAGE	(42) Colchester	56.51

65/69 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Frances ALVAREZ	(41) Romford Town	1:05.61				

70/74 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Joy COCHRANE	(33) Romford Town	1:03.20	2.	Daphne PUGH	(34) Runnymede	1:16.88

80 YEARS/OVER AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Daphne GILBERT	(24) Brentwood	1:03.69				

EVENT 23 Mens 100m Breaststroke**19/24 YEARS AGE GROUP**

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Tom BASTER	(82) Basildon	1:23.63	2.	Blake SANDERS	(84) Southend	1:32.02

25/29 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	James HEATHCOTE	(78) Colchester	1:15.44	3.	Gary WRAIGHT	(77) Romford Town	1:17.18
2.	James TOMLINSON	(80) Colchester	1:16.37				

30/34 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Sean STIMSON(76)	Haywards Hth	1:13.52	2.	Keith BRIDGE	(72) Southend	1:23.91

35/39 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	David WARREN	(71) Haywards Hth	1:10.09	3.	Nick ISON	(71) Canvey Isl	1:25.37
2.	Paul NORRIS	(69) Leyton	1:22.30				

40/44 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Barry WELCH	(65) Romford Town	1:17.20	3.	David BLANDY	(66) Thurrock	1:21.91
2.	Keith ODDY	(63) Romford Town	1:21.04	4.	David WHITMELL	(64) Chelmsford	1:31.56

45/49 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Steven GREENSTEIN	(61) BorRedbridge	1:25.52	3.	Keith MUGGLETON	(57) Runnymede	1:29.46
2.	John GIBBINGS	(58) BorRedbridge	1:28.18				

50/54 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Nick HUNT	(56) Chelmsford	1:17.84				

55/59 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Bill PRICE	(51) Redbridge BM	1:24.14	3.	Jack YOUNGMAN	(47) Romford Town	1:40.15
2.	John TOMLINSON	(47) Colchester	1:31.59				

60/64 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Paul McLINTIC	(45) Harlow Pen	2:18.53				

65/69 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Stanley CLARKE	(38) Romford Town	1:29.28				

70/74 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Paul ALVAREZ	(34) Romford Town	1:42.95				

EVENT 24 Womens 50m Butterfly

25/29 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Joselyn YEPEZ	(79) Romford Town	32.36

Place	Name	YoB Club	Time
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35/39 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Katrina FARRALL	(70) Basildon	34.70

Place	Name	YoB Club	Time
2.	Melanie EVELEIGH	(69) Runnymede	35.09

40/44 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Cathy KITSON-JONES	(64) Rochford	33.01
2.	Caroline WEBB	(65) Runnymede	39.06

Place	Name	YoB Club	Time
3.	Paula BARRY	(62) Redbridge BM	47.30

45/49 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Lesley COOK	(58) Romford Town	39.98
2.	Julie JAGO	(61) Colchester	40.44

Place	Name	YoB Club	Time
3.	Nici FLETCHER	(61) Rochford	44.03

50/54 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Alyson FORDHAM	(56) Brentwood	37.75

Place	Name	YoB Club	Time
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55/59 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Sally BETTINSON	(51) Diss Otters	58.34

Place	Name	YoB Club	Time
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EVENT 25 Mens 100m Backstroke

19/24 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Tom BASTER	(82) Basildon	1:24.73

Place	Name	YoB Club	Time
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30/34 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Mark OSTERRITTER	(72) Halstead	1:09.35

Place	Name	YoB Club	Time
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35/39 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Mark SALWAY	(68) Haywards Hth	1:04.69
2.	David WARREN	(71) Haywards Hth	1:05.08
3.	Peter DIXON	(68) BethnalGreen	1:07.63

Place	Name	YoB Club	Time
4.	Simon COLEMAN	(68) Halstead	1:09.69
5.	Paul NORRIS	(69) Leyton	1:23.77
6.	Russel PAGAN	(68) Runnymede	1:27.03

40/44 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	David BLANDY	(66) Thurrock	1:18.79

Place	Name	YoB Club	Time
2.	Paul HAYES	(62) Thurrock	1:24.23

45/49 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Steven GREENSTEIN	(61) BorRedbridge	1:33.74

Place	Name	YoB Club	Time
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50/54 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Nick HUNT	(56) Chelmsford	1:28.98

