

Essex Masters 2011
at Blackshots Swimming Pool
Full Results

EVENT 1 Womens 18 Yrs/Over 400m Freestyle

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kira NEAL	27	Romford Town	4:59.56
2.	Katie HIGGON	27	Colchester	5:11.42
3.	Katie BAILEY	29	Colchester	5:48.91

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kay HAMILTON	33	Romford Town	5:12.69
2.	Elizabeth MCKINNON	31	Bo Southend	5:16.67
3.	Emma GAME	32	Chelmsford	5:17.54

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Wendy Jane HUNTER	39	Bo Waltham F	6:03.60

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Caroline OHAIRE	44	Redbridge BM	6:40.85

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jacqueline PIPE	47	Bo Southend	6:01.35
2.	Christine BEARWISH	46	Thurrock	6:24.59
3.	Pauline TESTER	47	Redbridge BM	6:27.34

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	55	Romford Town	5:24.56

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Valerie STANDAGE	69	Colchester	8:09.11

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Frances ALVAREZ	70	Romford Town	7:51.12

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Joy COCHRANE	78	Romford Town	9:25.73

EVENT 2 Mens 18 Yrs/Over 50m Backstroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kenneth DAYMAN	20	Colchester	31.04
2.	Robert BROWN	21	Halstead	34.46
3.	David MILLS	19	Hornchurch	34.64

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Craig CAMPION	28	Chelmsford	31.97

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lee PETERSON	37	Braintree	28.48
2.	Mark OSTERRITTER	39	Halstead	30.93

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Gavin ROWSELL	43	Chelmsford	31.67
2.	Terry TAYLOR	44	Thurrock	39.48
3.	Jason COLE	44	Colchester	41.75

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Martin FENNER	49	Romford Town	31.80
2.	Christopher RYALL	46	Romford Town	34.44
3.	Stephen DIMMICK	47	Rochford	35.32
4.	Michael TAYLOR	47	Thurrock	36.65
5.	Stephen HAM	49	Rochford	37.18

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kevin CHESWORTH	51	Chelmsford	35.09
2.	Mark HEPTONSTALL	50	Colchester	37.48
3.	Thomas ENRIGHT	52	Romford Town	38.83
4.	Raymond MOORE	54	Thurrock	44.40

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nicholas HUNT	55	Chelmsford	39.34

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jeff HILLIER	62	Bo Waltham F	43.55

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Derek GORE	71	Chelmsford	47.80

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Janos LEIGH	77	Romford Town	51.64
2.	John STARR	77	Romford Town	55.68

EVENT 3 Womens 18 /Over 100m Breaststroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alison GEORGE	21	Becontree	1:32.83

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Katie HIGGON	27	Colchester	1:28.43

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Dawn PALMER	35	Romford Town	1:20.20
2.	Julie SANDERS	39	Romford Town	1:25.81
3.	Katie WARD	38	Clissold	1:39.40
4.	Kirsty STEWART	35	Bexhill	3:00.38

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Caroline OHAIRE	44	Redbridge BM	1:43.09

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jacqueline PIPE	47	Bo Southend	1:46.54

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Camilla ALLWOOD	52	Clissold	2:08.73

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	55	Romford Town	1:34.70
2.	Barbara BOXALL	56	Romford Town	1:41.78
3.	Eleanor SCHOOLING	58	Clissold	2:10.97

EVENT 4 Mens 18 Yrs/Over 50m Butterfly

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kenneth DAYMAN	20	Colchester	28.47
2.	Craig JOHNSTON	19	Canvey Isl	29.62
3.	David MILLS	19	Hornchurch	30.11
4.	Oliver CARTER	23	Halstead	31.64
5.	Michael BAKER	21	Rochford	33.34

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Adrian FENNER	27	Bo Waltham F	26.13
2.	Matthew RICKETT	29	Rochford	29.97
3.	Daniel VOSS	27	Bo Waltham F	31.28
4.	Christopher GALLAGHER	25	Bo Waltham F	31.30

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nicholas MURCH	32	Romford Town	30.27

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Mark OSTERRITTER	39	Halstead	29.67
2.	Nicholas RUSZ	37	Griffins Enf	30.78
3.	Nicholas JOHNSON	35	Harlow pen	32.34

