



ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION  
County Association of East and London Regions

**HOST CLUB INFORMATION**

**Essex Age Group Championships will now run a 'Host Club' System**

<b>BLOCK A</b>	<b>BLOCK B</b>	<b>BLOCK C</b>
<b>Basildon</b>	<b>Chelmsford (LAC)</b>	<b>Thurrock</b>
	<b>Colchester (SUN)</b>	

**REQUIREMENTS OF 'HOST CLUB'**

**To Provide the following volunteers**

**BASLIDON**

- **4x Door Volunteers**
  - **2 x Runners**
  - **2x Refreshments**
- **6x Marshalling (DBS)**
- **2x Changing Room Marshalls (DBS)**

**LAC**

- **6x Door Volunteers (Only required until 9.30 am)**
  - **2 x Runners**
  - **6x Marshalling (DBS)**
- **2x Changing Room Marshalls (DBS)**

**All change floats, programmes and refreshments**

**will be provided by the organisers**



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- **Volunteers will need to arrive 1hr before the start of warm up**
- **Volunteers will be provided with 1 seat ticket and programme each the seat ticket can either be for themselves or for a guest**
- **Volunteers will be able to reserve seats at LAC**
- **Volunteers will be provided with a drinks bottle, T-Shirt and volunteer pass – that must be worn at all times**
- **Volunteers will be provided with meal tickets at all venues**
- **A raffle can be run by each 'Host' Club and the proceeds of each raffle will go to the 'host' Club**