Place	Name	YoB Club	Time
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55/59 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Ivan MYALL	(47) Chelmsford	1:16.31

Place	Name	YoB Club	Time
2.	John MATTHISSEN	(47) Colchester	1:17.69

60/64 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	David STAVELEY	(42) Hythe	1:28.78

Place	Name	YoB Club	Time
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65/69 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Anthony PEPPER	(38) Romford Town	1:33.90

Place	Name	YoB Club	Time
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70/74 YEARS AGE GROUP

Place	Name	YoB Club	Time
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Place	Name	YoB Club	Time
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1.	John STARR	(34) Romford Town	1:40.17	2.	Janos LEIGH	(34) Romford Town	1:41.06
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80 YEARS/OVER AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Leonard COCHRANE	(20) Romford Town	3:10.71				

EVENT 26 Womens 100m Individual Medley

19/24 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Tina HARRIS	(83) Romford Town	1:19.98				

25/29 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Sally WOOD	(80) Romford Town	1:16.43				

35/39 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Melanie EVELEIGH	(69) Runnymede	1:20.35	3.	Michaela HILL	(71) Runnymede	1:26.89
2.	Claire PALFREY	(69) Bexley	1:23.37				

40/44 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Hannah UECKERMANN	(63) Witham Dolph	1:26.92	3.	Paula BARRY	(62) Redbridge BM	1:39.37
2.	Caroline WEBB	(65) Runnymede	1:31.33				

45/49 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Julie JAGO	(61) Colchester	1:30.93	3.	Nici FLETCHER	(61) Rochford	1:35.14
2.	Lesley COOK	(58) Romford Town	1:32.62				

50/54 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Alyson FORDHAM cc	(56) Brentwood	1:18.62	2.	Karen BROWN	(55) Hammersmith	2:18.38

55/59 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Sally BETTINSON	(51) Diss Otters	1:53.50	2.	Diana HUNT	(48) Colchester	2:18.47

65/69 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Jill COMPLIN	(40) Brentwood	1:40.23				

70/74 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Joy COCHRANE	(33) Romford Town	2:33.57	2.	Daphne PUGH	(34) Runnymede	2:34.56

EVENT 27 Mens 50m Freestyle

19/24 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Oliver TOMLINSON	(83) Colchester	26.13	3.	Tom BASTER	(82) Basildon	31.78
2.	Jay SOLDER (86)	BorRedbridge	26.25				

25/29 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	James HEATHCOTE	(78) Colchester	27.85	2.	Gary WRAIGHT	(77) Romford Town	27.90

30/34 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Mark OSTERRITTER	(72) Halstead	26.22	3.	Sean STIMSON	(76) Haywards Hth	26.62
2.	Guy SCOTT-ROBERTSON	(73) Halstead	26.58	4.	Paul COSTER	(73) Thurrock	31.17

35/39 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	David WARREN	(71) Haywards Hth	25.37	4.	Paul NORRIS	(69) Leyton	28.57
2.	Peter DIXON	(68) BethnalGreen	26.89	5.	Darren FORD	(68) Thurrock	29.31
3.	Nick ISON	(71) Canvey Isl	28.41	6.	Russel PAGAN	(68) Runnymede	32.75

40/44 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Paul METSON	(64) Rochford	28.77	3.	Keith ODDY	(63) Romford Town	29.75
2.	Fraser MASHFORD	(62) Rochford	28.95	4.	David WHITMELL	(64) Chelmsford	37.15

45/49 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Robert STAMP	(61) Romford Town	27.49
2.	Rowland KING	(61) Rochford	28.39
3.	Thomas ENRIGHT	(59) Romford Town	29.63
4.	Keith MUGGLETON	(57) Runnymede	30.43

Place	Name	YoB Club	Time
5.	Colin CORBY	(59) Chelmsford	30.52
6.	Mark HEPTONSTALL	(61) Colchester	32.67
7.	Martin SOLDER	(60) BorRedbridge	33.01

50/54 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Keith MANN	(56) Romford Town	28.20
2.	Peter RAE	(53) Rochford	28.97

Place	Name	YoB Club	Time
3.	Nick HUNT	(56) Chelmsford	33.09

55/59 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Ivan MYALL	(47) Chelmsford	30.11