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	David GRIGGS	43	Romford Town	31.92
2.	Damian NAVARRETE	43	Colchester	32.44
3.	Jason COLE	44	Colchester	40.31

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Christopher RYALL	46	Romford Town	29.91
2.	Stephen HAM	49	Rochford	32.08
3.	Keith ODDY	48	Romford Town	32.30
4.	Michael TAYLOR	47	Thurrock	33.95

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Geoff BAKER	52	Rochford	30.12
2.	Martin STRINGER	53	Harlow Pen	33.48
3.	Thomas ENRIGHT	52	Romford Town	35.11
4.	Mark HEPTONSTALL	50	Colchester	35.85
5.	Colin CORBY	52	Chelmsford	37.78
6.	Raymond MOORE	54	Thurrock	38.74
7.	David VAIL	51	Clissold	50.06

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nichlolas HUNT	55	Chelmsford	36.01

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Stuart MCLELLAN	62	Sudbury	38.44
2.	Jeff HILLIER	62	Bo Waltham F	45.30

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alan CANHAM	71	Harlow Pen	42.00

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Paul ALVAREZ	77	Romford Town	47.45
2.	John STARR	77	Romford Town	1:04.92

EVENT 5 Womens 18 Yrs/Over 100m Backstroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Michelle CURRY	24	Romford Town	1:14.11
2.	Lauren COSTIN	21	Halstead	1:18.00

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jade Fern PERRY	29	Rochford	1:12.25
2.	Katie HIGGON	27	Colchester	1:26.78

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Sachika YAMAWAKI	30	Barnet Copt	1:12.82
2.	Kay HAMILTON	33	Romford Town	1:21.44

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Paula REYNOLDS	37	Harlow Pen	1:16.58
2.	Maria GIBSON	39	Canvey Isl	1:20.63
3.	Katie WARD	38	Clissold	1:33.48
4.	Kirsty STEWART	35	Bexhill	2:52.58

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Katrina FARRALL	41	Basildon Ph	1:23.71
2.	Joanne DILLON	41	BethnalGreen	1:25.89

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jacqueline PIPE	47	Bo Southend	1:46.14

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Eileen LUTHER	53	Rochford	1:24.24
2.	Camilla ALLWOOD	52	Clissold	2:05.76

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	55	Romford Town	1:23.48

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Valerie STANDAGE	69	Colchester	2:07.60

EVENT 6 Mens 18 Yrs/Over 100m IM

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Dan MESSENGER	24	Halstead	1:06.44
2.	Daniel COLE	19	Rochford	1:11.40
3.	Michael BAKER	21	Rochford	1:15.80
4.	Daniel FARMER	23	Bo Waltham F	1:18.85
5.	David TRELIVING	24	Colchester	1:19.56

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	David EBANKS	29	Romford Town	1:03.20
2.	Craig CAMPION	28	Chelmsford	1:06.68
3.	Daniel VOSS	27	Bo Waltham F	1:09.76
4.	Christopher GALLAGHER	25	Bo Waltham F	1:16.32

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lee PETERSON	37	Braintree	1:02.91
2.	Nicholas RUSZ	37	Griffins Enf	1:13.31

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	David GRIGGS	43	Romford Town	1:13.48
2.	Terry TAYLOR	44	Thurrock	1:23.78

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Christopher RYALL	46	Romford Town	1:09.45
2.	Keith ODDY	48	Romford Town	1:12.11
3.	Michael TAYLOR	47	Thurrock	1:19.18

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Thomas ENRIGHT	52	Romford Town	1:25.14
2.	Raymond MOORE	54	Thurrock	1:36.17

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nicholas HUNT	55	Chelmsford	1:19.28
2.	Mike KEEN	58	Guildford Ct	1:49.88

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Stuart MCLELLAN	62	Sudbury	1:23.48
2.	Jeff HILLIER	62	Bo Waltham F	1:29.97

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Paul ALVAREZ	77	Romford Town	1:48.99

EVENT 7 Womens 18 Yrs/Over 50m Freestyle

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kelly HECTOR	20	Becontree	29.07
2.	Lauren COSTIN	21	Halstead	30.93

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kira NEAL	27	Romford Town	28.60
2.	Suzannah MARTIN	25	Romford Town	29.36
3.	Katie HIGGON	27	Colchester	29.80
4.	Hannah STUBBS	29	Colchester	33.06

