



ESSEX AGE GROUP CHAMPIONSHIPS 2019

License 2ER190208

FULL RESULTS BLOCK A

EVENT 1 Boys/Girls 12 Yrs/Over 1500m Free.

BOYS 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Zak TROMAN	12	Colchester	19:00.16	445
	100m 32.45	200m 1:08.40	300m 1:45.55	400m 2:23.27	500m 3:00.92
	900m 5:33.44	1000m 6:12.08	1100m 6:50.60	1200m 7:28.88	1300m 8:07.54
					600m 3:38.93
					700m 4:16.90
					800m 4:55.16
2.	Dion FANA	12	Bark & Dagen	19:35.65	406
	100m -	200m -	300m 1:48.23	400m 2:26.82	500m 3:05.50
	900m 5:42.73	1000m 6:22.33	1100m 7:02.18	1200m 7:42.13	1300m 8:22.14
					600m 3:44.52
					700m 4:23.37
					800m 5:02.99
3.	Sami BENIDIR	12	Bo Newham	19:36.65	405
	100m -	200m 1:13.77	300m 1:53.99	400m 2:33.54	500m 3:13.89
	900m 5:49.49	1000m 6:28.92	1100m 7:08.44	1200m 7:47.85	1300m 8:27.47
					600m 3:52.86
					700m 4:31.69
					800m 5:10.68
4.	Raheel MAHMOOD	12	Romford Town	19:36.96	405
	100m 34.33	200m 1:12.88	300m 1:52.40	400m 2:31.78	500m 3:11.66
	900m 5:50.66	1000m 6:29.79	1100m 7:09.41	1200m 7:49.06	1300m 8:28.64
					600m 3:51.74
					700m 4:31.79
					800m 5:10.79
5.	William WHITE	12	Harlow Pen	20:26.63	358
	100m 35.63	200m 1:15.83	300m 1:56.14	400m 2:36.68	500m 3:17.58
	900m 6:02.47	1000m 6:44.06	1100m 7:25.14	1200m 8:05.84	1300m 8:46.85
					600m 3:58.40
					700m 4:40.44
					800m 5:21.01
6.	Tarelle LANIYAN	12	Bo Newham	20:35.89	350
	100m 34.00	200m 1:12.58	300m 1:52.87	400m 2:33.47	500m 3:14.55
	900m 5:59.82	1000m 6:40.73	1100m 7:23.69	1200m 8:05.26	1300m 8:45.16
					600m 3:55.65
					700m 4:36.90
					800m 5:18.17

BOYS 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Baran ODEN	13	Bark & Dagen	18:17.34	500
	100m 33.13	200m 1:09.16	300m 1:45.87	400m 2:22.76	500m 2:59.41
	900m 5:24.70	1000m 6:00.71	1100m 6:37.51	1200m 7:13.87	1300m 7:51.03
					600m 3:35.90
					700m 4:12.45
					800m 4:48.65
2.	Nikita CHARYKIN	13	Thurrock	18:20.79	495
	100m 31.39	200m 1:06.05	300m 1:41.82	400m 2:18.24	500m 2:54.73
	900m 5:22.92	1000m 5:59.90	1100m 6:36.94	1200m 7:14.05	1300m 7:51.03
					600m 3:32.04
					700m 4:08.83
					800m 4:45.74
3.	Daniel MCGUINNESS	13	Basildon Ph	18:25.21	489
	100m 32.93	200m 1:09.65	300m 1:46.39	400m 2:23.13	500m 2:59.99
	900m 5:27.43	1000m 6:04.88	1100m 6:41.56	1200m 7:18.79	1300m 7:56.09
					600m 3:36.64
					700m 4:13.27
					800m 4:50.66
4.	Steven SALAZAR	13	Bo Newham	18:56.47	450
	100m 32.46	200m 1:09.01	300m 1:46.68	400m 2:24.46	500m 3:02.84
	900m 5:35.33	1000m 6:13.99	1100m 6:52.49	1200m 7:31.03	1300m 8:09.29
					600m 3:40.66
					700m 4:18.60
					800m 4:56.63
5.	Kian QUINLAN	13	Bo Southend	19:06.39	438
	100m 33.59	200m 1:11.58	300m 1:49.81	400m 2:28.09	500m 3:06.01
	900m 5:39.71	1000m 6:17.76	1100m 6:56.57	1200m 7:35.49	1300m 8:14.00
					600m 3:44.56
					700m 4:23.03
					800m 5:01.48
6.	Ben MINISTER	13	Thurrock	19:22.72	420
	100m 34.89	200m 1:12.25	300m 1:50.13	400m 2:28.68	500m 3:07.14
	900m 5:41.82	1000m 6:20.66	1100m 6:59.74	1200m 7:38.74	1300m 8:17.77
					600m 3:45.60
					700m 4:24.40
					800m 5:03.14
7.	Justinas KAZLAUSKAS	13	Bark & Dagen	19:40.82	401
	100m 33.33	200m 1:10.44	300m 1:48.70	400m 2:26.71	500m 3:06.17
	900m 5:44.09	1000m 6:23.51	1100m 7:03.39	1200m 7:43.15	1300m 8:23.48
					600m 3:45.48
					700m 4:24.88
					800m 5:03.84

BOYS 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jude HILLS	14	Thurrock	17:28.45	573
	100m 29.35	200m 1:02.89	300m 1:36.96	400m 2:11.47	500m 2:46.43
	900m 5:06.92	1000m 5:42.24	1100m 6:17.78	1200m 6:53.29	1300m 7:28.89
					600m 3:21.54
					700m 3:56.97
					800m 4:31.85
2.	Connor MCCARTHY	14	Romford Town	17:41.42	552
	100m 29.68	200m 1:03.47	300m 1:37.84	400m 2:12.17	500m 2:47.27
	900m 5:09.03	1000m 5:45.03	1100m 6:20.73	1200m 6:56.70	1300m 7:33.04
					600m 3:22.55
					700m 3:57.98
					800m 4:33.30
3.	Alfie FRANCIS	14	Colchester	18:07.34	514
	100m 31.66	200m 1:07.32	300m 1:43.71	400m 2:20.00	500m 2:57.23
	900m 5:25.96	1000m 6:02.42	1100m 6:38.77	1200m 7:15.16	1300m 7:51.08
					600m 3:34.16
					700m 4:11.23
					800m 4:48.88
4.	Jenson HURRELL	14	Thurrock	18:23.90	491
	100m 31.54	200m 1:07.48	300m 1:43.94	400m 2:21.13	500m 2:58.31
	900m 5:25.89	1000m 6:02.90	1100m 6:39.74	1200m 7:16.85	1300m 7:53.95
					600m 3:35.21
					700m 4:12.43
					800m 4:49.01
5.	Denis MORINE	14	Basildon Ph	18:26.16	488
	100m 31.15	200m 1:07.03	300m 1:42.86	400m 2:19.22	500m 2:55.71
	900m 5:22.10	1000m 5:59.18	1100m 6:36.23	1200m 7:13.55	1300m 7:50.71
					600m 3:32.00
					700m 4:08.71
					800m 4:45.56

BOYS 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Noah JAMESON NEAL	15	Basildon Ph	16:31.32	678
	100m 28.47	200m 59.84	300m 1:32.60	400m 2:05.87	500m 2:39.42
	900m 4:53.32	1000m 5:26.84	1100m 6:00.09	1200m 6:33.93	1300m 7:07.43
					600m 3:12.83
					700m 3:46.35
					800m 4:19.89
2.	Harrison JARVIS	15	Thurrock	17:27.43	575
	100m 29.39	200m 1:02.71	300m 1:37.09	400m 2:11.43	500m 2:45.64
	900m 5:04.77	1000m 5:39.58	1100m 6:14.47	1200m 6:49.80	1300m 7:25.19
					600m 3:20.18
					700m 3:54.74
					800m 4:29.76
3.	Daniel MONK	15	Harlow Pen	17:35.84	561
	100m 30.32	200m 1:03.44	300m 1:37.55	400m 2:12.29	500m 2:47.50
	900m 5:10.43	1000m 5:46.12	1100m 6:22.13	1200m 6:57.71	1300m 7:33.61
					600m 3:23.50
					700m 3:59.06
					800m 4:34.67
4.	Jimmy TAYLOR	15	Thurrock	17:46.12	545
	100m 31.27	200m 1:05.63	300m 1:40.39	400m 2:15.80	500m 2:51.27
	900m 5:13.66	1000m 5:48.88	1100m 6:24.91	1200m 7:00.59	1300m 7:36.23
					600m 3:26.98
					700m 4:02.41
					800m 4:38.26
5.	Luke MARNEY	15	Romford Town	17:54.82	532
	100m 31.83	200m 1:06.62	300m 1:41.77	400m 2:17.50	500m 2:52.47
	900m 5:16.17	1000m 5:52.65	1100m 6:28.47	1200m 7:04.52	1300m 7:40.43
					600m 3:28.65
					700m 4:04.20
					800m 4:40.38
6.	Ryan DAVIS	15	Basildon Ph	18:07.39	513
	100m 30.61	200m 1:04.40	300m 1:39.40	400m 2:14.87	500m 2:50.64
	900m 5:14.36	1000m 5:51.04	1100m 6:28.14	1200m 7:05.55	1300m 7:41.36
					600m 3:25.83
					700m 4:01.93
					800m 4:38.18
7.	Mihnea TOTU	15	Bo Newham	18:13.47	505
	100m 30.22	200m 1:05.43	300m 1:41.39	400m 2:17.65	500m 2:53.72
	900m 5:19.49	1000m 5:56.03	1100m 6:33.37	1200m 7:09.73	1300m 7:46.99
					600m 3:30.02
					700m 4:06.80
					800m 4:43.05
8.	Harley WEST	15	Basildon Ph	18:43.68	465





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100m 33.02	200m 1:08.94	300m 1:45.65	400m 2:22.60	500m 2:59.43	600m 3:36.79	700m 4:14.26	800m 4:51.89
900m 5:29.29	1000m 6:06.60	1100m 6:44.16	1200m 7:21.67	1300m 7:59.22	1400m 8:36.77	1500m 18:43.68	
9. Harry ROBINSON	15 Bark & Dagen	459	18:48.47				
100m 31.48	200m 1:06.88	300m 1:43.49	400m 2:20.50	500m 2:57.74	600m 3:35.64	700m 4:13.22	800m 4:51.22
900m 5:28.70	1000m 6:06.42	1100m 6:43.78	1200m 7:21.11	1300m 7:59.26	1400m 8:37.70	1500m 18:48.47	

BOYS 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Lewis BINNING	16	Basildon Ph	15:59.83	747			
	100m 27.64	200m 58.09	300m 1:29.27	400m 2:01.20	500m 2:33.06	600m 3:05.25	700m 3:37.12	800m 4:09.30
	900m 4:41.29	1000m 5:13.24	1100m 5:45.24	1200m 6:17.87	1300m 6:49.99	1400m 7:22.48	1500m 15:59.83	
2.	Daniel GENCAS	16	Romford Town	16:00.34	746			
	100m 27.43	200m 58.07	300m 1:29.36	400m 2:00.90	500m 2:32.70	600m 3:04.93	700m 3:37.00	800m 4:08.92
	900m 4:40.99	1000m 5:13.18	1100m 5:45.27	1200m 6:17.38	1300m 6:49.67	1400m 7:21.98	1500m 16:00.34	
3.	Nathan BANGA	16	Romford Town	17:04.55	614			
	100m 29.26	200m 1:01.27	300m 1:34.27	400m 2:08.06	500m 2:42.61	600m 3:16.92	700m 3:51.50	800m 4:26.10
	900m 5:00.53	1000m 5:34.93	1100m 6:09.40	1200m 6:44.28	1300m 7:18.81	1400m 7:53.54	1500m 17:04.55	
4.	Samuel MILLER	16	Basildon Ph	17:31.93	567			
	100m 30.56	200m 1:04.80	300m 1:39.96	400m 2:14.98	500m 2:50.31	600m 3:25.68	700m 4:00.64	800m 4:35.85
	900m 5:11.08	1000m 5:46.49	1100m 6:21.72	1200m 6:57.16	1300m 7:32.60	1400m 8:08.05	1500m 17:31.93	
5.	Christopher STEPHENS	16	Basildon Ph	17:32.93	566			
	100m 29.79	200m 1:03.21	300m 1:37.71	400m 2:12.55	500m 2:47.16	600m 3:22.57	700m 3:57.72	800m 4:33.19
	900m 5:08.63	1000m 5:43.75	1100m 6:19.13	1200m 6:53.85	1300m 7:29.03	1400m 8:04.67	1500m 17:32.93	
6.	James EDGINGS	16	Thurrock	17:55.68	530			
	100m 29.93	200m 1:03.40	300m 1:37.80	400m 2:12.28	500m 2:47.44	600m 3:22.67	700m 3:58.15	800m 4:34.00
	900m 5:09.55	1000m 5:45.32	1100m 6:20.99	1200m 6:57.10	1300m 7:33.62	1400m 8:09.98	1500m 17:55.68	

BOYS 18 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Joshua FOWLES	20	Witham Dolph	15:54.01	761			
	100m 27.83	200m 58.37	300m 1:29.77	400m 2:01.43	500m 2:33.14	600m 3:05.40	700m 3:37.61	800m 4:09.60
	900m 4:41.73	1000m 5:13.72	1100m 5:45.87	1200m 6:18.02	1300m 6:50.25	1400m 7:22.44	1500m 15:54.01	
2.	Harry SPENCER	18	Killerwhales	17:07.81	608			
	100m 29.14	200m 1:01.31	300m 1:34.87	400m 2:08.62	500m 2:42.82	600m 3:16.98	700m 3:51.34	800m 4:25.82
	900m 5:00.00	1000m 5:34.59	1100m 6:09.16	1200m 6:43.45	1300m 7:18.06	1400m 7:53.03	1500m 17:07.81	

GIRLS 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Lisa LEINEMANN	12	Chelmsford	19:34.35	489			
	100m 35.52	200m 1:14.74	300m 1:54.92	400m 2:34.89	500m 3:14.41	600m 3:54.34	700m 4:33.92	800m 5:13.95
	900m 5:53.48	1000m 6:33.37	1100m 7:12.82	1200m 7:52.08	1300m 8:31.44	1400m 9:11.07	1500m 19:34.35	
2.	Aislin FOLEY-WRIGHT	12	Bo Southend	20:36.84	418			
	100m 36.69	200m 1:16.92	300m 1:57.53	400m 2:39.03	500m 3:20.38	600m 4:01.82	700m 4:42.99	800m 5:24.44
	900m 6:05.52	1000m 6:46.54	1100m 7:27.71	1200m 8:08.87	1300m 8:50.14	1400m 9:31.65	1500m 20:36.84	
3.	Lexie GOODMAN	12	Basildon Ph	20:38.74	417			
	100m 37.29	200m 1:18.57	300m 1:59.62	400m 2:41.10	500m 3:22.70	600m 4:04.47	700m 4:46.14	800m 5:28.15
	900m 6:10.52	1000m 6:52.66	1100m 7:35.15	1200m 8:16.97	1300m 8:59.44	1400m 9:42.58	1500m 20:38.74	
4.	Sophie CONROY	12	Thurrock	21:25.05	373			
	100m 36.25	200m 1:16.56	300m 1:57.52	400m 2:38.62	500m 3:19.99	600m 4:01.93	700m 4:44.14	800m 5:26.92
	900m 6:11.24	1000m 6:53.88	1100m 7:37.26	1200m 8:19.90	1300m 9:03.67	1400m 9:47.36	1500m 21:25.05	

GIRLS 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Ruby WHEELER	13	Basildon Ph	17:27.95	688			
	100m 30.54	200m 1:04.77	300m -	400m -	500m -	600m -	700m -	800m -
	900m -	1000m -	1100m -	1200m -	1300m 7:31.49	1400m 8:07.28	1500m 17:27.95	
2.	Mia MAGNUS	13	BorRedbridge	18:52.65	545			
	100m 32.78	200m 1:09.62	300m 1:46.89	400m 2:24.10	500m 3:01.72	600m 3:39.41	700m 4:17.15	800m 4:54.75
	900m 5:32.37	1000m 6:09.63	1100m 6:46.93	1200m 7:24.44	1300m 8:02.26	1400m 8:40.28	1500m 18:52.65	
3.	Olivia COOPER	13	Basildon Ph	19:29.56	495			
	100m 35.67	200m 1:14.73	300m 1:54.39	400m 2:34.67	500m 3:14.61	600m 3:54.26	700m 4:34.34	800m 5:14.18
	900m 5:53.54	1000m 6:33.14	1100m 7:12.28	1200m 7:51.11	1300m 8:30.25	1400m 9:09.30	1500m 19:29.56	
4.	Alexa MANN	13	Basildon Ph	19:35.92	487			
	100m 35.13	200m 1:14.13	300m 1:54.76	400m 2:34.80	500m 3:14.74	600m 3:54.50	700m 4:34.28	800m 5:14.00
	900m 5:53.34	1000m 6:32.62	1100m 7:11.86	1200m 7:51.09	1300m 8:29.89	1400m 9:09.16	1500m 19:35.92	

GIRLS 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Ella TURNER	14	Basildon Ph	17:55.92	636			
	100m 32.19	200m 1:07.11	300m 1:42.20	400m 2:17.84	500m 2:53.36	600m 3:29.40	700m 4:05.31	800m 4:41.45
	900m 5:17.28	1000m 5:53.76	1100m 6:29.97	1200m 7:05.61	1300m 7:41.72	1400m 8:18.12	1500m 17:55.92	
2.	Erin LITTLE	14	Chelmsford	18:01.14	627			
	100m 31.85	200m 1:07.21	300m 1:42.99	400m 2:19.17	500m 2:55.64	600m 3:31.99	700m 4:08.52	800m 4:44.63
	900m 5:21.11	1000m 5:57.45	1100m 6:33.68	1200m 7:09.98	1300m 7:46.50	1400m 8:22.68	1500m 18:01.14	
3.	Holly LAMB	14	Southend	18:13.22	606			
	100m 31.38	200m 1:06.59	300m 1:42.44	400m 2:18.89	500m 2:55.10	600m 3:31.32	700m 4:07.72	800m 4:44.05
	900m 5:20.99	1000m 5:57.45	1100m 6:34.18	1200m 7:10.85	1300m 7:48.06	1400m 8:24.72	1500m 18:13.22	
4.	Bryony EDGINGS	14	Thurrock	18:35.47	571			
	100m 32.58	200m 1:08.52	300m 1:45.66	400m 2:23.04	500m 3:00.45	600m 3:37.99	700m 4:15.33	800m 4:52.62
	900m 5:30.14	1000m 6:08.01	1100m 6:45.71	1200m 7:23.42	1300m 8:01.52	1400m 8:39.77	1500m 18:35.47	
5.	Stephanie PAGAN	14	Bo Waltham F	18:38.53	566			
	100m 32.06	200m 1:07.36	300m 1:43.48	400m 2:20.23	500m 2:57.04	600m 3:34.18	700m 4:11.61	800m 4:48.88
	900m 5:26.23	1000m 6:03.76	1100m 6:41.25	1200m 7:18.55	1300m 7:56.16	1400m 8:34.06	1500m 18:38.53	
6.	Amy ALLISON	14	Bo Waltham F	18:49.66	549			
	100m 32.55	200m 1:09.25	300m 1:47.02	400m 2:24.49	500m 3:01.76	600m 3:39.38	700m 4:17.60	800m 4:55.38
	900m 5:33.78	1000m 6:11.64	1100m 6:49.86	1200m 7:27.98	1300m 8:06.00	1400m 8:43.31	1500m 18:49.66	
7.	Phoebe WHITE	14	Harlow Pen	18:57.31	538			
	100m 32.26	200m 1:08.92	300m 1:46.27	400m 2:23.72	500m 3:01.25	600m 3:38.79	700m 4:16.65	800m 4:55.27
	900m 5:33.29	1000m 6:11.43	1100m 6:49.75	1200m 7:28.22	1300m 8:06.60	1400m 8:45.08	1500m 18:57.31	
8.	Francesca KEY	14	Canvey Isl	19:11.83	518			
	100m 33.55	200m 1:11.05	300m 1:49.08	400m 2:26.44	500m 3:04.51	600m 3:43.05	700m 4:21.50	800m 5:00.47
	900m 5:38.17	1000m 6:16.65	1100m 6:55.49	1200m 7:34.30	1300m 8:13.35	1400m 8:52.12	1500m 19:11.83	

GIRLS 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	May BRADBURN	15	Chelmsford	17:26.67	691





