

WEST SUFFOLK MASTERS Meet 2011

Sunday 3rd July 2011, Bury Leisure Centre

Dear Swimmer

Please find attached information regarding our masters and seniors (17-24) meet to be held on Sunday 3rd July 2011 at Bury St Edmunds Leisure Centre. Individual events offered are 50m and 100m all strokes plus 200m free and individual medley.

This is the second time that we have run the event and we have decided to run the event as last year, with prizes awarded based on points accumulated for all swims entered. For age group prizes, points accumulated for your top 4 swims of the day will count towards awards for 1st, 2nd and 3rd in each male and female age group. There will also be prizes for the overall top female and male swimmer and the top female and male novice swimmers of the meet (based on points total for all events entered). You will be considered a novice if you have swum in 2 or fewer masters meets. Using this award system enables us to keep entry prices to a minimum.

Also, we shall be offering teams the chance to swim in free 4x50m medley and free relay events for age groups 100+, 120-159, 160-199 and 200+. For Eastern region clubs, this will give teams the chance to stake a claim for the newly established relay records! Teams swims will not attract prizes but points won will go towards the top visiting team trophy.

We hope that you will join us on the Sunday 3rd July 2011.

Masters Organising Committee Masters@westsuffolkswimmingclub.co.uk

www.westsuffolkswimmingclub.co.uk

WEST SUFFOLK MASTERS Meet 2011

Sunday 3rd July 2011, Bury Leisure Centre

INDIVIDUAL ENTRY FORM

Age is at 31st December 2011

Surname: Forename: MALE / FEMALE

Address:

Telephone: Club:

Email:

Date of Birth:/...../..... ASA ID number:

Is this your first or second Masters Meet? YES/NO (please delete as applicable)

AGE GROUP (please specify)

X	A	B	C	D	E	F	G	H	I	J	K
17-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75+

Session 1	Entry time	Session 2	Entry time
1. Mixed 200m freestyle		14. Mixed 200m Individual Medley	
2. Ladies 50m Breastroke		15. Mens 50m Backstroke	
3. Mens 50m Breastroke		16. Ladies 50m Backstroke	
4. Ladies 100m Backstroke		17. Mens 100m Breastroke	
5. Mens 100m Backstroke		18. Ladies 100m Breastroke	
6. Ladies 50m Freestyle		19. Mens 50m Fly	
7. Mens 50m Freestyle		20. Ladies 50m Fly	
8. Ladies 100m Fly		21. Mens 100m Freestyle	
9. Mens 100m Fly		22. Ladies 100m Freestyle	
10. Ladies 100m Individual Medley			
11. Mens 100m Individual Medley			
Entry fee is £3.50 per event	Total no of entries		
Cheques payable to WSSC	TOTAL =		£

Please read the following and sign to confirm that you have accepted this statement:

I confirm that I have read and accepted the promoter's conditions and that I am fit and well to participate in a masters swimming event. I undertake to behave in a safe and professional manner and to follow meet safety measures and instructions from the referee to ensure my own safety and the safety of others at the event.

Signature..... Date:.....

Forms should be returned to:

Iain Milligan, 14 Cumberland Avenue, Bury St Edmunds, IP32 6TG

ENTRY AND PAYMENT MAY ALSO BE AVAILABLE ON-LINE FROM APRIL AT
WESTSUFFOLKSWIMMINGCLUB.CO.UK

CLOSING DATE FOR ENTRIES IS NOON ON SATURDAY 4TH JUNE 2011

WEST SUFFOLK MASTERS Meet 2011

Sunday 3rd July 2011, Bury Leisure Centre

TEAM ENTRY FORM

Ages are at 31st December 2011

Contact name:

Address:

Telephone: Club:

Email:.....

Please limit your entry to one team per age group in either male or female events.

Session 1- Relay events Event numbers 12/13	Years	Tick	Session 2- Relay events Event numbers 23/24	Years
Ladies 4 x 50m freestyle	100-119		Ladies 4 x 50m medley	100-119
Mens 4 x 50m freestyle	100-119		Mens 4 x 50m medley	100-119
Ladies 4 x 50m freestyle	120-159		Ladies 4 x 50m medley	120-159
Mens 4 x 50m freestyle	120-159		Mens 4 x 50m medley	120-159
Ladies 4 x 50m freestyle	160-199		Ladies 4 x 50m medley	160-199
Mens 4 x 50m freestyle	160-199		Mens 4 x 50m medley	160-199
Ladies 4 x 50m freestyle	200+		Ladies 4 x 50m medley	200+
Mens 4 x 50m freestyle	200+		Mens 4 x 50m medley	200+

I confirm that all swimmers in relay teams are entered into at least one individual. In the case of relay teams, by signing the relay team entry form and relay team declaration card the team manager will be taken as confirming that all relay team members are ASA registered and eligible, that he/she accepts the promoter's conditions on behalf of all team members, that all team members comply with the age conditions, and that all the information given is correct.

Signature..... Date:.....