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Emma COPPIN	30	Romford Town	30.55

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Wendy Jane HUNTER	39	Bo Waltham F	30.68
2.	Julie SANDERS	39	Romford Town	31.66
3.	Maria GIBSON	39	Canvey Isl	31.91
4.	Julia SHANNAHAN	39	BethnalGreen	32.49
5.	Katie WARD	38	Clissold	35.15
6.	Kirsty STEWART	35	Bexhill	56.97

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Amanda GOODMAN	41	Basildon Ph	30.29
2.	Sarah STRINGER	40	Harlow Pen	32.06
3.	Tracy WARD	40	Rochford	33.14

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Madeline RAYMOND	48	Romford Town	30.89
2.	Jacqueline PIPE	47	Bo Southend	32.58
3.	Christine BEARWISH	46	Thurrock	33.18
4.	Alison COLEMAN	48	Colchester	34.78

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Eileen LUTHER	53	Rochford	32.37
2.	Camilla ALLWOOD	52	Clissold	51.02

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	55	Romford Town	29.59
2.	Barbara BOXALL	56	Romford Town	33.54

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Carol HULETT	63	Romford Town	40.49

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Frances ALVAREZ	70	Romford Town	46.74

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Joy COCHRANE	78	Romford Town	58.46

EVENT 8 Mens 18 Yrs/Over 50m Breaststroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Dean BRUMBY	19	Rochford	33.59
2.	Dan MESSENGER	24	Halstead	34.32
3.	Daniel FARMER	23	Bo Waltham F	38.44
4.	Michael BAKER	21	Rochford	38.87

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	David EBANKS	29	Romford Town	31.42
2.	Daniel VOSS	27	Bo Waltham F	36.89

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Gary WRAIGHT	34	Romford Town	35.28
2.	Adam FREER	34	Barnet Copt	37.08

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lee PETERSON	37	Braintree	32.58

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Damian NAVARRETE	43	Colchester	37.00
2.	Timothy BILBROUGH	41	BethnalGreen	40.59
3.	Terry TAYLOR	44	Thurrock	42.86

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Christopher RYALL	46	Romford Town	34.88
2.	Keith ODDY	48	Romford Town	35.41
3.	Paul HOLLAND	49	Romford Town	42.53

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Geoff BAKER	52	Rochford	37.99
2.	Steven GREENSTEIN	50	BorRedbridge	39.72
3.	Martin STRINGER	53	Harlow Pen	40.04
4.	Thomas ENRIGHT	52	Romford Town	48.64

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Chris KAETHNER	56	Clissold	36.17
2.	Nicholas HUNT	55	Chelmsford	36.98
3.	Mike KEEN	58	Guildford Ct	52.33

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jeff HILLIER	62	Bo Waltham F	44.45

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	John LIMMER	67	Romford Town	43.62

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Stanley CLARKE	73	Romford Town	41.47
2.	Alan CANHAM	71	Harlow Pen	41.73

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Paul ALVAREZ	77	Romford Town	50.46

EVENT 9 Womens 18 Yrs/Over 100m Butterfly

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Katie HIGGON	27	Colchester	1:22.40

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Elizabeth MCKINNON	31	Bo Southend	1:14.57
2.	Kay HAMILTON	33	Romford Town	1:17.70

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lara FENNER	37	Romford Town	1:16.24

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Melanie EVELEIGH	42	Rochford	1:25.76

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jacqueline PIPE	47	Bo Southend	1:43.01

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	55	Romford Town	1:29.04

EVENT 10 Mens 18 Yrs/Over 100m Freestyle

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	James MITCHELL	18	Thurrock	57.04
2.	Dean BRUMBY	19	Rochford	58.28
3.	Dan MESSENGER	24	Halstead	59.05
4.	Craig JOHNSTON	19	Canvey Isl	59.39
5.	Robert BROWN	21	Halstead	59.81
6.	Kenneth DAYMAN	20	Colchester	59.82

7.	David MILLS	19	Hornchurch	1:01.53
8.	Daniel COLE	19	Rochford	1:03.75
9.	David TRELIVING	24	Colchester	1:10.81
	Daniel FARMER	23	Bo Waltham F	DNC