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FULL RESULTS BLOCK A

100m	30.82	200m	1:05.57	300m	1:41.12	400m	2:16.32	500m	2:51.44	600m	3:26.81	700m	4:02.09	800m	4:37.05
900m	5:12.45	1000m	5:48.40	1100m	6:23.43	1200m	6:58.48	1300m	7:33.32	1400m	8:08.61	1500m	17:26.67		
2. Charlotte TREE		15 Colchester				18:22.11		592							
100m	31.88	200m	1:07.24	300m	1:42.99	400m	2:19.03	500m	2:55.34	600m	3:31.80	700m	4:08.75	800m	4:45.44
900m	5:22.33	1000m	5:59.04	1100m	6:36.02	1200m	7:13.31	1300m	7:50.38	1400m	8:27.67	1500m	18:22.11		
3. Ella REMYIN		15 Bo Waltham F				18:31.49		577							
100m	32.40	200m	1:07.96	300m	1:43.91	400m	2:20.12	500m	2:56.41	600m	3:33.28	700m	4:10.40	800m	4:47.66
900m	5:24.70	1000m	6:01.61	1100m	6:38.57	1200m	7:16.00	1300m	7:53.55	1400m	8:31.26	1500m	18:31.49		
4. Oluwatumise SALU		15 Bo Newham				18:38.01		567							
100m	31.61	200m	1:06.39	300m	1:42.60	400m	2:18.97	500m	2:55.90	600m	3:33.07	700m	4:10.38	800m	4:47.56
900m	5:25.11	1000m	6:03.03	1100m	6:40.71	1200m	7:18.26	1300m	7:55.92	1400m	8:33.73	1500m	18:38.01		

GIRLS 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt											
1.	Amelia MOULE	16	Romford Town	17:14.29	716											
	100m	31.01	200m	1:05.71	300m	1:40.83	400m	2:16.09	500m	2:51.00	600m	3:25.57	700m	4:00.36	800m	4:35.04
	900m	5:09.76	1000m	5:44.71	1100m	6:19.40	1200m	6:54.07	1300m	7:28.96	1400m	8:03.46	1500m	17:14.29		
2.	Rebecca HOWELL	16	Basildon Ph	17:14.88	715											
	100m	31.95	200m	1:06.07	300m	1:40.62	400m	2:15.57	500m	2:50.27	600m	3:24.82	700m	3:59.31	800m	4:33.72
	900m	5:08.37	1000m	5:42.73	1100m	6:17.42	1200m	6:51.72	1300m	7:26.79	1400m	8:01.33	1500m	17:14.88		
3.	Isabelle JOPSON	16	Romford Town	18:01.44	626											
	100m	31.70	200m	1:06.57	300m	1:41.68	400m	2:17.13	500m	2:52.70	600m	3:28.42	700m	4:04.06	800m	4:39.76
	900m	5:15.46	1000m	5:51.31	1100m	6:27.26	1200m	7:03.19	1300m	7:39.24	1400m	8:15.20	1500m	18:01.44		
4.	Junayna AHMED	16	Bark & Dagen	18:54.77	542											
	100m	31.89	200m	1:07.48	300m	1:44.01	400m	2:20.44	500m	2:57.38	600m	3:34.40	700m	4:11.57	800m	4:48.63
	900m	5:25.78	1000m	6:02.91	1100m	6:39.83	1200m	7:17.42	1300m	7:54.74	1400m	8:32.44	1500m	18:54.77		

GIRLS 17 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt											
1.	Abbie LOW	17	Chelmsford	17:11.74	721											
	100m	31.80	200m	1:06.21	300m	1:41.03	400m	2:15.78	500m	2:50.25	600m	3:24.39	700m	3:58.80	800m	4:33.51
	900m	5:08.00	1000m	5:42.20	1100m	6:16.40	1200m	6:50.89	1300m	7:25.09	1400m	7:59.53	1500m	17:11.74		
2.	Ellie WHEELER	17	Basildon Ph	18:03.71	622											
	100m -	200m -	300m -	400m -	500m -	600m	3:26.08	700m	4:01.08	800m	4:36.77					
	900m	5:12.37	1000m	5:48.53	1100m	6:24.66	1200m	7:01.12	1300m	7:37.90	1400m	8:15.07	1500m	18:03.71		

EVENT 2 Boys 10/14 Yrs 100m Backstroke

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Jack DESPY	11	Basildon Ph		1:16.37	262	37.86
2.	Billy EAST	11	Bo Southend		1:17.35	252	37.25
3.	Sean CONNOLLY	11	Epping For't		1:19.26	234	37.82
4.	David NEACSU	11	Bark & Dagen		1:20.26	226	37.08
5.	Harry ROSE	11	Braintree		1:20.51	224	38.78
6.	Louis ALLEN	11	Basildon Ph		1:20.95	220	39.02
7.	Robert FENNER	11	Basildon Ph		1:20.96	220	39.26
8.	Albert ORLEY	11	Braintree		1:21.18	218	39.60
9.	Christian CALIANU	11	Thurrock		1:22.88	205	40.44
10.	Joshua ULYATT	11	Chelmsford		1:22.96	204	41.64
11.	Zach JOHNSON	11	Basildon Ph		1:23.43	201	40.10
12.	Thomas SKERRY	11	Chelmsford		1:23.69	199	40.30
13.	Aman HOSSAIN	11	Bark & Dagen		1:23.71	199	39.96
14.	Joshua PARKER	10	Braintree		1:24.17	196	41.61
15.	Remi-Maysen KEANE	11	Bo Southend		1:24.22	195	41.26
16.	George PORTLOCK	10	Chelmsford		1:24.32	195	40.55
17.	Joshua SHEPHERD	11	Thurrock		1:24.47	194	40.67
17.	Jack MCCARTHY	11	Colchester		1:24.47	194	40.20
19.	Jamie COMITTI	10	Basildon Ph		1:24.53	193	40.08
20.	Anthony GANCHEV	10	Bark & Dagen		1:25.04	190	41.39
21.	Daniel TAHMISYAN	11	Bark & Dagen		1:25.06	189	41.54
22.	Ethan THORPE	10	Chelmsford		1:25.07	189	40.21
23.	Toby LASHMAR	10	Basildon Ph		1:25.15	189	41.39
24.	David TSHUMA	11	Bo Newham		1:25.21	188	41.65
25.	Thomas MOODY	11	Harlow Pen		1:25.32	188	42.40
26.	Evan LARTHE	10	Southend		1:25.36	188	40.89
27.	Jack SMITH	11	Halstead		1:26.30	181	41.63
28.	Harrison WALLER	10	Southend		1:26.63	179	42.44
29.	Daniel TONU	11	Bark & Dagen		1:27.03	177	41.38
30.	Massimo GIROLAMI	11	Colchester		1:27.47	174	42.26
31.	Michael MANNIX	11	Harlow Pen		1:28.82	166	44.16
32.	Louis SPRIGGS	11	Chelmsford		1:29.86	161	42.06
33.	Ateeb ALI	11	Bark & Dagen		1:30.06	160	43.46
34.	Elliot WHITEHOUSE	11	Colchester		1:30.88	155	44.73
35.	Maxwell BROWN	11	Killerwhales		1:32.19	149	43.59
36.	Daniel HYDE	11	Bark & Dagen		1:33.90	141	44.62

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Raheel MAHMOOD	12	Romford Town		1:12.49	306	35.30
2.	Zak TROMAN	12	Colchester		1:13.90	289	35.88
3.	Thomas UNDERDOWN	12	Braintree		1:16.65	259	36.91
4.	William WHITE	12	Harlow Pen		1:17.32	252	37.52
5.	Sami BENIDIR	12	Bo Newham		1:17.69	249	38.00
6.	Kevin MOLDOVAN	12	Harlow Pen		1:17.78	248	38.46
7.	Dion FANA	12	Bark & Dagen		1:18.22	244	37.74
8.	James GOURPINAR	12	Harlow Pen		1:18.61	240	38.04
9.	Joe POWER	12	Basildon Ph		1:18.75	239	37.37
10.	Tarelle LANIYAN	12	Bo Newham		1:18.79	239	38.17
11.	Marco YUEN	12	Brentwood		1:18.88	238	38.02
12.	Jacob RAY	12	Basildon Ph		1:19.63	231	39.04



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FULL RESULTS BLOCK A

12.	Forest FARROW	12	Basildon Ph	1:19.63	231	38.89
14.	Oliver SCRIMSHAW	12	Basildon Ph	1:19.79	230	38.59
15.	Toshan PATEL	12	Bark & Dagen	1:20.08	227	38.73
16.	Dillon BRECHT	12	Romford Town	1:20.43	224	39.76
17.	Tyrone OJUKWU	12	Bark & Dagen	1:20.76	221	39.82
18.	Daniel THOMPSON	12	Thurrock	1:20.77	221	39.18
19.	Thomas CHITTOCK	12	Bo Waltham F	1:20.89	220	39.17
20.	Oliver SMITH	12	Romford Town	1:21.81	213	39.70
21.	Jack BANNING	12	Harlow Pen	1:21.93	212	39.59
22.	Freddie WESTON	12	Brentwood	1:22.52	208	39.72
23.	George CHURCH	12	Basildon Ph	1:22.58	207	39.89
24.	Sebastian COTOROBAI	12	Bo Newham	1:23.29	202	40.33
25.	Christopher CHARNICK	12	Killerwhales	1:23.37	201	41.22
26.	Jaiden DRUMOND	12	Bo Newham	1:23.59	200	39.80
27.	Joseph THOMAS	12	Brentwood	1:24.44	194	40.94
28.	Aaron MOLYNEUX	12	Saffron Wald	1:24.59	193	41.36
29.	Jenson LARTHE	12	Southend	1:24.95	190	42.13
30.	Leo EASTER	12	Runnymede	1:25.06	189	41.20
31.	Finley PETTS	12	Braintree	1:25.71	185	41.45
32.	Simon FEISE	12	Basildon Ph	1:26.85	178	41.53
33.	Alexander GILL	12	Epping For't	1:26.91	178	42.71
34.	Daniel BOBOYE	12	Thurrock	1:26.96	177	41.74
35.	Max HEADLEY	12	Braintree	1:28.38	169	42.61

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Nikita CHARYKIN	13	Thurrock		1:06.15	403	32.22
2.	Mason ALLEN	13	Basildon Ph		1:09.23	352	33.19
3.	Daniel LEWIS	13	Chelmsford		1:09.80	343	33.91
4.	Max ARNOLD	13	Harlow Pen		1:09.83	343	33.43
5.	William COLLOWEY	13	Epping For't		1:10.54	333	34.24
6.	Ben MINISTER	13	Thurrock		1:12.17	311	35.12
7.	Daniel MCGUINNESS	13	Basildon Ph		1:12.70	304	34.83
8.	Daniel PARKER	13	Braintree		1:14.27	285	36.22
9.	Mark RIGO	13	Romford Town		1:14.31	284	36.03
10.	Arthur BERNANS	13	Basildon Ph		1:14.50	282	35.77
11.	Maddox ROBERTS	13	Witham Dolph		1:14.53	282	36.56
12.	Steven SALAZAR	13	Bo Newham		1:14.56	282	35.97
13.	Hadi KHAIRUL	13	Bo Newham		1:14.72	280	-
14.	Jack CACI	13	Epping For't		1:14.84	278	36.17
15.	Baran ODEN	13	Bark & Dagen		1:15.22	274	36.88
16.	Daniel QUE	13	Southend		1:15.94	267	36.70
17.	Denis DRELEV	13	Romford Town		1:16.04	265	36.58
18.	Oliver CASH	13	Chelmsford		1:16.05	265	37.05
19.	Lewis JARRETT	13	Romford Town		1:16.22	264	36.73
20.	Harry STAGG	13	Basildon Ph		1:16.43	261	36.98
21.	Jamie BENJAMIN	13	Chelmsford		1:17.62	250	38.70
22.	Roan BRENNAN	13	Basildon Ph	9	1:18.29	243	38.54
23.	Thomas FORD	13	Basildon Ph		1:18.34	243	38.63
24.	Aidan WOOD	13	Thurrock		1:18.85	238	38.16
25.	Rhys PANYANDEE	13	Bo Newham		1:19.23	235	37.96
26.	Jamie HARTNUP	13	Braintree		1:19.54	232	38.29
27.	Freddie GARDNER	13	Bo Southend		1:20.77	221	39.56
28.	Rhys PENFOLD	13	Killerwhales		1:21.00	220	38.76
29.	Max PARRY	13	Brentwood		1:22.14	210	40.00
30.	Samuel DAWSON	13	Bo Waltham F		1:22.22	210	39.81
31.	Henry PERTWEE	13	DunmowAtlant		1:22.55	207	40.02

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Jude HILLS	14	Thurrock		1:02.70	474	30.56
2.	Aaron GABRIEL	14	Bark & Dagen		1:04.19	442	31.22
3.	Ethan MARTIN	14	Bo Southend		1:04.88	428	31.28
4.	Jenson HURRELL	14	Thurrock		1:06.55	396	31.95
5.	Jacob STEPHEN	14	Brentwood		1:07.16	386	32.13
6.	Connor MCCARTHY	14	Romford Town		1:07.60	378	32.54
7.	Luke OULDS	14	Basildon Ph		1:07.63	378	33.00
8.	Daniel DIXON	14	Brentwood		1:08.20	368	32.95
9.	Patrick WINNINGTON	14	DunmowAtlant		1:09.03	355	33.45
10.	Alfie FRANCIS	14	Colchester		1:09.73	344	33.82
11.	Lewis DIXON	14	Bark & Dagen		1:10.07	339	33.80
12.	James COWDREY	14	Basildon Ph		1:10.22	337	33.11
13.	Daniel HIMSWORTH	14	Colchester		1:10.28	336	34.09
14.	Joseph GARFIELD	14	Bo Waltham F		1:10.38	335	34.21
14.	Oliver SHEAD	14	Witham Dolph		1:10.38	335	34.34
16.	George WALLACE	14	Colchester		1:11.06	325	33.91
17.	Mark MILBURN	14	Colchester		1:11.17	324	34.31
18.	Georgi RAYKIN	14	Bo Newham		1:11.18	324	34.43
19.	Rufus JONES	14	Epping For't		1:11.84	315	35.38
20.	Lucas FARRANT	14	Chelmsford		1:11.92	314	34.34
21.	Henry MORGAN	14	Killerwhales		1:12.62	305	34.71
22.	Tyler TOMBS	14	Chelmsford		1:13.31	296	35.62
23.	Josh WHITE	14	Bark & Dagen		1:13.91	289	35.64
24.	Ethan PARAIWA	14	Thurrock		1:14.12	287	36.31
25.	Josh TOMS	14	DunmowAtlant		1:14.28	285	35.53
26.	Maximillion PYE	14	Epping For't		1:14.46	283	35.35
27.	Charles ROYLE	14	Bo Southend		1:15.42	272	36.62
28.	Thomas BALE	14	Halstead		1:15.57	270	35.50

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
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FULL RESULTS BLOCK A

1.	Roan BRENNAN	13	Basildon Ph	9	1:18.29	405	38.54
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EVENT 3 Mens MC 15 Yrs/Over 100m Backstroke

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Jack SKERRY	15	Chelmsford		1:01.62	499	29.96
2.	Alessandro RIODA	15	Harlow Pen		1:01.73	497	29.73
3.	Denzel ACHI	15	Bark & Dagen		1:03.58	454	30.77
4.	Syd ROBERTS	15	Colchester		1:03.62	454	30.62
5.	Tyler JACKSON	15	Harlow Pen		1:03.67	453	30.73
6.	Mathew HARVEY	15	Basildon Ph		1:03.95	447	30.84
7.	Kai CHENG	15	Colchester		1:04.11	443	30.99
8.	Naythan AUNG	15	Colchester		1:04.23	441	31.26
9.	Thomas SAMUELS	15	Chelmsford		1:04.44	436	31.32
10.	Jimmy TAYLOR	15	Thurrock		1:06.77	392	32.20
11.	Daniel MONK	15	Harlow Pen		1:07.01	388	32.11
12.	Samuel RENNIE	15	Braintree		1:07.87	374	33.10
13.	Luke MARNEY	15	Romford Town		1:08.04	371	33.10
14.	Saif RAHMAN	15	Colchester		1:08.09	370	33.24
15.	Euan HIGGS	15	Chelmsford		1:08.33	366	32.84
16.	Nathan GRAY	15	Southend		1:08.38	365	32.43
17.	Matthew KENT	15	Harwich DP		1:08.39	365	33.17
18.	Harry ROBINSON	15	Bark & Dagen		1:08.91	357	33.07
19.	Harrison TRAVERS	15	DunmowAtlant		1:09.05	355	32.68
20.	Angus ROBERTSON	15	Brentwood		1:09.58	347	33.13
21.	William EASTEAL	15	Colchester		1:09.72	345	32.73
22.	Jake HARE	15	BorRedbridge		1:10.79	329	33.84
23.	Harrison JARVIS	15	Thurrock		1:10.94	327	33.75
24.	Toby RAYNER	15	DunmowAtlant		1:11.34	322	34.01
25.	Tyrese THOMPSON	15	Romford Town		1:15.31	273	35.87
26.	Gavin BURGOS	15	Bark & Dagen		1:18.87	238	39.03

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Daniel GENCAS	16	Romford Town		1:00.00	541	29.02
2.	Owen VAUGHAN	16	Chelmsford		1:02.18	486	29.77
3.	Lewis BINNING	16	Basildon Ph		1:02.75	473	29.87
4.	Samuel COSTIN	16	Basildon Ph		1:03.04	466	30.55
5.	Samuel MILLER	16	Basildon Ph		1:03.61	454	30.57
6.	Jack RICHARDSON	16	DunmowAtlant		1:04.29	440	30.81
7.	Morgan FOSTER	16	Braintree		1:05.16	422	31.84
8.	Jack TURRELL	16	Basildon Ph		1:05.59	414	31.59
9.	Daniel BLERKOM	16	Southend		1:06.61	395	31.84
10.	Ewan HATHAWAY	16	Epping Fort		1:07.18	385	32.04
11.	Joseph FROST	16	Romford Town		1:07.78	375	32.49
12.	Samuel OWEN	16	Runnymede		1:09.86	342	33.31
	Nathan BANGA	16	Romford Town		DNC		
	Sam ROWELL	16	Havering Dol		DQ S		
	Maksim PLATONOV	16	Bo Newham		DQ T		

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Josh SMITH	18	DunmowAtlant		58.26	591	27.59
2.	Ryan KELLY	20	Chelmsford		59.23	562	28.60
3.	Charlie BODEN	18	Braintree		59.94	542	29.86
4.	Liam BRENNAN	17	Basildon Ph		1:00.05	539	28.66
5.	Ben EASTMAN	24	Hornchurch		1:00.47	528	29.85
6.	James COOPER	17	Basildon Ph		1:00.52	527	29.37
7.	Ralph DAVIES	18	Harlow Pen		1:01.20	510	29.51
8.	Luke CROFTS	19	Thurrock		1:01.41	504	29.22
9.	Lewis BAYLEY	18	Southend		1:01.45	503	29.71
10.	Aaron WILSON	17	Romford Town		1:02.94	468	30.19
11.	Daniel SIDA	18	Killerwhales		1:03.35	459	30.37
12.	Tom WARD	17	Chelmsford		1:03.95	447	30.62
13.	Tom SAUVARY-HINES	17	Basildon Ph		1:04.05	445	30.60
14.	Adam HAROUMA	18	Bo Newham		1:04.17	442	30.75
15.	Samuel DACK	17	DunmowAtlant		1:06.12	404	31.79
16.	Robert BROWN	29	Halstead		1:06.30	401	32.08
17.	Isaac PAVEY	17	Colchester		1:06.59	396	31.79
18.	Aaron CHAMBERS	17	Epping Fort		1:06.70	394	32.02
19.	Michael STANWAY	18	Bo Waltham F		1:06.90	390	31.44
20.	Connor WILKEN	17	Colchester		1:07.19	385	32.05
21.	Lewis ARCHER	22	Halstead		1:07.98	372	32.97
22.	Vaughn DOOLEY	18	Romford Town		1:09.87	342	32.87
23.	Mark HOLMES	36	Colchester P	14	1:26.78	178	42.63
24.	Samuel WHEARTY	17	Colchester	9	1:27.43	174	41.74
	James ROWELL	19	Romford Town		DNC		

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Mark HOLMES	36	Colchester P	14	1:26.78	307	42.63
2.	Samuel WHEARTY	17	Colchester	9	1:27.43	290	41.74