Place	Name	YoB Club	Time
2.	Chris TRUEMAN	(47) East Essex	33.00

60/64 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Philip HARPER	(45) Rochford	29.69

Place	Name	YoB Club	Time

65/69 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Stanley CLARKE	(38) Romford Town	30.34
2.	Derek GORE	(40) Chelmsford	32.75

Place	Name	YoB Club	Time
3.	Frank WEST	(40) Runnymede	36.20

70/74 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	John STARR	(34) Romford Town	37.72
2.	Donald DOUTHWAITE	(35) Runnymede	38.22

Place	Name	YoB Club	Time
3.	Janos LEIGH	(34) Romford Town	38.44

80 YEARS/OVER AGE GROUP

Place	Name	YoB Club	Time
1.	Leonard COCHRANE	(20) Romford Town	1:28.74

Place	Name	YoB Club	Time

EVENT 28 Womens 50m Breaststroke**19/24 YEARS AGE GROUP**

Place	Name	YoB Club	Time
1.	Tina HARRIS	(83) Romford Town	39.37

Place	Name	YoB Club	Time

25/29 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Sally WOOD	(80) Romford Town	38.51

Place	Name	YoB Club	Time

30/34 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Julie SANDERS	(72) Romford Town	38.97

Place	Name	YoB Club	Time
2.	Kirsty STEWART	(76) Bexhill	1:09.31

35/39 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Katrina FARRALL	(70) Basildon	40.22
2.	Melanie EVELEIGH	(69) Runnymede	42.71

Place	Name	YoB Club	Time
3.	Marie KELLY	(69) Runnymede	49.68

40/44 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Hannah UECKERMANN	(63) Witham Dolph	41.60
2.	Dawn MUGGLETON	(62) Runnymede	45.27

Place	Name	YoB Club	Time
3.	Paula BARRY	(62) Redbridge BM	49.40

45/49 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Nici FLETCHER	(61) Rochford	46.35

Place	Name	YoB Club	Time
2.	Janine WIGNALL	(59) Harlow Pen	56.73

50/54 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Alyson FORDHAM	(56) Brentwood	40.99

Place	Name	YoB Club	Time

55/59 YEARS AGE GROUP

Place	Name	YoB Club	Time
1.	Sally BETTINSON	(51) Diss Otters	52.38
2.	Marilyn YOUNGMAN	(48) Romford Town	54.81

Place	Name	YoB Club	Time
3.	Diana HUNT	(48) Colchester	1:03.70

65/69 YEARS AGE GROUP

Place	Name	YoB Club	Time

Place	Name	YoB Club	Time

1.	Jill COMPLIN	(40) Brentwood	51.25	3.	Susan STEWART	(41) Chelmsford	1:02.05
2.	Frances ALVAREZ	(41) Romford Town	58.22				

EVENT 29 Mens 100m Butterfly

30/34 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Keith BRIDGE	(72) Southend	1:19.86				

35/39 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	David WARREN	(71) Haywards Hth	1:00.47	3.	Paul NORRIS	(69) Leyton	1:13.57
2.	Mark SALWAY	(68) Haywards Hth	1:02.45				

40/44 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Fraser MASHFORD	(62) Rochford	1:12.55	3.	Paul HAYES	(62) Thurrock	1:23.74
2.	Barry WELCH	(65) Romford Town	1:15.51				

45/49 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Geoff BAKER	(59) Canvey Isl	1:07.89	2.	Rowland KING	(61) Rochford	1:09.85

55/59 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Bill PRICE	(51) Redbridge BM	1:19.15	2.	Jack YOUNGMAN	(47) Romford Town	1:36.77

70/74 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Paul ALVAREZ	(34) Romford Town	1:43.27				

EVENT 30 Womens 100m Freestyle

25/29 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Heather FRY	(80) Halstead	1:10.15				

30/34 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Julie SANDERS	(72) Romford Town	1:05.95	2.	Kirsty STEWART	(76) Bexhill	1:57.40

35/39 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Claire PALFREY	(69) Bexley	1:11.66	2.	Louise KEY	(71) Runnymede	1:16.68

40/44 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Cathy KITSON-JONES	(64) Rochford	1:04.76	3.	Paula BARRY	(62) Redbridge BM	1:22.74
2.	Dawn MUGGLETON	(62) Runnymede	1:17.39				

45/49 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Janine WIGNALL	(59) Harlow Pen	1:55.62				

