



# ASA East Region Seniors & Masters Inter County Event 2008

(Under ASA Laws, ASA Technical Rules)  
Sunday November 16<sup>th</sup> 2008  
At THETFORD LEISURE WORLD



## **EVENT 1 Womens 65+ Yrs 50m Butterfly**

Place	Name	AaD	Club	Time
1.	Jill Complin	68	EssexCounASA	48.78
2.	Susan Holdich	65	Suffolk ASA	48.88
	No Swimmer	8	Norfolk Coun	DNC
	No Swimmer	8	HertfordsASA	DNC
	No Swimmer	8	Cambridgeshi	DNC

## **EVENT 2 Mens 65+ Yrs 50m Butterfly**

Place	Name	AaD	Club	Time
1.	Stanley Clarke	70	EssexCounASA	37.02
2.	John Fish	68	Suffolk ASA	39.65
3.	Richard Goddard	66	Cambridgeshi	47.57
4.	Warwick Thompson	67	Norfolk Coun	49.11
5.	Peter Bish	68	HertfordsASA	1:03.19

## **EVENT 3 Womens 55+ Yrs 50m Butterfly**

Place	Name	AaD	Club	Time
1.	Pat Jackson	61	Norfolk Coun	41.54
2.	Vicki Buck	58	Suffolk ASA	48.56
3.	Janis Morse	57	HertfordsASA	50.09
4.	Liz Reid	58	Cambridgeshi	53.56
	Diane Hunt	60	EssexCounASA	DNC

## **EVENT 4 Mens 55+ Yrs 50m Butterfly**

Place	Name	AaD	Club	Time
1.	Chris Dunn	62	HertfordsASA	33.53
2.	Len Phoenix	59	Suffolk ASA	36.19
3.	Ivan Myall	61	EssexCounASA	36.58
4.	Chris Trueman	61	Norfolk Coun	36.93
5.	Adrian Pike	57	Cambridgeshi	39.12

## **EVENT 5 Womens 45+ Yrs 50m Butterfly**

Place	Name	AaD	Club	Time
1.	Debbie Matless	45	Norfolk Coun	33.22
2.	Alyson Fordham	52	EssexCounASA	35.23
3.	Sally Winter	48	HertfordsASA	35.87
4.	Dina Thornton	45	Suffolk ASA	36.41
5.	Jenny Winster	52	Cambridgeshi	57.45

## **EVENT 6 Mens 45+ Yrs 50m Butterfly**

Place	Name	AaD	Club	Time
1.	Wray Shewell-Cooper	47	HertfordsASA	30.40
2.	Dale Barker	46	Suffolk ASA	30.59
3.	Gavin Kilpatrick	49	Cambridgeshi	31.11
4.	Steve Ham	46	EssexCounASA	32.10
5.	Adam Lelean	46	Norfolk Coun	33.75

## **EVENT 7 Womens 35+ Yrs 50m Butterfly**

Place	Name	AaD	Club	Time
1.	Kate Wickens	38	Suffolk ASA	34.01
2.	Kay Murphy	44	HertfordsASA	36.41
3.	Giovanni Bertoldi	38	Norfolk Coun	36.69
4.	Jenny Swallow	37	EssexCounASA	37.51
5.	Linden Jack	42	Cambridgeshi	38.56

## **EVENT 8 Mens 35+ Yrs 50m Butterfly**

Place	Name	AaD	Club	Time
1.	John Cunningham	38	HertfordsASA	27.86
2.	Andrew Fresher	44	Cambridgeshi	30.36
3.	Phillip Moulson	42	Norfolk Coun	31.59
4.	Clive Mitson	39	Suffolk ASA	35.24
	Paul Norris	39	EssexCounASA	DQ

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## **EVENT 9 Womens 25+ Yrs 50m Butterfly**

Place	Name	AaD	Club	Time
1.	Liz Bellinger	30	HertfordsASA	29.51
2.	Catherine Markwell	27	Norfolk Coun	32.30
3.	Jade Perry	26	EssexCounASA	35.08
4.	Helena Heyn	33	Suffolk ASA	36.46
5.	Louise Smith	31	Cambridgeshi	36.56

