

**ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION**  
**MASTERS & 18/24 OPEN SHORT COURSE CHAMPS 2009**  
**Blackshots Leisure Centre, Grays, Essex**  
**Saturday 9th May 2009 - Session 1**

**EVENT 1 Womens Open 400m Freestyle**

25/29 Yrs Age Group

Place	Name	AaD	Club	Time
1	Kira FAWKE	25	Romford Town	4:53.80
2	Louise DRAKE	29	Rochford	4:57.58
3	Katie HIGGON	25	Harwich DP	5:19.43
4	Jade CRIM	27	Romford Town	5:28.99

30/34 Yrs Age Group

Place	Name	AaD	Club	Time
1	Kay HAMILTON	31	Romford Town	5:03.00

35/39 Yrs Age Group

Place	Name	AaD	Club	Time
1	Lara FENNER	35	Romford Town	5:10.39
2	Clare CHILTON	39	BurHill&HayH	5:36.51

40/44 Yrs Age Group

Place	Name	AaD	Club	Time
1	Helen GRAY	43	Romford Town	5:11.54

45/49 Yrs Age Group

Place	Name	AaD	Club	Time
1	Hannah UECKERMANN	46	Witham Dolph	5:29.00
2	Dina THORNTON	46	Diss Otters	5:44.86
3	Jacqueline PIPE	45	Rochford	5:45.20
4	Pauline TESTER	45	Redbridge BM	6:46.41

50/54 Yrs Age Group

Place	Name	AaD	Club	Time
1	Alyson FORDHAM	53	Romford Town	5:09.39
2	Amanda DOYLE	53	Dorking	5:52.28

55/59 Yrs Age Group

Place	Name	AaD	Club	Time
1	Christine VICTOR	55	Guildford Ct	6:15.60

65/69 Yrs Age Group

Place	Name	AaD	Club	Time
1	Valerie STANDAGE	67	Colchester	7:49.00

75/79 Yrs Age Group

Place	Name	AaD	Club	Time
	Joy COCHRANE	76	Romford Town	DNF

**EVENT 2 Mens Open 50m Backstroke**

18/24 Yrs Age Group

Place	Name	AaD	Club	Time
1	Adam BRUMBY	20	Rochford	32.09
2	Adam SPEAR	18	Clacton On S	32.54
3	Samuel WILSON	18	Harwich DP	35.99

25/29 Yrs Age Group

Place	Name	AaD	Club	Time
1	James GRIGG	28	Rochford	32.64

30/34 Yrs Age Group

Place	Name	AaD	Club	Time
1	James HEATHCOTE	31	Colchester	34.57
2	Jonathan GRAY	31	Dorking	35.2
3	Gary WRAIGHT	32	Romford Town	37.49

35/39 Yrs Age Group

Place	Name	AaD	Club	Time
1	Lee PETERSON	35	Braintree	28.18

2	David WARREN	38	BurHill&HayH	28.99	
3	Mark OSTERRITTER	37	Halstead	31.53	
4	Christopher MORGAN	37	Leyton	35.55	
5	Steve KING	37	Thurrock	37.82	
6	Paul COSTER	36	Thurrock	40.07	
40/44 Yrs Age Group					
Place	Name	AaD	Club	Time	
1	Mark SALWAY	41	BurHill&HayH	30.46	
2	Stephen LANGFORD	40	Birmingham M	32.68	
3	Paul NORRIS	40	Leyton	35.04	
4	Terry TAYLOR	42	Thurrock	40.3	
45/49 Yrs Age Group					
Place	Name	AaD	Club	Time	
1	Dale BARKER	47	Stowmarket	32	
2	Martin FENNER	47	Romford Town	32.28	
3	Steve HAM	47	Rochford	36.66	
4	Adam LELEAN	47	Diss Otters	38.98	
	Robert WRIGHT	46	Colchester	DQ	T-
50/54 Yrs Age Group					
Place	Name	AaD	Club	Time	
1	David SHAMP	51	Dorking	35.94	
2	Thomas ENRIGHT	50	Romford Town	38.95	
3	Nicholas HUNT	53	Chelmsford	40.64	
4	Raymond MOORE	52	Thurrock	43.6	
55/59 Yrs Age Group					
Place	Name	AaD	Club	Time	
1	Walter GERRARD	57	Rochford	36.48	
2	Brian HOSKING	58	Dorking	40.02	
3	Christopher BRACEY	55	Bo Waltham F	41.71	
4	Deryk DENNINGTON	55	Southend	42.1	
5	Chris DUNNINGTON	57	Clacton On S	43.59	
60/64 Yrs Age Group					
Place	Name	AaD	Club	Time	
1	Philip HARPER	64	Rochford	36.85	
2	Jeff HILLIER	60	Bo Waltham F	44.34	
65/69 Yrs Age Group					
Place	Name	AaD	Club	Time	
1	Derek GORE	69	Chelmsford	46.56	
2	Michael GILES	69	Romford Town	50.4	
70/74 Yrs Age Group					
Place	Name	AaD	Club	Time	
	Stanley robert CLARKE	71	Romford Town	DQ	T-
75/79 Yrs Age Group					
Place	Name	AaD	Club	Time	
1	Janos LEIGH	75	Romford Town	48.92	
2	John STARR	75	Romford Town	49.26	
80 Yrs/Over Age Group					
Place	Name	AaD	Club	Time	
1	Len COCHRANE	89	Romford Town	1:29.31	