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Adrian FENNER	27	Bo Waltham F	54.32
2.	Daniel VOSS	27	Bo Waltham F	58.76
3.	Craig CAMPION	28	Chelmsford	59.39
4.	Matthew RICKETT	29	Rochford	1:00.61
	Christopher GALLAGHER	25	Bo Waltham F	DNC

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nicholas MURCH	32	Romford Town	1:00.25
2.	Gary WRAIGHT	34	Romford Town	1:01.57
3.	Adam FREER	34	Barnet Copt	1:07.00

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Charles GADSON	35	Romford Town	1:01.65
2.	Nicholas RUSZ	37	Griffins Enf	1:03.98
3.	Nicholas JOHNSON	35	Harlow pen	1:08.59

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Martin LANE	40	Romford Town	54.68
2.	Peter DIXON	43	BethnalGreen	1:00.05
3.	David GRIGGS	43	Romford Town	1:03.83
4.	Gavin ROWSELL	43	Chelmsford	1:06.30
5.	Timothy BILBROUGH	41	BethnalGreen	1:09.91
6.	Jason COLE	44	Colchester	1:13.46

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Christopher RYALL	46	Romford Town	1:01.25
2.	Martin FENNER	49	Romford Town	1:01.54
3.	Stephen DIMMICK	47	Rochford	1:06.84
4.	Paul HOLLAND	49	Romford Town	1:19.61

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Thomas ENRIGHT	52	Romford Town	1:04.17
2.	Geoff BAKER	52	Rochford	1:04.44
3.	Colin CORBY	52	Chelmsford	1:12.67
4.	Raymond MOORE	54	Thurrock	1:13.55
5.	Martin STRINGER	53	Harlow Pen	1:13.59

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nicholas HUNT	55	Chelmsford	1:14.87
2.	Christopher DUNINGTON	59	Clacton On S	1:19.15
3.	Mike KEEN	58	Guildford Ct	1:36.66

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Stuart MCLELLAN	62	Sudbury	1:11.88
2.	Jeff HILLIER	62	Bo Waltham F	1:30.97

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	John LIMMER	67	Romford Town	1:34.60

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Derek GORE	71	Chelmsford	1:17.83

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	John STARR	77	Romford Town	1:36.60
2.	Janos LEIGH	77	Romford Town	1:46.54

EVENT 11 Womens 18 Yrs/Over 200m Freestyle

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Michelle CURRY	24	Romford Town	2:25.69

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kira NEAL	27	Romford Town	2:20.74
2.	Katie HIGGON	27	Colchester	2:32.97
3.	Jade Fern PERRY	29	Rochford	2:38.19
4.	Hannah STUBBS	29	Colchester	2:40.98

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Sachika YAMAWAKI	30	Barnet Copt	2:20.87
2.	Kay HAMILTON	33	Romford Town	2:30.08
3.	Emma GAME	32	Chelmsford	2:30.91

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lara FENNER	37	Romford Town	2:28.06
2.	Julia SHANNAHAN	39	BethnalGreen	2:48.61

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Amanda GOODMAN	41	Basildon Ph	2:41.77
2.	Sarah STRINGER	40	Harlow Pen	2:46.16
3.	Tracy WARD	40	Rochford	2:49.95
4.	Dorothy ZERDIN	41	Clissold	2:57.02

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Madeline RAYMOND	48	Romford Town	2:34.07
2.	Jacqueline PIPE	47	Bo Southend	2:49.61
3.	Pauline TESTER	47	Redbridge BM	3:07.11

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	55	Romford Town	2:31.25

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Frances ALVAREZ	70	Romford Town	3:52.53

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Joy COCHRANE	78	Romford Town	4:27.76

EVENT 12 Mens 120 Yrs/Over 100m Free.Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford A		Romford Town	50.65
2.	Bor of Waltham Forest		Bo Waltham F	53.59

EVENT 13 Womens 120 Yrs/Over 100m Free.Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford Town SC		Romford Town	59.75

EVENT 14 Mens/Womens 160 /Over 100m Free.Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford B		Romford Town	52.95
2.	Romford A		Romford Town	53.45
3.	Harlow Penguin SC		Harlow Pen	56.54
4.	Rochford & District SC		Rochford	57.86
5.	Clissold SC		Clissold	1:04.81

EVENT 15 Mens 200 Yrs/Over 100m Medley Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford A		Romford Town	1:08.19