## **EVENT 10 Mens 25+ Yrs 50m Butterfly**

Place	Name	AaD	Club	Time
1.	Daniel Pilbrow	26	Suffolk ASA	28.04
2.	Craig Campion	25	EssexCounASA	28.93
3.	William Appleby	26	Norfolk Coun	29.18
4.	Steve Buckley	31	Cambridgeshi	30.03
5.	Tim Neal	32	HertfordsASA	30.07



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## **EVENT 11 Womens 18+ Yrs 50m Butterfly**

Place	Name	AaD Club	Time
1.	Sophie George	19 Suffolk ASA	30.96
2.	Sara Greenwood	21 Norfolk Coun	31.50
3.	Kathryn Birdsell	22 HertfordsASA	32.58
4.	Catherine Lumley	19 EssexCounASA	33.26
5.	Cathy Thompson	18 Cambridgeshi	34.52

## **EVENT 12 Mens 18+ Yrs 50m Butterfly**

Place	Name	AaD Club	Time
1.	Adrian Fenner	24 EssexCounASA	26.55
2.	James Lawton	21 Norfolk Coun	26.58
3.	David Harrison	22 Suffolk ASA	27.48
4.	Lewis Andrews	23 HertfordsASA	27.87
5.	Dale Brown	20 Cambridgeshi	30.04

## **EVENT 13 Mens/Womens 260Yrs + 200m Free Team**

Place	Name	A.G Club	Time
1.	Essex County ASA	EssexCounASA	2:20.34
1.	Suffolk ASA	Suffolk ASA	2:20.34
3.	Norfolk County ASA	Norfolk Coun	2:29.62
	No Team	AT/ HertfordsASA	DNC
	Cambridgeshire ASA	Cambridgeshi	DNC

## **EVENT 14 Mens 200 Yrs + 200m Free.Team**

Place	Name	A.G Club	Time
1.	Hertfordshire ASA	HertfordsASA	1:56.00
2.	Essex County ASA	EssexCounASA	1:57.27
3.	Suffolk ASA	Suffolk ASA	1:58.68
4.	Cambridgeshire ASA	Cambridgeshi	2:04.68
5.	Norfolk County ASA	Norfolk Coun	2:04.89

## **EVENT 15 Womens 200 Yrs + 200m Free.Team**

Place	Name	A.G Club	Time
1.	Hertfordshire ASA	HertfordsASA	2:17.75
2.	Norfolk County ASA	Norfolk Coun	2:24.32
3.	Suffolk ASA	Suffolk ASA	2:26.78
4.	Essex County ASA	EssexCounASA	2:29.59
5.	Cambridgeshire ASA	Cambridgeshi	2:39.03

## **EVENT 16 Mens 100 Yrs + 200m Free.Team**

Place	Name	A.G Club	Time
1.	Suffolk ASA	Suffolk ASA	1:42.18
2.	Essex County ASA	EssexCounASA	1:44.85
3.	Hertfordshire ASA	HertfordsASA	1:44.89
4.	Cambridgeshire ASA	Cambridgeshi	1:49.58
	Norfolk County ASA	Norfolk Coun	DQ

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## **EVENT 17 Womens 100 Yrs + 200m Free.Team**

Place	Name	A.G Club	Time
1.	Norfolk County ASA	Norfolk Coun	2:00.15
2.	Suffolk ASA	Suffolk ASA	2:00.43
3.	Cambridgeshire ASA	Cambridgeshi	2:01.87
4.	Hertfordshire ASA	HertfordsASA	2:01.89
5.	Essex County ASA	EssexCounASA	2:04.38

## **EVENT 18 Mens 65 Yrs+ 50m Breaststroke**

Place	Name	AaD Club	Time
1.	John Fry	65 Suffolk ASA	40.82
2.	Stan Clarke	70 EssexCounASA	42.41
3.	Richard Goddard	66 Cambridgeshi	50.87
4.	Warwick Thompson	67 Norfolk Coun	51.17
5.	Peter Bish	68 HertfordsASA	58.08

## **EVENT 19 Womens 65+ 50m Breaststroke**

Place	Name	AaD Club	Time
1.	Jill Complin	68 EssexCounASA	49.07
2.	Susan Holdich	65 Suffolk ASA	50.60
3.	Alvine Haistead	65 Norfolk Coun	58.00
4.	Audrey Head	76 Cambridgeshi	1:05.21
	No Swimmer	8 HertfordsASA	DNC