### EVENT 3 Womens Open 100m Breaststroke

#### 25/29 Yrs Age Group

Place	Name	AaD	Club	Time
1	Katie HIGGON	25	Harwich DP	1:24.93
2	Tina HARRIS	26	Romford Town	1:26.53
3	Katie BAILEY	27	Colchester	1:26.55
4	Sally WOOD	29	Romford Town	1:26.91

#### 30/34 Yrs Age Group

Place	Name	AaD	Club	Time
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1	Lynne MEALE	32	UEA Norwich	1:22.51
2	Rachel BUCKINGHAM	31	Bedford Mast	1:33.39
3	Kirsty STEWART	33	Bexhill	2:48.59
<b>35/39 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Julie SANDERS	37	Romford Town	1:26.38
2	Jo JOHNSON	39	UEA Norwich	1:28.23
<b>40/44 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Lesley BELLIS	43	Bedford Mast	1:40.90
<b>45/49 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Hannah UECKERMANN	46	Witham Dolph	1:30.08
2	Jacqueline PIPE	45	Rochford	1:41.14
3	Jacqueline MAYCOCK	47	Bedford Mast	1:42.73
<b>50/54 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Alyson FORDHAM	53	Romford Town	1:31.32
<b>55/59 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Christine AYERS	56	Bedford Mast	1:36.07
<b>60/64 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Diana m HUNT	61	Colchester	2:29.20

#### **EVENT 4 Mens Open 50m Butterfly**

<b>18/24 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Adam SPEAR	18	Clacton On S	28.56
2	Daniel MESSENGER	22	Halstead	30.16
3	Samuel WILSON	18	Harwich DP	38.1
<b>25/29 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Matthew RICKETT	27	Rochford	29.06
2	James GRIGG	28	Rochford	32.8
<b>30/34 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Ben MILLINGTON-JONES	31	Thurrock	27.92
2	James HEATHCOTE	31	Colchester	31.31
3	Gary WRAIGHT	32	Romford Town	31.58
<b>35/39 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	David WARREN	38	BurHill&HayH	26.46
2	Alexander FREELOVE	35	Otter	29.99
3	Mark OSTERRITTER	37	Halstead	30.21
4	Nick WHITE	38	Chelmsford	30.82
5	Nick RUSZ	35	Griffins Enf	31.29
6	Christopher MORGAN	37	Leyton	31.38
7	Paul COSTER	36	Thurrock	34.24
8	Steve KING	37	Thurrock	34.72
<b>40/44 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Mark SALWAY	41	BurHill&HayH	28.48
2	Chris RYALL	44	Romford Town	28.69
3	Stephen LANGFORD	40	Birmingham M	29.72
4	Steve MURPHY	41	Thurrock	31.56
5	Damian NAVARRETE	41	Colchester	31.58
6	David GRIGGS	41	Romford Town	31.86
7	Paul NORRIS	40	Leyton	32.23

