EVENT 1 Men/Women 18 Yrs/Over 400m Free.

MEN 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Joshua FOWLES	23	Witham Dolph	4:19.15	549
	50m 29.23	100m 1:01.06	150m 1:34.20	200m 2:07.91	250m 2:40.24	300m 3:13.65	350m 3:46.97	400m 4:19.15
2.	George FLEMWELL	18	Hornchurch	5:18.81	295
	50m 33.82	100m 1:11.33	150m 1:51.33	200m 2:31.94	250m 3:13.79	300m 3:56.04	350m 4:37.92	400m 5:18.81
3.	James PAGE	22	Hornchurch	5:26.09	275
	50m 35.27	100m 1:15.97	150m 1:57.40	200m 2:39.37	250m 3:21.34	300m 4:03.09	350m 4:44.80	400m 5:26.09
4.	Daniel HALL	18	Hornchurch	5:36.03	252
	50m 36.25	100m 1:16.85	150m 1:58.90	200m 2:41.97	250m 3:24.98	300m 4:08.97	350m 4:53.07	400m 5:36.03

MEN 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Lewis ARCHER	25	Halstead	4:26.72	503
	50m 29.06	100m 1:01.85	150m 1:35.37	200m 2:09.41	250m 2:43.45	300m 3:18.16	350m 3:52.89	400m 4:26.72
2.	Thomas ALLEN	26	Flitwick	4:51.23	387
	50m 31.67	100m 1:07.08	150m 1:43.92	200m 2:21.15	250m 2:59.04	300m 3:36.80	350m 4:14.75	400m 4:51.23
3.	Emile DU-TOIT	28	Halstead	5:18.75	295
	50m 33.03	100m 1:11.34	150m 1:52.17	200m 2:34.02	250m 3:16.26	300m 3:58.54	350m 4:40.29	400m 5:18.75

MEN 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Sam WATTS	36	East Anglian	4:52.92	380
	50m 30.45	100m 1:04.32	150m 1:39.64	200m 2:16.42	250m 2:54.61	300m 3:33.66	350m 4:12.80	400m 4:52.92

MEN 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Stephen SMITH	43	Co Cambridge	6:21.96	171
	50m 34.98	100m 1:14.32	150m 1:55.78	200m 2:38.85	250m 4:05.78	300m 4:48.64	350m 6:21.96	400m 6:21.96

MEN 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Laurence GOWERS	47	Halstead	6:27.96	163
	50m 41.01	100m 1:26.52	150m 2:15.47	200m 3:05.38	250m 3:56.46	300m 4:47.86	350m 5:39.67	400m 6:27.96
2.	Russell EDGINGS	49	Hornchurch	7:02.06	127
	50m 43.02	100m 1:31.07	150m 2:24.33	200m 3:20.74	250m 4:16.76	300m 5:12.63	350m 6:08.36	400m 7:02.06

MEN 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Peter DIXON	54	Bo Newham	4:38.16	444
	50m 30.25	100m 1:04.25	150m 1:39.33	200m 2:14.86	250m 2:50.51	300m 3:26.57	350m 4:02.83	400m 4:38.16
2.	Ian WALLACE	52	Brentwood	4:45.05	412
	50m 32.75	100m 1:07.99	150m 1:44.45	200m 2:20.80	250m 2:57.53	300m 3:34.32	350m 4:10.69	400m 4:45.05
3.	Stewart FINN	52	Rochford	5:09.65	322
	50m 34.45	100m 1:12.40	150m 1:50.92	200m 2:30.54	250m 3:11.02	300m 3:51.44	350m 4:31.65	400m 5:09.65
4.	Daniel BUNN	52	Hornchurch	5:29.77	266
	50m 37.24	100m 1:18.54	150m 2:01.71	200m 2:43.94	250m 3:25.76	300m 4:07.84	350m 4:49.78	400m 5:29.77
5.	Dean PALMER	53	Hornchurch	5:37.76	248
	50m 38.72	100m 2:45.96	150m 3:29.08	200m -	250m -	300m 4:54.30	350m -	400m 5:37.76
6.	Chris DANIELS	53	Otter	5:48.87	225
	50m 37.37	100m 1:18.86	150m 2:02.03	200m 2:46.62	250m 3:31.37	300m 4:16.68	350m 5:03.32	400m 5:48.87

MEN 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jonathan SPRIGGS	55	Chelmsford	4:56.89	365
	50m 33.99	100m 1:10.49	150m 1:48.09	200m 2:26.06	250m 3:04.21	300m 3:42.33	350m 4:20.40	400m 4:56.89
2.	Jesse KELLY	56	Otter	5:06.87	330
	50m 35.51	100m 1:13.42	150m 1:52.21	200m 2:31.74	250m 3:10.59	300m 3:49.23	350m 4:28.54	400m 5:06.87
3.	Keith ODDY	59	Basildon Ph	5:40.70	241
	50m 37.66	100m 1:19.42	150m 2:02.40	200m 2:45.60	250m 3:29.18	300m 4:13.07	350m 4:57.52	400m 5:40.70
4.	Christopher BEECHING	57	Hornchurch	5:56.80	210
	50m 38.66	100m 1:21.65	150m 2:06.48	200m 2:51.83	250m 3:37.79	300m 4:24.00	350m 5:10.69	400m 5:56.80
5.	Kevin JUGGINS	56	Hornchurch	6:33.87	156
	50m 41.73	100m 1:28.53	150m 2:18.35	200m 3:09.81	250m 4:01.37	300m 4:53.71	350m 5:44.72	400m 6:33.87

MEN 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	ralph PINEL	60	Bo Newham	4:57.00	364
	50m 33.23	100m 1:08.78	150m 1:46.18	200m 2:23.71	250m 3:01.76	300m 3:39.63	350m 4:18.13	400m 4:57.00
2.	Dale BARKER	60	Team Anglia	5:10.74	318
	50m 35.07	100m 1:12.92	150m 1:52.16	200m 2:32.27	250m 3:12.85	300m 3:53.00	350m 4:32.66	400m 5:10.74
3.	Steve HAM	60	Rochford	5:18.07	297
	50m 35.05	100m 1:13.61	150m 1:53.51	200m 2:34.21	250m 3:15.06	300m 3:56.07	350m 4:37.35	400m 5:18.07

MEN 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	ANDREW WRIGHT	65	Stowmarket	6:57.38	131
	50m 47.27	100m 1:40.10	150m 2:33.55	200m 3:26.76	250m 4:20.45	300m 5:14.00	350m 6:06.82	400m 6:57.38

MEN 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jeff HILLIER	73	Bo Waltham F	8:28.81	72
	50m 50.57	100m 1:51.82	150m 2:57.09	200m 4:01.55	250m 5:10.35	300m 6:23.30	350m 7:27.48	400m 8:28.81

WOMEN 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Lara FAHY	19	Hornchurch	5:32.22	349
	50m 36.19	100m 1:16.72	150m 1:58.82	200m 2:41.19	250m 3:24.23	300m 4:07.52	350m 4:51.03	400m 5:32.22

WOMEN 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Natalie ALLEN	29	East Anglian	5:38.98	328
	50m 37.94	100m 1:20.70	150m 2:03.97	200m 2:47.70	250m 3:31.39	300m 4:14.91	350m 4:57.49	400m 5:38.98

WOMEN 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Laura HIBBERD	32	Hillingdon	5:19.54	392
	50m 34.01	100m 1:12.36	150m 1:52.60	200m 2:33.91	250m 3:15.51	300m 3:57.71	350m 4:39.87	400m 5:19.54
2.	Jennifer GAMBRELL	34	W Lon Pengu	6:06.15	260
	50m 38.50	100m 1:23.56	150m 2:11.63	200m 2:59.66	250m 3:47.12	300m 4:34.90	350m 5:20.90	400m 6:06.15

WOMEN 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Michelle LANE	35	Basildon Ph	5:00.79	470
	50m 32.89	100m 1:09.89	150m 1:47.99	200m 2:26.55	250m 3:05.58	300m 3:44.51	350m 4:23.18	400m 5:00.79
2.	Kira NEAL	38	Basildon Ph	5:10.11	429
	50m 35.06	100m 1:13.14	150m 1:52.11	200m 2:31.66	250m 3:11.48	300m 3:51.57	350m 4:31.19	400m 5:10.11
3.	Danielle RYAN	37	MwayMaritime	5:20.61	388
	50m 36.10	100m 1:15.19	150m 1:55.38	200m 2:36.61	250m 3:17.98	300m 3:59.83	350m 4:41.08	400m 5:20.61
4.	Louise KEDGE	37	Harlow Pen	6:06.82	259
	50m 38.63	100m 1:22.08	150m 2:07.00	200m 2:53.82	250m 3:41.60	300m 4:30.84	350m 5:19.43	400m 6:06.82
5.	Lucy EDWARDS	38	Hornchurch	6:54.90	179
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m 6:54.90