EVENT 16 Womens 200 Yrs/Over 100m Medley Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford Town SC		Romford Town	1:15.56

EVENT 17 Mens/Womens 120 /Over 100m Medley Te

Full Results

Place	Name	A.G	Club	Time
1.	Romford A		Romford Town	59.14
2.	Romford B		Romford Town	1:02.04
3.	Rochford & District SC		Rochford	1:04.87
4.	Bethnal Green SC		BethnalGreen	1:05.26

EVENT 18 Mens 160 Yrs/Over 100m Medley Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford A		Romford Town	58.58
2.	Chelmsford SC		Chelmsford	58.62
3.	Bethnal Green SC		BethnalGreen	1:00.00
4.	Rochford & District SC		Rochford	1:00.40
5.	Thurrock Swimming Club		Thurrock	1:03.16

EVENT 19 Womens 160 Yrs/Over 100m Medley Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford Town SC		Romford Town	1:06.49
	Rochford & District SC		Rochford	DQ O-

EVENT 20 Mens/Womens 200 /Over 100m Free.Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford A		Romford Town	57.01
2.	Harlow Penguin SC		Harlow Pen	59.58

Session 2

EVENT 21 Mens 18 Yrs/Over 400m Freestyle

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	James MITCHELL	18	Thurrock	4:25.33

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Craig CAMPION	28	Chelmsford	4:45.21
2.	Daniel VOSS	27	Bo Waltham F	5:01.50

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nicholas MURCH	32	Romford Town	5:01.03

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jason COLE	44	Colchester	5:56.95
	Peter DIXON	43	BethnalGreen	DQ ST-

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Thomas ENRIGHT	52	Romford Town	5:38.16
2.	Raymond MOORE	54	Thurrock	5:58.52

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
	Peter RAE	58	Rochford	DNC

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Stuart MCLELLAN	62	Sudbury	5:40.98

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Michael GILES	71	Romford Town	8:20.67

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	John STARR	77	Romford Town	7:49.74
2.	Janos LEIGH	77	Romford Town	8:14.12

EVENT 22 Womens 18 Yrs/Over 50m Backstroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lauren COSTIN	21	Halstead	36.36
2.	Kelly HECTOR	20	Becontree	37.98

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jade Fern PERRY	29	Rochford	32.50
2.	Katie HIGGON	27	Colchester	38.58

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Paula REYNOLDS	37	Harlow Pen	35.67
2.	Maria GIBSON	39	Canvey Isl	36.77
3.	Sarah BERRY	38	Witham Dolph	37.91

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Joanne DILLON	41	BethnalGreen	39.67
2.	Tracy WARD	40	Rochford	41.42

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jacqueline PIPE	47	Bo Southend	43.93
2.	Alison COLEMAN	48	Colchester	45.74

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Eileen LUTHER	53	Rochford	37.33
2.	Camilla ALLWOOD	52	Clissold	55.97

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	55	Romford Town	38.91

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Carol HULETT	63	Romford Town	56.91
2.	Christine WAKELING	63	Colchester	1:00.08

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Valerie STANDAGE	69	Colchester	58.10

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Frances ALVAREZ	70	Romford Town	1:04.28

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Joy COCHRANE	78	Romford Town	1:10.64

EVENT 23 Mens 18 Yrs/Over 100m Breaststroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Dan MESSENGER	24	Halstead	1:15.11
2.	Dean BRUMBY	19	Rochford	1:16.48
3.	James MITCHELL	18	Thurrock	1:17.60
4.	Daniel COLE	19	Rochford	1:19.36
5.	Daniel FARMER	23	Bo Waltham F	1:27.36
6.	David TRELIVING	24	Colchester	1:29.72

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	David EBANKS	29	Romford Town	1:09.37
2.	Daniel VOSS	27	Bo Waltham F	1:21.58

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Gary WRAIGHT	34	Romford Town	1:17.97
2.	Adam FREER	34	Barnet Copt	1:19.60

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	David GRIGGS	43	Romford Town	1:20.85
2.	Damian NAVARRETE	43	Colchester	1:21.54

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Christopher RYALL	46	Romford Town	1:16.48
2.	Keith ODDY	48	Romford Town	1:20.21
3.	Paul HOLLAND	49	Romford Town	1:37.93