8	Barry WELCH	44	Romford Town	32.76
9	David thomas ROZEE	41	Chelmsford	33.05
10	Keith SPENCE	43	Bedford Mast	38.05

#### 45/49 Yrs Age Group

Place	Name	AaD	Club	Time
1	Dale BARKER	47	Stowmarket	31.47
2	Steve HAM	47	Rochford	32.21
3	Dean SHEPHERD	46	Witham Dolph	32.73
4	Stephen DIMMICK	45	Rochford	33.29
5	Adam LELEAN	47	Diss Otters	34.22
6	Mark HEPTONSTALL	48	Colchester	36.13
7	Robert WRIGHT	46	Colchester	37.32

#### 50/54 Yrs Age Group

Place	Name	AaD	Club	Time
1	Geoff BAKER	50	Rochford	30.16
2	David SHAMP	51	Dorking	32.03
3	Michael howard RODWELL	50	Clacton On S	33.04
4	Thomas ENRIGHT	50	Romford Town	33.48
5	Nicholas HUNT	53	Chelmsford	35.54
6	Raymond MOORE	52	Thurrock	37.65
7	Peter CURRAN	53	Guildford Ct	40.24

#### 55/59 Yrs Age Group

Place	Name	AaD	Club	Time
1	Steve BRAINE	55	BurHill&HayH	30.42
2	Peter RAE	56	Rochford	33.65
3	Peter ILES	56	Bedford Mast	33.68
4	Walter GERRARD	57	Rochford	33.83
5	Brian HOSKING	58	Dorking	36.51

#### 60/64 Yrs Age Group

Place	Name	AaD	Club	Time
1	Philip HARPER	64	Rochford	33.82
2	Michael DEMPSEY	61	Basildon	37.7
3	Jack YOUNGMAN	62	Romford Town	43.89
	Jeff HILLIER	60	Bo Waltham F	DNC

#### 70/74 Yrs Age Group

Place	Name	AaD	Club	Time
1	Stanley robert CLARKE	71	Romford Town	36.53

#### 75/79 Yrs Age Group

Place	Name	AaD	Club	Time
1	John STARR	75	Romford Town	1:01.99

### **EVENT 5 Womens Open 100m Backstroke**

#### 25/29 Yrs Age Group

Place	Name	AaD	Club	Time
1	Sachika YAMAWAKI	28	Barnet Copt	1:13.75
2	Katie HIGGON	25	Harwich DP	1:26.33

#### 35/39 Yrs Age Group

Place	Name	AaD	Club	Time
1	Maria GIBSON	37	Runnymede	1:17.95

#### 40/44 Yrs Age Group

Place	Name	AaD	Club	Time
	Lesley ANASTASIOU	44	UEA Norwich	DQ T-

#### 45/49 Yrs Age Group

Place	Name	AaD	Club	Time
1	Hannah UECKERMANN	46	Witham Dolph	1:26.52

#### 50/54 Yrs Age Group

Place	Name	AaD	Club	Time
1	Alyson FORDHAM	53	Romford Town	1:19.33

#### 18/24 Yrs Age Group

Place	Name	AaD	Club	Time
1	Jane BRUMBY	19	Rochford	1:12.14

65/69 Yrs Age Group

Place	Name	AaD	Club	Time
1	Valerie STANDAGE	67	Colchester	2:06.52

### EVENT 6 Mens Open 100m IM

#### 18/24 Yrs Age Group

Place	Name	AaD	Club	Time
1	Adam BRUMBY	20	Rochford	1:07.51
2	Daniel MESSENGER	22	Halstead	1:08.99
3	Adam SPEAR	18	Clacton On S	1:09.47
4	Mike BAKER	19	Rochford	1:14.82
5	Daniel FARMER	21	Bo Waltham F	1:15.03
6	Samuel WILSON	18	Harwich DP	1:19.37

#### 25/29 Yrs Age Group

Place	Name	AaD	Club	Time
1	Daniel VOSS	25	Bo Waltham F	1:10.59
2	James GRIGG	28	Rochford	1:14.16

#### 30/34 Yrs Age Group

Place	Name	AaD	Club	Time
1	James HEATHCOTE	31	Colchester	1:09.77
	Gary WRAIGHT	32	Romford Town	DQ SA-

#### 35/39 Yrs Age Group

Place	Name	AaD	Club	Time
1	David WARREN	38	BurHill&HayH	1:00.35
2	Christopher MORGAN	37	Leyton	1:10.40
3	Nick RUSZ	35	Griffins Enf	1:13.06
4	Paul COSTER	36	Thurrock	1:19.18