WOMEN 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Nichola MURCH	40	Hornchurch	5:15.75	406
	50m 34.40	100m 1:11.94	150m 1:51.37	200m 2:31.61	250m 3:12.84	300m 3:54.19	350m 4:35.63	400m 5:15.75
2.	Louise PARSONS	42	Rochford	5:31.36	351
	50m 35.87	100m 1:15.72	150m 1:57.23	200m 2:38.93	250m 3:21.42	300m 4:04.13	350m 4:47.40	400m 5:31.36
3.	Lizzie LONG	42	Rochford	5:49.58	299
	50m 37.16	100m 1:17.92	150m 2:01.36	200m 2:46.27	250m 3:31.82	300m 4:18.34	350m 5:04.61	400m 5:49.58
4.	Rowena DEBELLIGNY	42	Witham Dolph	6:09.32	254
	50m 37.34	100m 1:20.24	150m 2:06.88	200m 2:55.02	250m 3:43.67	300m 4:32.71	350m 5:21.67	400m 6:09.32

WOMEN 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Dawn PALMER	46	Hornchurch	4:58.19	482
	50m 33.46	100m 1:10.94	150m 1:48.69	200m 2:26.77	250m 3:04.53	300m 3:42.63	350m 4:20.61	400m 4:58.19
2.	Emma GREEN	45	Frognal Mast	6:29.85	216
	50m -	100m -	150m -	200m 3:08.65	250m 4:00.41	300m 4:53.15	350m 6:29.94	400m 6:29.85

WOMEN 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Kerry WILKINS	51	Thurrock	6:14.68	243
	50m 41.20	100m 1:27.25	150m 2:15.28	200m 3:03.89	250m 3:52.48	300m 4:40.62	350m 5:28.59	400m 6:14.68
2.	Anita GRAINGER	51	Witham Dolph	7:12.25	158
	50m 49.48	100m 1:42.88	150m 2:36.74	200m 3:31.36	250m 4:26.29	300m 5:22.35	350m 6:19.29	400m 7:12.25
	Natalie TYDEMAN	51	Frognal Mast	DNC	

WOMEN 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Liz WOOLNER	55	Flitwick	5:13.43	415
	50m 35.20	100m 1:13.84	150m 1:53.58	200m 2:33.71	250m 3:13.86	300m 3:54.52	350m 4:34.59	400m 5:13.43
2.	Nuala MUIR-COCHRANE	58	Gates &Whick	5:24.87	373
	50m 37.80	100m 1:18.54	150m 2:00.04	200m 2:41.33	250m 3:22.39	300m 4:03.63	350m 4:44.61	400m 5:24.87
3.	Hannah UECKERMANN	59	Witham Dolph	5:49.21	300
	50m 41.39	100m 1:25.75	150m 2:10.30	200m 2:54.78	250m 3:38.99	300m 4:23.04	350m 5:06.78	400m 5:49.21
4.	Pauline TESTER	58	BorRedbridge	7:11.13	159
	50m 51.65	100m 1:45.41	150m 2:39.52	200m 3:33.97	250m 4:28.67	300m 5:24.25	350m 6:18.89	400m 7:11.13
5.	Donna GODDARD	58	Witham Dolph	7:14.43	156
	50m 45.13	100m 1:36.53	150m 2:31.39	200m 3:27.53	250m 4:25.92	300m 5:24.34	350m 6:21.09	400m 7:14.43

WOMEN 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Alyson FORDHAM	66	Bishop Stort	5:29.40	358
	50m 37.59	100m 1:18.56	150m 2:00.37	200m 2:42.64	250m 3:25.31	300m 4:07.69	350m 4:49.92	400m 5:29.40

EVENT 2 Men 18 Yrs/Over 50m Backstroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Andrew SAWKINS	24	Bo Newham	28.22	488
2.	Ryan KELLY	23	Chelmsford	28.32	483
3.	Thomas SAUVARY-HINES	20	Basildon Ph	29.95	408
4.	Matthew HARDING	21	Gwich Royals	31.31	357
5.	James PAGE	22	Hornchurch	35.41	247
6.	Daniel HALL	18	Hornchurch	36.15	232

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	George EVANS	27	Bo Newham	29.49	427
2.	Lewis ARCHER	25	Halstead	31.62	347
3.	Elliott HILL	28	Bo Newham	32.19	328
4.	Dominic BAXTER	25	Harwich DP	32.23	327
5.	Thomas ALLEN	26	Flitwick	34.03	278
6.	David KEARNEY	29	Leyton	34.24	273
7.	Jordan SHAKES VACCIANA	29	Saxon Crown	34.81	260

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Martin SARTORIUS	30	Otter	30.41	390
2.	Marcel DUTOIT	30	Halstead	32.16	329
3.	Adam LAMB	33	Runnymede	35.90	237
4.	Jason PARR-MORLEY	31	Hornchurch	36.73	221

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Mike OUTTRAM	40	Flitwick	29.76	416

2.	Henry FINCHER	40	Bo Newham	32.82	310
3.	Samuel FOX	44	Flitwick	35.95	236
4.	Ryan LAM	41	BorRedbridge	37.55	207

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Craig BANNING	49	Harlow Pen	33.37	295
2.	Christopher HUNTER	47	Team Anglia	35.90	237
3.	Mark PLUMMER	45	Hornchurch	36.63	223
4.	Matthew BALE	45	Halstead	42.82	139

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Andrew SQUIRES	50	Team Anglia	35.02	255
2.	Robin MILLER	54	Hadleigh	35.25	250
3.	V DEL RIO VILAS	53	Gwich Royals	36.63	223
4.	Dave PETHERS	52	Basildon Ph	37.71	204
5.	Daniel BUNN	52	Hornchurch	42.02	147

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Marcel SCHOLTEN	56	Modernian	35.50	245
2.	Jesse KELLY	56	Otter	37.47	208
3.	Warren PHELOPS	56	Frognal Mast	49.05	92

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Martin FENNER	60	Basildon Ph	34.23	273
2.	Dale BARKER	60	Team Anglia	34.68	263
3.	Martyn FRESHER	60	Team Anglia	37.85	202
4.	Adam LELEAN	60	Diss Otters	41.62	152

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	ANDREW WRIGHT	65	Stowmarket	43.46	133
	VIVIEN WILLIS	69	Rochford	DNC	

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Christopher PRESTON	71	Out To Swim	45.92	113
2.	Jeff HILLIER	73	Bo Waltham F	51.98	78

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	PHILIP HARPER	77	Rochford	43.12	136

80 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Derek GORE	82	Chelmsford	53.20	72

EVENT 3 Women 18 Yrs/Over 100m Breaststroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Amber HEAD	20	Rochford	1:20.79	459	37.35
2.	Zoe WALTON	20	Rochford	1:23.70	413	38.91
3.	Kirsty RUSSELL	24	Co Newport	1:38.35	254	45.29
4.	Trinity LANGMEAD-BROCK	20	Hornchurch	1:46.72	199	50.55
5.	Holly BOCKING	21	Colchester P	2:03.91	127	58.80

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Aprille BRANTON	26	Felixstowe	1:39.03	249	-
2.	Elizabeth NICKELSON	25	Chelmsford	1:44.87	210	48.41

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Rachel LOUDAIN	33	Bo Newham	1:27.08	367	12.69
2.	Eleanor MCDAVIS	31	Bo Newham	1:48.70	188	13.24

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Kitty CRAIG	39	Hadleigh	1:25.07	393	40.44
2.	Victoria POOLE	37	Bo Newham	1:25.52	387	41.57
3.	hayley BROWN	39	Witham Dolph	1:26.87	369	41.49

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Sally DEVERILL	42	Basildon Ph	1:25.11	393	39.14
	Clemence GROCHOLSKA	43	W Lon Pengu	DQ SA		

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Susan ROWE-GOODEY	48	Basildon Ph	1:38.95	250	46.71

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Amanda GOODMAN	52	Basildon Ph	1:26.87	369	41.01

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Hannah UECKERMANN	59	Witham Dolph	1:37.79	259	47.54

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Sally LELEAN	71	Diss Otters	2:03.70	128	59.00

EVENT 4 Men 18 Yrs/Over 50m Butterfly

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Matthew HARDING	21	Gwich Royals	28.63	438
2.	Ryan KELLY	23	Chelmsford	29.37	406
3.	Thomas SAUVARY-HINES	20	Basildon Ph	29.71	392
4.	Daniel HALL	18	Hornchurch	32.90	288
5.	James PAGE	22	Hornchurch	33.78	266
6.	George FLEMWELL	18	Hornchurch	34.46	251

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	L CLIFFORD STEPHENSON	29	Natare W Lon	25.19	643
2.	Jack HOWLETT	26	Harwich DP	27.79	479
3.	Danny BAKER	28	Rochford	27.81	478
4.	reece PARKER	27	Bo Newham	28.45	446
5.	George EVANS	27	Bo Newham	28.76	432
6.	Louis STEED	27	Witham Dolph	28.91	425
7.	Nicholas ALBROW	27	Basildon Ph	29.28	409
8.	Andrew MACDONALD	28	Stevenage	29.55	398
9.	Thomas ALLEN	26	Flitwick	32.55	298
10.	Dominic BAXTER	25	Harwich DP	32.58	297
11.	Jordan SHAKES VACCIANA	29	Saxon Crown	33.05	285