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FULL RESULTS BLOCK A

EVENT 4 Girls 12/14 Yrs 400m IM

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Cait COTTER	12	Chelmsford	5:32.64	471
	50m 34.76	100m 1:14.44	150m 1:56.29	200m 2:36.53	250m 3:24.81
					300m 4:14.17
					350m 4:54.15
					400m 5:32.64
2.	Evangeline PIERCE	12	Basildon Ph	5:33.78	466
	50m 35.34	100m 1:18.56	150m 1:58.59	200m 2:38.26	250m 3:28.30
					300m 4:19.42
					350m 4:57.71
					400m 5:33.78
3.	Monika MURINE	12	Bark & Dagen	5:39.87	442
	50m 39.81	100m 1:23.36	150m 2:07.91	200m 2:51.10	250m 3:37.08
					300m 4:23.56
					350m 5:02.81
					400m 5:39.87
4.	Skye CARTER	12	Basildon Ph	5:43.23	429
	50m 34.76	100m 1:16.63	150m 2:00.16	200m 2:43.25	250m 3:34.61
					300m 4:27.19
					350m 5:05.16
					400m 5:43.23
5.	Mia LOWE	12	Basildon Ph	5:45.40	421
	50m 38.20	100m 1:23.81	150m 2:09.12	200m 2:52.25	250m 3:39.22
					300m 4:28.44
					350m 5:08.98
					400m 5:45.40
6.	Gracie COMITTI	12	Basildon Ph	5:45.96	419
	50m 36.33	100m 1:18.71	150m 2:04.59	200m 2:48.48	250m 3:35.44
					300m 4:25.32
					350m 5:07.83
					400m 5:45.96
7.	Lisa LEINEMANN	12	Chelmsford	5:46.29	418
	50m 38.42	100m 1:24.92	150m 2:08.89	200m 2:52.03	250m 3:40.49
					300m 4:30.56
					350m 5:10.47
					400m 5:46.29
8.	Lexie O'CONNOR	12	Romford Town	5:47.93	412
	50m 38.48	100m 1:23.80	150m 2:07.90	200m 2:51.45	250m 3:40.76
					300m 4:30.33
					350m 5:10.42
					400m 5:47.93
9.	Lilly-Mae KILBEY	12	Epping Fort	6:05.86	354
	50m 38.43	100m 1:26.67	150m 2:12.71	200m 2:57.64	250m 3:49.23
					300m 4:41.46
					350m 5:24.14
					400m 6:05.86
10.	Sophie CONROY	12	Thurrock	6:05.91	354
	50m 35.87	100m 1:18.80	150m 2:03.96	200m 2:49.35	250m 3:43.71
					300m 4:39.46
					350m 5:23.46
					400m 6:05.91
11.	Chloe KEEGAN	12	Killerwhales	6:11.54	338
	50m 39.85	100m 1:26.53	150m 2:13.56	200m 2:58.70	250m 3:50.77
					300m 4:42.73
					350m 5:28.13
					400m 6:11.54

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Ruby WHEELER	13	Basildon Ph	5:01.99	630
	50m 30.78	100m 1:06.26	150m 1:45.72	200m 2:24.18	250m 3:07.55
					300m 3:52.36
					350m 4:28.22
					400m 5:01.99
2.	Erika PASAKINSKAITE	13	Bark & Dagen	5:28.36	490
	50m 32.25	100m 1:09.66	150m 1:52.92	200m 2:36.01	250m 3:21.68
					300m 4:09.15
					350m 4:49.51
					400m 5:28.36
3.	Mia MAGNUS	13	BorRedbridge	5:30.84	479
	50m 35.73	100m 1:16.78	150m 1:59.37	200m 2:39.91	250m 3:27.44
					300m 4:16.30
					350m 4:53.89
					400m 5:30.84
4.	Elise DELAPPERALL	13	Thurrock	5:31.69	475
	50m 35.06	100m 1:15.51	150m 1:58.09	200m 2:39.91	250m 3:28.24
					300m 4:17.49
					350m 4:55.95
					400m 5:31.69
5.	Olivia COOPER	13	Basildon Ph	5:37.46	451
	50m 34.61	100m 1:15.49	150m 2:00.08	200m 2:44.09	250m 3:30.56
					300m 4:18.80
					350m 4:59.25
					400m 5:37.46
6.	Anna-Lucia FENNER	13	Basildon Ph	5:43.77	427
	50m 37.06	100m 1:23.00	150m 2:06.38	200m 2:49.01	250m 3:38.90
					300m 4:27.48
					350m 5:06.81
					400m 5:43.77
7.	Alexa MANN	13	Basildon Ph	5:45.74	420
	50m 38.42	100m 1:25.56	150m 2:08.04	200m 2:51.17	250m 3:40.63
					300m 4:29.92
					350m 5:10.21
					400m 5:45.74
8.	Macy HUTHWAITE	13	Killerwhales	5:49.40	407
	50m 34.90	100m 1:17.23	150m 1:59.43	200m 2:02.39	250m 3:36.52
					300m 4:28.10
					350m 5:09.09
					400m 5:49.40

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Isabel ILEY	14	Bo Waltham F	5:08.35	592
	50m 31.10	100m 1:08.92	150m 1:47.74	200m 2:25.98	250m 3:12.30
					300m 3:58.29
					350m 4:33.68
					400m 5:08.35
2.	Holly LAMB	14	Southend	5:15.40	553
	50m 32.85	100m 1:12.06	150m 1:53.25	200m 2:33.05	250m 3:18.71
					300m 4:04.33
					350m 4:40.52
					400m 5:15.40
3.	Kiera BLUNDEN	14	Chelmsford	5:16.83	545
	50m 32.91	100m 1:11.51	150m 1:50.64	200m 2:29.20	250m 3:16.08
					300m 4:03.56
					350m 4:41.41
					400m 5:16.83
4.	Stephanie PAGAN	14	Bo Waltham F	5:25.84	501
	50m 33.15	100m 1:12.63	150m 1:53.90	200m 2:34.36	250m 3:22.02
					300m 4:11.13
					350m 4:48.99
					400m 5:25.84
5.	Phoebe WHITE	14	Harlow Pen	5:29.78	484
	50m 32.38	100m 1:12.02	150m 1:54.93	200m 2:36.63	250m 3:26.58
					300m 4:16.19
					350m 4:53.33
					400m 5:29.78
6.	Bryony EDGINGS	14	Thurrock	5:33.27	469
	50m 32.93	100m 1:13.70	150m 1:55.99	200m 2:38.15	250m 3:27.90
					300m 4:17.52
					350m 4:56.67
					400m 5:33.27
7.	Ellie SHANAHAN	14	Killerwhales	5:35.10	461
	50m 32.86	100m 1:12.60	150m 1:55.34	200m 2:36.86	250m 3:26.96
					300m 4:18.67
					350m 4:57.10
					400m 5:35.10
8.	Amy ALLISON	14	Bo Waltham F	5:37.95	449
	50m 34.18	100m 1:15.75	150m 1:58.46	200m 2:39.81	250m 3:30.09
					300m 4:21.72
					350m 5:01.10
					400m 5:37.95
9.	Molly GRIEVE	14	Colchester	5:38.33	448
	50m 34.19	100m 1:13.70	150m 1:58.86	200m 2:43.02	250m 3:30.33
					300m 4:18.50
					350m 4:59.49
					400m 5:38.33
10.	Emily COOPER	14	Basildon Ph	5:47.34	414
	50m 33.69	100m 1:14.22	150m 1:55.23	200m 2:36.24	250m 3:29.42
					300m 4:23.42
					350m 5:05.40
					400m 5:47.34
11.	Ella LAUDER	14	Southend	5:49.87	405
	50m 36.84	100m 1:23.02	150m 2:06.49	200m 2:47.36	250m 3:39.13
					300m 4:30.89
					350m 5:10.76
					400m 5:49.87

EVENT 5 Womens MC 15 Yrs/Over 400m IM

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	May BRADBURN	15	Chelmsford	5:05.37	609
	50m 30.86	100m 1:07.29	150m 1:48.09	200m 2:27.03	250m 3:11.04
					300m 3:56.87
					350m 4:32.44
					400m 5:05.37
2.	Charlotte TREE	15	Colchester	5:18.67	536
	50m 34.24	100m 1:14.93	150m 1:55.51	200m 2:35.04	250m 3:19.71
					300m 4:05.67
					350m 4:42.72
					400m 5:18.67
3.	Ciara WOKEY	15	Colchester	5:18.70	536
	50m 32.63	100m 1:10.32	150m 1:52.36	200m 2:34.16	250m 3:18.58
					300m 4:04.45
					350m 4:42.41
					400m 5:18.70
4.	Emily ILEY	15	Bo Waltham F	5:20.64	526
	50m 30.99	100m 1:07.78	150m 1:45.90	200m 2:23.66	250m 3:13.88
					300m 4:04.88
					350m 4:43.75
					400m 5:20.64
5.	Brooke JENKINS	15	Southend	5:24.07	510
	50m 32.47	100m 1:12.09	150m 1:51.84	200m 2:31.30	250m 3:19.69
					300m 4:08.71
					350m 4:47.00
					400m 5:24.07
6.	Rebecca ARMSTRONG	15	Bo Waltham F	5:24.76	506
	50m 34.57	100m 1:14.85	150m 1:55.99	200m 2:37.64	250m 3:22.16
					300m 4:08.37
					350m 4:47.64
					400m 5:24.76
7.	Derin KARAMANLI	15	BorRedbridge	5:26.04	500
	50m 32.25	100m 1:09.12	150m 1:51.12	200m 2:32.05	250m 3:20.72



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FULL RESULTS BLOCK A

9.	Lucy MORGAN	15	Colchester	5:31.94	474				
	50m 34.99	100m 1:16.92	150m 1:58.26	200m 2:38.95	250m 3:27.45	300m 4:16.50	350m 4:55.47	400m 5:31.94	
10.	Molly REDGRAVE	15	Colchester	5:33.59	467				
	50m 33.51	100m 1:13.83	150m 1:54.27	200m 2:34.32	250m 3:24.39	300m 4:15.23	350m 4:54.17	400m 5:33.59	
	Oluwatumise SALU	15	Bo Newham	DQ T 8L					

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Amelia MOULE	16	Romford Town	5:03.93	618				
	50m 31.55	100m 1:09.98	150m 1:48.25	200m 2:26.11	250m 3:10.79	300m 3:54.93	350m 4:30.46	400m 5:03.93	
2.	Kameliya STOIMENOVA	16	Bo Newham	5:15.00	555				
	50m 33.14	100m 1:10.95	150m 1:52.39	200m 2:32.28	250m 3:15.76	300m 3:59.73	350m 4:38.64	400m 5:15.00	
3.	Rebecca HOWELL	16	Basildon Ph	5:15.91	550				
	50m 31.18	100m 1:06.78	150m 1:47.38	200m 2:26.32	250m 3:13.58	300m 4:02.97	350m 4:40.26	400m 5:15.91	
4.	Junayna AHMED	16	Bark & Dagen	5:20.85	525				
	50m 33.07	100m 1:10.69	150m 1:52.22	200m 2:32.61	250m 3:21.24	300m 4:10.27	350m 4:46.38	400m 5:20.85	
5.	Olivia ROBERTS	16	Bo Waltham F	5:23.63	512				
	50m 33.13	100m 1:11.11	150m 1:52.61	200m 2:33.11	250m 3:20.94	300m 4:08.76	350m 4:46.81	400m 5:23.63	
6.	Molly YOUNG	16	Colchester	5:28.28	490				
	50m 33.23	100m 1:10.58	150m 1:52.69	200m 2:34.04	250m 3:22.76	300m 4:12.78	350m 4:50.86	400m 5:28.28	
7.	Kitty JARVIS	16	Harlow Pen	5:37.99	449				
	50m 33.93	100m 1:15.84	150m 1:58.33	200m 2:41.35	250m 3:31.43	300m 4:21.90	350m 5:00.86	400m 5:37.99	

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Abbie LOW	17	Chelmsford	4:55.20	674				
	50m 30.62	100m 1:06.45	150m 1:43.31	200m 2:19.67	250m 3:03.70	300m 3:49.57	350m 4:23.78	400m 4:55.20	
2.	Ellie WHEELER	17	Basildon Ph	4:55.37	673				
	50m 31.40	100m 1:08.51	150m 1:46.44	200m 2:22.85	250m 3:05.01	300m 3:47.03	350m 4:22.82	400m 4:55.37	
3.	Tia GARDINER	17	Chelmsford	5:04.83	612				
	50m 32.07	100m 1:07.80	150m 1:46.93	200m 2:25.38	250m 3:10.73	300m 3:56.78	350m 4:31.78	400m 5:04.83	
4.	Ellie GRANT	18	BorRedbridge	5:10.23	581				
	50m 32.65	100m 1:10.09	150m 1:51.33	200m 2:31.26	250m 3:12.37	300m 3:57.65	350m 4:34.28	400m 5:10.23	
5.	Jasmine ILEY	18	Bo Waltham F	5:12.16	570				
	50m 32.64	100m 1:10.97	150m 1:49.16	200m 2:27.08	250m 3:13.74	300m 4:01.17	350m 4:36.86	400m 5:12.16	
6.	Caitlin DAY	18	Basildon Ph	5:12.90	566				
	50m 33.51	100m 1:12.54	150m 1:54.47	200m 2:34.79	250m 3:16.80	300m 3:59.60	350m 4:36.39	400m 5:12.90	
7.	Annabelle KITCHING	17	Chelmsford	5:20.85	525				
	50m 33.70	100m 1:11.86	150m 1:52.63	200m 2:32.84	250m 3:19.98	300m 4:08.54	350m 4:45.15	400m 5:20.85	
8.	Katherine DAYNES	17	Halstead	5:26.37	499				
	50m 33.61	100m 1:14.38	150m 1:59.54	200m 2:43.72	250m 3:27.27	300m 4:11.15	350m 4:49.60	400m 5:26.37	
9.	Amber HEAD	17	Rochford	5:32.76	471				
	50m 33.35	100m 1:12.21	150m 1:55.20	200m 2:37.06	250m 3:23.80	300m 4:11.72	350m 4:52.77	400m 5:32.76	
10.	Jade BRAYBROOKE	17	Killerwhales	5:34.75	462				
	50m 32.76	100m 1:12.54	150m 1:54.04	200m 2:35.57	250m 3:25.97	300m 4:17.75	350m 4:57.22	400m 5:34.75	
	Lauren NELSON	18	Harlow Pen	DQ T					

EVENT 6 FINAL OF EVENT 2 Boys 10/11 Yrs 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	David NEACSU	11	Bark & Dagen	1:14.38	284	36.37
2.	Jack DESPY	11	Basildon Ph	1:14.92	278	36.96
3.	Billy EAST	11	Bo Southend	1:17.42	251	37.84
4.	Sean CONNOLLY	11	Epping Fort	1:18.77	239	37.74
5.	Robert FENNER	11	Basildon Ph	1:20.61	223	39.85
6.	Louis ALLEN	11	Basildon Ph	1:20.71	222	39.01
7.	Albert ORLEY	11	Braintree	1:21.10	219	39.45
8.	Harry ROSE	11	Braintree	1:21.37	217	38.65

EVENT 7 FINAL OF EVENT 2 Boys 12 Yrs 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Raheel MAHMOOD	12	Romford Town	1:11.68	317	34.72
2.	Zak TROMAN	12	Colchester	1:12.65	304	35.40
3.	William WHITE	12	Harlow Pen	1:15.24	274	36.27
4.	Thomas UNDERDOWN	12	Braintree	1:15.76	268	36.66
5.	Dion FANA	12	Bark & Dagen	1:17.52	251	37.80
6.	Kevin MOLDOVAN	12	Harlow Pen	1:17.92	247	37.78
7.	Sami BENIDIR	12	Bo Newham	1:17.97	246	37.92
8.	James GOURPINAR	12	Harlow Pen	1:18.01	246	37.80

EVENT 8 FINAL OF EVENT 2 Boys 13 Yrs 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Nikita CHARYKIN	13	Thurrock	1:05.28	420	31.82
2.	Mason ALLEN	13	Basildon Ph	1:08.59	362	33.40
3.	Max ARNOLD	13	Harlow Pen	1:09.07	354	33.64
4.	Daniel LEWIS	13	Chelmsford	1:09.22	352	33.64
5.	William COLLOWEY	13	Epping Fort	1:10.46	334	34.72
6.	Daniel MCGUINNESS	13	Basildon Ph	1:11.65	317	34.11
7.	Ben MINISTER	13	Thurrock	1:12.35	308	35.14
8.	Daniel PARKER	13	Braintree	1:12.90	301	35.67



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FULL RESULTS BLOCK A

EVENT 9 FINAL OF EVENT 2 Boys 14 Yrs 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jude HILLS	14	Thurrock	1:02.17	486	30.41
2.	Aaron GABRIEL	14	Bark & Dagen	1:03.27	461	30.58
3.	Ethan MARTIN	14	Bo Southend	1:05.06	424	30.85
4.	Connor MCCARTHY	14	Romford Town	1:05.97	407	31.90
5.	Jenson HURRELL	14	Thurrock	1:06.61	395	32.32
6.	Luke OULDS	14	Basildon Ph	1:07.54	379	32.73
7.	Daniel DIXON	14	Brentwood	1:08.70	360	33.44
8.	Jacob STEPHEN	14	Brentwood	1:08.92	357	33.15

EVENT 10 FINAL OF EVENT 3 Mens MC 15 Yrs 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jack SKERRY	15	Chelmsford	1:00.75	521	29.65
2.	Alessandro RIODA	15	Harlow Pen	1:00.88	518	29.64
3.	Denzel ACHI	15	Bark & Dagen	1:03.05	466	30.87
4.	Tyler JACKSON	15	Harlow Pen	1:03.06	466	30.48
5.	Mathew HARVEY	15	Basildon Ph	1:03.30	461	30.87
6.	Naythan AUNG	15	Colchester	1:03.48	457	30.49
7.	Syd ROBERTS	15	Colchester	1:03.58	454	30.68
8.	Kai CHENG	15	Colchester	1:04.19	442	31.02

EVENT 11 FINAL OF EVENT 3 Mens MC 16 Yrs 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Daniel GENCAS	16	Romford Town	59.58	552	28.95
2.	Owen VAUGHAN	16	Chelmsford	1:00.74	521	29.35
3.	Lewis BINNING	16	Basildon Ph	1:01.93	492	29.92
4.	Samuel COSTIN	16	Basildon Ph	1:02.73	473	30.60
5.	Samuel MILLER	16	Basildon Ph	1:03.32	460	30.68
6.	Jack RICHARDSON	16	DunmowAtlant	1:03.59	454	30.67
7.	Jack TURRELL	16	Basildon Ph	1:04.77	430	31.12
8.	Morgan FOSTER	16	Braintree	1:05.21	421	31.36

EVENT 12 FINAL OF EVENT 3 Mens MC 17 Yrs/Over 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Josh SMITH	18	DunmowAtlant	57.24	623	27.46
2.	Ryan KELLY	20	Chelmsford	59.11	566	28.25
3.	Liam BRENNAN	17	Basildon Ph	59.51	554	28.72
4.	Charlie BODEN	18	Braintree	1:00.38	531	30.28
5.	Ralph DAVIES	18	Harlow Pen	1:00.50	528	28.99
6.	James COOPER	17	Basildon Ph	1:00.52	527	29.54
7.	Luke CROFTS	19	Thurrock	1:01.47	503	29.44
8.	Lewis BAYLEY	18	Southend	1:02.03	489	29.55

EVENT 13 Girls 10/14 Yrs 100m Breaststroke

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Daisy MANNING	11	Basildon Ph	1:25.43	388	39.83
2.	Gracie PARKER	11	Basildon Ph	1:26.71	371	41.35
3.	Abrielle VELASQUEZ	11	Havering Dol	1:32.30	308	43.28
4.	Hollie HEIGHES	11	Braintree	1:32.34	307	43.26
5.	Ava WILSON	11	Chelmsford	1:33.71	294	44.87
6.	Kesia CREES	11	Basildon Ph	1:34.01	291	43.91
7.	Ella GREATBATCH	11	Braintree	1:34.56	286	44.27
8.	Hannah HARDY	11	Epping Fort	1:35.04	282	45.15
9.	Nicole AKINBOLA-ADENRE	11	Bo Newham	1:35.31	280	43.82
10.	Ella EDWARDS	10	Harlow Pen	1:35.81	275	45.04
11.	Margarita STOIMENOVA	10	Bo Newham	1:36.63	268	46.17
12.	Zara CLARKSON	11	DunmowAtlant	1:36.91	266	45.96
13.	Ella DAWSON	11	Chelmsford	1:37.86	258	46.79
14.	Jasmine CARTER	10	Basildon Ph	1:38.41	254	46.28
15.	Rebecca COOGAN	11	Romford Town	1:38.45	254	47.44
16.	Mia TANANEEVA	11	Bark & Dagen	1:39.06	249	-
17.	Evie STRINGER	11	Saffron Wald	1:40.74	237	46.31
18.	Leila JONES	11	Killerwhales	1:40.91	236	47.92
19.	Laura KEHRE	11	Canvey Isl	1:41.98	228	48.14
20.	Maria STANCIU	11	Thurrock	1:42.01	228	46.35
21.	Salina TEKESTE	11	Bo Newham	1:42.14	227	47.71
22.	Bella STEADMAN	11	Killerwhales	1:42.52	225	48.95
23.	Emma WOOLGAR	11	Chelmsford	1:42.75	223	47.42
24.	Rose DENYER	11	Saffron Wald	1:43.83	216	49.71
25.	Harriet GOODEY	11	Basildon Ph	1:43.94	215	49.95
	Saule BRANKEVICIUTE	11	Bo Newham	DNC		

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Mia LOWE	12	Basildon Ph	1:23.58	415	38.93
2.	Monika MURINE	12	Bark & Dagen	1:24.94	395	40.77
3.	Gracie COMMITTI	12	Basildon Ph	1:25.61	386	39.86