#### 40/44 Yrs Age Group

Place	Name	AaD	Club	Time
1	Stephen LANGFORD	40	Birmingham M	1:10.38
2	Paul NORRIS	40	Leyton	1:11.59
3	Terry TAYLOR	42	Thurrock	1:26.09

#### 45/49 Yrs Age Group

Place	Name	AaD	Club	Time
1	Paul METSON	45	Rochford	1:09.60
2	Martin FENNER	47	Romford Town	1:11.21
3	Keith ODDY	46	Romford Town	1:13.24
4	James BOUCHER	49	Guildford Ct	1:20.46
5	Robert WRIGHT	46	Colchester	1:25.09
6	John PITT	49	Witham Dolph	1:28.20
7	Paul HOLLAND	47	Romford Town	1:30.66

#### 50/54 Yrs Age Group

Place	Name	AaD	Club	Time
1	Geoff BAKER	50	Rochford	1:13.54
2	Nicholas HUNT	53	Chelmsford	1:18.81
3	Thomas ENRIGHT	50	Romford Town	1:22.76
4	Peter CURRAN	53	Guildford Ct	1:29.19
5	Raymond MOORE	52	Thurrock	1:30.58

#### 55/59 Yrs Age Group

Place	Name	AaD	Club	Time
1	Peter RAE	56	Rochford	1:14.59
2	Steve BRAINE	55	BurHill&HayH	1:16.62
3	Brian HOSKING	58	Dorking	1:23.84
4	Christopher BRACEY	55	Bo Waltham F	1:32.16
5	Deryk DENNINGTON	55	Southend	1:34.33

#### 60/64 Yrs Age Group

Place	Name	AaD	Club	Time
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1	Christopher TRUEMAN	62	UEA Norwich	1:29.19
2	Jeff HILLIER	60	Bo Waltham F	1:34.10
3	Jack YOUNGMAN	62	Romford Town	1:38.95
65/69 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Michael GILES	69	Romford Town	1:55.01
70/74 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Stanley robert CLARKE	71	Romford Town	1:27.27

### **EVENT 7 Womens Open 50m Freestyle**

#### 18/24 Yrs Age Group

Place	Name	AaD	Club	Time
1	Suzannah MARTIN	23	Romford Town	30.52
2	Catherine LUMLEY	20	Witham Dolph	30.83
3	Jane BRUMBY	19	Rochford	30.93

#### 25/29 Yrs Age Group

Place	Name	AaD	Club	Time
1	Katie HIGGON	25	Harwich DP	31.08
2	Katie BAILEY	27	Colchester	31.95
3	Hannah STUBBS	27	Colchester	32.47
4	Heather OSTERRITTER	29	Halstead	32.51
5	Jade CRIM	27	Romford Town	32.92
6	Pip DYER	26	Halstead	33.34

#### 30/34 Yrs Age Group

Place	Name	AaD	Club	Time
1	Katherine WEISS	30	Thurrock	30.88
2	Cassie DRAKE	30	Romford Town	34.44
3	Claire BEARD	33	Romford Town	34.81
4	Kirsty STEWART	33	Bexhill	53.21

#### 35/39 Yrs Age Group

Place	Name	AaD	Club	Time
1	Maria GIBSON	37	Runnymede	31.37

#### 40/44 Yrs Age Group

Place	Name	AaD	Club	Time
1	Helen GRAY	43	Romford Town	31.53
2	Christine BEARWISH	44	Thurrock	33.67
3	Lesley ANASTASIOU	44	UEA Norwich	35.21
4	Lesley BELLIS	43	Bedford Mast	36.21

#### 45/49 Yrs Age Group

Place	Name	AaD	Club	Time
1	Debbie MATLESS	46	UEA Norwich	30.79
2	Madeline RYAMOND	46	Romford Town	31.42
3	Hannah UECKERMANN	46	Witham Dolph	33.91
4	Jacqueline PIPE	45	Rochford	34.18

#### 50/54 Yrs Age Group

Place	Name	AaD	Club	Time
1	Alyson FORDHAM	53	Romford Town	30.15
2	Amanda DOYLE	53	Dorking	36.51