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Steven GREENSTEIN	50	BorRedbridge	1:30.20
2.	Thomas ENRIGHT	52	Romford Town	1:32.52
3.	David VAIL	51	Clissold	1:51.03

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nicholas HUNT	55	Chelmsford	1:22.23

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jeff HILLIER	62	Bo Waltham F	1:40.46

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	John LIMMER	67	Romford Town	1:47.70

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Michael GILES	71	Romford Town	2:06.50

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Paul ALVAREZ	77	Romford Town	1:54.34

EVENT 24 Womens 18 Yrs/Over 50m Butterfly

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Michelle CURRY	24	Romford Town	34.20
2.	Kelly HECTOR	20	Becontree	35.98
3.	Alison GEORGE	21	Becontree	37.02

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Suzannah MARTIN	25	Romford Town	35.87
2.	Hannah STUBBS	29	Colchester	35.95
3.	Katie HIGGON	27	Colchester	36.17

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lara FENNER	37	Romford Town	34.28
2.	Sarah BERRY	38	Witham Dolph	36.20
3.	Wendy Jane HUNTER	39	Bo Waltham F	39.32

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Melanie EVELEIGH	42	Rochford	36.78
2.	Dorothy ZERDIN	41	Clissold	46.00
	Tracy WARD	40	Rochford	DQ ST-

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Madeline RAYMOND	48	Romford Town	34.73
2.	Jacqueline PIPE	47	Bo Southend	46.75

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Eileen LUTHER	53	Rochford	36.48
2.	Camilla ALLWOOD	52	Clissold	54.01

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	55	Romford Town	36.77

EVENT 25 Mens 18 Yrs/Over 100m Backstroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kenneth DAYMAN	20	Colchester	1:07.07
2.	David TRELIVING	24	Colchester	1:19.43

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Craig CAMPION	28	Chelmsford	1:10.07

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lee PETERSON	37	Braintree	1:03.08

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Gavin ROWSELL	43	Chelmsford	1:08.67
2.	Terry TAYLOR	44	Thurrock	1:31.14

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Martin FENNER	49	Romford Town	1:09.67
2.	Stephen HAM	49	Rochford	1:30.79

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Thomas ENRIGHT	52	Romford Town	1:25.81

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jeff HILLIER	62	Bo Waltham F	1:37.12

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Janos LEIGH	77	Romford Town	1:55.66
2.	John STARR	77	Romford Town	2:01.70

EVENT 26 Womens 18 Yrs/Over 100m IM

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Michelle CURRY	24	Romford Town	1:15.91
2.	Alison GEORGE	21	Becontree	1:21.23

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kira NEAL	27	Romford Town	1:16.15
2.	Jade Fern PERRY	29	Rochford	1:20.41
3.	Katie HIGGON	27	Colchester	1:20.72
4.	Hannah STUBBS	29	Colchester	1:22.92
5.	Suzannah MARTIN	25	Romford Town	1:24.94
	Katie BAILEY	29	Colchester	DQ ST-

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Sachika YAMAWAKI	30	Barnet Copt	1:13.34

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Paula REYNOLDS	37	Harlow Pen	1:17.37
2.	Maria GIBSON	39	Canvey Isl	1:21.12
3.	Sarah BERRY	38	Witham Dolph	1:24.54
4.	Wendy Jane HUNTER	39	Bo Waltham F	1:24.93

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Melanie EVELEIGH	42	Rochford	1:23.41
2.	Sarah STRINGER	40	Harlow Pen	1:24.73
3.	Joanne DILLON	41	BethnalGreen	1:25.96
4.	Dorothy ZERDIN	41	Clissold	1:32.63

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Madeline RAYMOND	48	Romford Town	1:20.78
2.	Jacqueline PIPE	47	Bo Southend	1:40.57

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	55	Romford Town	1:22.94
2.	Barbara BOXALL	56	Romford Town	1:34.77

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Christine WAKELING	63	Colchester	2:17.78

EVENT 27 Mens 18 Yrs/Over 50m Freestyle 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kenneth DAYMAN	20	Colchester	27.19
2.	Dean BRUMBY	19	Rochford	27.36
3.	Craig JOHNSTON	19	Canvey Isl	27.46
4.	David MILLS	19	Hornchurch	27.86
5.	Dan MESSENGER	24	Halstead	27.97
6.	Daniel COLE	19	Rochford	28.42
7.	Oliver CARTER	23	Halstead	28.55
8.	Daniel FARMER	23	Bo Waltham F	29.26
	Robert BROWN	21	Halstead	DNC