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FULL RESULTS BLOCK A

4.	Hollie HAWKINS	12	Brentwood	1:26.33	376	41.14
5.	Lexie O'CONNOR	12	Romford Town	1:26.52	374	40.74
6.	Abigail REID	12	Bo Waltham F	1:27.74	359	41.54
7.	Sadie ROWE	12	Colchester	1:28.00	355	41.15
8.	Codie MCSHEFFREY	12	Romford Town	1:28.85	345	41.76
9.	Madison HEIL	12	Bark & Dagen	1:29.56	337	41.35
10.	Lexie GOODMAN	12	Basildon Ph	1:29.70	336	42.50
11.	Skye CARTER	12	Basildon Ph	1:30.02	332	42.43
12.	Lisa LEINEMANN	12	Chelmsford	1:30.18	330	42.80
13.	Amelia MURPHY	12	Chelmsford	1:30.97	322	42.12
14.	Zoe SMITHERS	12	Basildon Ph	1:31.05	321	42.24
15.	Sophie O'RORKE	12	Braintree	1:31.06	321	42.62
16.	Jasmine SHAW	12	Witham Dolph	1:31.53	316	42.97
17.	Ella TURNER	12	Epping Fort	1:31.83	313	43.03
18.	Grace TURNER	12	Clacton SC	1:32.31	308	43.96
19.	Luella GILMOUR	12	Chelmsford	1:32.36	307	44.42
20.	Ifeoma NWABUEZE	12	Bo Southend	1:32.41	307	44.26
21.	Rachel SALE	12	Stanway	1:32.59	305	43.32
22.	Shannon-Eunice BENEDIC	12	Basildon Ph	1:33.12	300	44.60
23.	Amy MILBURN	12	Colchester	1:33.49	296	44.42
24.	Chloe KEEGAN	12	Killerwhales	1:33.52	296	45.16
25.	Neve WINNINGTON	12	DunmowAtlant	1:33.58	295	43.95
26.	Lucy STANWAY	12	Epping Fort	1:34.14	290	43.80
27.	Sophie BALL	12	Braintree	1:35.31	280	-
28.	Tami BANKOLE	12	Thurrock	1:35.95	274	44.54
29.	Kallie JACKSON	12	Harlow Pen	1:36.18	272	45.71
30.	Sophie CONROY	12	Thurrock	1:36.65	268	45.29
31.	Isabella WORWOOD	12	Epping Fort	1:36.67	268	45.50
32.	Lilly-Mae KILBEY	12	Epping Fort	1:36.72	268	45.89
33.	Isabella BROCKWAY-SMIT	12	Witham Dolph	1:37.68	260	45.32
34.	Isabella HARRIS	12	Saffron Wald	1:37.82	259	45.25
35.	Maisy WOOD	12	Clacton SC	1:38.91	250	45.38
36.	Alexandra GILES	12	Romford Town	1:39.75	244	46.55
37.	Macey WATKINS	12	Stanway	1:39.92	243	46.75

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	
1.	Ruby WHEELER	13	Basildon Ph	1:16.12	549	35.67	EBT
2.	Misty EREN	13	Harlow Pen	1:19.93	474	37.63	
3.	Lily ULYATT	13	Chelmsford	1:19.96	474	36.69	
4.	Sophie CLERKIN	13	Braintree	1:20.14	471	37.03	
5.	Olivia COOPER	13	Basildon Ph	1:20.68	461	38.28	
6.	Erika PASAKINSKAITE	13	Bark & Dagen	1:22.19	436	38.94	
7.	Anna-Lucia FENNER	13	Basildon Ph	1:22.42	433	38.46	
8.	Alexa MANN	13	Basildon Ph	1:23.78	412	40.36	
9.	Marcie ALEY	13	Braintree	1:25.11	393	39.73	
10.	Robyn BLOWS	13	Bo Southend	1:25.81	383	40.57	
11.	Millie DENYER	13	Saffron Wald	1:26.27	377	41.08	
12.	Mia MAGNUS	13	BorRedbridge	1:27.01	368	40.36	
13.	Elise DELAPPERALL	13	Thurrock	1:27.51	361	41.85	
14.	Keziah PLUMB	13	Bark & Dagen	1:27.63	360	40.46	
15.	Claudia STASZEWSKA	13	Leyton	1:28.42	350	40.92	
16.	Evie JAMIESON	13	Harlow Pen	1:29.08	343	40.93	
17.	Maia SANTOS	13	Basildon Ph	1:29.20	341	42.03	
18.	Macy HUTHWAITE	13	Killerwhales	1:29.75	335	43.12	
19.	Jasmine BALE	13	Halstead	1:30.56	326	41.47	
20.	Sophie BAKER	13	Colchester	1:32.76	303	43.28	
21.	Francesca RIODA	13	Harlow Pen	1:33.06	300	44.20	
22.	Faith KERN	13	Braintree	1:33.62	295	43.09	
23.	Larna MORGAN	13	Epping Fort	1:34.30	289	44.63	
24.	Erin JOHNSON	13	Chelmsford	1:35.72	276	43.93	
25.	Evangeline GADSDON	13	Killerwhales	1:35.81	275	44.26	

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	
1.	Chloe SKELT	14	Brentwood	1:15.13	571	35.11	EBT
2.	Neha PILLAI	14	Bo Waltham F	1:18.68	497	35.65	
3.	Holly LAMB	14	Southend	1:19.96	474	38.32	
4.	Isabel ILEY	14	Bo Waltham F	1:20.01	473	37.39	
5.	Erin LITTLE	14	Chelmsford	1:20.25	469	37.45	
6.	Kiera BLUNDEN	14	Chelmsford	1:20.82	459	38.21	
7.	Zoe BARNARD	14	Basildon Ph	1:22.39	433	38.71	
8.	Francesca LOW	14	Chelmsford	1:22.53	431	38.59	
9.	Francesca KEY	14	Canvey Isl	1:23.08	422	38.81	
10.	Alexa MILES-STEVENS	14	Thurrock	1:23.18	421	37.75	
11.	Bryony EDGINGS	14	Thurrock	1:23.60	415	39.09	
12.	Temi AWOLESI	14	Chelmsford	1:23.87	411	38.04	
13.	Harriet CARROLL	14	Runnymede	1:24.73	398	39.48	
14.	Rosie HENN	14	Braintree	1:25.18	392	39.99	
15.	Darcy COBURN	14	Chelmsford	1:25.19	392	39.44	
16.	Sophie JENKINSON	14	Basildon Ph	1:25.25	391	39.73	
17.	Stephanie PAGAN	14	Bo Waltham F	1:25.33	390	40.19	
18.	Phoebe WHITE	14	Harlow Pen	1:25.42	389	40.26	
19.	Isla STRINGER	14	Saffron Wald	1:25.80	383	39.52	
20.	Brooke WOODHOUSE	14	Killerwhales	1:25.93	382	40.49	
21.	Molly GRIEVE	14	Colchester	1:26.04	380	40.95	
22.	Chloe MARTIN	14	Harlow Pen	1:26.05	380	40.23	
23.	Eliza DAVIS	14	Basildon Ph	1:26.97	368	41.27	
24.	Ella KOURENTIS	14	Epping Fort	1:27.02	368	40.99	
25.	Ella LAUDER	14	Southend	1:27.07	367	40.07	



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26.	Charlotte GILL	14	Brentwood	1:27.50	361	41.15
27.	Emilia JOPSON	14	Romford Town	1:27.61	360	39.58
28.	Julia SWANEPOEL	14	Epping Fort	1:28.02	355	41.47
29.	Emily COOPER	14	Basildon Ph	1:28.19	353	40.93
30.	Maddie ALLKINS	14	Thurrock	1:28.31	352	41.39
31.	Hannah ZYSS	14	Basildon Ph	1:28.72	347	40.43
32.	Lily THREADGOLD	14	Braintree	1:29.30	340	41.52
33.	Ruby LE MAY	14	Killerwhales	1:29.56	337	41.67
34.	Ruby CHALMERS	14	Colchester	1:29.72	335	42.29
35.	Amelia BARTON	14	DunmowAtlant	1:29.92	333	42.62
36.	Caitlin MURRAY	14	Thurrock	1:32.70	304	42.28
37.	Magdalena YORDANOVA	14	Romford Town	1:32.79	303	43.45

EVENT 14 Womens MC 15 /Over 100m Breaststrok

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Holly HAGAN	15	Romford Town		1:15.32	567	35.62
2.	Rebecca ARMSTRONG	15	Bo Waltham F		1:16.64	538	36.40
3.	Carys BREALEY	15	Harlow Pen		1:17.84	514	36.49
4.	May BRADBURN	15	Chelmsford		1:18.29	505	36.59
5.	Ciara WOOKEY	15	Colchester		1:18.56	500	36.77
6.	Charlotte TREE	15	Colchester		1:21.02	455	37.99
7.	Robyn QUINCE	15	Runnymede		1:21.76	443	37.55
8.	Derin KARAMANLI	15	BorRedbridge		1:22.18	436	38.59
9.	Grace WALLER	15	Basildon Ph		1:22.22	436	38.71
10.	Claudia MURPHY	15	Witham Dolph		1:22.91	425	39.93
11.	Maisy HILLS	15	Harlow Pen		1:23.20	421	38.88
12.	Daisy HERRINGTON	15	DunmowAtlant		1:23.59	415	38.88
13.	Emily ILEY	15	Bo Waltham F		1:24.44	402	39.88
14.	Ella SMALLCOMBE	15	Maldon Shark		1:24.85	396	39.70
15.	Isabelle CREASEY	15	Epping Fort		1:25.32	390	39.02
16.	Nancy NEAVE	15	Braintree		1:25.41	389	40.22
17.	Molly REDGRAVE	15	Colchester		1:25.74	384	39.88
18.	Lucy MORGAN	15	Colchester		1:25.90	382	40.28
19.	Olivia HARRIS	15	Saffron Wald		1:25.95	381	40.40
20.	Taisia TIRON	15	Harlow Pen		1:26.02	380	40.03
21.	Brooke JENKINS	15	Southend		1:27.29	364	41.18
22.	Nolly JORDAN	15	Colchester		1:27.54	361	41.13
23.	Olivia RUDD	15	Basildon Ph		1:28.66	347	41.75
24.	Ellie-May CHALLIS	15	Colchester P	2	2:34.82	65	1:12.15
	Amy GREEN	15	Chelmsford		DQ ST		

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Kameliya STOIMENOVA	16	Bo Newham		1:13.78	603	35.37
2.	Amelia MOULE	16	Romford Town		1:17.12	528	35.66
3.	Rebecca GIROLAMI	16	Colchester		1:18.43	502	35.96
4.	Sophie TAYLOR	16	DunmowAtlant		1:18.95	492	36.36
5.	Lauren SHARP	16	Chelmsford		1:19.46	483	37.65
6.	Olivia GOODE	16	Bark & Dagen		1:20.94	457	37.70
7.	Poppy ALLEN	16	Basildon Ph		1:21.11	454	37.49
8.	Madison SMITH	16	Stanway		1:21.39	449	37.94
9.	Harriette SPRIGGS	16	Chelmsford		1:21.76	443	38.61
10.	Kitty JARVIS	16	Harlow Pen		1:22.28	435	38.56
11.	Niamh WAINWRIGHT	16	Chelmsford		1:23.23	420	39.05
12.	Phoebe BRENNAN	16	Thurrock		1:23.82	411	39.64
13.	Isobel WATT	16	Stanway		1:24.35	404	40.25
14.	Amelia HEARNE	16	Clacton SC		1:24.43	402	39.24
15.	Jasmine WOOD	16	Witham Dolph		1:24.52	401	39.94
16.	Jennifer RIDDLE	16	Bo Southend		1:24.93	395	39.96
17.	Caitlin WALKER	16	Harlow Pen		1:25.17	392	40.42
18.	Charlotte HOOKS	16	Braintree		1:28.27	352	40.30
19.	Emily TATAM	16	Basildon Ph		1:28.69	347	41.95
20.	Helen THOMPSON	16	Colchester P	14	1:57.33	150	54.05
	Annie BAYLISS	16	Colchester		DQ T		

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Vejune PETRAITYTE	17	Basildon Ph		1:12.79	628	33.69
2.	Ellie GRANT	18	BorRedbridge		1:12.82	628	34.04
3.	Jennifer HOLLAND	27	Hornchurch		1:13.11	620	34.36
4.	Jessica AYLING	18	Romford Town		1:13.61	608	34.52
5.	Aoife MARLEY	17	Witham Dolph		1:14.02	597	35.33
6.	Caitlin DAY	18	Basildon Ph		1:15.06	573	35.81
7.	Katherine DAYNES	17	Halstead		1:15.78	557	35.94
8.	Ellie WHEELER	17	Basildon Ph		1:16.50	541	36.25
9.	Kai MARRIOTT	17	Bo Waltham F		1:17.67	517	35.07
10.	Lauren SCOTT	17	Chelmsford		1:18.02	510	36.74
11.	Dani HARTIN	17	Basildon Ph	14	1:18.03	510	36.00
12.	Rebecca WEST	17	Thurrock		1:18.90	493	36.75
13.	Lauren NELSON	18	Harlow Pen		1:19.04	491	37.08
14.	Olivia HOLLEYMAN	19	Harlow Pen		1:20.04	472	37.18
15.	Jasmine ILEY	18	Bo Waltham F		1:20.49	465	38.04
16.	Amber HEAD	17	Rochford		1:20.57	463	37.89
17.	Ana V ANDERSON	17	Colchester		1:22.06	438	39.30
18.	Bronte JORDAN	17	Colchester		1:23.11	422	38.56
19.	Maia MCPHERSON	18	Witham Dolph		1:23.13	422	38.83
20.	Ciara TAPPENDEN	18	Basildon Ph	15	1:23.60	415	38.95
21.	Holly BUCKINGHAM	18	Chelmsford		1:24.29	404	38.98



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22. Madeleine MCCORMACK	17	Romford Town	1:24.61	400	39.11
23. Zoe WALTON	17	Rochford	1:24.99	395	39.50
24. Jade BRAYBROOKE	17	Killerwhales	1:27.18	365	40.44
25. Berfin LAURSEN	17	Epping Fort	1:28.09	354	39.86

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Ellie-May CHALLIS	15	Colchester P	2	2:34.82	1307	1:12.15
2.	Dani HARTIN	17	Basildon Ph	14	1:18.03	914	36.00
3.	Helen THOMPSON	16	Colchester P	14	1:57.33	269	54.05
4.	Ciara TAPPENDEN	18	Basildon Ph	15	1:23.60		38.95

EVENT 15 Boys 10/14 Yrs 200m Freestyle

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	David NEACSU	11	Bark & Dagen	2:21.58	345	32.55	1:08.48	1:45.64
2.	Jack DESPY	11	Basildon Ph	2:26.55	311	33.93	1:12.04	1:51.16
3.	Joshua ULYATT	11	Chelmsford	2:26.86	309	35.25	1:13.09	1:50.82
4.	Robert FENNER	11	Basildon Ph	2:32.38	277	35.51	1:16.11	1:55.68
5.	Joshua SHEPHERD	11	Thurrock	2:33.53	271	35.28	1:15.60	1:56.49
6.	Billy EAST	11	Bo Southend	2:34.33	266	35.52	1:15.44	1:55.89
7.	Massimo GIROLAMI	11	Colchester	2:34.79	264	34.89	1:14.35	1:55.74
8.	Oscar LAWRENCE	11	Chelmsford	2:35.31	261	34.68	1:14.57	1:56.47
9.	Louis ALLEN	11	Basildon Ph	2:37.05	253	36.26	1:17.52	2:00.14
10.	Remi-Maysen KEANE	11	Bo Southend	2:37.49	251	36.18	1:17.05	1:58.76
11.	Zach JOHNSON	11	Basildon Ph	2:38.23	247	35.91	1:16.88	1:58.89
12.	Christian CALIANU	11	Thurrock	2:38.78	245	35.41	1:15.78	1:58.40
13.	Daniel TAHMISYAN	11	Bark & Dagen	2:39.88	240	36.69	1:16.96	1:58.79
14.	Ayobami AKINDELE	11	Thurrock	2:40.23	238	36.22	1:16.76	1:58.96
15.	Toby LASHMAR	10	Basildon Ph	2:44.83	219	37.58	1:19.65	2:02.49
16.	David TSHUMA	11	Bo Newham	2:45.34	217	37.94	1:19.91	2:02.98
17.	Jack MCCARTHY	11	Colchester	2:45.50	216	38.28	1:21.25	2:04.74
18.	Jamie COMITTI	10	Basildon Ph	2:45.61	216	38.07	1:20.85	2:04.08
19.	Nonso NWABUEZE	10	Bo Southend	2:46.01	214	36.57	1:19.29	2:03.71
20.	Anthony GANCHEV	10	Bark & Dagen	2:49.49	201	37.58	1:21.64	2:06.79
21.	Harry ROSE	11	Braintree	2:53.04	189	37.43	1:21.08	2:07.64

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Zak TROMAN	12	Colchester	2:19.24	363	32.17	1:07.54	1:43.81
2.	Dion FANA	12	Bark & Dagen	2:21.20	348	32.57	1:08.01	1:45.03
3.	Tarelle LANIYAN	12	Bo Newham	2:24.50	325	32.47	1:08.54	1:47.70
4.	Raheel MAHMOOD	12	Romford Town	2:25.93	315	33.71	1:11.96	1:49.87
5.	Joe POWER	12	Basildon Ph	2:28.39	300	34.50	1:13.49	1:52.86
6.	Daniel THOMPSON	12	Thurrock	2:28.90	297	35.02	1:12.67	1:51.10
7.	Isaac FARRUGIA	12	Basildon Ph	2:29.44	294	33.83	1:11.36	1:51.39
8.	Sami BENIDIR	12	Bo Newham	2:29.46	293	33.89	1:12.88	1:52.41
9.	James GOURPINAR	12	Harlow Pen	2:30.26	289	35.27	1:13.88	1:52.87
10.	William WHITE	12	Harlow Pen	2:30.64	287	34.45	1:12.83	1:52.68
11.	Jacob RAY	12	Basildon Ph	2:31.91	279	35.81	1:15.82	1:56.00
12.	Romao CONDE	12	Bo Newham	2:33.29	272	34.88	1:14.13	1:54.96
13.	Thomas UNDERDOWN	12	Braintree	2:33.98	268	35.37	1:15.11	1:55.10
14.	Collin OKUSAGA	12	Braintree	2:35.10	262	35.71	1:15.33	1:56.52
15.	Thomas CHITTOCK	12	Bo Waltham F	2:35.69	260	34.95	1:15.74	1:58.50
16.	Kevin MOLDOVAN	12	Harlow Pen	2:36.51	255	35.44	1:14.87	1:56.77
17.	Simon FEISE	12	Basildon Ph	2:39.28	242	36.48	1:18.26	2:01.27
18.	Christopher CHARNICK	12	Killerwhales	2:39.64	241	36.76	1:18.32	2:00.56
19.	Toshani PATEL	12	Bark & Dagen	2:42.10	230	35.24	1:16.04	1:58.99

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Nikita CHARYKIN	13	Thurrock	2:12.52	421	30.39	1:04.22	1:38.72
2.	Daniel PARKER	13	Braintree	2:16.38	386	31.39	1:06.79	1:42.79
3.	Baran ODEN	13	Bark & Dagen	2:16.82	383	32.03	1:06.78	1:42.28
4.	Samuel WALSH	13	Witham Dolph	2:17.95	373	31.31	1:06.61	1:43.31
5.	Kian QUINLAN	13	Bo Southend	2:18.30	370	31.17	1:06.38	1:43.02
6.	Mason ALLEN	13	Basildon Ph	2:18.56	368	30.79	1:06.48	1:43.38
7.	Justinas KAZLAUSKAS	13	Bark & Dagen	2:18.78	367	30.88	1:05.98	1:42.74
8.	Arthur BERNANS	13	Basildon Ph	2:19.17	364	31.66	1:07.06	1:43.42
9.	William COLLOWEY	13	Epping Fort	2:19.24	363	32.45	1:08.39	1:44.88
10.	Jack CACI	13	Epping Fort	2:20.26	355	33.02	1:10.53	1:47.58
11.	Steven SALAZAR	13	Bo Newham	2:21.29	347	31.68	1:07.98	1:45.04
12.	Daniel MCGUINNESS	13	Basildon Ph	2:21.65	345	31.89	1:08.25	1:46.01
13.	Max ARNOLD	13	Harlow Pen	2:21.94	343	32.01	1:07.91	1:45.62
14.	Jamieson MCLAREN	13	Romford Town	2:22.65	338	31.88	1:07.78	1:45.47
15.	Maddox ROBERTS	13	Witham Dolph	2:23.67	330	32.38	1:10.12	1:48.04
16.	Aidan WOOD	13	Thurrock	2:26.33	313	34.00	1:11.33	1:49.07
17.	Ramsey EBDON	13	Canvey Isl	2:26.71	310	33.00	1:09.47	1:48.41
18.	Oliver CASH	13	Chelmsford	2:29.31	294	33.81	1:12.20	1:51.94
19.	George MCALISTER	13	Southend	2:29.32	294	33.85	1:12.32	1:51.75
20.	Samuel DAWSON	13	Bo Waltham F	2:32.65	275	33.53	1:11.85	1:52.11

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Jude HILLS	14	Thurrock	2:04.85	504	27.87	59.38	1:32.37
2.	Connor MCCARTHY	14	Romford Town	2:08.85	458	29.49	1:02.08	1:35.99
3.	Jacob STEPHEN	14	Brentwood	2:09.82	448	29.51	1:02.84	1:36.57
4.	Alfie FRANCIS	14	Colchester	2:09.85	448	30.09	1:03.28	1:37.69
5.	Denis MORINE	14	Basildon Ph	2:11.56	430	29.80	1:03.49	1:37.97
6.	Ethan MARTIN	14	Bo Southend	2:11.59	430	29.86	1:03.22	1:38.74