#### 55/59 Yrs Age Group

Place	Name	AaD	Club	Time
1	Christine AYERS	56	Bedford Mast	36.2

#### 60/64 Yrs Age Group

Place	Name	AaD	Club	Time
1	Diana m HUNT	61	Colchester	54.87

#### 75/79 Yrs Age Group

Place	Name	AaD	Club	Time
1	Joy COCHRANE	76	Romford Town	55.32

**EVENT 8 Mens Open 50m Breaststroke**

## 18/24 Yrs Age Group

Place	Name	AaD	Club	Time
1	Daniel MESSENGER	22	Halstead	33.9
2	Daniel FARMER	21	Bo Waltham F	37.75
3	Mike BAKER	19	Rochford	38.02

## 25/29 Yrs Age Group

Place	Name	AaD	Club	Time
1	James FRY	27	Clacton On S	34.8

## 30/34 Yrs Age Group

Place	Name	AaD	Club	Time
1	Ben MILLINGTON-JONES	31	Thurrock	32.14
2	James HEATHCOTE	31	Colchester	33.68
3	Gary WRAIGHT	32	Romford Town	34.5
4	Jonathan GRAY	31	Dorking	35.74
5	Adam FREER	32	Camden Swiss	37.15

## 35/39 Yrs Age Group

Place	Name	AaD	Club	Time
1	Lee PETERSON	35	Braintree	31.79
2	David WARREN	38	BurHill&HayH	32.19
3	Daniel piers HUNT	37	Colchester	34.09
4	Martin LANE	38	Romford Town	34.96
5	Christopher MORGAN	37	Leyton	35.1
6	Keith BRIDGE	37	Southend	38.13
7	Paul COSTER	36	Thurrock	41.57

## 40/44 Yrs Age Group

Place	Name	AaD	Club	Time
1	Chris RYALL	44	Romford Town	33.79
2	Stuart GALVIN	42	Guildford Ct	34.96
3	Barry WELCH	44	Romford Town	36.05
4	Paul NORRIS	40	Leyton	36.07
5	Damian NAVARRETE	41	Colchester	36.78
6	Terry TAYLOR	42	Thurrock	42.95

## 45/49 Yrs Age Group

Place	Name	AaD	Club	Time
1	Keith ODDY	46	Romford Town	36.1
2	Dale BARKER	47	Stowmarket	36.56
3	Adam LELEAN	47	Diss Otters	37.45
4	James BOUCHER	49	Guildford Ct	38.15
5	John PITT	49	Witham Dolph	41.84
6	Robert WRIGHT	46	Colchester	43.92
7	Paul HOLLAND	47	Romford Town	45.41

## 50/54 Yrs Age Group

Place	Name	AaD	Club	Time
1	Nicholas HUNT	53	Chelmsford	36.03
2	David SHAMP	51	Dorking	39.08
3	Peter CURRAN	53	Guildford Ct	41.71
4	Thomas ENRIGHT	50	Romford Town	48.15

## 55/59 Yrs Age Group

Place	Name	AaD	Club	Time
1	Peter RAE	56	Rochford	37.69
2	Steve BRAINE	55	BurHill&HayH	41.73
3	Brian HOSKING	58	Dorking	44.9
4	Christopher BRACEY	55	Bo Waltham F	45.04
5	Deryk DENNINGTON	55	Southend	45.57

## 60/64 Yrs Age Group

Place	Name	AaD	Club	Time
1	Christopher TRUEMAN	62	UEA Norwich	41.55
2	Clive BRADBURN	62	Maidstone	42.85

3	Jeff HILLIER	60	Bo Waltham F	45.14
4	Jack YOUNGMAN	62	Romford Town	45.54
65/69 Yrs Age Group				
Place	Name	AaD	Club	Time
1	John LIMMER	65	Romford Town	44.13
2	Michael GILES	69	Romford Town	53.08
70/74 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Stanley robert CLARKE	71	Romford Town	42.01

### **EVENT 9 Womens Open 100m Butterfly**

25/29 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Louise DRAKE	29	Rochford	1:13.91
30/34 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Kay HAMILTON	31	Romford Town	1:16.77
35/39 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Lara FENNER	35	Romford Town	1:15.98
45/49 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Debbie MATLESS	46	UEA Norwich	1:20.60
2	Hannah UECKERMANN	46	Witham Dolph	1:26.45
3	Jacqueline PIPE	45	Rochford	1:35.73
50/54 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Alyson FORDHAM	53	Romford Town	1:29.69
55/59 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Christine VICTOR	55	Guildford Ct	1:28.53

