

ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION
MASTERS & 18/24 OPEN SHORT COURSE CHAMPS 2007
 Blackshots Leisure Centre, Grays, Essex
 Saturday 14th April 2007 - Session 2

EVENT 21 Mens 400m Freestyle

18/24 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Ben WHEELER	(84)	Rochford	4:36.86	2.	Craig CAMPION	(83)	Witham Dolph	4:39.80

30/34 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Paul COSTER	(73)	Thurrock	5:41.08					

35/39 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Keith BRIDGE	(72)	Southend	5:28.80					

40/44 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Christopher MATHLIN	(65)	Rochford	5:06.38	3.	Richard GILLMAN	(63)	Redbridge BM	5:40.25
2.	David BLANDY	(66)	Thurrock	5:19.54					

45/49 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Adam LELEAN	(62)	Diss Otters	4:54.34	3.	Paul HAYES	(62)	Thurrock	5:49.31
2.	Geoff BAKER	(59)	Canvey Isl	5:04.62					

50/54 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Peter RAE	(53)	Rochford	4:54.81	2.	Raymond MOORE	(57)	Thurrock	5:58.63

60/64 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Ivan MYALL	(47)	Chelmsford	5:28.13					

EVENT 22 Womens 50m Backstroke

18/24 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Sarah CARRINGTON	(83)	Witham Dolph	32.85	3.	Chloe WILLIAMS	(88)	Canvey Isl	40.67
2.	Aimee DRAKE	(88)	Canvey Isl	33.31					

25/29 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Jody OWEN-HUGHES	(81)	Canvey Isl	35.07	3.	Katherine WEISS	(79)	Thurrock	39.30
2.	Joselyn YAPEZ	(79)	Romford Town	35.15					

30/34 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Kirsty STEWART	(76)	Bexhill	1:15.24					

35/39 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Jenny SWALLOW	(71)	Halstead	37.58					

40/44 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Hannah UECKERMANN	(63)	Witham Dolph	40.99	2.	Christine BEARWISH	(65)	Thurrock	42.81

45/49 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Julie JAGO	(61)	Colchester	41.71					

55/59 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Sally BETTINSON	(51)	Diss Otters	55.69	2.	Diana HUNT	(48)	Colchester	1:04.59

65/69 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Valarie STANDAGE	(42)	Colchester	54.87	2.	Frances ALVAREZ	(41)	Romford Town	1:05.78

70/74 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Sybil WARN	(37)	Brentwood	58.46	2.	Joy COCHRANE	(33)	Romford Town	1:04.59

80 Yrs/Over Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Daphne GILBERT	(24)	Brentwood	1:15.41					

EVENT 23 Mens 100m Breaststroke

18/24 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Ben WHEELER	(84)	Rochford	1:20.89					

25/29 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Ben MILLINGTON-JONES	(78)	Thurrock	1:11.11	2.	James TOMLINSON	(80)	Colchester	1:15.67

30/34 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Gary WRAIGHT	(77)	Romford Town	1:18.63					

35/39 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Paul NORRIS	(69)	Leyton	1:20.16	3.	Keith BRIDGE	(72)	Southend	1:27.60
2.	Damian NAVARRETE	(68)	Colchester	1:20.89					

40/44 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Keith ODDY	(63)	Romford Town	1:19.49	3.	Richard GILLMAN	(63)	Redbridge BM	1:32.69
2.	David BLANDY	(66)	Thurrock	1:22.08	4.	Cliff ROZEE	(66)	Thurrock	1:33.54

45/49 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Steven GREENSTEIN	(61)	BorRedbridge	1:27.58	3.	John PITT	(60)	Witham Dolph	1:33.82
2.	Paul HAYES	(62)	Thurrock	1:29.18	4.	Paul HOLLAND	(62)	Romford Town	1:38.56

50/54 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Nick HUNT	(56)	Chelmsford	1:20.42	2.	Max FRANCEY	(53)	Harlow Pen	1:42.99

55/59 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Jeff HILLIER	(49)	Bo Waltham F	1:37.80					

60/64 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Jack YOUNGMAN	(47)	Romford Town	1:43.94		John TOMLINSON	(47)	Colchester	DQ ST-

65/69 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Alan CANHAM	(40)	Harlow Pen	1:44.26	2.	Michael GILES	(40)	Brentwood	1:50.90

70/74 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Paul ALVAREZ	(34)	Romford Town	1:44.10					

EVENT 24 Womens 50m Butterfly

18/24 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Julia BRAYBROOKE	(86)	Killerwhales	34.77	2.	Hayley BROWN	(83)	Braintree	35.54