## **EVENT 20 Mens 55+ 50m Breaststroke**

Place	Name	AaD Club	Time
1.	Ian Bays	57 HertfordsASA	39.12
2.	George Jackson	63 Norfolk Coun	40.77
3.	Stan Clarke	70 EssexCounASA	42.44
4.	Len Phoenix	59 Suffolk ASA	42.73
5.	Peter Rank	56 Cambridgeshi	48.20



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## **EVENT 21 Womens 55+ Yrs 50m Breaststroke**

Place	Name	AaD Club	Time
1.	Liz Reid	58 Cambridgeshi	47.86
2.	Linda Coghlan	56 Norfolk Coun	50.00
3.	Vicki Buck	58 Suffolk ASA	50.97
4.	Janet Gardiner	59 HertfordsASA	53.92
5.	Marilyn Youngman	60 EssexCounASA	56.63

## **EVENT 22 Mens 45+ Yrs 50m Breaststroke**

Place	Name	AaD Club	Time
1.	Duncan Beveridge	47 HertfordsASA	32.87
2.		8 Cambridgeshi	34.90
3.	Keith Oddy	45 EssexCounASA	35.37
4.	Graham King	45 Suffolk ASA	35.70
5.	Adam Lelean	46 Norfolk Coun	37.20

## **EVENT 23 Womens 45+ Yrs 50m Breaststroke**

Place	Name	AaD Club	Time
1.	Hannah Ueckermann	45 EssexCounASA	40.45
2.	Sian MacDonald	46 HertfordsASA	40.85
3.	Dina Thornton	45 Suffolk ASA	44.06
4.	Sue Hunton	48 Norfolk Coun	44.54
5.	Liz Reid	58 Cambridgeshi	51.28

## **EVENT 24 Mens 35+ Yrs 50m Breaststroke**

Place	Name	AaD Club	Time
1.	Craig Muckleston	37 HertfordsASA	34.77
2.	Andrew Fresher	44 Cambridgeshi	35.18
3.	Mark Claxton	37 Norfolk Coun	35.56
4.	Paul Norris	39 EssexCounASA	35.79
5.	Clive Mitson	39 Suffolk ASA	37.74

## **EVENT 25 Womens 35+ Yrs 50m Breaststroke**

Place	Name	AaD Club	Time
1.	Lucy Ryan	35 Cambridgeshi	37.83
2.	Sharon Perry	36 Suffolk ASA	38.76
3.	Amanda White	35 HertfordsASA	39.50
4.	Jo Johnson	38 Norfolk Coun	40.37
5.	Julie Sanders	36 EssexCounASA	40.49

## **EVENT 26 Mens 25+ Yrs 50m Breaststroke**

Place	Name	AaD Club	Time
1.	Shaun Harrison	29 Suffolk ASA	32.72
2.	James Heathcote	30 EssexCounASA	33.44
3.	Michael Nelson	32 Norfolk Coun	36.27
4.	Tim Neal	32 HertfordsASA	36.75
5.	Martyn Fresher	46 Cambridgeshi	40.46

## **EVENT 27 Womens 25+ Yrs 50m Breaststroke**

Place	Name	AaD Club	Time
1.	Victoria Collishaw	29 HertfordsASA	38.56
2.	Sally Wood	28 EssexCounASA	38.70
3.	Joannie Marriott	26 Norfolk Coun	38.86
4.	Kimberley Harrison	27 Suffolk ASA	39.76
5.	Sarah Lingard	25 Cambridgeshi	40.64

## **EVENT 28 Mens 18+ Yrs 50m Breaststroke**

Place	Name	AaD Club	Time
1.	Thomas Williams	23 Suffolk ASA	31.48
2.	James Lawton	21 Norfolk Coun	32.23
3.	Ross Wisby	22 EssexCounASA	33.71
4.	Jamie Irvine	19 HertfordsASA	35.29
5.	Paul Staddon	21 Cambridgeshi	35.41

## **EVENT 29 Womens 18+ Yrs 50m Breaststroke**

Place	Name	AaD Club	Time
1.	Katie Higgon	24 EssexCounASA	38.29
2.	Liz Bellinger	30 HertfordsASA	38.59
3.	Verity Jason	19 Suffolk ASA	39.95
4.	Laura Calver	18 Norfolk Coun	39.98
5.	Yvonne Hackman	24 Cambridgeshi	42.90