### **EVENT 10 Mens Open 100m Freestyle**

18/24 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Adam SPEAR	18	Clacton On S	57.9
2	Daniel MESSENGER	22	Halstead	1:00.79
3	Mike BAKER	19	Rochford	1:06.38
4	Samuel WILSON	18	Harwich DP	1:07.60
25/29 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Tommaso TUFARELLI	25	Otter	59.15
2	Matthew RICKETT	27	Rochford	59.47
3	Daniel VOSS	25	Bo Waltham F	59.53
30/34 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Gary WRAIGHT	32	Romford Town	1:01.21
2	Jonathan GRAY	31	Dorking	1:02.55
3	Adam FREER	32	Camden Swiss	1:08.30
35/39 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Martin LANE	38	Romford Town	57.88
2	Mark OSTERRITTER	37	Halstead	57.98
3	Alexander FREELOVE	35	Otter	1:00.95
4	Christopher MORGAN	37	Leyton	1:01.56
5	Daniel piers HUNT	37	Colchester	1:02.62
6	Nick WHITE	38	Chelmsford	1:03.09
7	Nick RUSZ	35	Griffins Enf	1:04.82

8	Keith BRIDGE	37	Southend	1:06.31
9	Steve KING	37	Thurrock	1:07.15
	David WARREN	38	BurHill&HayH	DNC

#### 40/44 Yrs Age Group

Place	Name	AaD	Club	Time
1	Mark SALWAY	41	BurHill&HayH	58.8
2	Chris RYALL	44	Romford Town	59.65
3	Stephen LANGFORD	40	Birmingham M	1:02.49
4	Stuart GALVIN	42	Guildford Ct	1:03.55
5	David GRIGGS	41	Romford Town	1:04.00
6	Paul NORRIS	40	Leyton	1:04.19
7	Steve MURPHY	41	Thurrock	1:05.17
8	Christopher MATHLIN	44	Rochford	1:07.60
9	David thomas ROZEE	41	Chelmsford	1:08.41
10	Keith SPENCE	43	Bedford Mast	1:19.74

#### 45/49 Yrs Age Group

Place	Name	AaD	Club	Time
1	Paul METSON	45	Rochford	59.6
2	Dale BARKER	47	Stowmarket	1:02.55
3	Dean SHEPHERD	46	Witham Dolph	1:02.67
4	Martin FENNER	47	Romford Town	1:03.04
5	Adam LELEAN	47	Diss Otters	1:06.14
6	Simon MERRETT	49	Deben	1:06.27
7	Stephen DIMMICK	45	Rochford	1:07.85
8	Paul HOLLAND	47	Romford Town	1:20.64

#### 50/54 Yrs Age Group

Place	Name	AaD	Club	Time
1	Geoff BAKER	50	Rochford	1:03.94
2	Thomas ENRIGHT	50	Romford Town	1:05.24
3	Michael howard RODWELL	50	Clacton On S	1:09.56
4	Nicholas HUNT	53	Chelmsford	1:13.48
5	Raymond MOORE	52	Thurrock	1:13.77
6	Peter CURRAN	53	Guildford Ct	1:26.64

#### 55/59 Yrs Age Group

Place	Name	AaD	Club	Time
1	Peter RAE	56	Rochford	1:02.88
2	Peter ILES	56	Bedford Mast	1:09.59
3	Chris DUNNINGTON	57	Clacton On S	1:17.61
4	Deryk DENNINGTON	55	Southend	1:20.63

#### 60/64 Yrs Age Group

Place	Name	AaD	Club	Time
1	Clive BRADBURN	62	Maidstone	1:23.37
2	Jeff HILLIER	60	Bo Waltham F	1:32.47

#### 65/69 Yrs Age Group

Place	Name	AaD	Club	Time
1	Derek GORE	69	Chelmsford	1:17.41
2	Ron POWER	69	Romford Town	1:20.11
3	John LIMMER	65	Romford Town	1:34.47

#### 75/79 Yrs Age Group

Place	Name	AaD	Club	Time
1	John STARR	75	Romford Town	1:34.20
2	Janos LEIGH	75	Romford Town	1:35.83