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Andrew COWING	34	Chelmsford	29.70	392
2.	Jason PARR-MORLEY	31	Hornchurch	31.47	330
3.	Dian NIKOLOV	32	Bo Newham	37.16	200

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Dean MARTIN	37	Basildon Ph	29.25	411
2.	Jared GOLDEN	37	Gwich Royals	29.76	390
3.	Morgan LEE	39	Halstead	37.21	199
4.	Mark HOLMES	39	Colchester P	41.66	142

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	David EBANKS	40	Basildon Ph	28.69	435
2.	Henry FINCHER	40	Bo Newham	32.37	303
3.	Ryan LAM	41	BorRedbridge	32.84	290
4.	Ian GIBSON	42	Stevenage	34.09	259

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Craig BANNING	49	Harlow Pen	32.00	313
2.	Mark PLUMMER	45	Hornchurch	32.94	287
3.	Christopher HUNTER	47	Team Anglia	33.94	263
4.	Nick KARAISKOS	46	Basildon Ph	41.18	147

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Louis NEETHLING	51	Hillingdon	30.91	348
2.	Ian WALLACE	52	Brentwood	30.99	345
3.	Jason DOE	52	Basildon Ph	32.22	307
4.	Dave PETHERS	52	Basildon Ph	32.40	302
5.	Dean PALMER	53	Hornchurch	34.66	247
6.	Daniel BUNN	52	Hornchurch	35.66	226
7.	Richard LIVINGS	52	Hadleigh	41.40	145

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	ANDREW HARRINGTON	58	Hornchurch	31.81	319
2.	Keith ODDY	59	Basildon Ph	34.36	253
3.	Christopher BEECHING	57	Hornchurch	34.47	251
4.	Jesse KELLY	56	Otter	35.02	239

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Geoff BAKER	63	Rochford	31.81	319
2.	Martin FENNER	60	Basildon Ph	32.78	292
3.	Steve HAM	60	Rochford	34.58	248
4.	Martyn FRESHER	60	Team Anglia	36.05	219
5.	Adam LELEAN	60	Diss Otters	38.13	185
6.	Colin CORBY	63	Chelmsford	40.06	160
	Gordon CARTWRIGHT	61	Chelmsford	DQ SA	

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Edward CORCOS	66	Colchester	38.08	186
	VIVIEN WILLIS	69	Rochford	DNC	

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	PHILIP HARPER	77	Rochford	41.92	139

80 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Paul CLARKE	80	Beaver Mast	1:03.36	40

EVENT 5 Women 18 Yrs/Over 100m Backstroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Lelayna BLACKLOC	22	Chelmsford	1:15.88	378	36.17
2.	Amber HEAD	20	Rochford	1:22.32	296	39.67
3.	Holly BOCKING	21	Colchester P	1:52.44	116	55.06

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Aprille BRANTON	26	Felixstowe	1:28.07	242	43.50

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jane BRUMBY	32	Runnymede	1:13.12	423	34.37
2.	Laura HIBBERD	32	Hillingdon	1:17.98	348	37.96
3.	Jennifer GAMBRELL	34	W Lon Pengu	1:32.29	210	44.07

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Michelle LANE	35	Basildon Ph	1:13.86	410	36.05
2.	Sarah CARRINGTON	39	Witham Dolph	1:20.06	322	37.63
3.	Alexandra HODGENS	38	Brentwood	1:28.57	238	42.07

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Catherine MARKWELL	41	East Anglian	1:16.49	369	37.09
2.	Louise PARSONS	42	Rochford	1:23.71	281	41.25
3.	Cheryl MANSFIELD	40	Hornchurch	1:25.25	266	40.55

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Dawn PALMER	46	Hornchurch	1:11.98	443	35.47

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Katrina FARRALL	52	Basildon Ph	1:21.06	310	38.64

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Nuala MUIR-COCHRANE	58	Gates &Whick	1:25.84	261	41.78
2.	Sally COLEMAN	57	Hornchurch	1:37.87	176	46.48

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Sally LELEAN	71	Diss Otters	1:57.61	101	-

EVENT 6 Men 18 Yrs/Over 100m IM

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Ryan KELLY	23	Chelmsford	1:07.18	418
2.	Dylan NUTT	23	DunmowAtlant	1:07.33	415
3.	Daniel HALL	18	Hornchurch	1:14.90	302
4.	James PAGE	22	Hornchurch	1:15.81	291
5.	George FLEMWELL	18	Hornchurch	1:15.95	289

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Danny BAKER	28	Rochford	1:04.17	480
2.	Lewis ARCHER	25	Halstead	1:07.17	418
3.	David KEARNEY	29	Leyton	1:14.39	308
4.	Thomas ALLEN	26	Flitwick	1:14.99	301
5.	Elliott HILL	28	Bo Newham	1:16.17	287
6.	Emile DU-TOIT	28	Halstead	1:16.87	279
7.	Amarinder RUPRAI	29	Hornchurch	1:17.64	271

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Marcel DUTOIT	30	Halstead	1:04.21	479
2.	Jamie HARRINGTON	31	Hornchurch	1:08.35	397
3.	Jason PARR-MORLEY	31	Hornchurch	1:17.00	278

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Tom HARGREAVES	36	Hackney	1:06.67	428
2.	Dean MARTIN	37	Basildon Ph	1:08.64	392
3.	John DILLEY	39	Chelmsford	1:08.96	387

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	David EBANKS	40	Basildon Ph	1:03.65	492
2.	Mike OUTTRAM	40	Flitwick	1:04.23	479
3.	Henry FINCHER	40	Bo Newham	1:14.91	302
4.	Samuel FOX	44	Flitwick	1:17.42	273
5.	Lewis WHITELOCK	42	Basildon Ph	1:29.45	177

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Craig BANNING	49	Harlow Pen	1:16.00	289
2.	Christopher HUNTER	47	Team Anglia	1:17.50	272
3.	Nick KARAISKOS	46	Basildon Ph	1:30.19	173

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt

1.	Andrew SQUIRES	50	Team Anglia	1:15.16	299
2.	Robin MILLER	54	Hadleigh	1:17.11	276
3.	Dave PETHERS	52	Basildon Ph	1:17.56	272
4.	Dean PALMER	53	Hornchurch	1:18.25	264
5.	Daniel BUNN	52	Hornchurch	1:22.99	222
6.	Chris DANIELS	53	Otter	1:31.45	166

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Keith ODDY	59	Basildon Ph	1:16.62	282
2.	Jesse KELLY	56	Otter	1:17.61	271
3.	Christopher BEECHING	57	Hornchurch	1:20.47	243
4.	Mark SANSOME	58	Hillingdon	1:25.77	201
5.	Kevin JUGGINS	56	Hornchurch	1:37.46	137

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Martin FENNER	60	Basildon Ph	1:16.18	287
2.	Steve HAM	60	Rochford	1:18.17	265
3.	Dale BARKER	60	Team Anglia	1:18.28	264
4.	Adam LELEAN	60	Diss Otters	1:21.18	237

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Edward CORCOS	66	Colchester	1:27.26	191
2.	ANDREW WRIGHT	65	Stowmarket	1:37.24	138
3.	robert STRANDERS	66	DunmowAtlant	1:45.06	109

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Christopher PRESTON	71	Out To Swim	1:53.48	86

80 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Paul CLARKE	80	Beaver Mast	2:06.33	62

EVENT 7 Women 18 Yrs/Over 50m Freestyle

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Amber HEAD	20	Rochford	30.41	428
2.	Holly FREEEGARD	19	Halstead	30.62	419
3.	Zoe WALTON	20	Rochford	31.79	375
4.	Holly BUCKINGHAM	21	Chelmsford	31.90	371
5.	Alice WARD	24	Brentwood	32.42	353
6.	Andrea TRAG	23	Hillingdon	33.31	326
7.	Lara FAHY	19	Hornchurch	33.48	321
8.	Holly ALBROW	24	Basildon Ph	33.68	315
9.	Trinity LANGMEAD-BROCK	20	Hornchurch	39.56	194
10.	Holly BOCKING	21	Colchester P	50.85	91
	Olivia SMITH-LAL	24	DunmowAtlant	DNC	

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Ella STONE	25	Rochford	29.13	487
2.	Federica NOERA	26	Bo Newham	29.84	453
3.	Eleanor JOHNSON	27	Halstead	30.27	434
4.	Poppy HILL	27	Bo Newham	30.76	414
5.	Florence SAVAGE	26	Bo Newham	31.90	371
6.	Aprille BRANTON	26	Felixstowe	32.70	344

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jane BRUMBY	32	Runnymede	30.97	405
2.	Chelsea ROFF	33	Bo Newham	32.62	347
3.	Katie WRIGHT	31	Bo Newham	35.21	276
4.	Holly OFFORD	34	Basildon Ph	35.26	275
5.	Jennifer GAMBRELL	34	W Lon Pengu	39.22	199
6.	Eleanor MCDAVIS	31	Bo Newham	40.53	181