## **EVENT 30 Mens/Womens 240 Yrs + 200m Medley**

Place	Name	A.G Club	Time
1.	Suffolk ASA	Suffolk ASA	2:20.34
2.	Norfolk County ASA	Norfolk Coun	2:44.02
3.	Essex County ASA	EssexCounASA	3:01.30
	Hertfordshire ASA	HertfordsASA	DNC
	Cambridgeshire ASA	Cambridgeshi	DNC



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## **EVENT 31 Womens 160 Yrs + 200m Medley Team**

Place	Name	A.G	Club	Time
1.	Hertfordshire ASA		HertfordsASA	2:23.85
2.	Essex County ASA		EssexCounASA	2:24.34
3.	Norfolk County ASA		Norfolk Coun	2:29.64
4.	Suffolk ASA		Suffolk ASA	2:31.47
5.	Cambridgeshire ASA		Cambridgeshi	2:39.48

## **EVENT 32 Mens 160 Yrs + 200m Medley Team**

Place	Name	A.G	Club	Time
1.	Hertfordshire ASA		HertfordsASA	2:01.34
2.	Cambridgeshire ASA		Cambridgeshi	2:03.17
3.	Essex County ASA		EssexCounASA	2:09.71
4.	Suffolk ASA		Suffolk ASA	2:10.43
5.	Norfolk County ASA		Norfolk Coun	2:10.86

## **EVENT 33 Womens 72 Yrs + 200m Medley Team**

Place	Name	A.G	Club	Time
1.	Suffolk ASA		Suffolk ASA	2:11.77
2.	Hertfordshire ASA		HertfordsASA	2:13.25
3.	Norfolk County ASA		Norfolk Coun	2:15.94
4.	Essex County ASA		EssexCounASA	2:18.09
5.	Cambridgeshire ASA		Cambridgeshi	2:23.74

## **EVENT 34 Mens 72 Yrs + 200m Medley Team**

Place	Name	A.G	Club	Time
1.	Suffolk ASA		Suffolk ASA	1:52.86
2.	Norfolk County ASA		Norfolk Coun	1:55.33
3.	Essex County ASA		EssexCounASA	1:58.15
4.	Cambridgeshire ASA		Cambridgeshi	2:04.48
	Hertfordshire ASA		HertfordsASA	DQ

## **EVENT 35 Womens 65 + Yrs 50m Freestyle**

Place	Name	AaD	Club	Time
1.	Jill Complin	68	EssexCounASA	36.67
2.	Susan Holdich	65	Suffolk ASA	39.53
3.	Hazel Greenfield	70	Norfolk Coun	52.35
4.	Audrey Head	76	Cambridgeshi	59.55
	No Swimmer	8	HertfordsASA	DNC

## **EVENT 36 Mens 65 + Yrs 50m Freestyle**

Place	Name	AaD	Club	Time
1.	John Fry	65	Suffolk ASA	32.29
2.	Derek Gore	68	EssexCounASA	33.70
3.	John Youngman	67	Norfolk Coun	38.56
4.	Richard Goddard	66	Cambridgeshi	38.69
5.	Neil Blake	74	HertfordsASA	57.35

## **EVENT 37 Womens 55+ Yrs 50m Freestyle**

Place	Name	AaD	Club	Time
1.	Janet Gardiner	59	HertfordsASA	37.73
2.	Pat Jackson	61	Norfolk Coun	37.91
3.	Vicki Buck	58	Suffolk ASA	39.54
4.	Pat Ticehurst	60	Cambridgeshi	41.04
5.	Diane Hunt	60	EssexCounASA	55.99

## **EVENT 38 Mens 55+ Yrs 50m Freestyle**

Place	Name	AaD	Club	Time
1.	Chris Dunn	62	HertfordsASA	28.60
2.	Ivan Myall	61	EssexCounASA	30.58
3.	Len Phoenix	59	Suffolk ASA	31.67
4.	Phillip Coghlan	57	Norfolk Coun	32.24
5.	Peter Rank	56	Cambridgeshi	34.37

## **EVENT 39 Womens 45+ Yrs 50m Freestyle**

Place	Name	AaD	Club	Time
1.	Alyson Fordham	52	EssexCounASA	30.29
2.	Debbie Matless	45	Norfolk Coun	30.67
3.	Sally Winter	48	HertfordsASA	31.87
4.	Dina Thornton	45	Suffolk ASA	34.42
5.	Jenny Winster	52	Cambridgeshi	43.89