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7.	Aaron GABRIEL	14	Bark & Dagen	2:11.68	429	30.47	1:04.20	1:38.49
8.	Joseph GARFIELD	14	Bo Waltham F	2:12.96	417	30.19	1:04.15	1:39.29
9.	Georgi RAYKIN	14	Bo Newham	2:14.71	401	29.44	1:02.82	1:38.97
10.	Patrick WINNINGTON	14	DunmowAtlant	2:15.25	396	31.25	1:04.98	1:40.11
11.	Colin MOGHINA	14	Thurrock	2:16.57	385	30.29	1:04.82	1:40.95
12.	Daniel HIMSWORTH	14	Colchester	2:17.56	376	31.20	1:07.20	1:43.16
13.	Mark MILBURN	14	Colchester	2:17.83	374	30.73	1:05.42	1:41.92
14.	Jenson HURRELL	14	Thurrock	2:18.54	369	31.37	1:07.28	1:43.37
15.	Matthew RIDDLE	14	Bo Southend	2:18.79	367	32.64	1:07.72	1:43.72
16.	Lewis DIXON	14	Bark & Dagen	2:19.63	360	31.77	1:09.12	1:46.44
17.	Jacob ROBINSON	14	Killerwhales	2:24.13	327	32.86	1:09.39	1:47.22

EVENT 16 Mens MC 15 Yrs/Over 200m Backstroke

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Jack SKERRY	15	Chelmsford	2:13.01	500	31.48	1:05.37	1:39.17
2.	Mathew HARVEY	15	Basildon Ph	2:15.79	470	31.73	1:05.72	1:41.10
3.	Thomas SAMUELS	15	Chelmsford	2:18.34	445	31.91	1:06.93	1:43.40
4.	Syd ROBERTS	15	Colchester	2:19.63	432	32.77	1:08.32	1:44.72
5.	Naythan AUNG	15	Colchester	2:19.75	431	32.88	1:08.78	1:44.79
6.	Tyler JACKSON	15	Harlow Pen	2:20.01	429	32.14	1:07.82	1:44.50
7.	Kai CHENG	15	Colchester	2:21.08	419	32.38	1:08.35	1:45.39
8.	Samuel RENNIE	15	Braintree	2:21.99	411	34.16	1:10.09	1:46.62
9.	Luke MARNEY	15	Romford Town	2:23.76	396	33.47	1:09.08	1:46.06
10.	Harrison JARVIS	15	Thurrock	2:26.95	371	34.23	1:11.12	1:48.93
11.	Harry ROBINSON	15	Bark & Dagen	2:27.40	368	33.71	1:11.00	1:49.45
12.	Jimmy TAYLOR	15	Thurrock	2:27.88	364	34.14	1:11.64	1:49.47
13.	Toby RAYNER	15	DunmowAtlant	2:28.51	359	34.43	1:11.57	1:50.37
14.	Nathan GRAY	15	Southend	2:29.56	352	33.65	1:11.87	1:51.10

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Daniel GENCAS	16	Romford Town	2:10.01	536	30.42	1:03.90	1:37.65
2.	Samuel COSTIN	16	Basildon Ph	2:13.60	494	31.45	1:05.91	1:40.17
3.	Owen VAUGHAN	16	Chelmsford	2:13.91	490	32.17	1:06.73	1:41.05
4.	Lewis BINNING	16	Basildon Ph	2:17.25	455	31.23	1:06.61	1:42.77
5.	Samuel MILLER	16	Basildon Ph	2:19.56	433	32.72	1:08.80	1:45.00
6.	Jack TURRELL	16	Basildon Ph	2:22.46	407	32.27	1:08.52	1:46.21
7.	Morgan FOSTER	16	Braintree	2:23.06	402	32.94	1:09.90	1:47.30
8.	Joseph FROST	16	Romford Town	2:24.26	392	34.66	1:11.09	1:47.94
9.	Daniel BLERKOM	16	Southend	2:24.92	387	34.33	1:11.57	1:48.76
10.	Jack RICHARDSON	16	DunmowAtlant	2:25.78	380	32.46	1:09.58	1:48.96
11.	Maksim PLATONOV	16	Bo Newham	2:27.59	366	33.74	1:11.55	1:50.62

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Ryan KELLY	20	Chelmsford	2:05.31	598	29.44	1:01.71	1:34.67
2.	James COOPER	17	Basildon Ph	2:09.66	540	30.65	1:03.64	1:37.52
3.	Josh SMITH	18	DunmowAtlant	2:09.80	538	29.77	1:03.49	1:37.50
4.	Liam BRENNAN	17	Basildon Ph	2:09.86	538	29.86	1:03.52	1:37.60
5.	Ben EASTMAN	24	Hornchurch	2:14.83	480	31.01	1:04.53	1:39.35
6.	Ralph DAVIES	18	Harlow Pen	2:16.77	460	30.64	1:04.76	1:40.65
7.	Lewis BAYLEY	18	Southend	2:16.96	458	31.12	1:05.36	1:40.90
8.	Daniel SIDA	18	Killerwhales	2:17.80	450	31.93	1:06.49	1:42.32
9.	Lewis ARCHER	22	Halstead	2:23.55	398	33.43	1:09.75	1:46.89
10.	Isaac PAVEY	17	Colchester	2:23.77	396	33.29	1:09.68	1:46.92
11.	Connor WILKEN	17	Colchester	2:25.62	381	33.37	1:09.73	1:48.02
12.	Michael STANWAY	18	Bo Waltham F	2:29.32	354	32.13	1:09.45	1:49.86

EVENT 17 FINAL OF EVENT 13 Girls 10/11 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Daisy MANNING	11	Basildon Ph	1:24.45	402	39.63
2.	Gracie PARKER	11	Basildon Ph	1:24.82	397	40.49
3.	Abrielle VELASQUEZ	11	Havering Dol	1:31.14	320	42.44
4.	Ava WILSON	11	Chelmsford	1:31.99	311	43.64
5.	Kesia CREES	11	Basildon Ph	1:32.21	309	42.85
6.	Hollie HEIGHES	11	Braintree	1:32.50	306	42.78
7.	Ella GREATBATCH	11	Braintree	1:33.65	295	43.69
8.	Hannah HARDY	11	Epping Fort	1:35.20	281	45.23

EVENT 18 FINAL OF EVENT 13 Girls 12 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Mia LOWE	12	Basildon Ph	1:22.50	431	38.91
2.	Monika MURINE	12	Bark & Dagen	1:22.95	424	39.75
3.	Gracie COMITTI	12	Basildon Ph	1:23.08	422	39.33
4.	Lexie O'CONNOR	12	Romford Town	1:25.01	394	40.05
5.	Hollie HAWKINS	12	Brentwood	1:25.50	387	41.15
6.	Abigail REID	12	Bo Waltham F	1:28.52	349	41.76
7.	Codie MCSHEFFREY	12	Romford Town	1:29.24	341	41.72
8.	Sadie ROWE	12	Colchester	1:30.00	332	41.42



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EVENT 19 FINAL OF EVENT 13 Girls 13 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Ruby WHEELER	13	Basildon Ph	1:16.68	537	36.25
2.	Misty EREN	13	Harlow Pen	1:19.32	485	36.86
3.	Olivia COOPER	13	Basildon Ph	1:19.75	478	37.77
4.	Lily ULYATT	13	Chelmsford	1:20.25	469	37.94
5.	Erika PASAKINSKAITE	13	Bark & Dagen	1:20.43	466	38.11
6.	Sophie CLERKIN	13	Braintree	1:20.78	460	37.57
7.	Anna-Lucia FENNER	13	Basildon Ph	1:22.47	432	38.81
8.	Alexa MANN	13	Basildon Ph	1:23.39	418	40.21

EVENT 20 FINAL OF EVENT 13 Girls 14 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Chloe SKELT	14	Brentwood	1:14.70	581	34.66
2.	Neha PILLAI	14	Bo Waltham F	1:17.86	513	35.86
3.	Isabel ILEY	14	Bo Waltham F	1:18.51	501	37.24
4.	Holly LAMB	14	Southend	1:19.14	489	37.78
5.	Kiera BLUNDEN	14	Chelmsford	1:19.55	481	37.87
6.	Erin LITTLE	14	Chelmsford	1:20.12	471	37.87
7.	Francesca LOW	14	Chelmsford	1:22.16	437	38.60
8.	Zoe BARNARD	14	Basildon Ph	1:23.19	421	39.25

EVENT 21 FINAL OF EVENT 14 Girls 15 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Holly HAGAN	15	Romford Town	1:14.97	575	35.12
2.	Rebecca ARMSTRONG	15	Bo Waltham F	1:17.28	525	36.07
3.	May BRADBURN	15	Chelmsford	1:17.65	517	36.06
4.	Ciara WOOKEY	15	Colchester	1:18.07	509	37.09
5.	Carys BREALEY	15	Harlow Pen	1:18.53	500	36.67
6.	Charlotte TREE	15	Colchester	1:20.77	460	38.30
7.	Robyn QUINCE	15	Runnymede	1:21.86	442	37.95
8.	Derin KARAMANLI	15	BorRedbridge	1:24.29	404	39.80

EVENT 22 FINAL OF EVENT 14 Girls 16 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Kameliya STOIMENOVA	16	Bo Newham	1:13.44	612	35.39
2.	Amelia MOULE	16	Romford Town	1:14.86	578	35.22
3.	Rebecca GIROLAMI	16	Colchester	1:17.61	518	36.26
4.	Sophie TAYLOR	16	DunmowAtlant	1:17.92	512	35.79
5.	Lauren SHARP	16	Chelmsford	1:18.78	495	37.35
6.	Olivia GOODE	16	Bark & Dagen	1:21.17	453	37.08
7.	Madison SMITH	16	Stanway	1:22.14	437	37.97
8.	Poppy ALLEN	16	Basildon Ph	1:22.18	436	38.07

EVENT 23 FINAL OF EVENT 14 Womens MC 17 /Over 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Vejune PETRAITYTE	17	Basildon Ph	1:12.88	626	33.87
2.	Ellie GRANT	18	BorRedbridge	1:13.13	620	34.13
3.	Aoife MARLEY	17	Witham Dolph	1:13.58	608	35.64
4.	Jessica AYLING	18	Romford Town	1:13.68	606	34.47
5.	Jennifer HOLLAND	27	Hornchurch	1:13.87	601	34.72
6.	Caitlin DAY	18	Basildon Ph	1:14.37	589	35.53
7.	Katherine DAYNES	17	Halstead	1:16.01	552	36.47
8.	Ellie WHEELER	17	Basildon Ph	1:17.31	524	36.48

EVENT 24 Boys 10/14 Yrs 100m Butterfly

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	David NEACSU	11	Bark & Dagen		1:17.29	240	35.83
2.	Joshua SHEPHERD	11	Thurrock		1:17.58	238	36.10
3.	Robert FENNER	11	Basildon Ph		1:18.98	225	37.39
4.	Kevin MOGHINA	11	Thurrock		1:19.21	223	36.52
5.	Jack DESPY	11	Basildon Ph		1:19.66	219	37.70
6.	David TSHUMA	11	Bo Newham		1:20.90	209	39.19
7.	Ayobami AKINDELE	11	Thurrock		1:23.34	192	37.13
8.	Joshua ULYATT	11	Chelmsford		1:23.37	191	38.78
9.	Jack MCCARTHY	11	Colchester		1:25.12	180	38.00
10.	Sean CONNOLLY	11	Epping Fort		1:25.51	177	38.80
11.	Remi-Maysen KEANE	11	Bo Southend		1:26.51	171	39.51
12.	Zach JOHNSON	11	Basildon Ph		1:27.58	165	39.68
13.	Louis ALLEN	11	Basildon Ph		1:28.33	161	41.64

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Dion FANA	12	Bark & Dagen		1:12.42	292	34.07
2.	Zak TROMAN	12	Colchester		1:13.24	282	34.55
3.	Raheel MAHMOOD	12	Romford Town		1:13.41	280	34.84



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4.	William WHITE	12	Harlow Pen	1:14.41	269	34.76
5.	Sami BENIDIR	12	Bo Newham	1:17.93	234	36.30
6.	Isaac FARRUGIA	12	Basildon Ph	1:18.77	227	36.17
7.	James GOURPINAR	12	Harlow Pen	1:19.29	222	37.24
8.	Tarelle LANIYAN	12	Bo Newham	1:19.62	220	36.88
9.	Oliver SCRIMSHAW	12	Basildon Ph	1:20.26	214	37.37
10.	Marco YUEN	12	Brentwood	1:20.48	213	38.23
11.	Jaiden DRUMOND	12	Bo Newham	1:22.31	199	37.34
12.	Kevin MOLDOVAN	12	Harlow Pen	1:23.96	187	38.57
13.	Rory WILDE	12	Chelmsford	1:24.55	183	39.19
14.	Toshan PATEL	12	Bark & Dagen	1:25.55	177	37.63
15.	Simon FEISE	12	Basildon Ph	1:27.21	167	41.25
16.	George CHURCH	12	Basildon Ph	1:27.95	163	39.79

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Nikita CHARYKIN	13	Thurrock		1:08.89	339	32.13
2.	Daniel MCGUINNESS	13	Basildon Ph		1:09.92	325	32.57
3.	Steven SALAZAR	13	Bo Newham		1:11.53	303	33.20
4.	Arthur BERNANS	13	Basildon Ph		1:11.96	298	33.43
5.	Daniel LEWIS	13	Chelmsford		1:12.04	297	32.94
6.	Henry DEAN	13	Bo Southend		1:12.88	287	33.54
7.	Daniel PARKER	13	Braintree		1:13.09	284	34.28
8.	Baran ODEN	13	Bark & Dagen		1:13.33	281	34.73
9.	Justinas KAZLAUSKAS	13	Bark & Dagen		1:13.34	281	33.40
10.	Ellis MCQUADE	13	DunmowAtlant		1:13.50	279	34.11
11.	Ben MINISTER	13	Thurrock		1:13.85	275	34.46
12.	Jack CACI	13	Epping Fort		1:14.20	272	34.41
13.	Max ARNOLD	13	Harlow Pen		1:15.31	260	34.98
14.	Harry STAGG	13	Basildon Ph		1:16.18	251	34.19
15.	Roan BRENNAN	13	Basildon Ph	9	1:16.24	250	35.53
16.	Colin PEDEN	13	Saffron Wald		1:16.97	243	35.15
17.	Lewis JARRETT	13	Romford Town		1:19.12	224	36.31
18.	Rhys PENFOLD	13	Killerwhales		1:19.20	223	37.79
19.	William COLLOWEY	13	Epping Fort		1:21.06	208	37.14
20.	George MCALISTER	13	Southend		1:22.10	200	37.15

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Alfie FRANCIS	14	Colchester		1:02.77	449	29.60
2.	Jude HILLS	14	Thurrock		1:03.25	439	29.60
3.	Jacob STEPHEN	14	Brentwood		1:06.41	379	31.13
4.	Aaron GABRIEL	14	Bark & Dagen		1:06.78	373	30.85
5.	James COWDREY	14	Basildon Ph		1:08.38	347	31.35
6.	Joseph GARFIELD	14	Bo Waltham F		1:08.80	341	31.84
7.	Luke OULDS	14	Basildon Ph		1:09.02	338	32.57
8.	Jenson HURRELL	14	Thurrock		1:09.04	337	32.61
9.	Connor MCCARTHY	14	Romford Town		1:09.27	334	32.09
10.	Georgi RAYKIN	14	Bo Newham		1:09.97	324	31.67
11.	Denis MORINE	14	Basildon Ph		1:10.73	314	32.88
12.	Oliver SHEAD	14	Witham Dolph		1:10.74	313	32.65
13.	Colin MOGHINA	14	Thurrock		1:11.16	308	32.76
14.	Mark MILBURN	14	Colchester		1:12.13	296	33.25
15.	Patrick WINNINGTON	14	DunmowAtlant		1:12.16	295	32.92
16.	Lucas FARRANT	14	Chelmsford		1:13.21	283	33.79
17.	Jacob HARDY	14	Epping Fort		1:13.50	279	33.96
18.	Josh WHITE	14	Bark & Dagen		1:13.58	279	33.90
19.	Antonio GIROLAMI	14	Colchester		1:14.57	268	34.83
20.	Ethan PARAIWA	14	Thurrock		1:14.81	265	33.39
21.	Daniel CREEDON	14	Bark & Dagen		1:17.27	240	33.74

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Roan BRENNAN	13	Basildon Ph	9	1:16.24	447	35.53

EVENT 25 Girls 10/14 Yrs 200m Breaststroke

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Daisy MANNING	11	Basildon Ph	3:03.84	392	41.36	1:28.09	2:16.03
2.	Gracie PARKER	11	Basildon Ph	3:10.51	352	42.59	1:33.06	2:24.12
3.	Hannah HARDY	11	Epping Fort	3:20.43	302	45.31	1:37.62	2:30.12
4.	Abrielle VELASQUEZ	11	Havering Dol	3:21.32	298	44.68	1:35.50	2:29.45
5.	Kesia CREES	11	Basildon Ph	3:21.44	298	46.64	1:37.14	2:30.03
6.	Hollie HEIGHES	11	Braintree	3:26.11	278	45.41	1:37.61	2:31.62
7.	Ella GREATBATCH	11	Braintree	3:27.11	274	47.08	1:41.05	2:34.41
8.	Margarita STOIMENOVA	10	Bo Newham	3:28.64	268	47.95	1:40.41	2:35.64
9.	Nicole AKINBOLA-ADENRE	11	Bo Newham	3:30.93	259	-	1:40.89	2:37.84
10.	Ella EDWARDS	10	Harlow Pen	3:31.59	257	46.25	1:39.96	2:35.26
11.	Ella DAWSON	11	Chelmsford	3:31.93	256	48.92	1:42.89	2:37.64
12.	Emma WOOLGAR	11	Chelmsford	3:32.47	254	47.28	1:42.22	2:38.38
13.	Mia TANANEEVA	11	Bark & Dagen	3:33.13	251	47.63	1:42.35	2:37.69
14.	Harriet GOODEY	11	Basildon Ph	3:34.27	247	48.63	1:43.39	2:40.10
15.	Saule BRANKEVICIUTE	11	Bo Newham	3:35.94	242	48.32	1:42.59	2:38.78

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Monika MURINE	12	Bark & Dagen	2:53.67	465	39.69	1:23.95	2:08.97
2.	Gracie COMITTI	12	Basildon Ph	3:01.25	409	40.22	1:26.67	2:14.33
3.	Cait COTTER	12	Chelmsford	3:02.32	402	41.14	1:28.31	2:15.55
4.	Mia LOWE	12	Basildon Ph	3:03.23	396	40.33	1:28.23	2:17.27



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5.	Lisa LEINEMANN	12	Chelmsford	3:04.66	387	43.41	1:31.50	2:19.32
6.	Hollie HAWKINS	12	Brentwood	3:08.51	363	42.55	1:30.60	2:19.84
7.	Lexie O'CONNOR	12	Romford Town	3:08.56	363	41.99	1:30.08	2:19.67
8.	Sadie ROWE	12	Colchester	3:11.55	346	43.17	1:33.52	2:23.67
9.	Madison HEIL	12	Bark & Dagen	3:11.82	345	42.10	1:30.20	2:20.20
10.	Lexie GOODMAN	12	Basildon Ph	3:12.91	339	43.54	1:33.18	2:23.60
11.	Lilly-Mae KILBEY	12	Epping Fort	3:13.97	333	45.08	1:34.50	2:24.86
12.	Codie MCSHEFFREY	12	Romford Town	3:14.61	330	42.31	1:30.63	2:21.75
13.	Skye CARTER	12	Basildon Ph	3:14.77	329	44.34	1:36.06	2:27.31
14.	Abigail REID	12	Bo Waltham F	3:15.02	328	42.07	1:30.92	2:22.30
15.	Luella GILMOUR	12	Chelmsford	3:16.92	319	44.39	1:35.05	2:27.19
16.	Chloe KEEGAN	12	Killerwhales	3:16.93	319	46.13	1:36.57	2:27.94
17.	Grace TURNER	12	Clacton SC	3:18.62	311	44.34	1:35.81	2:28.71
18.	Jasmine SHAW	12	Witham Dolph	3:19.13	308	44.32	1:35.20	2:28.15
19.	Sophie O'RORKE	12	Braintree	3:20.19	303	44.80	1:35.73	2:28.95
20.	Shannon-Eunice BENEDIC	12	Basildon Ph	3:20.36	302	44.74	1:35.75	2:28.13
21.	Zoe SMITHERS	12	Basildon Ph	3:20.60	301	43.62	1:35.76	2:29.41
22.	Rachel SALE	12	Stanway	3:22.29	294	44.53	1:36.03	2:29.96
23.	Lucy STANWAY	12	Epping Fort	3:23.81	287	45.88	1:37.72	2:30.65
24.	Amy MILBURN	12	Colchester	3:24.34	285	45.31	1:37.03	2:31.08
25.	Ella TURNER	12	Epping Fort	3:24.39	285	45.02	1:35.93	2:30.37
26.	Neve WINNINGTON	12	DunmowAtlant	3:25.20	282	45.56	1:38.42	2:32.50
27.	Tami BANKOLE	12	Thurrock	3:29.83	263	46.38	1:40.22	2:36.46
28.	Alexandra GILES	12	Romford Town	3:38.79	232	49.35	1:44.59	2:42.24