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Adrian FENNER	27	Bo Waltham F	24.07
2.	Daniel VOSS	27	Bo Waltham F	27.97
3.	Christopher GALLAGHER	25	Bo Waltham F	29.18

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Adam FREER	34	Barnet Copt	29.50

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Martin LANE	40	Romford Town	24.75
2.	Gavin ROWSELL	43	Chelmsford	27.17
3.	Timothy BILBROUGH	41	BethnalGreen	31.56
4.	Terry TAYLOR	44	Thurrock	33.35
5.	Jason COLE	44	Colchester	33.52

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Christopher RYALL	46	Romford Town	27.86
2.	Stephen DIMMICK	47	Rochford	29.34
3.	Paul HOLLAND	49	Romford Town	33.88

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kevin CHESWORTH	51	Chelmsford	28.22
2.	Thomas ENRIGHT	52	Romford Town	29.06
3.	Geoff BAKER	52	Rochford	29.92
4.	Mark HEPTONSTALL	50	Colchester	31.07
5.	Colin CORBY	52	Chelmsford	31.11
6.	Martin STRINGER	53	Harlow Pen	31.30
7.	Raymond MOORE	54	Thurrock	33.49

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Chris KAETHNER	56	Clissold	30.49
2.	Nicholas HUNT	55	Chelmsford	34.44
3.	Christopher DUNINGTON	59	Clacton On S	34.66
	Peter RAE	58	Rochford	DNC

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jeff HILLIER	62	Bo Waltham F	41.00

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	John LIMMER	67	Romford Town	42.71

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Stanley CLARKE	73	Romford Town	32.68
2.	Derek GORE	71	Chelmsford	35.09
3.	Alan CANHAM	71	Harlow Pen	39.99

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	John STARR	77	Romford Town	43.31
2.	Janos LEIGH	77	Romford Town	47.69

EVENT 28 Womens 18 Yrs/Over 50m Breaststroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alison GEORGE	21	Becontree	41.87
2.	Kelly HECTOR	20	Becontree	43.59

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Katie HIGGON	27	Colchester	38.69
2.	Katie BAILEY	29	Colchester	40.19

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Julie SANDERS	39	Romford Town	39.30
2.	Maria GIBSON	39	Canvey Isl	40.61
3.	Wendy Jane HUNTER	39	Bo Waltham F	42.07

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jacqueline PIPE	47	Bo Southend	49.31
	Alison COLEMAN	48	Colchester	DNC

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
	Camilla ALLWOOD	52	Clissold	DQ SL-

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	55	Romford Town	43.06
2.	Barbara BOXALL	56	Romford Town	44.74
3.	Eleanor SCHOOLING	58	Clissold	58.78

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Christine WAKELING	63	Colchester	57.17

EVENT 29 Mens 18 Yrs/Over 100m Butterfly

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kenneth DAYMAN	20	Colchester	1:05.10
2.	Craig JOHNSTON	19	Canvey Isl	1:07.13

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Matthew RICKETT	29	Rochford	1:07.10
2.	Daniel VOSS	27	Bo Waltham F	1:17.91

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nicholas MURCH	32	Romford Town	1:08.06

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	David GRIGGS	43	Romford Town	1:10.19
2.	Damian NAVARRETE	43	Colchester	1:15.51

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Stephen HAM	49	Rochford	1:13.46

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Geoff BAKER	52	Rochford	1:09.98
2.	Thomas ENRIGHT	52	Romford Town	1:30.96
3.	Colin CORBY	52	Chelmsford	1:35.74

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Stuart MCLELLAN	62	Sudbury	1:13.91

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
	Paul ALVAREZ	77	Romford Town	DNC

EVENT 30 Womens 18 Yrs/Over 100m Freestyle

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Michelle CURRY	24	Romford Town	1:07.62
2.	Lauren COSTIN	21	Halstead	1:11.34

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kira NEAL	27	Romford Town	1:05.40
2.	Katie HIGGON	27	Colchester	1:10.49