## **EVENT 40 Mens 45+ Yrs 50m Freestyle**

Place	Name	AaD	Club	Time
1.	Martyn Fresher	46	Cambridgeshi	27.73
2.	Barry Chandler	51	HertfordsASA	28.40
3.	Thomas Enright	52	EssexCounASA	29.52
4.	Peter Lynch	46	Suffolk ASA	29.61
5.	Jon Pulford	47	Norfolk Coun	31.49



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## **EVENT 41 Womens 35+ Yrs 50m Freestyle**

Place	Name	AaD	Club	Time
1.	Sharon Perry	36	Suffolk ASA	30.00
2.	Michelle Hewson	37	HertfordsASA	30.26
3.	Jenny Swallow	37	EssexCounASA	30.44
4.	Jo Johnson	38	Norfolk Coun	31.06
5.	Sarah Chamberlain	37	Cambridgeshi	31.72

## **EVENT 42 Mens 35+ Yrs 50m Freestyle**

Place	Name	AaD	Club	Time
1.	Craig Kirkland	40	HertfordsASA	25.92
2.	Mark Osterritter	36	EssexCounASA	26.46
3.	Mark Claxton	37	Norfolk Coun	28.39
4.	Andrew Fresher	44	Cambridgeshi	28.80
5.	Clive Mitson	39	Suffolk ASA	30.54

## **EVENT 43 Womens 25+ Yrs 50m Freestyle**

Place	Name	AaD	Club	Time
1.	Catherine Markwell	27	Norfolk Coun	29.32
2.	Kimberley Harrison	27	Suffolk ASA	29.48
3.	Natalie Conway	25	HertfordsASA	30.11
4.	Kathy Weiss	29	EssexCounASA	30.17
5.	Louise Smith	31	Cambridgeshi	32.17

## **EVENT 44 Mens 25+ 50m Freestyle**

Place	Name	AaD	Club	Time
1.	Shaun Harrison	29	Suffolk ASA	24.79
2.	Kristian Whitmarsh	30	EssexCounASA	26.67
3.	Michael Nelson	32	Norfolk Coun	27.03
4.	Steve Buckley	31	Cambridgeshi	27.90
5.	Tim Warner	31	HertfordsASA	28.38

## **EVENT 45 Womens 18+ Yrs 50m Freestyle**

Place	Name	AaD	Club	Time
1.	Sophie George	19	Suffolk ASA	28.76
2.	Sara Greenwood	21	Norfolk Coun	29.20
3.	Cathy Thompson	18	Cambridgeshi	29.89
4.	Anne Vanner	36	HertfordsASA	30.26
5.	Catherine Lumley	19	EssexCounASA	30.63

## **EVENT 46 Mens 18+ 50m Freestyle**

Place	Name	AaD	Club	Time
1.	David Harrison	22	Suffolk ASA	24.79
2.	Richard Friedman	22	Norfolk Coun	25.14
3.	Ben Preston	20	EssexCounASA	25.82
4.	Mark Thompson	19	Cambridgeshi	26.63
5.	Liam Blessing	21	HertfordsASA	28.83

## **EVENT 47 Mens/Womens 260 Yrs + 200m Medley**

Place	Name	A.G	Club	Time
1.	Suffolk ASA		Suffolk ASA	3:04.63
2.	Essex County ASA		EssexCounASA	3:07.34
	No Team	AT/	HertfordsASA	DNC
	Cambridgeshire ASA		Cambridgeshi	DNC
	Norfolk County ASA		Norfolk Coun	DQ

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## **EVENT 48 Mens 200 Yrs + 200m Medley Team**

Place	Name	A.G	Club	Time
1.	Hertfordshire ASA		HertfordsASA	2:08.25
2.	Essex County ASA		EssexCounASA	2:11.05
3.	Suffolk ASA		Suffolk ASA	2:17.13
4.	Norfolk County ASA		Norfolk Coun	2:26.83
	Cambridgeshire ASA		Cambridgeshi	DQ

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## **EVENT 49 Womens 200 Yrs + 200m Medley Team**

Place	Name	A.G	Club	Time
1.	Hertfordshire ASA		HertfordsASA	2:29.31
2.	Essex County ASA		EssexCounASA	2:37.80
3.	Norfolk County ASA		Norfolk Coun	2:45.79
4.	Suffolk ASA		Suffolk ASA	2:49.21
5.	Cambridgeshire ASA		Cambridgeshi	3:02.07