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Ruby WHEELER	13	Basildon Ph	2:43.75	555	36.37	1:18.25	2:01.56
2.	Erika PASAKINSKAITE	13	Bark & Dagen	2:52.06	478	39.23	1:23.33	2:07.92
3.	Misty EREN	13	Harlow Pen	2:53.75	464	39.47	1:23.75	2:08.76
4.	Olivia COOPER	13	Basildon Ph	2:54.48	458	39.44	1:24.23	2:09.71
5.	Anna-Lucia FENNER	13	Basildon Ph	2:57.12	438	40.13	1:25.83	2:12.10
6.	Alexa MANN	13	Basildon Ph	3:01.27	409	41.98	1:29.13	2:16.35
7.	Lily ULYATT	13	Chelmsford	3:01.35	408	39.60	1:25.58	2:14.36
8.	Marcie ALEY	13	Braintree	3:02.63	400	39.68	1:25.98	2:14.76
9.	Sophie CLERKIN	13	Braintree	3:03.12	396	38.76	1:25.30	2:14.75
10.	Elise DELAPPERALL	13	Thurrock	3:06.77	374	42.77	1:30.65	2:19.12
11.	Mia MAGNUS	13	BorRedbridge	3:07.01	372	42.34	1:29.50	2:18.25
12.	Robyn BLOWS	13	Bo Southend	3:07.10	372	41.28	1:28.90	2:18.08
13.	Macy HUTHWAITE	13	Killerwhales	3:07.57	369	43.24	1:31.37	2:20.38
14.	Jasmine BALE	13	Halstead	3:13.08	338	42.21	1:31.69	2:22.06
15.	Evie JAMIESON	13	Harlow Pen	3:13.77	334	43.75	1:34.14	2:24.93
16.	Eva MURRAY	13	Bo Waltham F	3:17.81	314	-	43.63	2:26.87
17.	Amy JOHNSON	13	Colchester	3:21.14	299	44.68	1:36.59	2:28.92
18.	Sophie BAKER	13	Colchester	3:25.41	281	45.65	1:38.89	2:32.76

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Chloe SKELT	14	Brentwood	2:46.44	528	36.62	1:19.03	2:02.60
2.	Isabel ILEY	14	Bo Waltham F	2:51.77	480	38.03	1:22.02	2:07.25
3.	Holly LAMB	14	Southend	2:52.67	473	39.49	1:23.87	2:09.29
4.	Kiera BLUNDEN	14	Chelmsford	2:55.77	448	39.47	1:24.61	2:10.95
5.	Bryony EDGINGS	14	Thurrock	2:55.95	447	39.17	1:24.55	2:10.84
6.	Francesca KEY	14	Canvey Isl	2:58.45	428	39.41	1:24.68	2:12.37
7.	Stephanie PAGAN	14	Bo Waltham F	2:58.54	428	40.36	1:26.59	2:13.05
8.	Neha PILLAI	14	Bo Waltham F	2:58.85	425	38.13	1:23.00	2:10.86
9.	Francesca LOW	14	Chelmsford	2:59.94	418	39.86	1:25.48	2:12.81
10.	Anita TIEN	14	Clacton SC	3:00.19	416	39.67	1:24.85	2:12.29
11.	Molly GRIEVE	14	Colchester	3:00.61	413	41.05	1:28.04	2:15.18
12.	Alexa MILES-STEVENS	14	Thurrock	3:01.22	409	40.39	1:27.24	2:14.33
13.	Zoe BARNARD	14	Basildon Ph	3:01.43	408	41.82	1:28.13	2:15.78
14.	Phoebe WHITE	14	Harlow Pen	3:02.01	404	41.24	1:28.21	2:16.52
15.	Emily COOPER	14	Basildon Ph	3:02.09	403	40.21	1:25.93	2:14.66
16.	Sophie JENKINSON	14	Basildon Ph	3:02.95	397	40.86	1:27.26	2:15.06
17.	Rosie HENN	14	Braintree	3:02.99	397	40.62	1:27.02	2:14.83
18.	Chloe MARTIN	14	Harlow Pen	3:04.31	389	40.94	1:27.89	2:15.74
19.	Emilia JOPSON	14	Romford Town	3:04.36	388	41.91	1:29.61	2:17.53
20.	Ella KOURENTIS	14	Epping Fort	3:08.32	364	42.68	1:32.04	2:20.74
21.	Harriet CARROLL	14	Runnymede	3:09.37	358	43.22	1:32.10	2:21.98
22.	Darcy COBURN	14	Chelmsford	3:09.69	357	40.79	1:26.92	2:17.15
23.	Temi AWOLESI	14	Chelmsford	3:10.49	352	41.02	1:29.29	2:20.73
24.	Maddie ALLKINS	14	Thurrock	3:11.31	348	42.30	1:30.31	2:20.59
25.	Julia SWANEPOEL	14	Epping Fort	3:11.95	344	42.87	1:31.22	2:21.40
26.	Georgia BLECK	14	Colchester	3:12.07	343	42.79	1:31.68	2:21.95
27.	Elizabeth CRUDGINGTON	14	Southend	3:12.55	341	43.03	1:32.61	2:23.10
28.	Magdalena YORDANOVA	14	Romford Town	3:20.93	300	43.50	1:33.51	2:26.42

EVENT 26 Mens MC 15 Yrs/Over 200m Butterfly

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Jimmy TAYLOR	15	Thurrock	2:20.03	465	31.13	1:06.64	1:43.25
2.	Harrison WOOD	15	Basildon Ph	2:20.56	460	30.01	1:04.55	1:41.32
3.	Noah JAMESON NEAL	15	Basildon Ph	2:23.93	429	30.71	1:07.00	1:45.45
4.	Ethan PEIRCE	15	Harlow Pen	2:30.38	376	29.99	1:06.30	1:46.03
5.	Harrison JARVIS	15	Thurrock	2:31.52	367	32.09	1:10.05	1:50.51
6.	Kalaum CORANI	15	Colchester	2:34.13	349	31.59	1:09.70	1:52.38
7.	Harley WEST	15	Basildon Ph	2:34.23	348	33.92	1:12.92	1:53.14
8.	Harry ROBINSON	15	Bark & Dagen	2:35.43	340	31.78	1:10.22	1:52.22
9.	Harry MARSHALL-CHILDS	15	Bark & Dagen	2:38.36	322	33.82	1:14.02	1:56.47



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FULL RESULTS BLOCK A

10. Daniel TSHUMA	15	Bo Newham	2:40.19	311	33.52	1:12.72	1:54.68
Euan HIGGS	15	Chelmsford	DQ SL				
Alexander JESSOP	15	Brentwood	DQ T				

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Lewis BINNING	16	Basildon Ph	2:07.24	621	28.73	1:01.27	1:34.50
2.	Daniel GENCAS	16	Romford Town	2:14.09	530	30.00	1:04.52	1:39.64
3.	Jack TURRELL	16	Basildon Ph	2:18.73	479	29.91	1:05.18	1:42.23
4.	Samuel MILLER	16	Basildon Ph	2:20.55	460	31.33	1:06.98	1:43.62
5.	Alfie WILLIAMS	16	Canvey Isl	2:21.18	454	30.91	1:06.36	1:43.16
6.	James EDGINGS	16	Thurrock	2:23.44	433	31.05	1:07.29	1:44.92
7.	Morgan FOSTER	16	Braintree	2:24.28	425	30.64	1:06.59	1:44.99
8.	James DILLON	16	Basildon Ph	2:25.72	413	31.77	1:08.33	1:46.26

EBT

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Joshua FOWLES	20	Witham Dolph	2:09.94	583	28.76	1:01.47	1:35.33
2.	Samuel BRYAN	18	Basildon Ph	2:14.18	529	29.74	1:03.26	1:37.84
3.	Liam BRENNAN	17	Basildon Ph	2:14.71	523	29.59	1:03.66	1:39.24
4.	Lewis MARSTON	17	Runnymede	2:20.18	464	30.56	1:05.81	1:41.92
5.	Jack MUNDEN	17	Bo Newham	2:30.30	376	31.16	1:08.02	1:48.45
6.	Dylan NUTT	20	DunmowAtlant	2:31.57	367	31.05	1:08.98	1:49.21
7.	Drew CLARK	17	Bo Newham	2:36.31	335	32.01	1:10.05	1:52.09

EVENT 27 Boys 10/14 Yrs 200m Backstroke

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Jack DESPY	11	Basildon Ph	2:39.85	288	38.16	1:19.62	2:01.16
2.	David NEACSU	11	Bark & Dagen	2:40.82	283	37.96	1:18.86	2:00.66
3.	Billy EAST	11	Bo Southend	2:41.99	277	38.38	1:19.89	2:01.83
4.	Robert FENNER	11	Basildon Ph	2:52.44	229	41.37	1:25.74	2:10.65
5.	Albert ORLEY	11	Braintree	2:52.48	229	41.35	1:24.98	2:09.88
6.	Toby LASHMAR	10	Basildon Ph	2:55.02	219	41.69	1:25.97	2:10.90
7.	Remi-Maysen KEANE	11	Bo Southend	2:55.62	217	41.05	1:26.04	2:11.79
8.	Zach JOHNSON	11	Basildon Ph	2:56.26	215	42.11	1:27.33	2:12.94
9.	Daniel TAHMISYAN	11	Bark & Dagen	2:57.22	211	42.62	1:27.89	2:13.07
10.	Harrison WALLER	10	Southend	2:59.93	202	42.26	1:29.91	2:16.29
11.	Evan LARTHE	10	Southend	3:01.29	197	43.21	1:30.29	2:18.03
12.	George PORTLOCK	10	Chelmsford	3:01.54	196	42.69	1:29.59	2:17.67
13.	Daniel TONU	11	Bark & Dagen	3:01.68	196	41.03	1:27.14	2:15.38
14.	Jack SMITH	11	Halstead	3:02.84	192	43.05	1:29.63	2:16.31
15.	Ethan THORPE	10	Chelmsford	3:08.45	176	44.42	1:32.36	2:20.55
16.	David TSHUMA	11	Bo Newham	3:08.90	174	45.27	1:33.63	2:21.78
17.	Michael MANNIX	11	Harlow Pen	3:12.27	165	47.09	1:35.84	2:25.44
	Jack MCCARTHY	11	Colchester	DNC				
	Louis ALLEN	11	Basildon Ph	DQ T				
	Sean CONNOLLY	11	Epping Fort	DQ T				

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Raheel MAHMOOD	12	Romford Town	2:32.55	331	35.80	1:15.14	1:54.91
2.	Zak TROMAN	12	Colchester	2:35.63	312	36.48	1:16.40	1:56.18
3.	Thomas UNDERDOWN	12	Braintree	2:42.12	276	38.25	1:19.95	2:02.15
4.	Sami BENIDIR	12	Bo Newham	2:44.56	264	39.36	1:21.77	2:04.32
5.	Dion FANA	12	Bark & Dagen	2:45.38	260	39.01	1:20.95	2:03.84
6.	Kevin MOLDOVAN	12	Harlow Pen	2:47.08	252	39.12	1:22.47	2:07.06
7.	Daniel THOMPSON	12	Thurrock	2:48.82	244	39.69	1:22.50	2:06.34
8.	Toshan PATEL	12	Bark & Dagen	2:50.00	239	40.32	1:23.57	2:07.03
9.	Marco YUEN	12	Brentwood	2:50.14	239	40.09	1:24.11	2:07.83
10.	Jacob RAY	12	Basildon Ph	2:50.20	239	40.93	1:26.03	2:10.48
11.	James GOURPINAR	12	Harlow Pen	2:50.27	238	40.42	1:24.87	2:08.37
12.	Thomas CHITTOCK	12	Bo Waltham F	2:50.48	237	1:24.35	2:09.47	-
13.	Oliver SMITH	12	Romford Town	2:50.76	236	40.40	1:24.22	2:07.22
14.	Jack BANNING	12	Harlow Pen	2:53.65	225	40.80	1:25.44	2:11.07
15.	Tyrone OJUKWU	12	Bark & Dagen	2:54.17	223	41.05	1:26.19	2:11.06
16.	Tarelle LANIYAN	12	Bo Newham	2:55.46	218	41.44	1:25.52	2:11.56
17.	Simon FEISE	12	Basildon Ph	3:01.01	198	42.28	1:30.07	2:18.05
	Daniel BOBOYE	12	Thurrock	DQ T				
	William WHITE	12	Harlow Pen	DQ T				

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Nikita CHARYKIN	13	Thurrock	2:21.04	420	33.36	1:08.78	1:45.20
2.	Mason ALLEN	13	Basildon Ph	2:28.62	359	34.09	1:12.64	1:52.00
3.	Max ARNOLD	13	Harlow Pen	2:31.27	340	35.02	1:13.81	1:53.95
4.	Ben MINISTER	13	Thurrock	2:32.12	334	35.53	1:14.03	1:53.20
5.	William COLLOWEY	13	Epping Fort	2:34.16	321	35.94	1:15.18	1:56.08
6.	Daniel LEWIS	13	Chelmsford	2:35.61	312	36.57	1:16.88	1:57.79
7.	Maddox ROBERTS	13	Witham Dolph	2:36.12	309	37.42	1:18.00	1:58.83
8.	Baran ODEN	13	Bark & Dagen	2:40.57	284	40.28	1:23.24	2:02.08
9.	Lewis JARRETT	13	Romford Town	2:42.01	277	37.71	1:18.89	2:01.27
10.	Steven SALAZAR	13	Bo Newham	2:42.67	273	37.52	1:18.99	2:01.43
11.	Daniel QUE	13	Southend	2:42.73	273	38.04	1:20.13	2:03.04
12.	Harry STAGG	13	Basildon Ph	2:42.96	272	38.63	1:20.39	2:01.99
13.	Arthur BERNANS	13	Basildon Ph	2:53.97	223	39.95	1:23.82	2:08.93
	Jamie BENJAMIN	13	Chelmsford	DQ T				

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Jude HILLS	14	Thurrock	2:15.75	471	31.68	1:06.41	1:41.85





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FULL RESULTS BLOCK A

2.	Aaron GABRIEL	14	Bark & Dagen	2:17.71	451	32.33	1:07.28	1:42.61
3.	Jenson HURRELL	14	Thurrock	2:22.68	405	33.57	1:10.93	1:47.24
4.	Ethan MARTIN	14	Bo Southend	2:23.68	397	32.78	1:09.99	1:47.82
5.	Daniel DIXON	14	Brentwood	2:28.47	360	34.37	1:12.57	1:51.58
6.	Joseph GARFIELD	14	Bo Waltham F	2:28.67	358	34.58	1:12.66	1:51.22
7.	Patrick WINNINGTON	14	DunmowAtlant	2:29.16	355	34.50	1:12.66	1:51.77
8.	Daniel HIMSWORTH	14	Colchester	2:31.24	340	36.51	1:16.21	1:55.30
9.	Mark MILBURN	14	Colchester	2:31.54	338	35.17	1:14.25	1:54.12
10.	Oliver SHEAD	14	Witham Dolph	2:33.33	326	35.41	1:13.88	1:54.28
11.	Alfie FRANCIS	14	Colchester	2:33.72	324	36.61	1:16.38	1:56.61
12.	Lucas FARRANT	14	Chelmsford	2:35.55	313	37.09	1:17.44	1:57.80
13.	Jacob HARDY	14	Epping Fort	2:36.20	309	36.66	1:17.15	1:57.74
14.	George WALLACE	14	Colchester	2:36.37	308	36.46	1:16.33	1:57.52
15.	Josh WHITE	14	Bark & Dagen	2:36.65	306	36.71	1:16.56	1:57.32
16.	Ethan PARAIWA	14	Thurrock	2:37.19	303	37.38	-	1:57.72
17.	Charles ROYLE	14	Bo Southend	2:38.20	297	37.22	1:17.97	1:58.75
18.	Maximillion PYE	14	Epping Fort	2:39.27	291	36.36	1:17.31	1:59.15

EVENT 28 Womens MC 15 Yrs/Over 200m IM

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	May BRADBURN	15	Chelmsford		2:26.05	580	29.42	1:07.22	1:52.61
2.	Emily ILEY	15	Bo Waltham F		2:26.33	577	30.51	1:05.77	1:53.11
3.	Carys BREALEY	15	Harlow Pen		2:27.40	565	31.79	1:10.22	1:54.04
4.	Derin KARAMANLI	15	BorRedbridge		2:28.90	548	30.91	1:08.76	1:54.33
5.	Holly HAGAN	15	Romford Town		2:30.88	526	34.73	1:13.16	1:55.41
6.	Ciara WOOKEY	15	Colchester		2:30.93	526	32.14	1:12.10	1:56.02
7.	Brooke JENKINS	15	Southend		2:31.15	524	31.45	1:08.64	1:55.86
8.	Molly REDGRAVE	15	Colchester		2:31.65	518	31.79	1:08.42	1:55.56
9.	Rebecca ARMSTRONG	15	Bo Waltham F		2:32.06	514	34.41	1:14.05	1:56.70
10.	Charlotte TREE	15	Colchester		2:33.72	498	33.92	1:13.22	1:58.21
11.	Grace WALLER	15	Basildon Ph		2:35.23	483	32.78	1:10.80	1:58.71
12.	Elizabeth WILKINSON	15	Chelmsford		2:35.32	482	33.93	1:12.76	2:00.54
13.	Lucy MORGAN	15	Colchester		2:35.94	477	34.28	1:12.98	2:00.67
14.	Amy GREEN	15	Chelmsford		2:36.84	469	36.10	1:14.09	2:00.23
15.	Georgie PARK	15	Epping Fort		2:37.49	463	33.62	1:13.04	2:01.30
16.	Oluwatumise SALU	15	Bo Newham		2:37.96	459	31.75	1:11.16	2:02.22

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Amelia MOULE	16	Romford Town		2:22.62	623	31.06	1:06.76	1:49.71
2.	Kameliya STOIMENOVA	16	Bo Newham		2:28.64	551	31.52	1:10.19	1:52.79
3.	Asma PARKER	16	Colchester		2:28.66	550	30.18	1:06.17	1:51.68
4.	Rebecca HOWELL	16	Basildon Ph		2:29.99	536	31.01	1:08.35	1:54.59
5.	Tilly MAYES	16	Thurrock		2:33.35	501	30.74	1:09.02	1:56.52
6.	Niamh WAINWRIGHT	16	Chelmsford		2:34.13	494	32.16	1:11.80	1:58.08
7.	Rebecca GIROLAMI	16	Colchester		2:35.52	481	33.59	1:13.24	1:57.94
8.	Radost MILKOVA	16	Thurrock		2:35.75	478	31.65	1:08.50	1:59.50
9.	Molly YOUNG	16	Colchester		2:35.86	477	32.00	1:11.72	2:00.20
10.	Kitty JARVIS	16	Harlow Pen		2:36.64	470	33.76	1:14.31	2:01.23
11.	Junayna AHMED	16	Bark & Dagen		2:36.66	470	32.52	1:12.18	2:01.22
12.	Madison SMITH	16	Stanway		2:36.95	468	33.51	1:12.82	1:59.35
13.	Phoebe BRENNAN	16	Thurrock		2:39.54	445	33.79	1:13.54	2:00.81
14.	Amelia HEARNE	16	Clacton SC		2:40.44	438	32.96	2:02.61	-
15.	Helen THOMPSON	16	Colchester P	14	3:37.01	177	48.25	1:45.16	2:44.71
	Millie TURNER	16	Basildon Ph		DQ T				

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Abbie LOW	17	Chelmsford		2:19.45	667	30.12	1:04.70	1:47.00
2.	Ellie WHEELER	17	Basildon Ph		2:22.73	622	31.64	1:08.23	1:49.99
3.	Jasmine ILEY	18	Bo Waltham F		2:23.93	606	31.73	1:07.16	1:50.59
4.	Tia GARDINER	17	Chelmsford		2:24.80	596	30.75	1:07.98	1:52.27
5.	Jennifer HOLLAND	27	Hornchurch		2:28.91	548	31.83	1:12.55	1:53.82
6.	Caitlin DAY	18	Basildon Ph		2:29.94	536	33.45	1:13.97	1:55.03
6.	Aoife MARLEY	17	Witham Dolph		2:29.94	536	32.62	1:11.41	1:53.55
8.	Ellie DULEY	19	Colchester		2:30.01	536	30.56	1:09.02	1:55.29
9.	Katherine DAYNES	17	Halstead		2:34.66	489	33.12	1:15.57	1:58.52
10.	Brock WHISTON	23	Bark & Dagen	10	2:34.99	486	35.02	1:16.00	1:56.48
11.	Amber HEAD	17	Rochford		2:35.12	484	32.96	1:12.60	1:58.18
12.	Annabelle KITCHING	17	Chelmsford		2:35.16	484	33.04	1:12.01	1:59.47
13.	Dani HARTIN	17	Basildon Ph	14	2:36.59	471	34.19	1:15.97	2:00.60
13.	Jade BRAYBROOKE	17	Killerwhales		2:36.62	471	33.25	1:12.41	2:01.15
15.	Melissa ELEY	19	Chelmsford		2:37.78	460	32.80	1:11.19	2:00.97
16.	Mia FURSEDONNE	17	Basildon Ph		2:39.65	444	33.95	1:14.81	2:02.72
17.	Amy MARREN	21	Romford Town	9	2:41.99	425	34.85	1:13.93	2:03.79
18.	Ciara TAPPENDEN	18	Basildon Ph	15	2:42.44	422	35.74	1:18.90	2:03.27
	Lauren NELSON	18	Harlow Pen		DQ T				
	Kai MARRIOTT	17	Bo Waltham F		DQ T				