25/29 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Louise PARSONS	(80)	Rochford	32.60	4.	Joselyn YAPEZ	(79)	Romford Town	33.77
2.	Shelley WAKELING	(80)	Braintree	32.70	5.	Heather FRY	(80)	Halstead	36.65
3.	Elizabeth MCKINNON	(80)	Bo Southend	33.02					

30/34 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Lara CLARKE	(74)	Romford Town	33.77					

45/49 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Julie JAGO	(61)	Colchester	42.18	3.	Nicola FLETCHER	(61)	Rochford	45.29
2.	Paula BARRY	(62)	Redbridge BM	44.85					

55/59 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
	Sally BETTINSON	(51)	Diss Otters	DQ SA-					

EVENT 25 Mens 100m Backstroke

18/24 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Russell WHITE	(83)	Chelmsford	1:07.01					

25/29 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Ben MILLINGTON-JONES	(78)	Thurrock	1:08.32	2.	Stephen MCKAY	(80)	Metro Pol	1:11.96

40/44 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	David BLANDY	(66)	Thurrock	1:20.99	2.	Richard GILLMAN	(63)	Redbridge BM	1:27.45

45/49 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Martin FENNER	(62)	Romford Town	1:09.74	3.	Steven GREENSTEIN	(61)	BorRedbridge	1:34.34

2. Paul HAYES (62) Thurrock 1:28.49

50/54 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Nick HUNT	(56)	Chelmsford	1:33.38					

60/64 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Ivan MYALL	(47)	Chelmsford	1:20.50					

70/74 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Janos LEIGH	(34)	Romford Town	1:52.29					

80 Yrs/Over Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
	Len COCHRANE	(20)	Romford Town	DNC					

EVENT 26 Womens 100m Individual Medley

18/24 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Sarah CARRINGTON	(83)	Witham Dolph	1:12.65	5.	Julia BRAYBROOKE	(86)	Killerwhales	1:19.41
2.	Daniella NICE	(88)	Thurrock	1:15.02	6.	Tina HARRIS	(83)	Romford Town	1:19.81
3.	Aimee DRAKE	(88)	Canvey Isl	1:15.58	7.	Chloe WILLIAMS	(88)	Canvey Isl	1:30.23
4.	Francesca NICE	(88)	Thurrock	1:18.21					

25/29 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Shelley WAKELING	(80)	Braintree	1:15.51	3.	Elizabeth MCKINNON	(80)	Bo Southend	1:23.49
2.	Charmaine WHEELER	(82)	Rochford	1:20.09	4.	Jody OWEN-HUGHES	(81)	Canvey Isl	1:24.45

30/34 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Dawn PALMER	(76)	Romford Town	1:11.66	3.	Nicol ALBERTYN	(74)	Harlow Pen	1:20.12
2.	Suzie RIDLER	(73)	Rochford	1:13.68					

35/39 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Jenny SWALLOW	(71)	Halstead	1:19.43					

40/44 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Hannah UECKERMANN	(63)	Witham Dolph	1:25.27					

45/49 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Nicola FLETCHER	(61)	Rochford	1:36.87	2.	Paula BARRY	(62)	Redbridge BM	1:37.88

55/59 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Diana HUNT	(48)	Colchester	2:22.68					

65/69 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Frances ALVAREZ	(41)	Romford Town	2:10.88		Jill COMPLIN	(40)	Brentwood	DQ T-4L

EVENT 27 Mens 50m Freestyle

18/24 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Adrian FENNER	(84)	Bo Waltham F	23.97	2.	Russell WHITE	(83)	Chelmsford	25.96

25/29 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Ben MILLINGTON-JONES	(78)	Thurrock	25.33	3.	Stephen MCKAY	(80)	Metro Pol	27.71
2.	James TOMLINSON	(80)	Colchester	27.62		Matthew RICKETTS	(82)	Rochford	DNC

30/34 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Brad PARSONS	(73)	Rochford	26.33	3.	Gary WRAIGHT	(77)	Romford Town	28.14
2.	Daniel WEDGE	(75)	Rochford	26.61	4.	Paul COSTER	(73)	Thurrock	31.89

35/39 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Mark OSTERRITTER	(72)	Halstead	26.35	4.	Paul NORRIS	(69)	Leyton	29.04
2.	Simon NICHOLSON	(71)	Colchester	27.42	5.	Steve KING	(72)	Thurrock	31.80
3.	Nigel BEAR	(69)	Brentwood	28.69					

40/44 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Simon LECOMBER	(65)	Colchester	28.13	4.	David BLANDY	(66)	Thurrock	31.95
2.	Paul METSON	(64)	Rochford	28.90	5.	Cliff ROZEE	(66)	Thurrock	33.21
3.	Richard GILLMAN	(63)	Redbridge BM	31.22					