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Sarah EDWARDS	36	DunmowAtlant	28.87	501
2.	Michelle LANE	35	Basildon Ph	30.06	443
3.	Kira NEAL	38	Basildon Ph	30.64	419
4.	Alexandra HODGENS	38	Brentwood	32.10	364
5.	Louise KEDGE	37	Harlow Pen	33.07	333
6.	Lucy EDWARDS	38	Hornchurch	42.86	153

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Catherine MARKWELL	41	East Anglian	29.86	452
2.	Nichola MURCH	40	Hornchurch	31.49	386
3.	Louise PARSONS	42	Rochford	31.56	383
4.	Shelley DAY	42	Witham Dolph	31.87	372
5.	Sally DEVERILL	42	Basildon Ph	32.91	338
6.	Cheryl MANSFIELD	40	Hornchurch	33.98	307
7.	Katie BRETMAN	42	DunmowAtlant	34.56	292
8.	Rowena DEBELLIGNY	42	Witham Dolph	34.62	290
9.	Claire CORNWELL	42	Rochford	40.14	186
10.	Clemence GROCHOLSKA	43	W Lon Pengu	43.04	151
11.	Andrea MAGNORSKY	42	Rochford	59.94	55

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Dawn PALMER	46	Hornchurch	28.85	502
2.	Emma GREEN	45	Frognal Mast	34.71	288
3.	Susan ROWE-GOODEY	48	Basildon Ph	35.15	277
4.	Suzanne CARTER	47	W Lon Pengu	44.72	134

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Amanda GOODMAN	52	Basildon Ph	33.84	311
2.	Natalie TYDEMAN	51	Frognal Mast	35.20	276
3.	M FOCES ZARATIEGUI	53	Gwich Royals	35.71	264
4.	Kerry WILKINS	51	Thurrock	36.91	239
5.	Andrea HEAD	53	Rochford	44.32	138

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Liz WOOLNER	55	Flitwick	29.57	466
2.	Nuala MUIR-COCHRANE	58	Gates &Whick	35.29	274
3.	Sally COLEMAN	57	Hornchurch	37.60	226
4.	Lisa BYFORD	57	Rochford	38.17	216
5.	Donna GODDARD	58	Witham Dolph	38.57	210
6.	Ann HART	58	Basildon Ph	38.90	204

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Eileen LUTHER	64	Rochford	35.64	266

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Alyson FORDHAM	66	Bishop Stort	30.93	407

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Carol HULETT	74	Hornchurch	48.89	103

EVENT 8 Men 18 Yrs/Over 50m Breaststroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Ryan KELLY	23	Chelmsford	35.44	361
2.	James PAGE	22	Hornchurch	36.16	340
3.	Daniel HALL	18	Hornchurch	38.87	274
4.	George FLEMWELL	18	Hornchurch	41.50	225

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	L CLIFFORD STEPHENSON	29	Natare W Lon	28.43	700
2.	Andrew MACDONALD	28	Stevenage	33.93	412
3.	Connor SPICER	26	1066swimmers	34.75	383
4.	Jordan SHAKES VACCIANA	29	Saxon Crown	35.30	365
5.	David KEARNEY	29	Leyton	37.96	294
6.	Amarinder RUPRAI	29	Hornchurch	38.02	292
7.	Dominic BAXTER	25	Harwich DP	38.16	289
8.	Thomas ALLEN	26	Flitwick	39.12	268
9.	Jamie LAWRENCE	28	Chelmsford	41.88	219

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Adam LAMB	33	Runnymede	36.57	329
2.	Dian NIKOLOV	32	Bo Newham	39.29	265
3.	Jason PARR-MORLEY	31	Hornchurch	41.95	218

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Mark HOLMES	39	Colchester P	51.63	116

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	David EBANKS	40	Basildon Ph	30.30	578
2.	Ryan LAM	41	BorRedbridge	37.50	305
3.	Ian GIBSON	42	Stevenage	38.20	288
4.	Lewis WHITELOCK	42	Basildon Ph	44.48	182

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Craig BANNING	49	Harlow Pen	35.95	346
2.	Matthew BALE	45	Halstead	36.59	328
3.	Steve DENHAM	46	Hadleigh	37.66	301
4.	Nick KARAISKOS	46	Basildon Ph	44.35	184
5.	Russell EDGINGS	49	Hornchurch	48.47	141

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	V DEL RIO VILAS	53	Gwich Royals	38.71	277
1.	Dave PETHERS	52	Basildon Ph	38.71	277
3.	Daniel BUNN	52	Hornchurch	38.86	274
4.	Robin MILLER	54	Hadleigh	39.89	253
5.	Richard LIVINGS	52	Hadleigh	49.08	136

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Marcel SCHOLTEN	56	Modernian	35.08	372
2.	Jonathan SPRIGGS	55	Chelmsford	35.92	347
3.	Keith ODDY	59	Basildon Ph	37.28	310
4.	Christopher BEECHING	57	Hornchurch	38.67	278
5.	Jesse KELLY	56	Otter	40.17	248

6.	Mark SANSOME	58	Hillingdon	41.06	232
7.	Chris JOHNSON	59	Halstead	46.37	161

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Martyn FRESHER	60	Team Anglia	36.71	325
2.	Adam LELEAN	60	Diss Otters	39.73	256
3.	Martin FENNER	60	Basildon Ph	39.87	254

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	ANDREW WRIGHT	65	Stowmarket	46.57	159
	robert STRANDERS	66	DunmowAtlant	DQ T	

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jeff HILLIER	73	Bo Waltham F	52.81	109

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	FRANCEYS ALLEN	77	Stowmarket	56.65	88

EVENT 9 Women 18 Yrs/Over 100m Butterfly

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Eleanor JOHNSON	27	Halstead	1:15.60	376	34.65

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	hayley BROWN	39	Witham Dolph	1:15.22	382	35.64
2.	Michelle LANE	35	Basildon Ph	1:17.63	348	36.00

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Elizabeth BELLINGER	44	Bishop Stort	1:08.18	513	31.17
2.	Christine JAEGGI	41	Bo Newham	1:13.59	408	34.19
3.	Louise PARSONS	42	Rochford	1:21.61	299	36.97
	Cheryl MANSFIELD	40	Hornchurch	DNC		

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Natalie TYDEMAN	51	Frognal Mast	1:42.56	150	45.27

EVENT 10 Men 18 Yrs/Over 100m Freestyle

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Joshua FOWLES	23	Witham Dolph	54.90	548	26.55
2.	Andrew SAWKINS	24	Bo Newham	54.99	545	26.61
3.	James MURPHY	24	Bo Newham	57.81	469	26.80
4.	Matthew HARDING	21	Gwich Royals	57.82	469	27.31
5.	Ryan KELLY	23	Chelmsford	59.66	427	28.34
6.	Daniel HALL	18	Hornchurch	1:02.96	363	30.22
7.	George FLEMWELL	18	Hornchurch	1:04.10	344	31.17
8.	James PAGE	22	Hornchurch	1:04.52	337	31.38

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jack HOWLETT	26	Harwich DP	54.64	556	25.46
2.	Danny BAKER	28	Rochford	55.24	538	27.01
3.	Christopher STOTHARD	29	Basildon Ph	56.17	512	26.36
4.	reece PARKER	27	Bo Newham	56.57	501	26.65
5.	Lewis ARCHER	25	Halstead	58.81	446	27.86
6.	Elliott HILL	28	Bo Newham	59.72	426	28.47
7.	Nicholas ALBROW	27	Basildon Ph	59.77	425	28.83
8.	Louis STEED	27	Witham Dolph	1:00.48	410	28.85
9.	Andrew MACDONALD	28	Stevenage	1:00.49	410	29.34
10.	Dominic BAXTER	25	Harwich DP	1:01.22	395	29.62
11.	Thomas ALLEN	26	Flitwick	1:03.06	361	30.36
12.	Jamie LAWRENCE	28	Chelmsford	1:06.57	307	31.02
13.	Amarinder RUPRAI	29	Hornchurch	1:11.36	249	34.28

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jamie HARRINGTON	31	Hornchurch	57.16	485	27.61
2.	Martin SARTORIUS	30	Otter	57.76	470	26.98
3.	Andrew COWING	34	Chelmsford	59.04	441	28.34
4.	Jamie SIRETT	34	Hoddesdon	1:00.03	419	28.00
5.	Jason PARR-MORLEY	31	Hornchurch	1:05.59	321	31.14
6.	Dian NIKOLOV	32	Bo Newham	1:21.72	166	36.76

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Tom HARGREAVES	36	Hackney	58.86	445	28.26
2.	Jared GOLDEN	37	Gwich Royals	59.41	432	28.55
3.	John DILLEY	39	Chelmsford	1:00.21	415	28.81
4.	Dean MARTIN	37	Basildon Ph	1:00.97	400	29.11
5.	Alessandro FALCOSKI	37	Enfield Sq	1:08.45	282	31.96
6.	Morgan LEE	39	Halstead	1:08.90	277	32.54