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Dawn PALMER	35	Romford Town	1:00.88
2.	Lara FENNER	37	Romford Town	1:07.59
3.	Maria GIBSON	39	Canvey Isl	1:08.93
4.	Julie SANDERS	39	Romford Town	1:14.16
5.	Julia SHANNAHAN	39	BethnalGreen	1:15.18

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Sarah STRINGER	40	Harlow Pen	1:16.28
2.	Tracy WARD	40	Rochford	1:17.73

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Madeline RAYMOND	48	Romford Town	1:09.27
2.	Jacqueline PIPE	47	Bo Southend	1:18.13

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Eileen LUTHER	53	Rochford	1:13.44

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	55	Romford Town	1:11.13
2.	Barbara BOXALL	56	Romford Town	1:17.97

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Carol HULETT	63	Romford Town	1:35.58

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Valerie STANDAGE	69	Colchester	1:50.90

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Frances ALVAREZ	70	Romford Town	1:46.18

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Joy COCHRANE	78	Romford Town	2:13.60

EVENT 31 Mens 18 Yrs/Over 200m Freestyle

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	David TRELIVING	24	Colchester	2:37.79

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Craig CAMPION	28	Chelmsford	2:13.13
2.	Daniel VOSS	27	Bo Waltham F	2:24.46

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Gary WRAIGHT	34	Romford Town	2:55.97

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lee PETERSON	37	Braintree	2:08.53
2.	Charles GADSON	35	Romford Town	2:21.88

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Martin LANE	40	Romford Town	2:09.67
2.	Peter DIXON	43	BethnalGreen	2:11.95

3.	David GRIGGS	43	Romford Town	2:23.37
4.	Timothy BILBROUGH	41	BethnalGreen	2:38.05

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Martin FENNER	49	Romford Town	2:18.42
2.	Stephen HAM	49	Rochford	2:25.65

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Thomas ENRIGHT	52	Romford Town	2:34.42
2.	Raymond MOORE	54	Thurrock	2:49.75
3.	David VAIL	51	Clissold	3:30.47

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nicholas HUNT	55	Chelmsford	3:01.72
	Christopher DUNINGTON	59	Clacton On S	DNC
	Peter RAE	58	Rochford	DNC

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Stuart MCLELLAN	62	Sudbury	2:42.40

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Derek GORE	71	Chelmsford	3:00.90

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	John STARR	77	Romford Town	3:37.93
2.	Janos LEIGH	77	Romford Town	4:09.56

EVENT 32 Mens 120 Yrs/Over 100m Medley Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford A		Romford Town	58.20
2.	Bor of Waltham Forest		Bo Waltham F	1:00.52

EVENT 33 Womens 120 Yrs/Over 100m Medley Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford Town SC		Romford Town	1:07.35

EVENT 34 Mens/Womens 160 /Over 100m Medley Te

Full Results

Place	Name	A.G	Club	Time
1.	Romford A		Romford Town	1:00.74
2.	Romford B		Romford Town	1:02.39
3.	Rochford & District SC		Rochford	1:04.39

EVENT 35 Mens 200 Yrs/Over 100m Free.Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford A		Romford Town	1:02.86
	Rochford & District SC		Rochford	DNC

EVENT 36 Womens 200Yrs/Over 100m Free.Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford Town SC		Romford Town	1:07.79

EVENT 37 Mens/Womens 120 /Over 100m Free.Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford B		Romford Town	52.97
2.	Romford A		Romford Town	53.96
3.	Rochford & District SC		Rochford	56.14
4.	Bethnal Green SC		BethnalGreen	57.32

EVENT 38 Mens 160 Yrs/Over 100m Free.Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford A		Romford Town	50.62
2.	Bethnal Green SC		BethnalGreen	52.01
3.	Rochford & District SC		Rochford	54.27
4.	THURROCK A		Thurrock	54.95
	Romford B		Romford Town	DNC

EVENT 39 Womens 160 Yrs/Over 100m Free.Team

Full Results

Place	Name	A.G	Club	Time
1.	Romford Town SC		Romford Town	58.05
2.	Rochford & District SC		Rochford	1:02.12

EVENT 40 Mens/Womens 200 /Over 100m Medley Te

Full Results

Place	Name	A.G	Club	Time
1.	Romford A		Romford Town	1:04.64
2.	Harlow Penguin SC		Harlow Pen	1:05.46
3.	Clissold SC		Clissold	1:07.71