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Amy MARREN	21	Romford Town	9	2:41.99	770	34.85	1:13.93	2:03.79
2.	Dani HARTIN	17	Basildon Ph	14	2:36.59	763	34.19	1:15.97	2:00.60
3.	Brock WHISTON	23	Bark & Dagen	10	2:34.99	760	35.02	1:16.00	1:56.48
4.	Helen THOMPSON	16	Colchester P	14	3:37.01	286	48.25	1:45.16	2:44.71
5.	Ciara TAPPENDEN	18	Basildon Ph	15	2:42.44		35.74	1:18.90	2:03.27



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FULL RESULTS BLOCK A

EVENT 29 FINAL OF EVENT 24 Boys 10/11 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	David NEACSU	11	Bark & Dagen	1:14.37	270	34.58
2.	Joshua SHEPHERD	11	Thurrock	1:15.79	255	35.38
3.	Jack DESPY	11	Basildon Ph	1:17.12	242	35.87
4.	Kevin MOGHINA	11	Thurrock	1:17.76	236	35.89
5.	Joshua ULYATT	11	Chelmsford	1:19.80	218	37.43
6.	Robert FENNER	11	Basildon Ph	1:19.97	217	37.95
7.	Ayobami AKINDELE	11	Thurrock	1:21.56	204	37.23
8.	David TSHUMA	11	Bo Newham	1:22.47	198	38.83

EVENT 30 FINAL OF EVENT 24 Boys 12 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Raheel MAHMOOD	12	Romford Town	1:10.92	311	33.34
2.	Zak TROMAN	12	Colchester	1:12.01	297	33.77
3.	Dion FANA	12	Bark & Dagen	1:12.81	287	32.92
4.	William WHITE	12	Harlow Pen	1:14.06	273	34.08
5.	Tarelle LANIYAN	12	Bo Newham	1:17.93	234	35.86
6.	James GOURPINAR	12	Harlow Pen	1:18.57	229	35.90
7.	Sami BENIDIR	12	Bo Newham	1:19.23	223	36.38
8.	Isaac FARRUGIA	12	Basildon Ph	1:19.83	218	35.84

EVENT 31 FINAL OF EVENT 24 Boys 13 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Nikita CHARYKIN	13	Thurrock	1:07.32	364	31.70
2.	Daniel MCGUINNESS	13	Basildon Ph	1:08.94	339	32.07
3.	Steven SALAZAR	13	Bo Newham	1:10.64	315	33.14
4.	Arthur BERNANS	13	Basildon Ph	1:11.50	304	32.99
5.	Baran ODEN	13	Bark & Dagen	1:12.63	290	33.93
6.	Daniel PARKER	13	Braintree	1:12.85	287	34.04
7.	Henry DEAN	13	Bo Southend	1:12.88	287	33.36
8.	Daniel LEWIS	13	Chelmsford	1:12.99	285	33.64

EVENT 32 FINAL OF EVENT 24 Boys 14 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Alfie FRANCIS	14	Colchester	1:02.30	459	29.37
2.	Jude HILLS	14	Thurrock	1:02.78	449	29.81
3.	Jacob STEPHEN	14	Brentwood	1:05.53	394	30.75
4.	Aaron GABRIEL	14	Bark & Dagen	1:07.73	357	31.89
5.	Joseph GARFIELD	14	Bo Waltham F	1:08.60	344	31.95
6.	James COWDREY	14	Basildon Ph	1:08.63	343	31.06
7.	Luke OULDS	14	Basildon Ph	1:08.83	340	31.91
8.	Jenson HURRELL	14	Thurrock	1:09.63	329	32.93

EVENT 33 Womens 11/12 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt
1.	Basildon Ph A		Basildon Ph	2:11.99	
2.	Epping For't		Epping For't	2:21.24	
3.	Chelmsford		Chelmsford	2:21.30	
4.	Romford Town		Romford Town	2:25.78	
5.	Thurrock Thurrock		Thurrock	2:27.50	
6.	Colchester		Colchester	2:29.22	
7.	Braintree		Braintree	2:29.23	
8.	Brentwood		Brentwood	2:30.68	
9.	Stanway		Stanway	2:32.27	
10.	Bo Waltham F BWFL		Bo Waltham F	2:34.82	
11.	Southend		Southend	2:35.28	
12.	DunmowAtlant		DunmowAtlant	2:35.61	
13.	Bo Southend Borough Of		Bo Southend	2:35.89	
14.	Killerwhales		Killerwhales	2:36.60	
15.	Witham Dolph WITT		Witham Dolph	2:40.61	
16.	Bo Newham		Bo Newham	2:46.99	
17.	Halstead		Halstead	2:49.97	
18.	Maldon Shark Maldon Sh		Maldon Shark	2:52.51	
	Rochford		Rochford	DQ T	
	Harlow Pen HALT		Harlow Pen	DQ T	

EVENT 34 Womens 13/14 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt
1.	Chelmsford		Chelmsford	2:05.48	
2.	Bo Waltham F BWFL		Bo Waltham F	2:07.80	
3.	Basildon Ph A		Basildon Ph	2:08.58	
4.	Thurrock Thurrock		Thurrock	2:11.97	
5.	Brentwood		Brentwood	2:14.82	
6.	Southend		Southend	2:15.97	
7.	Harlow Pen HALT		Harlow Pen	2:17.51	



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FULL RESULTS BLOCK A

8.	Killerwhales	Killerwhales	2:17.55
9.	Colchester	Colchester	2:18.08
10.	Epping Fort	Epping Fort	2:18.44
11.	Braintree	Braintree	2:18.81
12.	Romford Town	Romford Town	2:18.89
13.	Bo Southend Borough Of	Bo Southend	2:20.01
14.	Runnymede	Runnymede	2:20.93
15.	Rochford	Rochford	2:21.03
16.	Bo Newham	Bo Newham	2:23.58
17.	DunmowAtlant	DunmowAtlant	2:26.52
18.	Witham Dolph WITT	Witham Dolph	2:29.68
19.	Halstead	Halstead	2:35.57

EVENT 35 Mens MC 15 Yrs/Over 100m Butterfly

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Alessandro RIODA	15	Harlow Pen		1:00.27	507	28.17
2.	Ethan PEIRCE	15	Harlow Pen		1:02.31	459	28.43
3.	Damon ELLIOTT	15	DunmowAtlant		1:02.38	457	28.51
4.	Jack SKERRY	15	Chelmsford		1:03.09	442	29.47
5.	Harrison WOOD	15	Basildon Ph		1:03.31	438	29.65
6.	Denzel ACHI	15	Bark & Dagen		1:03.63	431	29.06
7.	Naythan AUNG	15	Colchester		1:04.23	419	30.36
8.	Mide OLAJIDE	15	Thurrock		1:04.25	419	29.24
9.	Noah JAMESON NEAL	15	Basildon Ph		1:04.41	415	30.09
10.	Euan HIGGS	15	Chelmsford		1:05.07	403	29.95
11.	Kai CHENG	15	Colchester		1:05.28	399	29.46
12.	Ryan DAVIS	15	Basildon Ph		1:05.45	396	30.11
13.	Jimmy TAYLOR	15	Thurrock		1:05.77	390	30.77
14.	Mihnea TOTU	15	Bo Newham		1:06.30	381	29.40
15.	Daniel MONK	15	Harlow Pen		1:06.98	369	30.68
16.	Gavin BURGOS	15	Bark & Dagen		1:07.06	368	30.75
17.	Alexander JESSOP	15	Brentwood		1:07.25	365	31.69
18.	Thomas SAMUELS	15	Chelmsford		1:07.79	356	30.55
19.	Joseph MUNDEN	15	Bo Newham		1:08.27	349	31.55
20.	Kalaum CORANI	15	Colchester		1:08.30	348	31.45
21.	Mathew HARVEY	15	Basildon Ph		1:08.42	347	31.49
22.	Harrison JARVIS	15	Thurrock		1:08.72	342	31.35
23.	Ben STYMAN-HEIGHTON	15	Halstead		1:08.83	340	31.87
24.	Daniel TSHUMA	15	Bo Newham		1:09.52	330	32.57
25.	Harry ROBINSON	15	Bark & Dagen		1:09.78	327	32.11
26.	Harry RICHARDSON	15	Southend		1:11.99	297	34.14
27.	Harry MARSHALL-CHILDS	15	Bark & Dagen		1:12.02	297	34.00
28.	Harley WEST	15	Basildon Ph		1:12.61	290	33.78

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Lewis BINNING	16	Basildon Ph		58.52	554	27.31
2.	Daniel GENCAS	16	Romford Town		59.90	517	28.36
3.	Jack TURRELL	16	Basildon Ph		1:01.81	470	28.91
4.	Samuel MILLER	16	Basildon Ph		1:02.20	461	29.18
5.	Joshua EGUAKHIDE	16	Romford Town		1:02.47	455	29.44
6.	Morgan FOSTER	16	Braintree		1:03.64	431	29.42
7.	Owen VAUGHAN	16	Chelmsford		1:03.69	430	29.28
8.	James EDGINGS	16	Thurrock		1:03.84	427	30.10
9.	Louis STEPHEN	16	Brentwood		1:04.23	419	29.58
10.	Alfie WILLIAMS	16	Canvey Isl		1:04.71	410	29.99
11.	Maksim PLATONOV	16	Bo Newham		1:06.33	380	30.69
12.	Joseph FROST	16	Romford Town		1:06.55	377	30.74
13.	Daniel BLERKOM	16	Southend		1:06.67	375	31.40
14.	Harvey LAST	16	Southend		1:06.79	373	30.79
15.	Christopher STEPHENS	16	Basildon Ph		1:07.17	366	30.85
16.	Sam ROWELL	16	Havering Dol		1:07.35	363	31.13
17.	Aron FANA	16	Bark & Dagen		1:09.78	327	32.16

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Josh SMITH	18	DunmowAtlant		58.13	565	27.40
2.	Joshua FOWLES	20	Witham Dolph		58.96	542	27.74
3.	Charlie BODEN	18	Braintree		59.41	530	28.31
4.	Joe NORTHOVER	29	Bo Newham		59.84	518	28.03
5.	Kai ADAMS	23	Halstead		1:00.33	506	27.41
5.	Samuel BRYAN	18	Basildon Ph		1:00.33	506	28.37
7.	Ben EASTMAN	24	Hornchurch		1:00.65	498	28.79
8.	Liam BRENNAN	17	Basildon Ph		1:00.73	496	28.49
9.	Ralph DAVIES	18	Harlow Pen		1:00.75	495	27.91
10.	Mason ARNOLD	22	Harlow Pen		1:00.91	491	27.67
11.	Lewis BAYLEY	18	Southend		1:01.33	481	29.06
12.	Lewis MARSTON	17	Runnymede		1:01.39	480	28.83
13.	Joshua BURCOMBE	21	Bark & Dagen		1:01.55	476	27.84
14.	Ryan KELLY	20	Chelmsford		1:01.87	469	28.22
15.	Sean CURLEY	18	Bo Waltham F		1:02.37	458	27.91
16.	Liam DOCHERTY-HILL	19	Bark & Dagen		1:03.02	444	29.56
17.	Daniel SIDA	18	Killerwhales		1:03.16	441	28.78
18.	Haashim HAMEED	18	Bo Newham		1:04.04	423	29.67
19.	Luke GOODALL	20	Runnymede		1:04.66	411	29.25
20.	Vaughn DOOLEY	18	Romford Town		1:04.95	405	29.01
21.	Aidan WOOD	20	Witham Dolph		1:05.41	397	29.97
22.	Jack MUNDEN	17	Bo Newham		1:05.91	388	30.20



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23.	Isaac PAVEY	17	Colchester	1:06.13	384	30.54
24.	Aaron CHAMBERS	17	Epping For't	1:06.17	383	30.19
25.	Drew CLARK	17	Bo Newham	1:07.39	363	31.07
26.	Danny GRAY	19	Havering Dol	1:07.51	361	31.38
27.	Stephen BEAL	50	DunmowAtlant	1:07.75	357	31.84
28.	Samuel BARELLA	19	Thurrock	1:07.76	357	30.21
29.	Daryl RANDS	22	Harwich DP	1:08.39	347	29.60
30.	Joseph QUELCH	17	Harlow Pen	1:09.67	328	30.52
31.	Mark HOLMES	36	Colchester P	14 1:26.73	170	38.64
32.	Samuel WHEARTY	17	Colchester	9 1:47.57	89	49.93

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Mark HOLMES	36	Colchester P	14	1:26.73	263	38.64		
2.	Samuel WHEARTY	17	Colchester	9	1:47.57	159	49.93		

EVENT 36 Womens MC 15 /Over 200m Breaststrok

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Rebecca ARMSTRONG	15	Bo Waltham F		2:42.73	565	36.49	1:16.79	1:59.27
2.	Holly HAGAN	15	Romford Town		2:44.83	544	37.23	1:19.08	2:02.07
3.	May BRADBURN	15	Chelmsford		2:48.07	513	37.44	1:20.35	2:04.25
4.	Ciara WOOKEY	15	Colchester		2:49.17	503	38.35	1:21.16	2:05.67
5.	Charlotte TREE	15	Colchester		2:50.25	493	38.58	1:21.80	2:05.99
6.	Carys BREALEY	15	Harlow Pen		2:51.77	480	38.76	1:22.45	2:06.60
7.	Derin KARAMANLI	15	BorRedbridge		2:53.03	470	39.12	1:23.24	2:07.96
8.	Amy GREEN	15	Chelmsford		2:56.62	442	40.62	1:25.86	2:11.33
9.	Robyn QUINCE	15	Runnymede		2:57.35	436	38.75	1:23.69	2:10.35
10.	Taisia TIRON	15	Harlow Pen		3:00.37	415	40.19	1:25.37	2:12.45
11.	Daisy HERRINGTON	15	DunmowAtlant		3:01.18	409	39.62	1:26.33	2:14.66
12.	Brooke JENKINS	15	Southend		3:01.67	406	41.22	1:26.81	2:14.18
13.	Claudia MURPHY	15	Witham Dolph		3:07.49	369	42.55	1:29.72	2:18.81
	Robyn WARD	15	Bo Southend		DNC				

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Kameliya STOIMENOVA	16	Bo Newham		2:36.26	638	36.36	1:16.11	1:56.70
2.	Amelia MOULE	16	Romford Town		2:45.38	538	36.07	1:18.80	2:02.19
3.	Poppy ALLEN	16	Basildon Ph		2:50.06	495	38.15	1:21.70	2:06.05
4.	Asma PARKER	16	Colchester		2:50.95	487	38.58	1:22.41	2:06.74
5.	Olivia GOODE	16	Bark & Dagen		2:55.37	451	37.10	1:20.75	2:07.55
6.	Rebecca GIROLAMI	16	Colchester		2:56.44	443	38.97	1:24.66	2:12.14
7.	Kitty JARVIS	16	Harlow Pen		2:57.63	434	39.46	1:24.79	2:11.98
8.	Madison SMITH	16	Stanway		2:57.92	432	40.22	1:25.56	2:11.89
9.	Phoebe BRENNAN	16	Thurrock		2:58.54	428	39.87	1:25.06	2:11.71
10.	Jennifer RIDDLE	16	Bo Southend		3:00.85	411	40.42	1:26.51	2:13.68
11.	Annie BAYLISS	16	Colchester		3:01.93	404	39.71	1:26.43	2:14.82
12.	Holly FREEGARD	16	Runnymede		3:03.80	392	39.91	1:26.52	2:15.40
13.	Cailin WALKER	16	Harlow Pen		3:04.11	390	40.85	1:27.71	2:16.24

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Aoife MARLEY	17	Witham Dolph		2:36.37	637	36.46	1:16.42	1:56.40
2.	Ellie GRANT	18	BorRedbridge		2:38.57	611	35.53	1:16.79	1:58.63
3.	Caitlin DAY	18	Basildon Ph		2:38.77	608	36.97	1:17.31	1:58.08
4.	Vejune PETRAITYTE	17	Basildon Ph		2:39.25	603	35.84	1:16.39	1:57.63
5.	Ellie WHEELER	17	Basildon Ph		2:45.01	542	37.15	1:19.13	2:02.07
6.	Katherine DAYNES	17	Halstead		2:45.49	537	36.82	1:19.78	2:01.94
7.	Rebecca WEST	17	Thurrock		2:48.77	506	37.69	1:19.92	2:03.91
8.	Kai MARRIOTT	17	Bo Waltham F		2:48.79	506	38.22	1:20.66	2:04.42
9.	Olivia HOLLEYMAN	19	Harlow Pen		2:49.58	499	37.94	1:21.88	2:05.66
10.	Lauren SCOTT	17	Chelmsford		2:50.79	489	37.44	1:20.04	2:04.56
11.	Amber HEAD	17	Rochford		2:53.07	470	38.53	1:23.01	2:08.71
12.	Brock WHISTON	23	Bark & Dagen	9	2:53.20	469	35.76	1:16.72	1:57.65
13.	Maia MCPHERSON	18	Witham Dolph		2:54.19	461	40.35	1:24.84	2:09.77
14.	Lauren NELSON	18	Harlow Pen		2:54.35	459	38.99	1:22.92	2:08.40
15.	Dani HARTIN	17	Basildon Ph	14	2:54.44	459	39.78	1:25.32	2:10.46
16.	Rosie MCCANN	17	Witham Dolph		2:58.71	426	39.22	1:23.19	2:09.96
17.	Ciara TAPPENDEN	18	Basildon Ph	15	3:00.85	411	40.43	1:25.65	2:12.34
18.	Holly BUCKINGHAM	18	Chelmsford		3:04.28	389	39.75	1:25.92	2:14.63
19.	Madeleine MCCORMACK	17	Romford Town		3:10.48	352	41.07	1:28.81	2:19.60

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Brock WHISTON	23	Bark & Dagen	9	2:53.20	886	35.76	1:16.72	1:57.65
2.	Dani HARTIN	17	Basildon Ph	14	2:54.44	762	39.78	1:25.32	2:10.46
3.	Ciara TAPPENDEN	18	Basildon Ph	15	3:00.85		40.43	1:25.65	2:12.34

EVENT 37 Girls 10/14 Yrs 200m Butterfly

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Daisy MANNING	11	Basildon Ph	2:52.22	335	36.25	1:19.27	2:05.91
2.	Mia MACKLIN	11	Braintree	3:15.18	230	43.28	1:32.93	2:26.03
3.	Jasmine CARTER	10	Basildon Ph	3:18.01	220	41.71	1:31.83	2:25.11
4.	Ella GREATBATCH	11	Braintree	3:31.68	180	43.03	1:37.44	2:35.07
	Kesia CREES	11	Basildon Ph	DQ SL				

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
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1.	Cait COTTER	12	Chelmsford	2:40.69	412	35.11	1:15.65	1:58.34
2.	Skye CARTER	12	Basildon Ph	2:47.45	364	35.43	1:18.13	2:03.04
3.	Evangelina PIERCE	12	Basildon Ph	2:54.30	323	36.28	1:21.62	2:08.42
4.	Paige LAYBOURN-MORRIS	12	Thurrock	2:54.58	321	37.31	1:21.76	2:08.59
5.	Louise WEBSTER	12	Thurrock	2:56.16	313	37.02	1:21.44	2:10.25
6.	Monika MURINE	12	Bark & Dagen	2:58.93	298	39.03	1:24.74	2:12.15
7.	Hollie HAWKINS	12	Brentwood	3:09.89	249	40.63	1:29.17	2:19.99
8.	Ella KILBY	12	Romford Town	3:10.72	246	41.49	1:30.88	2:21.09

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Ruby WHEELER	13	Basildon Ph	2:24.15	571	31.32	1:07.42	1:45.31
2.	Erika PASAKINSKAITE	13	Bark & Dagen	2:28.85	518	32.42	1:09.26	1:48.62
3.	Macy HUTHWAITE	13	Killerwhales	2:40.83	411	35.67	1:17.86	1:59.12
4.	Olivia CHURCH	13	Basildon Ph	2:41.03	409	34.02	1:14.64	1:58.12
5.	Olivia COOPER	13	Basildon Ph	2:41.43	406	35.77	1:16.56	1:59.26
6.	Tierney ROONEY	13	Romford Town	2:52.97	330	37.80	1:22.32	2:08.83
	Elise DELAPPERALL	13	Thurrock	DQ SL				