45/49 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Robert STAMP	(61)	Romford Town	27.22	5.	Mark HEPTONSTALL	(61)	Colchester	31.94
2.	Rowland KING	(61)	Rochford	28.12	6.	Mark WILLIAMS	(61)	Rochford	32.48
3.	Martin FENNER	(62)	Romford Town	28.53	7.	John PITT	(60)	Witham Dolph	33.28
4.	Fraser MASHFORD	(62)	Rochford	30.97	8.	Paul HOLLAND	(62)	Romford Town	34.58

50/54 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Peter RAE	(53)	Rochford	28.65	4.	Nick HUNT	(56)	Chelmsford	33.98
2.	Christopher BRACEY	(54)	Bo Waltham F	31.28	5.	Max FRANCEY	(53)	Harlow Pen	35.15
3.	Raymond MOORE	(57)	Thurrock	32.89					

55/59 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Walter GERRARD	(52)	Rochford	31.52					

60/64 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Philip HARPER	(45)	Rochford	29.22	2.	Ivan MYALL	(47)	Chelmsford	30.39

65/69 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Stanley CLARKE	(38)	Romford Town	31.62	3.	Alan CANHAM	(40)	Harlow Pen	39.57
2.	Derek GORE	(40)	Chelmsford	33.51	4.	Anthony PEPPER	(38)	Romford Town	41.48

70/74 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Janos LEIGH	(34)	Romford Town	41.84					

80 Yrs/Over Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Len COCHRANE	(20)	Romford Town	1:26.03					

EVENT 28 Womens 50m Breaststroke

18/24 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Sarah CARRINGTON	(83)	Witham Dolph	37.85	3.	Chloe WILLIAMS	(88)	Canvey Isl	47.64
2.	Tina HARRIS	(83)	Romford Town	40.29					

25/29 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Sally WOOD	(80)	Romford Town	38.03					

30/34 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Susan ADAMS	(75)	Rochford	41.37	2.	Kirsty STEWART	(76)	Bexhill	1:08.18

40/44 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Hannah UECKERMANN	(63)	Witham Dolph	41.35	2.	Christine BEARWISH	(65)	Thurrock	48.97

45/49 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Nicola FLETCHER	(61)	Rochford	45.74					

55/59 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Sally BETTINSON	(51)	Diss Otters	52.76	2.	Diana HUNT	(48)	Colchester	1:03.86

65/69 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Jill COMPLIN	(40)	Brentwood	51.17	4.	Susan STEWART	(41)	Chelmsford	1:03.78
2.	Pauline HARRISON	(42)	Romford Town	57.11	5.	Valarie STANDAGE	(42)	Colchester	1:04.38
3.	Frances ALVAREZ	(41)	Romford Town	1:01.22					

EVENT 29 Mens 100m Butterfly

25/29 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Matthew RICKETTS	(82)	Rochford	1:04.07					

35/39 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Paul NORRIS	(69)	Leyton	1:13.03	3.	Nigel BEAR	(69)	Brentwood	1:18.12
2.	Damian NAVARRETE	(68)	Colchester	1:15.75					

40/44 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	David BLANDY	(66)	Thurrock	1:23.44	2.	Richard GILLMAN	(63)	Redbridge BM	1:25.15

45/49 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Geoff BAKER	(59)	Canvey Isl	1:08.90	3.	Thomas ENRIGHT	(59)	Romford Town	1:22.03
2.	Fraser MASHFORD	(62)	Rochford	1:16.72		Rowland KING	(61)	Rochford	DNC

55/59 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Walter GERRARD	(52)	Rochford	1:22.14					

60/64 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Philip HARPER	(45)	Rochford	1:19.35	2.	Jack YOUNGMAN	(47)	Romford Town	1:42.60

70/74 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Paul ALVAREZ	(34)	Romford Town	1:42.87					

EVENT 30 Womens 100m Freestyle

18/24 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Aimee DRAKE	(88)	Canvey Isl	1:06.23	4.	Tina HARRIS	(83)	Romford Town	1:13.84
2.	Francesca NICE	(88)	Thurrock	1:10.17		Chloe WILLIAMS	(88)	Canvey Isl	DNC
3.	Julia BRAYBROOKE	(86)	Killerwhales	1:11.06					