50/54 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Alyson FORDHAM	(56) Brentwood	1:07.85				

55/59 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Diana HUNT	(48) Colchester	2:00.93				

60/64 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Suzanne SMITHERS	(44) Runnymede	1:36.72	2.	Valerie STANDAGE	(42) Colchester	1:47.70

65/69 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Jill COMPLIN	(40) Brentwood	1:27.70	3.	Susan STEWART	(41) Chelmsford	1:53.59
2.	Frances ALVAREZ	(41) Romford Town	1:45.75				

70/74 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Joy COCHRANE	(33) Romford Town	2:03.52				

80 YEARS/OVER AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Daphne GILBERT	(24) Brentwood	2:17.09				

EVENT 31 Mens 200m Freestyle**30/34 YEARS AGE GROUP**

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Guy SCOTT-ROBERTSON	(73) Halstead	2:16.95				

35/39 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	David WARREN	(71) Haywards Hth	2:02.10	3.	Peter DIXON	(68) BethnalGreen	2:11.69
2.	Justin PALFREY	(71) Bexley	2:11.65				

40/44 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Adam LELEAN	(62) Diss Otters	2:21.43	3.	David BLANDY	(66) Thurrock	2:31.37
2.	Fraser MASHFORD	(62) Rochford	2:25.17				

45/49 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Keith MUGGLETON	(57) Runnymede	2:31.28	2.	Geoff BAKER	(59) Canvey Isl	2:36.52

50/54 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Peter RAE	(53) Rochford	2:18.70	3.	Nick HUNT	(56) Chelmsford	2:54.02
2.	Keith MANN	(56) Romford Town	2:22.26				

55/59 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Ivan MYALL	(47) Chelmsford	2:27.80				

60/64 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	David STAVELEY	(42) Hythe	2:53.94				

65/69 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Derek GORE	(40) Chelmsford	2:54.09	2.	Frank WEST	(40) Runnymede	3:20.08

70/74 YEARS AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	John STARR (34)	Romford Town	3:01.16	2.	Janos LEIGH	(34) Romford Town	3:36.26

80 YEARS/OVER AGE GROUP

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Leonard COCHRANE	(20) Romford Town	6:48.89				

EVENT 32 Mens 120+ Medley Team

Place	Name	Club	Time	Place	Name	Club	Time
1.	Thurrock	Thurrock	1:03.73				

EVENT 33 Womens 120+ Medley Team

Place	Name	Club	Time	Place	Name	Club	Time
1.	Romford	Romford Town	1:06.76	2.	Runnymede	Runnymede	1:14.01

EVENT 34 Mixed 160+ Medley Team

Place	Name	Club	Time	Place	Name	Club	Time
1.	Romford	Romford Town	1:04.50	3.	Runnymede	Runnymede	1:10.48
2.	Rochford	Rochford	1:06.85	4.	Colchester	Colchester	1:11.84

EVENT 35 Mens 200+ Freestyle Team

Place	Name	Club	Time	Place	Name	Club	Time
1.	Rochford	Rochford	52.96	3.	Runnymede	Runnymede	1:01.58
2.	Romford	Romford Town	56.53	4.	Harlow	Harlow Pen	1:07.10

EVENT 36 Womens 200+ Freestyle Team

Place	Name	Club	Time	Place	Name	Club	Time
1.	Runnymede	Runnymede	1:18.22				

EVENT 37 Mixed 120+ Freestyle Team

Place	Name	Club	Time	Place	Name	Club	Time
1.	Runnymede	Runnymede	1:07.09				

EVENT 38 Mens 160+ Freestyle Team

Place	Name	Club	Time	Place	Name	Club	Time
1.	Romford	Romford Town	52.55	4.	Redbridge	Redbridge BM	57.08
2.	Rochford	Rochford	52.99	5.	Runnymede	Runnymede	1:02.92
3.	Colchester	Colchester	53.15	6.	Harlow	Harlow Pen	1:05.78

EVENT 39 Womens 160+ Freestyle Team

Place	Name	Club	Time	Place	Name	Club	Time
1.	Runnymede	Runnymede	1:09.67				

EVENT 40 Mixed 200+ Medley Team

Place	Name	Club	Time	Place	Name	Club	Time
1.	Runnymede	Runnymede	1:24.17				