Forms should be returned to:

Iain Milligan, 14 Cumberland Avenue, Bury St Edmunds, IP32 6TG

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WESTSUFFOLKSWIMMINGCLUB.CO.UK**

CLOSING DATE FOR ENTRIES IS NOON ON SATURDAY 4TH JUNE 2011



Information for Competitors and Promoters conditions

West Suffolk Masters meet 2011 - Event running order

Session 1 - warm up 10:00am Estimated start time - 10:45am	Session 2 - warm up and start time TBC
1. Mixed 200m freestyle	14. Mixed 200m Individual Medley
2. Ladies 50m Breastroke	15. Mens 50m Backstroke
3. Mens 50m Breastroke	16. Ladies 50m Backstroke
4. Ladies 100m Backstroke	17. Mens 100m Breastroke
5. Mens 100m Backstroke	18. Ladies 100m Breastroke
6. Ladies 50m Freestyle	19. Mens 50m Fly
7. Mens 50m Freestyle	20. Ladies 50m Fly
8. Ladies 100m Fly	21. Mens 100m Freestyle
9. Mens 100m Fly	22. Ladies 100m Freestyle
10. Ladies 100m Individual Medley	23. Mens 4 x 50m medley relay (all age groups)
11. Mens 100m Individual Medley	24. Ladies 4 x 50m medley relay (all age groups)
12. Ladies 4 x 50m free relay (all age groups)	
13. Mens 4 x 50m free relay (all age groups)	



Information for Competitors and Promoters conditions

- (1). The Meet will take place at Bury St Edmunds Leisure Centre, Beetons Way, Bury St Edmunds, IP33 3TT. This is a 6 lane, 25m pool with electronic timing and a spectator's area on poolside.
- (2). The Meet will be held under ASA Law and Technical Rules and is open to all ASA registered swimmers.
- (3). Ages are at 31st December 2011.
- (4). All events will be heat declared winners and seeded based on submitted entry time. 200m events will be swam as mixed, male and female and seeded by submitted entry time. Depending on the number of entrants, we may swim 100m events as mixed events to aid the smooth running of the meet.
- (5). Awards will be made to the top three placed male and female swimmers in each age group based on points accumulated for their top 4 swims of the meet with points awarded as follows for each age group event: 1st place 6 points, 2nd place 5 points, 3rd place 4 points, 4th place 3 points, 5th place 2 points, 6th place 1 point. In the event of a tie, we shall revert to using GB points to decide on overall placings.
- (6). Age groups: 17-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70+ and upwards in bands of 5 years as necessary.
- (7). Awards will be made to the highest scoring Male, Female and Visiting Club based on the points for all events entered.
- (8). Awards will be made to the highest scoring Male and Female Novice Masters swimmer for all events entered, where a novice masters swimmer is defined as previously competing in 2 or fewer masters events.
- (9). Team entries will be accepted where all relay members have entered one individual event. Please limit your teams to one per age group per gender. Where possible, we shall run relay events in age related heats but may mix age groups to facilitate the running of the event. If this event attracts significant entries, we shall limit entries to 6 heats for each male/female relay event, allocation based on a first come, first served principle. Relay events will not attract awards but any points awarded will go towards the top visiting club prize. Points will be awarded as per condition (5).
- (10). Closing date for entries is noon on Saturday 4th June 2011.
- (11). Entries will be accepted on a first come, first served basis. The promoters reserve the right to return entries if events are oversubscribed. Incomplete entries will not be accepted.



Information for Competitors and Promoters conditions

(12). Entries may be submitted by post. We also hope to be able to offer on-line entry from April 2011 at www.westsuffolkswimming.co.uk. Please only use one method of entry. Please check our website for updates.

(13). Payment for entries on-line is via PayPal. We expect to have to charge an additional 50p per total on-line entry (not per event) to cover the charges imposed by PayPal on the vendor. For entries submitted by post, please include a cheque made payable to 'WSSC'.

(14). No cards will be issued and confirmation of accepted entries will be posted on the WSSC website (www.westsuffolkswimming.co.uk) no later than 20th June. If you do not have access to the internet and would like to receive confirmation of accepted entries, please enclose a stamped addressed envelope with your entry form. Competitors should check the confirmation of accepted entries and notify the organisers of any changes required as soon as possible, we may not be able to make changes on the day. See 18 for contact details.

(15). The meet will be cardless and without registration. Please let us know in advance by e-mail or telephone if you need to withdraw so that we can update start lists accordingly. Start lists will be posted around pool side and give information on lane number and heat number for each event.

(16). To comply with ASA guidelines, any person wishing to use a video recorder, zoom photography or image capturing mobile phones during this event must register their name and address with the organisers before doing so. A sign in sheet will be available on the day as you enter onto poolside into the spectator's area.

(17). For postal entries, please submit your form and payment to Iain Milligan, 14 Cumberland Avenue, Bury St Edmunds, IP32 6TG.

Please include an SAE if you required confirmation of your entries by post.

For all other queries, please contact the promoters, Sharon Perry or Iain Milligan on masters@westsuffolkswimming.co.uk or by telephone (Iain) on 01284 725353

(18). Anything not covered by the above will be at the discretion of the promoters, who also reserve the right to make any changes considered necessary for the smooth running of the event.