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Erin LITTLE	14	Chelmsford	2:30.35	503	33.20	1:12.86	1:52.74
2.	Holly LAMB	14	Southend	2:32.82	479	33.80	1:12.87	1:53.51
3.	Kiera BLUNDEN	14	Chelmsford	2:33.06	477	33.72	1:13.05	1:53.75
4.	Isabel ILEY	14	Bo Waltham F	2:34.53	463	33.08	1:12.90	1:54.56
5.	Ellie SHANAHAN	14	Killerwhales	2:36.08	450	32.96	1:12.75	1:54.67
6.	Hannah COLLETT	14	Basildon Ph	2:37.28	439	32.98	1:12.78	1:56.02
7.	Stephanie PAGAN	14	Bo Waltham F	2:38.75	427	34.15	1:13.54	1:55.80
8.	Ella TURNER	14	Basildon Ph	2:38.84	426	35.18	1:15.34	1:57.47
9.	Molly GRIEVE	14	Colchester	2:39.90	418	34.83	1:14.94	1:57.24
10.	Bryony EDGINGS	14	Thurrock	2:41.10	409	34.18	1:14.30	1:57.79
11.	Emily COOPER	14	Canvey Isl	2:47.77	362	35.09	1:17.23	2:01.92
12.	Amy ALLISON	14	Bo Waltham F	2:49.14	353	34.76	1:16.92	2:02.53

EVENT 38 Mens MC 15 Yrs/Over 200m Freestyle

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Noah JAMESON NEAL	15	Basildon Ph		2:00.90	555	28.16	58.88	1:30.19
2.	Harrison WOOD	15	Basildon Ph		2:02.26	536	28.52	59.44	1:31.11
3.	Jack SKERRY	15	Chelmsford		2:04.31	510	28.70	1:00.21	1:32.46
4.	Ryan DAVIS	15	Basildon Ph		2:04.95	502	29.27	1:00.84	1:33.09
5.	Tyler JACKSON	15	Harlow Pen		2:05.56	495	28.63	1:00.15	1:33.04
6.	Alessandro RIODA	15	Harlow Pen		2:06.23	487	29.21	1:02.27	1:35.74
7.	Syd ROBERTS	15	Colchester		2:07.43	474	28.58	1:01.14	1:34.87
8.	Angus ROBERTSON	15	Brentwood		2:07.68	471	29.28	1:01.58	1:35.55
9.	Daniel MONK	15	Harlow Pen		2:08.00	467	29.02	1:01.34	1:34.98
10.	Jimmy TAYLOR	15	Thurrock		2:08.17	466	29.87	1:02.90	1:35.74
11.	Harrison JARVIS	15	Thurrock		2:09.07	456	29.18	1:02.07	1:36.41
12.	Denzel ACHI	15	Bark & Dagen		2:09.19	455	28.28	1:00.91	1:35.02
13.	Luke MARNEY	15	Romford Town		2:09.32	453	29.82	1:02.36	1:35.77
14.	Toby RAYNER	15	DunmowAtlant		2:10.89	437	29.98	1:02.97	1:37.17
15.	Mihnea TOTU	15	Bo Newham		2:10.90	437	29.74	1:03.25	1:38.14
16.	Euan HIGGS	15	Chelmsford		2:11.04	436	29.13	1:03.36	1:38.92
17.	Naythan AUNG	15	Colchester		2:11.24	434	30.89	1:04.22	1:38.42
18.	Joseph MUNDEN	15	Bo Newham		2:12.07	425	30.40	1:03.76	1:37.97
19.	Nathan GRAY	15	Southend		2:13.70	410	29.13	1:03.12	1:38.51
20.	Harry ROBINSON	15	Bark & Dagen		2:15.97	390	30.18	1:04.83	1:41.41

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Daniel GENCAS	16	Romford Town		1:54.04	661	26.75	56.35	1:26.08
2.	Lewis BINNING	16	Basildon Ph		1:55.87	630	27.15	57.28	1:27.76
3.	James SPEERS	16	Basildon Ph		1:56.12	626	27.06	56.58	1:27.09
4.	Jack TURRELL	16	Basildon Ph		1:59.33	577	27.71	58.17	1:29.09
5.	Nathan BANGA	16	Romford Town		2:01.78	543	27.95	58.82	1:29.93
6.	Owen VAUGHAN	16	Chelmsford		2:02.55	533	27.62	58.41	1:30.63
7.	Samuel MILLER	16	Basildon Ph		2:03.72	518	29.15	1:00.57	1:32.65
8.	Louis STEPHEN	16	Brentwood		2:04.64	506	28.81	1:00.67	1:32.93
9.	James EDGINGS	16	Thurrock		2:05.17	500	28.70	1:01.01	1:33.66
10.	Daniel BLERKOM	16	Southend		2:08.23	465	29.34	1:02.14	1:35.33
11.	Christopher STEPHENS	16	Basildon Ph		2:08.87	458	29.54	1:02.00	1:35.83
12.	Alfie WILLIAMS	16	Canvey Isl		2:09.46	452	29.71	1:02.42	1:36.66
13.	Maksim PLATONOV	16	Bo Newham		2:10.11	445	29.99	1:03.78	1:37.95
14.	Morgan FOSTER	16	Braintree		2:11.05	435	30.52	1:04.55	1:39.21
15.	Joshua EGUAKHIDE	16	Romford Town		2:12.82	418	30.45	1:04.72	1:39.66
16.	Joseph FROST	16	Romford Town		2:12.94	417	30.32	1:03.78	1:38.36

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Joshua FOWLES	20	Witham Dolph		1:53.78	666	26.85	56.34	1:25.45
2.	Kai ADAMS	23	Halstead		1:58.23	593	26.88	57.15	1:28.29
3.	James COOPER	17	Basildon Ph		1:58.61	588	27.41	57.42	1:28.18
4.	Revanth BONGURALA	21	Bo Newham		1:59.62	573	27.73	57.51	1:28.36
5.	Ben EASTMAN	24	Hornchurch		2:02.10	539	28.55	1:00.19	1:31.90
6.	Hayden THOMAS	24	Epping Fort		2:02.76	530	27.79	58.93	1:30.60
7.	Ryan KELLY	20	Chelmsford		2:03.51	520	27.27	58.41	1:31.18
8.	Lewis BAYLEY	18	Southend		2:03.61	519	28.72	1:00.17	1:31.45
9.	Ewan STURGEON	17	Chelmsford		2:03.62	519	28.18	58.94	1:32.57
10.	Daniel SIDA	18	Killerwhales		2:04.01	514	29.10	1:00.76	1:33.21
11.	Samuel DACK	17	DunmowAtlant		2:06.04	490	28.91	1:00.87	1:33.84



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FULL RESULTS BLOCK A

12. Kyle PANTON	24	DunmowAtlant	2:06.09	489	27.52	57.78	1:31.18
13. Sean CURLEY	18	Bo Waltham F	2:07.51	473	27.65	59.39	1:33.19
14. Lewis MARSTON	17	Runnymede	2:07.98	468	29.01	1:02.20	1:35.55
15. Jack MUNDEN	17	Bo Newham	2:08.47	462	29.94	1:03.77	1:36.59
16. Drew CLARK	17	Bo Newham	2:09.01	456	29.55	1:02.23	1:36.14
17. Lewis ARCHER	22	Halstead	2:09.92	447	29.49	1:02.53	1:36.75
18. Liam DOCHERTY-HILL	19	Bark & Dagen	2:09.97	446	30.00	1:02.95	1:36.43
19. Edmund BEATON	20	Braintree	2:14.90	399	31.31	1:05.01	1:39.58
20. Isaac PAVEY	17	Colchester	2:19.03	365	30.74	1:03.93	1:40.78
21. Mark HOLMES	36	Colchester P	3:01.11	165	39.84	1:26.68	2:15.06

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Mark HOLMES	36	Colchester P	14	3:01.11	256	39.84	1:26.68	2:15.06

EVENT 39 Boys 10/14 Yrs 200m IM

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	David NEACSU	11	Bark & Dagen	2:41.38	313	36.86	1:19.54	2:05.10
2.	Joshua ULYATT	11	Chelmsford	2:47.96	278	37.09	1:20.28	2:12.07
3.	Kevin MOGHINA	11	Thurrock	2:48.47	275	36.38	1:18.39	2:10.13
4.	Robert FENNER	11	Basildon Ph	2:53.90	250	37.79	1:23.11	2:16.80
5.	Joshua SHEPHERD	11	Thurrock	2:55.07	245	-	36.65	2:16.29
6.	Billy EAST	11	Bo Southend	2:57.20	236	41.49	1:24.37	2:19.72
7.	Oscar LAWRENCE	11	Chelmsford	2:57.95	233	36.44	1:21.02	2:18.23
8.	Remi-Maysen KEANE	11	Bo Southend	2:59.03	229	39.16	1:24.37	2:19.74
9.	Jack DESPY	11	Basildon Ph	2:59.06	229	39.75	1:25.04	2:16.73
10.	Christian CALIANU	11	Thurrock	2:59.68	227	39.01	1:24.08	2:20.73
11.	Zach JOHNSON	11	Basildon Ph	2:59.99	225	40.57	1:26.14	2:20.35
12.	David TSHUMA	11	Bo Newham	3:01.15	221	39.16	1:26.22	2:19.44
13.	Ayobami AKINDELE	11	Thurrock	3:01.22	221	39.98	1:27.94	2:22.77
14.	Sean CONNOLLY	11	Epping For't	3:02.50	216	40.53	1:26.04	2:22.57
15.	Massimo GIROLAMI	11	Colchester	3:03.48	213	-	40.50	2:23.95
16.	Daniel TAHMISYAN	11	Bark & Dagen	3:04.13	211	40.00	1:26.81	2:23.96
17.	Anthony GANCHEV	10	Bark & Dagen	3:05.92	205	40.94	1:28.27	2:25.83
18.	Toby LASHMAR	10	Basildon Ph	3:06.60	202	42.34	1:27.79	2:25.12
19.	Thomas MOODY	11	Harlow Pen	3:07.88	198	43.84	1:30.54	2:25.81
20.	Nathaniel COBURN	11	Braintree	3:09.28	194	42.57	1:34.50	2:23.63
21.	Tom GUTRIDGE	11	Killerwhales	3:11.33	188	45.08	1:34.67	2:28.83
22.	Jack SMITH	11	Halstead	3:11.83	186	43.91	1:31.63	2:28.53
23.	Harrison WALLER	10	Southend	3:14.21	179	43.35	1:30.50	2:31.63
	Louis ALLEN	11	Basildon Ph	DQ T				

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Zak TROMAN	12	Colchester	2:38.84	328	34.68	1:16.01	2:03.12
2.	Raheel MAHMOOD	12	Romford Town	2:42.27	308	35.58	1:16.95	2:06.55
3.	Dion FANA	12	Bark & Dagen	2:43.65	300	34.16	1:16.86	2:08.22
4.	Sami BENIDIR	12	Bo Newham	2:46.06	287	36.53	1:18.57	2:08.57
5.	James GOURPINAR	12	Harlow Pen	2:47.86	278	38.77	1:22.62	2:11.27
6.	Oliver SCRIMSHAW	12	Basildon Ph	2:48.89	273	37.32	1:18.97	2:10.23
7.	Kevin MOLDOVAN	12	Harlow Pen	2:51.02	263	37.77	1:20.95	2:15.25
8.	Jacob RAY	12	Basildon Ph	2:51.50	261	38.45	1:23.05	2:13.47
9.	Joe POWER	12	Basildon Ph	2:53.00	254	37.89	1:20.13	2:15.67
10.	Daniel THOMPSON	12	Thurrock	2:53.58	251	38.83	1:21.48	2:13.96
11.	Thomas UNDERDOWN	12	Braintree	2:53.94	250	39.97	1:23.54	2:12.57
12.	Romao CONDE	12	Bo Newham	2:53.99	250	39.68	1:25.93	2:14.53
13.	Tyrone OJUKWU	12	Bark & Dagen	2:54.73	246	39.61	1:24.35	2:15.79
14.	Rory WILDE	12	Chelmsford	2:58.30	232	39.40	1:26.45	2:21.69
15.	Collin OKUSAGA	12	Braintree	2:58.50	231	38.22	1:24.62	2:18.01
16.	Toshan PATEL	12	Bark & Dagen	2:58.53	231	40.48	1:23.63	2:17.82
17.	Christopher CHARNICK	12	Killerwhales	2:59.65	227	38.53	1:24.25	2:19.34
18.	Jaiden DRUMOND	12	Bo Newham	2:59.94	226	38.20	1:24.40	2:19.00
19.	Finley PETTS	12	Braintree	3:00.03	225	38.18	1:24.74	2:18.14
20.	Jenson LARTHE	12	Southend	3:01.42	220	39.87	1:26.09	2:21.17
	Simon FEISE	12	Basildon Ph	DQ T				
	Tarelle LANIYAN	12	Bo Newham	DQ T				
	Marco YUEN	12	Brentwood	DQ T				

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Nikita CHARYKIN	13	Thurrock	2:29.55	393	32.41	1:09.54	1:55.88
2.	Daniel MCGUINNESS	13	Basildon Ph	2:36.46	344	34.22	1:14.56	2:01.51
3.	Ben MINISTER	13	Thurrock	2:36.96	340	33.63	1:12.60	2:00.93
4.	Mason ALLEN	13	Basildon Ph	2:37.00	340	33.05	1:13.31	2:02.22
5.	Baran ODEN	13	Bark & Dagen	2:38.53	330	34.33	1:14.75	2:02.85
6.	Max ARNOLD	13	Harlow Pen	2:38.59	330	35.58	1:14.67	2:03.55
7.	Arthur BERNANS	13	Basildon Ph	2:38.75	329	34.10	1:15.10	2:03.46
8.	Steven SALAZAR	13	Bo Newham	2:39.68	323	34.02	1:15.40	2:03.65
9.	Jack CACI	13	Epping For't	2:40.88	316	35.75	1:17.90	2:06.65
10.	Harry STAGG	13	Basildon Ph	2:41.21	314	34.06	1:15.32	2:03.73
11.	Justinas KAZLAUSKAS	13	Bark & Dagen	2:41.62	312	34.14	1:16.45	2:05.88
12.	William COLLOWEY	13	Epping For't	2:42.80	305	37.01	1:16.91	2:06.30
13.	Maddox ROBERTS	13	Witham Dolph	2:44.74	294	34.14	1:17.70	2:09.16
14.	Lewis JARRETT	13	Romford Town	2:47.79	278	36.29	1:19.27	2:09.14
15.	Samuel WALSH	13	Witham Dolph	2:49.06	272	39.76	1:22.48	2:14.22
16.	Ramsey EBDON	13	Canvey Isl	2:50.49	265	36.64	1:21.52	2:11.61
17.	George MCALISTER	13	Southend	2:53.14	253	37.57	1:23.64	2:16.05
18.	Arnoldas VAISVIDAS	13	Bark & Dagen	2:59.09	229	37.19	1:21.39	2:14.69



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FULL RESULTS BLOCK A

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Aaron GABRIEL	14	Bark & Dagen	2:20.80	472	30.83	1:06.54	1:47.78
2.	Jacob STEPHEN	14	Brentwood	2:23.13	449	31.10	1:08.33	1:49.90
3.	Alfie FRANCIS	14	Colchester	2:26.96	415	30.74	1:10.86	1:52.02
4.	Connor MCCARTHY	14	Romford Town	2:27.89	407	31.72	1:09.44	1:53.97
5.	Luke OULDS	14	Basildon Ph	2:28.05	406	31.96	1:08.79	1:53.71
6.	Mark MILBURN	14	Colchester	2:30.15	389	33.61	1:12.25	1:55.67
7.	Colin MOGHINA	14	Thurrock	2:30.30	388	32.81	1:12.83	1:54.90
8.	Joseph GARFIELD	14	Bo Waltham F	2:31.04	382	32.29	1:10.46	1:57.10
9.	Denis MORINE	14	Basildon Ph	2:32.09	374	33.73	1:13.62	1:58.00
10.	Patrick WINNINGTON	14	DunmowAtlant	2:32.45	371	33.56	1:12.21	1:57.29
11.	Ethan MARTIN	14	Bo Southend	2:33.20	366	31.40	1:10.01	1:59.58
12.	Lewis DIXON	14	Bark & Dagen	2:33.31	365	31.48	1:11.15	1:57.13
13.	Lucas FARRANT	14	Chelmsford	2:35.26	352	-	1:13.57	1:59.48
14.	Georgi RAYKIN	14	Bo Newham	2:35.53	350	32.17	1:13.40	2:01.13
15.	Josh WHITE	14	Bark & Dagen	2:35.69	349	33.90	1:13.78	2:00.64
16.	Oliver SHEAD	14	Witham Dolph	2:36.66	342	32.53	1:12.44	2:01.50
17.	Jenson HURRELL	14	Thurrock	2:37.42	337	33.56	1:11.81	2:02.50
18.	Daniel HIMSWORTH	14	Colchester	2:38.47	331	35.08	1:16.00	2:05.39
	Jude HILLS	14	Thurrock	DQ T				

EVENT 40 FINAL OF EVENT 35 Boys 15 Yrs 100m Butterfly

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Alessandro RIODA	15	Harlow Pen	1:00.26	507	28.27
2.	Damon ELLIOTT	15	DunmowAtlant	1:01.79	471	28.79
3.	Ethan PEIRCE	15	Harlow Pen	1:02.11	463	28.61
4.	Harrison WOOD	15	Basildon Ph	1:02.33	458	29.12
5.	Jack SKERRY	15	Chelmsford	1:02.63	452	28.98
6.	Mide OLAJIDE	15	Thurrock	1:03.70	430	29.86
7.	Naythan AUNG	15	Colchester	1:04.05	422	29.84
8.	Denzel ACHI	15	Bark & Dagen	1:06.01	386	29.70

EVENT 41 FINAL OF EVENT 35 Mens MC 16 Yrs 100m Butterfly

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Lewis BINNING	16	Basildon Ph	57.81	575	27.22
2.	Daniel GENCAS	16	Romford Town	58.86	545	27.58
3.	Jack TURRELL	16	Basildon Ph	1:00.70	496	28.80
4.	Samuel MILLER	16	Basildon Ph	1:01.87	469	29.02
5.	Joshua EGUAKHIDE	16	Romford Town	1:02.83	448	29.06
6.	James EDGINGS	16	Thurrock	1:03.34	437	29.65
7.	Morgan FOSTER	16	Braintree	1:03.53	433	29.38
8.	Owen VAUGHAN	16	Chelmsford	1:04.59	412	29.76

EBT

EVENT 42 FINAL OF EVENT 35 Mens MC 17 Yrs/Over 100m Butterfly

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Josh SMITH	18	DunmowAtlant	57.58	582	26.32
2.	Charlie BODEN	18	Braintree	58.92	543	27.77
3.	Joshua FOWLES	20	Witham Dolph	59.04	540	27.56
4.	Samuel BRYAN	18	Basildon Ph	59.85	518	28.20
5.	Kai ADAMS	23	Halstead	59.93	516	27.51
6.	Ralph DAVIES	18	Harlow Pen	1:00.59	499	28.03
7.	Joe NORTHOVER	29	Bo Newham	1:00.88	492	27.70
8.	Liam BRENNAN	17	Basildon Ph	1:01.31	482	28.34

EVENT 43 Womens 11/12 Yrs 200m Free.Team

Place	Name	A.G	Club	Time	FINA Pt
1.	Basildon Ph A		Basildon Ph	2:00.07	
2.	Epping For't		Epping For't	2:05.86	
3.	Thurrock Thurrock		Thurrock	2:06.79	
4.	Chelmsford		Chelmsford	2:09.71	
5.	DunmowAtlant		DunmowAtlant	2:11.78	
6.	Romford Town		Romford Town	2:12.86	
7.	Braintree		Braintree	2:13.06	
8.	Bo Southend Borough Of		Bo Southend	2:14.21	
9.	Brentwood		Brentwood	2:16.01	
10.	Southend		Southend	2:16.02	
11.	Colchester		Colchester	2:16.13	
12.	Bo Waltham F BWFL		Bo Waltham F	2:18.28	
13.	Witham Dolph WITT		Witham Dolph	2:18.74	
14.	Killerwhales		Killerwhales	2:19.51	
15.	Harlow Pen HALT		Harlow Pen	2:20.07	
16.	Bo Newham		Bo Newham	2:23.49	
17.	Maldon Shark Maldon Sh		Maldon Shark	2:26.41	
18.	Rochford		Rochford	2:28.17	
19.	Halstead		Halstead	2:31.33	



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FULL RESULTS BLOCK A

EVENT 44 Mens 15 Yrs/Over 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt
1.	Basildon Ph A		Basildon Ph	1:48.27	
2.	DunmowAtlant		DunmowAtlant	1:48.79	
3.	Bo Newham		Bo Newham	1:50.46	
4.	Harlow Pen		Harlow Pen	1:51.69	
5.	Epping For't		Epping For't	1:52.00	
6.	Braintree		Braintree	1:52.06	
7.	Chelmsford		Chelmsford	1:53.52	
8.	Halstead		Halstead	1:53.57	
9.	Thurrock		Thurrock	1:55.10	
10.	RUNNYMEDE	5//OV	Runnymede	1:58.62	
11.	Brentwood		Brentwood	2:00.74	
12.	Rochford		Rochford	2:00.90	
	Witham Dolph		Witham Dolph	DQ O	
	Havering Dol		Havering Dol	DQ T	