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Stephen SMITH	43	Co Cambridge	1:07.79	291	32.60

	Neil DALTON	44	Basildon Ph	DNC				
	Lewis WHITELOCK	42	Basildon Ph	DNF				

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Steve DENHAM	46	Hadleigh	1:07.74	291	31.40
2.	Christopher HUNTER	47	Team Anglia	1:08.37	283	33.33
3.	Mark PLUMMER	45	Hornchurch	1:09.55	269	32.58
4.	Nick KARAISKOS	46	Basildon Ph	1:21.69	166	39.17
5.	Laurence GOWERS	47	Halstead	1:22.78	160	38.80
6.	Russell EDGINGS	49	Hornchurch	1:28.82	129	40.79

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Peter DIXON	54	Bo Newham	1:00.14	417	29.34
2.	Louis NEETHLING	51	Hillingdon	1:04.43	339	30.76
3.	Jason DOE	52	Basildon Ph	1:06.02	315	31.74
4.	Stewart FINN	52	Rochford	1:06.07	314	31.39
5.	Daniel BUNN	52	Hornchurch	1:11.88	244	33.57
6.	Richard LIVINGS	52	Hadleigh	1:24.82	148	41.66

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Marcel SCHOLTEN	56	Modernian	1:04.19	343	30.38
2.	ANDREW HARRINGTON	58	Hornchurch	1:04.34	340	30.67
3.	Jesse KELLY	56	Otter	1:10.73	256	33.80
4.	Jonathan GREENE	58	East Anglian	1:17.69	193	-
5.	Kevin JUGGINS	56	Hornchurch	1:21.59	167	39.57
6.	Chris JOHNSON	59	Halstead	1:24.20	152	38.16
7.	Warren PHELOPS	56	Frognal Mast	1:35.77	103	-

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	ralph PINEL	60	Bo Newham	1:02.15	378	29.44
2.	Martin FENNER	60	Basildon Ph	1:07.05	301	32.20
3.	Geoff BAKER	63	Rochford	1:09.94	265	33.38
4.	Gordon CARTWRIGHT	61	Chelmsford	1:12.02	242	34.61
5.	Colin CORBY	63	Chelmsford	1:17.59	194	35.43

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Edward CORCOS	66	Colchester	1:16.42	203	35.76
2.	robert STRANDERS	66	DunmowAtlant	1:27.25	136	43.23

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Christopher PRESTON	71	Out To Swim	1:30.40	122	44.55

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	PHILIP HARPER	77	Rochford	1:17.63	194	36.74

80 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Derek GORE	82	Chelmsford	1:36.07	102	45.36
2.	Paul CLARKE	80	Beaver Mast	1:50.59	67	52.07

EVENT 11 Women 18 Yrs/Over 200m Freestyle

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Lelayna BLACKLOC	22	Chelmsford	2:27.48	419	34.36	1:11.60	1:49.66
2.	Amber HEAD	20	Rochford	2:32.81	377	34.05	1:12.42	1:52.55
3.	Alice WARD	24	Brentwood	2:36.31	352	34.31	1:14.13	1:55.60
4.	Lara FAHY	19	Hornchurch	2:38.56	337	36.16	1:16.89	1:58.14
5.	Trinity LANGMEAD-BROCK	20	Hornchurch	3:06.20	208	42.01	1:28.95	2:17.89

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Aprille BRANTON	26	Felixstowe	2:37.73	343	35.67	1:15.60	1:56.62
2.	Natalie ALLEN	29	East Anglian	2:45.65	296	37.53	1:19.61	2:02.42

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Laura HIBBERD	32	Hillingdon	2:28.18	413	33.79	1:11.89	1:50.13
2.	Gemma CANNON	30	Felixstowe	2:32.23	381	34.84	1:13.41	1:53.18
3.	Kate CHAMBERLAIN	33	East Anglian	2:40.09	328	35.58	1:16.05	1:58.82
4.	Chelsea ROFF	33	Bo Newham	2:41.36	320	36.22	1:16.68	-
5.	Jennifer GAMBRELL	34	W Lon Pengu	2:57.60	240	39.62	1:25.69	2:12.69

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Michelle LANE	35	Basildon Ph	2:22.78	462	32.56	1:09.26	1:46.55
2.	Kira NEAL	38	Basildon Ph	2:25.79	434	33.91	1:10.63	1:48.25
3.	Victoria POOLE	37	Bo Newham	2:29.46	403	35.07	1:13.40	1:51.58
4.	Lucy EDWARDS	38	Hornchurch	3:19.14	170	44.38	1:33.81	2:26.52

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Nichola MURCH	40	Hornchurch	2:28.93	407	34.19	1:11.32	1:49.78
2.	Louise PARSONS	42	Rochford	2:39.64	331	36.31	1:17.18	1:59.36
3.	Isabelle BAILEY	44	Chelmsford	2:39.80	330	36.30	1:16.00	1:57.93
4.	Lizzie LONG	42	Rochford	2:48.90	279	37.73	1:20.05	2:04.64
5.	Claire CORNWELL	42	Rochford	3:15.21	181	43.48	1:32.72	2:24.10

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Dawn PALMER	46	Hornchurch	2:22.35	466	31.83	1:08.16	1:45.55
2.	Susan ROWE-GOODEY	48	Basildon Ph	2:52.93	260	39.71	1:23.81	2:09.80
3.	Suzanne CARTER	47	W Lon Pengu	3:36.42	132	50.00	1:45.76	2:42.61

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Amanda GOODMAN	52	Basildon Ph	2:52.51	262	39.27	1:23.22	2:08.81
2.	Kerry WILKINS	51	Thurrock	3:00.52	228	40.03	1:26.19	2:14.39
3.	Anita GRAINGER	51	Witham Dolph	3:33.39	138	48.81	-	2:39.42

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Nuala MUIR-COCHRANE	58	Gates &Whick	2:38.69	336	37.09	1:17.43	1:58.75
2.	Hannah UECKERMANN	59	Witham Dolph	2:53.79	256	40.38	1:24.83	2:10.56
3.	Donna GODDARD	58	Witham Dolph	3:21.64	164	43.37	1:33.91	2:28.17
4.	Pauline TESTER	58	BorRedbridge	3:33.94	137	50.87	1:45.74	2:40.76

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Alyson FORDHAM	66	Bishop Stort	2:34.06	368	35.33	1:14.12	1:54.41

EVENT 12 Men 18 Yrs/Over 200m Freestyle

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Joshua FOWLES	23	Witham Dolph	1:59.78	570	27.71	58.17	1:28.45
2.	James MURPHY	24	Bo Newham	2:09.70	449	28.50	1:00.55	1:34.28
3.	James PAGE	22	Hornchurch	2:28.86	297	33.96	1:12.26	1:51.51

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Danny BAKER	28	Rochford	2:03.44	521	28.15	59.27	1:31.43
2.	Christopher STOTHARD	29	Basildon Ph	2:06.72	482	29.03	1:00.86	1:33.62
3.	Lewis ARCHER	25	Halstead	2:08.42	463	28.98	1:01.90	1:35.75
4.	Nicholas ALBROW	27	Basildon Ph	2:14.64	402	29.85	1:03.01	1:38.28
5.	Thomas ALLEN	26	Flitwick	2:18.38	370	31.59	1:06.87	1:43.34
6.	Emile DU-TOIT	28	Halstead	2:25.57	318	32.14	1:09.07	1:47.56

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Jamie HARRINGTON	31	Hornchurch	2:09.88	447	29.48	1:01.71	1:35.64
2.	Jason PARR-MORLEY	31	Hornchurch	2:33.25	272	34.74	1:12.80	1:52.66

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Sam WATTS	36	East Anglian	2:17.76	375	28.91	1:02.39	1:39.11
2.	Alessandro FALCOSKI	37	Enfield Sq	2:30.36	288	33.55	1:10.81	1:50.60

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Mike OUTTRAM	40	Flitwick	2:07.80	470	16.73	1:00.80	1:33.95
2.	Stephen SMITH	43	Co Cambridge	2:29.86	291	34.76	1:12.76	1:52.31
3.	Lewis WHITELOCK	42	Basildon Ph	3:15.02	132	37.42	1:21.41	2:16.59

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Laurence GOWERS	47	Halstead	3:00.49	166	40.97	1:27.56	2:15.85

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Peter DIXON	54	Bo Newham	2:12.18	424	30.52	1:04.16	1:38.62
2.	Ian WALLACE	52	Brentwood	2:16.02	389	32.18	1:06.79	1:42.17
3.	Robin MILLER	54	Hadleigh	2:28.29	300	32.78	1:09.63	1:48.77
4.	Dave PETHERS	52	Basildon Ph	2:29.90	291	34.33	1:12.42	1:51.60
5.	Daniel BUNN	52	Hornchurch	2:36.15	257	35.04	1:14.22	1:55.26
6.	Dean PALMER	53	Hornchurch	2:42.81	227	37.88	-	2:00.61