## **EVENT 50 Mens 100 Yrs + 200m Medley Team**

Place	Name	A.G	Club	Time
1.	Suffolk ASA		Suffolk ASA	1:53.45
2.	Hertfordshire ASA		HertfordsASA	2:03.35
3.	Cambridgeshire ASA		Cambridgeshi	2:04.94
4.	Norfolk County ASA		Norfolk Coun	2:05.18
5.	Essex County ASA		EssexCounASA	2:06.08



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## **EVENT 51 Womens 100 Yrs + 200m Medley Team**

Place	Name	A.G Club	Time
1.	Hertfordshire ASA	HertfordsASA	2:13.74
2.	Norfolk County ASA	Norfolk Coun	2:17.04
3.	Suffolk ASA	Suffolk ASA	2:18.64
4.	Essex County ASA	EssexCounASA	2:21.73
5.	Cambridgeshire ASA	Cambridgeshi	2:27.20

## **EVENT 52 Mens 65+ Yrs 50m Backstroke**

Place	Name	AaD Club	Time
1.	Antony Pepper	70 EssexCounASA	41.75
2.	John Fish	68 Suffolk ASA	48.78
3.	John Youngman	67 Norfolk Coun	51.41
4.	Neil Blake	74 HertfordsASA	51.52
5.	Richard Goddard	66 Cambridgeshi	57.19

## **EVENT 53 Womens 65+ Yrs 50m Backstroke**

Place	Name	AaD Club	Time
1.	Valerie Standage	66 EssexCounASA	59.19
2.	Ruth Miller	71 Suffolk ASA	1:02.00
3.	Hazel Greenfield	70 Norfolk Coun	1:07.89
4.	Audrey Head	76 Cambridgeshi	1:23.88
	No Swimmer	8 HertfordsASA	DNC

## **EVENT 54 Mens 55+ Yrs 50m Backstroke**

Place	Name	AaD Club	Time
1.	Ivan Myall	61 EssexCounASA	35.92
2.	Chris Dunn	62 HertfordsASA	36.55
3.	Len Phoenix	59 Suffolk ASA	38.10
4.	Adrian Pike	57 Cambridgeshi	47.98
5.	George Jackson	63 Norfolk Coun	48.05

## **EVENT 55 Womens 55+ Yrs 50m Backstroke**

Place	Name	AaD Club	Time
1.	Janet Gardiner	59 HertfordsASA	43.65
2.	Pat Jackson	61 Norfolk Coun	44.66
3.	Liz Reid	58 Cambridgeshi	51.85
4.	Christine McIntyre	64 Suffolk ASA	54.14
5.	Diane Hunt	60 EssexCounASA	1:04.54

## **EVENT 56 Mens 45+ Yrs 50m Backstroke**

Place	Name	AaD Club	Time
1.	Tony Brett	46 HertfordsASA	31.65
2.	Martin Fenner	46 EssexCounASA	31.80
3.	Dale Barker	46 Suffolk ASA	32.27
4.	Gavin Kilpatrick	49 Cambridgeshi	33.01
5.	David Royall	53 Norfolk Coun	38.87

## **EVENT 57 Womens 45+ Yrs 50m Backstroke**

Place	Name	AaD Club	Time
1.	Alyson Fordham	52 EssexCounASA	35.87
2.	Sue Armitage	52 HertfordsASA	36.35
3.	Susan Kay	50 Norfolk Coun	42.74
4.	Elaine Bagshaw	53 Suffolk ASA	47.22
5.	Jenny Winster	52 Cambridgeshi	51.47

## **EVENT 58 Mens 35+ 50m Backstroke**

Place	Name	AaD Club	Time
1.	Mark Osterritter	36 EssexCounASA	31.12
2.	Craig Kirkland	40 HertfordsASA	31.93
3.	Adam Korn	42 Norfolk Coun	33.96
4.	Andy Fitt	44 Cambridgeshi	34.84
5.	Clive Mitson	39 Suffolk ASA	35.55