25/29 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Louise PARSONS	(80)	Rochford	1:05.83	4.	Katherine WEISS	(79)	Thurrock	1:08.96
2.	Shelley WAKELING	(80)	Braintree	1:06.74	5.	Heather FRY	(80)	Halstead	1:10.18
3.	Charmaine WHEELER	(82)	Rochford	1:08.37	6.	Jody OWEN-HUGHES	(81)	Canvey Isl	1:13.11

30/34 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Suzie RIDLER	(73)	Rochford	1:02.00	3.	Kirsty STEWART	(76)	Bexhill	1:57.92
2.	Nicol ALBERTYN	(74)	Harlow Pen	1:06.34					

35/39 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Jenny SWALLOW	(71)	Halstead	1:07.41	2.	Keeley MOORE	(72)	Rochford	1:14.69

55/59 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Diana HUNT	(48)	Colchester	2:05.34					

65/69 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Jill COMPLIN	(40)	Brentwood	1:29.98	3.	Susan STEWART	(41)	Chelmsford	1:55.38
2.	Frances ALVAREZ	(41)	Romford Town	1:46.68					

70/74 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Joy COCHRANE	(33)	Romford Town	2:00.68					

EVENT 31 Mens 200m Freestyle

18/24 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Craig CAMPION	(83)	Witham Dolph	2:10.31	2.	Ben WHEELER	(84)	Rochford	2:10.54

40/44 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Christopher MATHLIN	(65)	Rochford	2:25.97	3.	David BLANDY	(66)	Thurrock	2:36.29
2.	Keith ODDY	(63)	Romford Town	2:29.69	4.	Richard GILLMAN	(63)	Redbridge BM	2:40.89

45/49 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Martin FENNER	(62)	Romford Town	2:20.08	3.	Geoff BAKER	(59)	Canvey Isl	2:24.89
2.	Adam LELEAN	(62)	Diss Otters	2:22.27					

50/54 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Peter RAE	(53)	Rochford	2:19.29	3.	Nick HUNT	(56)	Chelmsford	2:56.82
2.	Raymond MOORE	(57)	Thurrock	2:47.98					

60/64 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Ivan MYALL	(47)	Chelmsford	2:30.96					

65/69 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Derek GORE	(40)	Chelmsford	2:56.06	2.	Anthony PEPPER	(38)	Romford Town	3:32.68

70/74 Yrs Age Group

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Janos LEIGH	(34)	Romford Town	3:38.42					

EVENT 32 Mens 120+ Medley Team

Place	Name	A.G	Club	Time	Place	Name	A.G	Club	Time
1.	Rochford A	01/95	Rochford	57.39	3.	Rochford B	01/95	Rochford	1:02.83
2.	Colchester	01/95	Colchester	1:00.72	4.	Thurrock	01/95	Thurrock	1:04.79

EVENT 33 Womens 120+ Medley Team

Place	Name	A.G	Club	Time	Place	Name	A.G	Club	Time
1.	Rochford	01/95	Rochford	1:08.45					

EVENT 34 Mixed 160+ Medley Team

Place	Name	A.G	Club	Time	Place	Name	A.G	Club	Time
1.	Rochford Mixed A	01/90	Rochford	1:02.80	4.	Thurrock Mixed		Thurrock	1:08.45
2.	Romford Town Mixed	01/90	Romford Town	1:06.48	5.	Rochford Mixed B	01/90	Rochford	1:10.39
3.	Colchester Mixed	01/90	Colchester	1:07.63					

EVENT 35 Mens 200+ Freestyle Team

Place	Name	A.G	Club	Time	Place	Name	A.G	Club	Time
1.	Rochford A	01/87	Rochford	52.16	2.	Romford	01/87	Romford Town	53.14

EVENT 37 Mixed 120+ Freestyle Team

Place	Name	A.G	Club	Time	Place	Name	A.G	Club	Time
1.	Rochford Mixed A	01/94	Rochford	52.48	3.	Colchester Mixed	01/94	Colchester	59.48
2.	Rochford Mixed B	01/94	Rochford	55.24					

EVENT 38 Mens 160+ Freestyle Team

Place	Name	A.G	Club	Time	Place	Name	A.G	Club	Time
1.	Romford	01/91	Romford Town	52.94	3.	Thurrock	01/91	Thurrock	58.53
2.	Rochford B	01/91	Rochford	56.07		Rochford A	01/91	Rochford	DQ O-2L

EVENT 39 Womens 160+ Freestyle Team

Place	Name	A.G	Club	Time	Place	Name	A.G	Club	Time
1.	Romford Town	01/91	Romford Town	1:03.37					

EVENT 40 Mixed 200+ Medley Team

Place	Name	A.G	Club	Time	Place	Name	A.G	Club	Time
1.	Colchester Mixed	01/86	Colchester	1:27.68					