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Jesse KELLY	56	Otter	2:27.86	303	35.31	1:13.83	1:52.07
2.	ANDREW HARRINGTON	58	Hornchurch	2:29.05	296	33.59	1:12.57	1:52.57
3.	Christopher BEECHING	57	Hornchurch	2:40.82	235	35.72	1:16.10	1:58.51
4.	Jonathan GREENE	58	East Anglian	2:56.36	178	39.78	1:23.29	2:10.24
5.	Kevin JUGGINS	56	Hornchurch	3:02.60	161	40.79	1:27.09	2:15.15
6.	Warren PHELOPS	56	Frognal Mast	3:41.97	89	43.71	1:39.75	2:39.40

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	ralph PINEL	60	Bo Newham	2:17.05	381	32.24	1:06.76	1:42.05
2.	Dale BARKER	60	Team Anglia	2:28.17	301	35.04	1:12.78	1:50.85
3.	Adam LELEAN	60	Diss Otters	2:29.21	295	34.78	1:13.08	1:51.80
4.	Steve HAM	60	Rochford	2:31.07	284	34.98	1:13.22	1:52.62
5.	Martin FENNER	60	Basildon Ph	2:33.11	273	34.46	1:12.94	1:53.07
6.	Gordon CARTWRIGHT	61	Chelmsford	2:42.83	227	37.89	1:18.47	-
7.	Colin CORBY	63	Chelmsford	2:58.73	171	40.19	1:25.49	2:12.58

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	robert STRANDERS	66	DunmowAtlant	3:19.83	122	45.34	1:35.81	2:29.98

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Christopher PRESTON	71	Out To Swim	3:19.24	124	45.06	1:36.40	-

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150

1.	PHILIP HARPER	77	Rochford	3:07.60	148	43.83	1:32.74	2:21.53

80 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Derek GORE	82	Chelmsford	3:34.87	98	49.78	1:44.53	2:40.65

EVENT 13 Women 18 Yrs/Over 50m Backstroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Lelayna BLACKLOC	22	Chelmsford	35.14	389
2.	Amber HEAD	20	Rochford	36.38	351
3.	Holly BUCKINGHAM	21	Chelmsford	37.64	317
4.	Holly ALBROW	24	Basildon Ph	40.42	256
5.	Alice WARD	24	Brentwood	40.45	255
6.	Zoe WALTON	20	Rochford	40.50	254
7.	Trinity LANGMEAD-BROCK	20	Hornchurch	47.39	158
8.	Holly BOCKING	21	Colchester P	54.27	105

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Ella STONE	25	Rochford	34.42	414
2.	Florence SAVAGE	26	Bo Newham	36.75	340

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jane BRUMBY	32	Runnymede	33.81	437
2.	Kate CHAMBERLAIN	33	East Anglian	37.75	314
3.	Gemma CANNON	30	Felixstowe	38.18	303
4.	Chelsea ROFF	33	Bo Newham	40.46	255
5.	Katie WRIGHT	31	Bo Newham	41.22	241
6.	Holly OFFORD	34	Basildon Ph	43.84	200

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Sarah EDWARDS	36	DunmowAtlant	34.13	425
2.	Michelle LANE	35	Basildon Ph	34.85	399
3.	Sarah CARRINGTON	39	Witham Dolph	36.58	345
4.	Alexandra HODGENS	38	Brentwood	37.81	312

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Catherine MARKWELL	41	East Anglian	35.43	380
2.	Louise PARSONS	42	Rochford	40.00	264
3.	Cheryl MANSFIELD	40	Hornchurch	40.05	263

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Dawn PALMER	46	Hornchurch	34.52	411
2.	Emma GREEN	45	Frognal Mast	42.95	213

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Katrina FARRALL	52	Basildon Ph	36.98	334
2.	Natalie TYDEMAN	51	Frognal Mast	46.34	169
3.	Anita GRAINGER	51	Witham Dolph	46.74	165

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Liz WOOLNER	55	Flitwick	34.86	399
2.	Nuala MUIR-COCHRANE	58	Gates &Whick	40.04	263
3.	Sally COLEMAN	57	Hornchurch	45.95	174
4.	Ann HART	58	Basildon Ph	46.83	164

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
	Eileen LUTHER	64	Rochford	DNC	

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Vivien WILLIS	69	Rochford	49.69	137

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Sally LELEAN	71	Diss Otters	56.74	92
2.	Carol HULETT	74	Hornchurch	1:03.74	65

EVENT 14 Men 18 Yrs/Over 100m Breaststroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Ryan KELLY	23	Chelmsford	1:18.60	354	35.62
2.	James PAGE	22	Hornchurch	1:20.09	334	38.18
3.	Daniel HALL	18	Hornchurch	1:28.10	251	41.43

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jack HOWLETT	26	Harwich DP	1:11.77	465	33.39
2.	Andrew MACDONALD	28	Stevenage	1:14.81	410	34.99
3.	Amarinder RUPRAI	29	Hornchurch	1:23.58	294	39.76
4.	Thomas ALLEN	26	Flitwick	1:23.64	293	39.45
5.	David KEARNEY	29	Leyton	1:25.95	270	39.85

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Tom HARGREAVES	36	Hackney	1:13.56	432	34.93

2.	Jared GOLDEN	37	Gwich Royals	1:13.98	424	35.01
3.	John DILLEY	39	Chelmsford	1:18.36	357	37.14
4.	Mark HOLMES	39	Colchester P	1:51.25	124	51.57
	Sean BUNKER	35	Rochford	DNC		

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	David EBANKS	40	Basildon Ph	1:08.03	546	31.30
2.	Samuel FOX	44	Flitwick	1:27.35	258	41.59
3.	Lewis WHITELOCK	42	Basildon Ph	1:38.77	178	45.17

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Matthew BALE	45	Halstead	1:26.79	263	40.96
2.	Steve DENHAM	46	Hadleigh	1:29.29	241	42.07
3.	Nick KARAISKOS	46	Basildon Ph	1:42.95	157	47.47
4.	Russell EDGINGS	49	Hornchurch	1:48.58	134	50.77

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Daniel BUNN	52	Hornchurch	1:25.69	273	40.87
2.	Dave PETHERS	52	Basildon Ph	1:30.43	232	42.12

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jonathan SPRIGGS	55	Chelmsford	1:18.52	355	37.93
2.	Keith ODDY	59	Basildon Ph	1:23.32	297	39.03
3.	Christopher BEECHING	57	Hornchurch	1:25.71	273	40.26
4.	Jesse KELLY	56	Otter	1:30.12	234	41.62
5.	Jonathan GREENE	58	East Anglian	1:50.44	127	52.40

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Martin FENNER	60	Basildon Ph	1:27.63	255	41.70

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	ANDREW WRIGHT	65	Stowmarket	1:42.64	159	48.21

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jeff HILLIER	73	Bo Waltham F	1:57.83	105	56.09

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	FRANCEYS ALLEN	77	Stowmarket	2:14.96	69	1:01.98

80 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Paul CLARKE	80	Beaver Mast	2:05.87	86	58.49

EVENT 15 Women 18 Yrs/Over 50m Butterfly

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Amber HEAD	20	Rochford	32.69	414
2.	Holly FREEEGARD	19	Halstead	34.81	343
3.	Andrea TRAG	23	Hillingdon	37.29	279
4.	Kirsty RUSSELL	24	Co Newport	37.78	268
5.	Lara FAHY	19	Hornchurch	39.27	239
6.	Holly ALBROW	24	Basildon Ph	40.08	225
7.	Trinity LANGMEAD-BROCK	20	Hornchurch	50.54	112

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Eleanor JOHNSON	27	Halstead	31.98	443
2.	Federica NOERA	26	Bo Newham	33.01	402

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Chelsea ROFF	33	Bo Newham	37.23	280

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	hayley BROWN	39	Witham Dolph	32.80	410
2.	Michelle LANE	35	Basildon Ph	33.68	379

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Christine JAEGGI	41	Bo Newham	33.28	393
2.	Catherine MARKWELL	41	East Anglian	33.58	382
3.	Louise PARSONS	42	Rochford	34.52	352
4.	Lizzie LONG	42	Rochford	36.36	301

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Shelby WEBSTER	45	Chelmsford	34.01	368
2.	Nicola RUSSELL	45	DunmowAtlant	35.94	312

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Katrina FARRALL	52	Basildon Ph	35.77	316
2.	M FOCES ZARATIEGUI	53	Gwich Royals	39.54	234
3.	Natalie TYDEMAN	51	Frognal Mast	40.92	211

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Elizabeth WOOLNER	55	Flitwick	31.88	447

2.	Ann HART	58	Basildon Ph	50.04	115

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
	Eileen LUTHER	64	Rochford	DNC	

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Vivien WILLIS	69	Rochford	45.92	149