#### 80 Yrs/Over Age Group

Place	Name	AaD	Club	Time
1	Len COCHRANE	89	Romford Town	3:00.28

### **EVENT 11 Womens Open 200m Freestyle**

#### 25/29 Yrs Age Group

Place	Name	AaD	Club	Time
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1	Sachika YAMAWAKI	28	Barnet Copt	2:17.60
2	Kira FAWKE	25	Romford Town	2:18.59
3	Louise DRAKE	29	Rochford	2:23.33
4	Katie HIGGON	25	Harwich DP	2:35.11
<b>30/34 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Kay HAMILTON	31	Romford Town	2:28.55
2	Rachel BUCKINGHAM	31	Bedford Mast	2:44.72
<b>35/39 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Jo JOHNSON	39	UEA Norwich	2:29.38
2	Kate WICKENS	39	Deben	2:29.76
3	Lara FENNER	35	Romford Town	2:30.28
	Maria GIBSON	37	Runnymede	DNC
<b>40/44 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Helen GRAY	43	Romford Town	2:26.05
<b>45/49 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Madeline RYAMOND	46	Romford Town	2:37.29
2	Hannah UECKERMANN	46	Witham Dolph	2:41.70
3	Dina THORNTON	46	Diss Otters	2:42.25
4	Jacqueline PIPE	45	Rochford	2:46.50
5	Pauline TESTER	45	Redbridge BM	3:12.00
<b>50/54 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Alyson FORDHAM	53	Romford Town	2:26.02
2	Amanda DOYLE	53	Dorking	2:50.14
<b>55/59 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Christine AYERS	56	Bedford Mast	2:53.86
2	Christine VICTOR	55	Guildford Ct	2:59.89
<b>75/79 Yrs Age Group</b>				
Place	Name	AaD	Club	Time
1	Joy COCHRANE	76	Romford Town	4:27.72

#### **EVENT 12 Mens 120 Yrs 100m Freestyle Team**

Place	Name	A.G	Club	Time
1	Romford Town SC A Tea		Romford Town	49.92
2	Rochford & District SC		Rochford	51.83
3	Thurrock Swimming Club		Thurrock	52.88
4	Clacton-on-Sea SC		Clacton On S	53.81
5	Bor of Waltham Forest		Bo Waltham F	57.16

#### **EVENT 13 Womens 120 Yrs 100m Freestyle Team**

Place	Name	A.G	Club	Time
1	Romford Town A Team		Romford Town	59.7

#### **EVENT 14 Mixed 160 Yrs 100m Freestyle Team**

Place	Name	A.G	Club	Time
1	Romford Town SC A Tea		Romford Town	55.3
2	Romford Town SC B Team		Romford Town	56.5
3	Thurrock Swimming Club		Thurrock	57.68
4	Colchester SC		Colchester	1:08.61

#### **EVENT 15 Mens 200 Yrs 100m Medley Team**

Place	Name	A.G	Club	Time
1	Rochford & District SC		Rochford	1:02.67
2	Romford Town SC B Team		Romford Town	1:10.65
3	Romford Town SC A Tea Colchester SC		Romford Town Colchester	1:12.54 DQ O-

#### **EVENT 16 Womens 200 Yrs 100m Medley Team**

Place	Name	A.G	Club	Time
1	Colchester SC		Colchester	1:32.06

#### **EVENT 17 Mixed 120 Yrs 100m Medley Team**

Place	Name	A.G	Club	Time
1	Romford Town A Team		Romford Town	1:01.42
2	Rochford & District SC		Rochford	1:01.68
3	Colchester SC		Colchester	1:02.45

#### **EVENT 18 Mens 160 Yrs 100m Medley Team**

Place	Name	A.G	Club	Time
1	Romford Town SC A Tea		Romford Town	57.79
2	Rochford & District SC		Rochford	58.73
3	Colchester SC		Colchester	1:02.17
4	Chelmsford SC Dorking		Chelmsford Dorking	1:02.49 DNC

#### **EVENT 19 Womens 160 Yrs 100m Medley Team**

Place	Name	A.G	Club	Time
1	Romford Town A Team		Romford Town	1:08.55
2	Colchester SC		Colchester	1:21.74
3	Romford Town B Team		Romford Town	1:21.86

#### **EVENT 20 Mixed 200 Yrs 100m Freestyle Team**

Place	Name	A.G	Club	Time
1	Romford Town SC A Tea		Romford Town	58.13
2	Romford Town SC B Team		Romford Town	1:02.16
3	Colchester SC		Colchester	1:02.88