## **EVENT 59 Womens 35+ Yrs 50m Backstroke**

Place	Name	AaD Club	Time
1.	Anne Vanner	36 HertfordsASA	35.67
2.	Jenny Swallow	37 EssexCounASA	38.79
3.	Kate Wickens	38 Suffolk ASA	39.09
4.	Linden Jack	42 Cambridgeshi	42.79
5.	Leslie Anastasiou	43 Norfolk Coun	43.87

## **EVENT 60 Mens 25+ Yrs 50m Backstroke**

Place	Name	AaD Club	Time
1.	Ashley Buck	28 Suffolk ASA	28.60
2.	Craig Champion	25 EssexCounASA	31.59
3.	Allan Wallace	32 Cambridgeshi	31.76
4.	William Appleby	26 Norfolk Coun	32.85
5.	Tim Warner	31 HertfordsASA	33.65



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## **EVENT 61 Womens 25+ Yrs 50m Backstroke**

Place	Name	AaD Club	Time
1.	Jade Perry	26 EssexCounASA	33.72
2.	Jo Lee-Pearce	32 HertfordsASA	34.42
3.	Kimberley Harrison	27 Suffolk ASA	36.12
4.	Helen Dixon	33 Norfolk Coun	36.66
5.	Sarah Lingard	25 Cambridgeshi	37.27

## **EVENT 62 Mens 18+ Yrs 50m Backstroke**

Place	Name	AaD Club	Time
1.	Adrian Fenner	24 EssexCounASA	28.84
2.	Lewis Andrews	23 HertfordsASA	28.90
3.	Richard Friedman	22 Norfolk Coun	29.81
4.	Chris Smith	20 Suffolk ASA	31.09
5.	Mark Thompson	19 Cambridgeshi	31.57

## **EVENT 63 Womens 18+ Yrs 50m Backstroke**

Place	Name	AaD Club	Time
1.	Laura Healey	19 Suffolk ASA	32.72
2.	Kathryn Birdsell	22 HertfordsASA	34.30
3.	Catherine Lumley	19 EssexCounASA	35.22
4.	Mandy Bedder	22 Norfolk Coun	35.35
	Yvonne Hackman	24 Cambridgeshi	DQ

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## **EVENT 64 Mens/Womens 240 Yrs + 200m Free.T**

Place	Name	A.G Club	Time
1.	Norfolk County ASA	Norfolk Coun	2:26.28
2.	Suffolk ASA	Suffolk ASA	2:28.63
3.	Essex County ASA	EssexCounASA	2:40.73
4.	Hertfordshire ASA	HertfordsASA	2:42.42
5.	Cambridgeshire ASA	Cambridgeshi	2:55.77

## **EVENT 65 Womens 160 Yrs + 200m Free.Team**

Place	Name	A.G Club	Time
1.	Hertfordshire ASA	HertfordsASA	2:06.73
2.	Essex County ASA	EssexCounASA	2:07.80
3.	Norfolk County ASA	Norfolk Coun	2:10.66
4.	Suffolk ASA	Suffolk ASA	2:14.77
5.	Cambridgeshire ASA	Cambridgeshi	2:21.69

## **EVENT 66 Mens 160 Yrs + 200m Free.Team**

Place	Name	A.G Club	Time
1.	Hertfordshire ASA	HertfordsASA	1:46.13
2.	Essex County ASA	EssexCounASA	1:52.02
3.	Norfolk County ASA	Norfolk Coun	1:57.07
4.	Cambridgeshire ASA	Cambridgeshi	1:57.09
5.	Suffolk ASA	Suffolk ASA	1:58.80

## **EVENT 67 Womens 72 Yrs + 200m Free.Team**

Place	Name	A.G Club	Time
1.	Suffolk ASA	Suffolk ASA	1:57.16
2.	Hertfordshire ASA	HertfordsASA	1:59.62
3.	Norfolk County ASA	Norfolk Coun	1:59.65
4.	Essex County ASA	EssexCounASA	2:03.36
5.	Cambridgeshire ASA	Cambridgeshi	2:05.43

## **EVENT 68 Mens 72 Yrs + 200m Free.Team**

Place	Name	A.G Club	Time
1.	Suffolk ASA	Suffolk ASA	1:39.94
2.	Norfolk County ASA	Norfolk Coun	1:40.20
3.	Essex County ASA	EssexCounASA	1:43.00
4.	Cambridgeshire ASA	Cambridgeshi	1:49.73
5.	Hertfordshire ASA	HertfordsASA	1:50.73