EVENT 16 Men 18 Yrs/Over 100m Backstroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Andrew SAWKINS	24	Bo Newham	1:00.57	525	29.29
2.	Ryan KELLY	23	Chelmsford	1:05.34	418	31.58
3.	Matthew HARDING	21	Gwich Royals	1:10.07	339	33.11
4.	James PAGE	22	Hornchurch	1:14.26	285	36.23

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Lewis ARCHER	25	Halstead	1:07.49	379	32.61
2.	Thomas ALLEN	26	Flitwick	1:14.31	284	36.38
3.	David KEARNEY	29	Leyton	1:17.69	249	-

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Mark HOLMES	39	Colchester P	1:37.11	127	46.05

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Mike OUTTRAM	40	Flitwick	1:04.69	431	31.57
2.	David EBANKS	40	Basildon Ph	1:10.58	332	34.21
3.	Henry FINCHER	40	Bo Newham	1:15.24	274	36.67

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Craig BANNING	49	Harlow Pen	1:13.43	294	35.91
2.	Christopher HUNTER	47	Team Anglia	1:17.67	249	38.65

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Peter DIXON	54	Bo Newham	1:11.72	316	34.98
2.	Dean PALMER	53	Hornchurch	1:22.36	209	41.01
3.	Daniel BUNN	52	Hornchurch	1:35.07	135	47.16

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jesse KELLY	56	Otter	1:23.24	202	40.52

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Martin FENNER	60	Basildon Ph	1:14.41	283	36.75

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	ANDREW WRIGHT	65	Stowmarket	1:32.98	145	45.27

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Christopher PRESTON	71	Out To Swim	1:45.51	99	51.56
2.	Jeff HILLIER	73	Bo Waltham F	1:54.06	78	54.41

80 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Derek GORE	82	Chelmsford	2:00.50	66	59.62

EVENT 17 Women 18 Yrs/Over 100m IM

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Amber HEAD	20	Rochford	1:14.19	441
2.	Lelayna BLACKLOC	22	Chelmsford	1:17.90	381
3.	Holly FREEEGARD	19	Halstead	1:18.29	376
4.	Lara FAHY	19	Hornchurch	1:25.02	293
5.	Alice WARD	24	Brentwood	1:25.76	286
6.	Holly BOCKING	21	Colchester P	2:06.21	89

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Federica NOERA	26	Bo Newham	1:16.07	409
2.	Poppy HILL	27	Bo Newham	1:20.19	349
3.	Elizabeth NICKELSON	25	Chelmsford	1:39.68	182

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jane BRUMBY	32	Runnymede	1:17.61	386
2.	Laura HIBBERD	32	Hillingdon	1:18.88	367
3.	Gemma CANNON	30	Felixstowe	1:22.84	317
4.	Kate CHAMBERLAIN	33	East Anglian	1:24.64	297
5.	Chelsea ROFF	33	Bo Newham	1:26.28	280
6.	Katie WRIGHT	31	Bo Newham	1:26.89	275

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Michelle LANE	35	Basildon Ph	1:14.16	442
2.	Victoria POOLE	37	Bo Newham	1:17.50	387

3.	Kira NEAL	38	Basildon Ph	1:19.00	366
4.	Louise KEDGE	37	Harlow Pen	1:25.91	284

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Shelley DAY	42	Witham Dolph	1:18.58	371
2.	Sally DEVERILL	42	Basildon Ph	1:20.49	346
3.	Cheryl MANSFIELD	40	Hornchurch	1:26.13	282
4.	Lizzie LONG	42	Rochford	1:26.25	281
5.	Rowena DEBELLIGNY	42	Witham Dolph	1:34.97	210

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Nicola RUSSELL	45	DunmowAtlant	1:21.61	332
2.	Susan ROWE-GOODEY	48	Basildon Ph	1:34.12	216
3.	Emma GREEN	45	Frognal Mast	1:35.16	209

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Amanda GOODMAN	52	Basildon Ph	1:25.37	290
2.	Natalie TYDEMAN	51	Frognal Mast	1:33.63	219

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Hannah UECKERMANN	59	Witham Dolph	1:33.73	219
2.	Sally COLEMAN	57	Hornchurch	1:43.43	163

EVENT 18 Men 18 Yrs/Over 50m Freestyle

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Andrew SAWKINS	24	Bo Newham	26.27	457
2.	James MURPHY	24	Bo Newham	26.30	455
3.	Matthew HARDING	21	Gwich Royals	26.37	452
4.	Ryan KELLY	23	Chelmsford	28.63	353
5.	Daniel HALL	18	Hornchurch	28.72	350
6.	James PAGE	22	Hornchurch	30.23	300

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jack HOWLETT	26	Harwich DP	24.25	581
2.	Danny BAKER	28	Rochford	25.51	499
3.	reece PARKER	27	Bo Newham	25.57	495
4.	Christopher STOTHARD	29	Basildon Ph	25.78	483
5.	George EVANS	27	Bo Newham	26.16	463
6.	Lewis ARCHER	25	Halstead	27.22	411
7.	Andrew MACDONALD	28	Stevenage	27.39	403
8.	Nicholas ALBROW	27	Basildon Ph	27.73	388
9.	Dominic BAXTER	25	Harwich DP	28.07	374
10.	Thomas ALLEN	26	Flitwick	28.78	347
11.	Emile DU-TOIT	28	Halstead	29.04	338
12.	Jamie LAWRENCE	28	Chelmsford	29.56	321
13.	David KEARNEY	29	Leyton	30.22	300
14.	Amarinder RUPRAI	29	Hornchurch	30.95	279
	Louis STEED	27	Witham Dolph	DNC	
	L CLIFFORD STEPHENSON	29	Natare W Lon	DNC	

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jamie HARRINGTON	31	Hornchurch	25.58	495
2.	Martin SARTORIUS	30	Otter	25.67	490
3.	Marcel DUTOIT	30	Halstead	25.82	481
4.	Andrew COWING	34	Chelmsford	26.81	430
5.	Adam LAMB	33	Runnymede	28.73	349
6.	Jason PARR-MORLEY	31	Hornchurch	29.02	339
7.	Dian NIKOLOV	32	Bo Newham	36.42	171

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	John DILLEY	39	Chelmsford	26.98	422
2.	Jared GOLDEN	37	Gwich Royals	27.42	402
3.	Dean MARTIN	37	Basildon Ph	27.45	400
4.	Sean BUNKER	35	Rochford	29.53	321
5.	Alessandro FALCOSKI	37	Enfield Sq	30.62	288
6.	Morgan LEE	39	Halstead	30.64	288

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Ryan LAM	41	BorRedbridge	27.29	407
2.	Henry FINCHER	40	Bo Newham	28.67	351
3.	Ian GIBSON	42	Stevenage	29.53	321
4.	Stephen SMITH	43	Co Cambridge	30.66	287
5.	Lewis WHITELOCK	42	Basildon Ph	33.67	217

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Craig BANNING	49	Harlow Pen	28.96	341
2.	Steve DENHAM	46	Hadleigh	29.40	326
3.	Mark PLUMMER	45	Hornchurch	30.87	281
4.	Nick KARAISKOS	46	Basildon Ph	36.68	168
5.	Laurence GOWERS	47	Halstead	37.43	158
6.	Russell EDGINGS	49	Hornchurch	38.81	141

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Louis NEETHLING	51	Hillingdon	28.71	350
2.	Andrew SQUIRES	50	Team Anglia	29.24	331
3.	Jason DOE	52	Basildon Ph	29.93	309
4.	Robin MILLER	54	Hadleigh	30.76	284
5.	Daniel BUNN	52	Hornchurch	32.71	236
	Stewart FINN	52	Rochford	DNC	

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Simon LECOMBER	57	Colchester	28.86	344
2.	ANDREW HARRINGTON	58	Hornchurch	29.23	332
3.	Keith ODDY	59	Basildon Ph	31.01	278
4.	Jesse KELLY	56	Otter	32.27	246
5.	Mark SANSOME	58	Hillingdon	33.13	228
6.	Christopher JOHNSON	59	Halstead	35.25	189
7.	Warren PHELOPS	56	Frognal Mast	42.15	110

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	ralph PINEL	60	Bo Newham	28.40	361
2.	Martin FENNER	60	Basildon Ph	30.07	304
3.	Adam LELEAN	60	Diss Otters	32.48	241
4.	Geoff BAKER	63	Rochford	32.86	233
5.	Colin CORBY	63	Chelmsford	33.48	220

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Edward CORCOS	66	Colchester	33.62	218
2.	robert STRANDERS	66	DunmowAtlant	35.71	182
3.	ANDREW WRIGHT	65	Stowmarket	36.73	167

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jeff HILLIER	73	Bo Waltham F	46.27	83

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	PHILIP HARPER	77	Rochford	33.46	221

80 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Derek GORE	82	Chelmsford	43.78	98
2.	Paul CLARKE	80	Beaver Mast	46.28	83

EVENT 19 Women 18 Yrs/Over 50m Breaststroke

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Amber HEAD	20	Rochford	37.45	443
2.	Zoe WALTON	20	Rochford	38.89	396
3.	Holly FREEEGARD	19	Halstead	39.53	377
4.	Holly BUCKINGHAM	21	Chelmsford	39.63	374
5.	Kirsty RUSSELL	24	Co Newport	43.76	277
6.	Trinity LANGMEAD-BROCK	20	Hornchurch	51.21	173

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Elizabeth NICKELSON	25	Chelmsford	48.70	201

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Rachel LOUDAIN	33	Bo Newham	39.00	392
2.	Jane BRUMBY	32	Runnymede	40.00	363
3.	Gemma CANNON	30	Felixstowe	45.18	252
4.	Eleanor MCDAVIS	31	Bo Newham	50.55	180

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Kitty CRAIG	39	Hadleigh	38.86	396
2.	Victoria POOLE	37	Bo Newham	39.92	366
3.	Sarah CARRINGTON	39	Witham Dolph	43.81	277

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Sally DEVERILL	42	Basildon Ph	39.25	385
2.	Katie BRETMAN	42	DunmowAtlant	45.36	249

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Susan ROWE-GOODEY	48	Basildon Ph	45.68	244
	Emma GREEN	45	FMSLMDXL	DNC	

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Amanda GOODMAN	52	Basildon Ph	40.12	360
	Natalie TYDEMAN	51	Frognal Mast	DNC	

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Hannah UECKERMANN	59	Witham Dolph	44.58	262
2.	Sally COLEMAN	57	Hornchurch	53.03	156

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Sally LELEAN	71	Diss Otters	58.78	114

EVENT 20 Men 18 Yrs/Over 100m Butterfly

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Matthew HARDING	21	Gwich Royals	1:05.37	397	29.62
2.	James PAGE	22	Hornchurch	1:19.03	225	34.83

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Danny BAKER	28	Rochford	1:03.72	429	29.88
2.	Andrew MACDONALD	28	Stevenage	1:08.17	350	31.86
3.	Thomas ALLEN	26	Flitwick	1:13.38	281	34.30

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jason PARR-MORLEY	31	Hornchurch	1:15.41	259	35.72

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Dean MARTIN	37	Basildon Ph	1:08.46	346	31.53
2.	Morgan LEE	39	Halstead	1:17.03	243	35.52

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	David EBANKS	40	Basildon Ph	1:05.58	394	30.85

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Christopher HUNTER	47	Team Anglia	1:22.93	194	36.53
2.	Matthew BALE	45	Halstead	1:39.24	113	47.44

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Ian WALLACE	52	Brentwood	1:10.35	319	34.33
2.	Dave PETHERS	52	Basildon Ph	1:16.19	251	35.42
3.	Daniel BUNN	52	Hornchurch	1:25.15	180	40.94
4.	Dean PALMER	53	Hornchurch	1:29.54	154	43.88

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jonathan SPRIGGS	55	Chelmsford	1:13.11	284	34.83
2.	ANDREW HARRINGTON	58	Hornchurch	1:13.94	274	34.40
3.	Jesse KELLY	56	Otter	1:28.78	158	38.89

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Geoff BAKER	63	Rochford	1:14.45	269	34.49
2.	Steve HAM	60	Rochford	1:18.12	233	35.76
3.	Martin FENNER	60	Basildon Ph	1:20.74	211	38.66
4.	Gordon CARTWRIGHT	61	Chelmsford	1:25.96	174	41.37

EVENT 21 Women 18 Yrs/Over 100m Freestyle

18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Lelayna BLACKLOC	22	Chelmsford	1:07.82	406	32.60
2.	Holly FREEEGARD	19	Halstead	1:09.35	380	32.83
3.	Amber HEAD	20	Rochford	1:09.77	373	33.60
4.	Alice WARD	24	Brentwood	1:11.35	349	33.81
5.	Zoe WALTON	20	Rochford	1:11.84	342	33.88
6.	Lara FAHY	19	Hornchurch	1:14.51	306	35.36
7.	Holly ALBROW	24	Basildon Ph	1:17.70	270	36.86
8.	Trinity LANGMEAD-BROCK	20	Hornchurch	1:26.28	197	41.48

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Laura HIBBERD	32	Hillingdon	1:06.53	430	32.50
2.	Chelsea ROFF	33	Bo Newham	1:13.43	320	34.24
3.	Holly OFFORD	34	Basildon Ph	1:17.86	268	36.63

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Michelle LANE	35	Basildon Ph	1:05.97	441	31.92
2.	Kira NEAL	38	Basildon Ph	1:07.46	413	32.63
3.	hayley BROWN	39	Witham Dolph	1:09.58	376	33.75
4.	Louise KEDGE	37	Harlow Pen	1:15.04	300	35.76
5.	Lucy EDWARDS	38	Hornchurch	1:33.93	153	44.69

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Shelley DAY	42	Witham Dolph	1:08.80	389	32.73
2.	Louise PARSONS	42	Rochford	1:09.96	370	33.89
3.	Isabelle BAILEY	44	Chelmsford	1:10.12	368	34.47
4.	Cheryl MANSFIELD	40	Hornchurch	1:12.62	331	34.40
5.	Rowena DEBELLIGNY	42	Witham Dolph	1:15.34	296	35.94
	Claire CORNWELL	42	Rochford	DNC		

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Dawn PALMER	46	Hornchurch	1:03.12	504	30.04
2.	Shelby WEBSTER	45	Chelmsford	1:10.70	359	33.51
3.	Susan ROWE-GOODEY	48	Basildon Ph	1:19.50	252	37.36

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50

1.	Amanda GOODMAN	52	Basildon Ph	1:16.65	281	36.27
2.	Kerry WILKINS	51	Thurrock	1:22.66	224	38.82
3.	Anita GRAINGER	51	Witham Dolph	1:41.97	119	49.13
	Natalie TYDEMAN	51	Frognal Mast	DNC		

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Nuala MUIR-COCHRANE	58	Gates &Whick	1:15.90	290	36.78
2.	Sally COLEMAN	57	Hornchurch	1:29.01	179	-
3.	Donna GODDARD	58	Witham Dolph	1:30.46	171	42.07
4.	Ann HART	58	Basildon Ph	1:31.21	167	42.43
	Liz WOOLNER	55	Flitwick	DNC		

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Carol HULETT	74	Hornchurch	1:54.99	83	-

EVENT 1 Men/Women 200 /Over 200m Free.Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Hornchurch SC		Hornchurch	2:02.00		-	-	-
2.	Basildon AND PH B		Basildon Ph	2:04.27		-	-	-
3.	Chelmsford City SC		Chelmsford	2:05.60		-	-	-
4.	Basildon and Phoenix S		Basildon Ph	2:07.11		-	-	-
5.	Rochford & District SC		Rochford	2:15.11		-	-	-
6.	Hornchurch B		Hornchurch	2:17.61		-	-	-

EVENT 2 Men/Women 240/Over 200m Free.Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Rochford & District SC		Rochford	2:16.46		32.44	1:05.57	1:40.58
2.	Hornchurch SC		Hornchurch	2:34.32		50.32	54.03	1:28.46

EVENT 3 Men/Women 200 /Over 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Basildon and Phoenix S		Basildon Ph	2:19.85		34.07	1:04.51	1:40.75
2.	Hornchurch SC		Hornchurch	2:21.75		41.69	1:19.36	1:51.59
3.	Basildon AND PH B		Basildon Ph	2:24.11		39.14	1:20.20	1:52.83
4.	Chelmsford City SC		Chelmsford	2:24.90		41.46	1:16.96	1:52.25
5.	Rochford & District SC		Rochford	2:33.30		40.29	1:22.22	1:56.56
6.	Hornchurch B		Hornchurch	2:45.70		47.70	49.99	2:02.61

EVENT 4 Men/Women 240 /Over 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Hornchurch SC		Hornchurch	2:52.81		49.01	1:28.94	2:03.21

Point Scores Report For ESSEX MASTERS 2022
Top Club (Evt.21)

1	**Hornchurch**	**673**
2	**Basildon Ph**	**660.5**
3	**Rochford**	**395**
4	**Bo Newham**	**378**
5	**Chelmsford**	**310**
6	**Halstead**	**209**
7	**Witham Dolph**	**192**
8	**Flitwick**	**120**
9	**Team Anglia**	**111**
10	**Otter**	**96**
11	**East Anglian**	**94**
12	**Gwich Royals**	**92.5**
13	**Hadleigh**	**83**
14	**Hillingdon**	**82**
15	**DunmowAtlant**	**75**
15	**Frognal Mast**	**75**
17	**Stowmarket**	**69**
18	**Brentwood**	**68**
19	**Harlow Pen**	**67**
20	**Diss Otters**	**65**

TOP MALE SWIMMER 2022

MARTIN FENNER	BASILDON & PHOENIX	69 POINTS
JESSE KELLY	OTTER	68 POINTS
JAMES PAGE	HORNCHURCH	55 POINTS

TOP FEMALE SWIMMER 2022

MICHELLE LANE	BASILDON & PHOENIX	68 POINTS
AMBER HEAD	ROCHFORD	67 POINTS
LOUISE PARSONS	ROCHFORD	53 POINTS